In the Coordinated Master in Nutrition and Dietetics Program (CMD), students are exposed to supervised practice experiences that are designed to meet the Accreditation Council for Education in Nutrition and Dietetics (ACEND) Core Knowledge and Competencies for the RD/RDN. Included are supervised practice experiences in clinical dietetics, food service management, and community dietetics practice. Emphasis is placed on supervised practice experiences in medical nutrition therapy. During the program, the students are provided unique opportunities in specialized areas of dietetics as well, including neonatal nutrition, pediatrics, and eating disorders, just to mention a few. Students have found working with these patient populations through all of the rotations to be very fulfilling. The CMD program has given the students a greater insight into how important the registered dietitian is in the Pittsburgh community.
1st Year Students

The first year CMD students celebrated The Inaugural White Coat Ceremony on Friday April 28th, hosted by the graduate Student Dietetic Association. They attended the lottery to assign their clinical sites earlier in the week. Clinical site placements can be found on the next page.

2nd Year Students

The gSDA hosted a farewell lunch for the second year CMD students. We enjoyed burritos and second year students received gifts from The Sarcastic Nutritionist to celebrate their completion of supervised practice. Second year students reflected on their clinical sites and shared insight into their experiences with the first-year students. Congratulations Graduates!
CLINICAL PLACEMENTS

Therzia Alchoufete  
St. Clair Hospital

Abigail Bartkowski  
Allegheny Valley Hospital

Tawnee Cunningham  
Forbes Hospital

Julia Denison  
Magee-Women’s Hospital of UPMC

Erika Frazer  
Veteran’s Affairs Pittsburgh Healthcare System

Laura Harnish  
UPMC Shadyside

Selena Hasircoglu  
UPMC Presbyterian

Lori Hovis  
UPMC Shadyside

Carly Johns  
UPMC Presbyterian

Jacquelyn Klunk  
UPMC Mercy

Erin Mahony  
UPMC Passavant

Christine Manta  
UPMC St. Margaret

Vivian Ng  
Veteran’s Affairs Pittsburgh Healthcare System

Rachael Solomon  
West Penn Hospital

Kaleigh Talbert  
Jefferson Hospital

Camilia Younes  
UPMC McKeesport
**Vintage Senior Center Cooking Classes**

Laura Harnish, CMD Year 1

Tawnee Cunningham, Jacquelyn Klunk, and I had the opportunity to work with the folks at Vintage Senior Center in East Liberty this semester. We designed a 6-week cooking class that addressed areas of interest for older adults, with topics ranging from cooking with frozen foods and convenience food hacks to microwave meals and low sodium meal planning. The final class focused on “expanding your food horizons,” and gave the audience a chance to try foods that were new to the majority, such as stir-fried tofu, chocolate-chia pudding, and quinoa salad. The classes started off with a brief nutrition lesson, followed by a cooking demonstration of at least two recipes that exemplified the topic, and finally, a time for samples and Q&A. We used pre- and post-surveys that assessed the seniors’ knowledge and abilities related to nutritious cooking, and gave us information on their shopping and cooking habits. We found the program increased awareness of Vintage’s nutrition services and interest in future nutrition and cooking classes. The group was an enthusiastic and engaged audience, and a lot of fun to work with!

**North Allegheny Senior High**

Graduate students went to North Allegheny for their community rotation to work with high school teens and teach them about nutrition. Teachers also had the opportunity to have their body fat composition and blood pressures measured.
On Monday, April 3rd, Pitt Nutrition and Dietetics participated in the SHRS snapchat takeover! Be sure to add pittshrs to catch future stories.

The first year CMD class completed their Nutrition Focused Practical Exams. Students learn how to perform intra-oral exams, check vital signs, and palpate organs.

Congratulations to James Bock and Hannah Williams - Winners of the 2017 Nutrition Poster Competition!
THANK YOU, FROM THE GSDA OFFICERS

Graduate Student Dietetic Association Officers 2016-2017

If you are interested, there will be volunteer opportunities over the summer for graduate, and undergraduate students. Email Judy Dodd for more information. jdodd@pitt.edu

Have a great summer!