Most recent census data states that approximately 16% of the overall population are Hispanic. In California, Hispanics make up the largest portion of the total population at about 16 million.

North and South Dakota are the states with 2 of the fastest Hispanic population growth.

Hispanic Heritage Month began in 1968 when five Latin American countries gained independence: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. These are just 5 of the now 20 Hispanic countries that exist today.

Facts provided by the Pew Research Center

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National Recovery Month is a national observance that began in 1989 and is annually held with the goal of educating all Americans on evidence-based treatment and recovery practices for those with a mental and/or substance use disorder. Overall, it is the hope that this observance reinforces that behavioral health is essential to overall health.

40.3 million people aged 12+ had a substance use disorder in the year 2020

For more information, you can visit:
- https://www.ddap.pa.gov/Pages/National-Recovery-Month.aspx
- https://www.samhsa.gov/recovery-month
- https://www.naadac.org/national-recovery-month

2022 National Recovery Month theme is "Recovery is For Everyone: Every Person, Every Family, Every Community"

National Recovery Month Timeline

1750-1800
- First known aid for substance abuse recovery

AA is formed

1935
- Buprenorphine is approved for use

2002

Mental Health Parity and Addiction Equity Act is created

2008

The future is up to us!