

# SEAN MATHERS, DC, DPT, DACRB, CSCS

## SUMMARY OF QUALIFICATIONS:

Dedicated clinician offering fifteen years of spinal manual therapy experience and credentials that include a state licensure (PA) in chiropractic and physical therapy, certified strength and condition specialist through the National Strength and Conditioning Association and CPR certification.

## EDUCATION:

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**University of Pittsburgh, Pittsburgh, PA** **April 2011**  
School of Health & Rehabilitation Sciences  
Doctorate in Physical Therapy

**Palmer College of Chiropractic, Davenport, IA** **October 2000**  
Doctorate in Chiropractic

**University of Pittsburgh, Johnstown, PA** **April 1997**  
Bachelor of Science in Biology

## RELATED COURSES:

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**Manual Therapy Continuing Education, School Health and Rehabilitation Sciences** **October 2008- July 2009**

- Enrolled and completed post professional manual therapy class

## WORK EXPERIENCE:

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**Teaching Assistant, School of Health & Rehabilitation Sciences** **January 2009- 2010**  
Pittsburgh, PA

- Assist lead instructor at the University of Pittsburgh, School of Health and Rehabilitative Sciences, in the musculoskeletal sequences for entry-level DPT students and advance classes for master students
- Administer Manual Therapy techniques
- Provide Orthopedic and Clinical Assessment

**Independent Peer/Utilization Reviewer** **October 2003- Present**  
Charleroi and Bethel Park, PA

- Independently performed records reviews and independent examinations for several certified peer review organizations (PRO) and utilization review organizations (URO).
- Familiar with evidence based practice management in reviewing clinical documentation for the reasonableness and necessity of treatment: Worker Compensation Claims and ACT 6- Auto Claims

**Licensed Chiropractor, Family Health and Rehabilitation Center** **January 2001- April 2011**  
Charleroi, PA

- Provide conservative therapy such as manipulation, manual therapy, modalities and therapeutic exercise programs to individuals with various spinal conditions.
- Effectively manage patients with various spinal conditions
- Plan and implement treatment plans to address various stages
- Perform diagnostic tests and measures

**Licensed Physical Therapist, Allstar Therapies** **July 2011- May 2015**  
Penn Township, PA

- Home Health Physical Therapist-Full Time
- Provide Physical Therapy in the home setting for the geriatric population
- Effectively manage patients with various musculoskeletal conditions
- Effectively manage patients with various neurological conditions

**Licensed Physical Therapist/Chiropractor, Spine and Pain Care Center****July 2011-Present**

Bethel Park, PA

- Coordinated and managed patients with a variety of musculoskeletal conditions and post operative management protocols
- Coordinated and managed patients with various neurological disorders
- Provide conservative therapy such as manipulation, manual therapy, modalities and therapeutic exercise programs to individuals with various spinal conditions.
- Effectively manage patients with various spinal conditions
- Plan and implement treatment plans to address various stages
- Perform diagnostic tests and measures

**Licensed Physical Therapist, HCR Manor Care****July 2013- Present**

Greentree, PA

PRN

- Coordinated and managed patients with a variety of musculoskeletal conditions and post-operative management protocols
- Coordinated and managed patients with various neurological disorders
- Plan and implement treatment plans to address various stages of patient care
- Perform diagnostic tests and measures

**Staff Chiropractor, Pittsburgh VA Health System****May 2015-Present**

Pittsburgh, PA

- Provide conservative therapy such as manipulation, manual therapy, modalities and therapeutic exercise programs to individuals with various spinal conditions.
- Coordinate and manage patients with a variety of musculoskeletal conditions
- Effectively manage and coordinate care with other disciplines
- Plan and implement treatment plans to address various stages
- Perform diagnostic tests and measures

**Adjunct Faculty Member, New York Chiropractic College****September 2015- Present**

Seneca Falls, NY

- Coordinate and assist students with clinical observations and education at Pittsburgh VA Health Care System.

**Adjunct Instructor, University of Pittsburgh****January 2016 to Present**

Assist with instructing physical therapy students in manual therapy technique

**Academy Member- Site Visit Team, Council of Chiropractic Education(CCE)****January 2016 to Present**

- CCE Site Visit Teams consist of professional practitioners and educators, who read self-studies, conduct site visits assess compliance with CCE Accreditation Standards and develop overall recommendations for the Council on Chiropractic Education.

**CLINICAL EDUCATION EXPERIENCE: Student Physical Therapist****University of Pittsburgh Medical Center (UPMC) Sports Medicine****May 2010-April 2011****Centers for Rehab Services (CRS): Outpatient Physical Therapy**

Pittsburgh, PA

- Coordinated and managed patients with a variety of musculoskeletal conditions and post operative management protocols

**Belle Vernon CRS: Outpatient Physical Therapy****September 2009-December 2009**

Belle Vernon, PA

- Assist facility director with management of patients presenting with a variety of musculoskeletal conditions and post operative management protocols

**Mon Valley Hospital: Inpatient Acute Rehabilitation Unit****June 2009 - August 2009**

Monongahela, PA

- Coordinated and managed patients with various musculoskeletal conditions and acute post operative physical therapy management

**South Hills CRS: Outpatient Physical Therapy****January 2009 - April 2009**

Bethel Park, PA

- Assisted facility director with management of patients presenting with a variety of musculoskeletal conditions and post operative management protocols
- Consulted with therapist on complex spinal care patients

**Belle Vernon CRS: Outpatient Physical Therapy****September 2008 - December 2008**

Belle Vernon, PA

- Assisted facility director with management of patients presenting with a variety of musculoskeletal conditions and post operative management protocols

**AFFILIATIONS:**

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**American Physical Therapy Association (APTA)****June 2007- 2012****American Chiropractic Rehabilitation Board, Diplomate****August 2006- Present****CERTIFICATIONS:**

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**National Strength & Conditioning Association,**

- **Certified Strength & Conditioning Specialist**

**November 2004-Present****PUBLICATION:**

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Occult Hypermobility of the Craniocervical Junction: A Case Report and Review – June 2011 – JOSPT

Exercise and Rehabilitation Protocols for Common Shoulder Conditions- Fall 2013 D.C. Tracts Vol. 25 No. 3

Recognizing Signs and Symptoms, Presentations, Mechanism of Injury and Management of the Knee- Winter 2014 D.C.

Tracts Vol. 26 No. 4