Objectives

The participant will be able to:

- 1. Discuss concussion-induced impairments of balance and vestibular dysfunction, and understand the role of cognitive testing in return-to-play.
- 2. Describe the manifestations of vestibular, oculomotor, and visual sensitivity impairments after concussion, and ways to assess and treat these impairments.
- 3. Differentiate the different causes of central vestibular dysfunction.
- 4. Discuss the hearing loss may affect interactions with individuals with vestibular disorders, and how to best communicate with a person with hearing loss.
- 5. Compare and contrast the different types and treatment options available for someone with headache.
- 6. Compare the assessment techniques and treatment options for oculomotor dysfunction after concussion.
- 7. Discuss the need for referral to other providers in direct access physical therapy settings.
- 8. Recognize different oculomotor dysfunction, including vestibular nystagmus, in persons presenting with vestibular disorders.
- 9. Understand the interaction between cognitive function and vestibular disorders.
- 10. Perform routine bedside evaluation of oculomotor function.
- 11. Compare advances in treatment interventions for persons with vestibular disorders.
- 12. Discuss the most recent advances in BPPV management over the last 5 years.
- 13. Discuss medical and surgical management of chronic vestibular disorders.
- 14. Differentiate anxiety-related dizziness from other vestibular disorders and understand its management from a psychiatric perspective.
- 15. Recognize cervical dizziness with its typical signs and symptoms and discuss treatment options.
- 16. Understand the role of gait speed and mobility assessment in assessing overall health of older adults
- 17. Describe how sleep disorders, especially obstructive sleep apnea, interact with vestibular disorders and affect management of vestibular disorders.
- 18. Describe the clinical characteristics of Persistent Postural-Perceptual Dizziness.
- 19. Understand new advances in assessing vestibular function, including VEMP testing, and how this relates to intervention.
- 20. Identify balance assessment tools that may be helpful in determining whether a person can return to work after a vestibular disorder, and understand how driving is affected by vestibular disorders.
- 21. Apply advanced decision making principles in the management of persons with vestibular disorders.