

CURRICULUM VITAE
University of Pittsburgh
School of Medicine

Name: Katherine Perlsweig

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EDUCATION and TRAINING

UNDERGRADUATE:

8/2001 – 5/2005	Boston University Boston, MA	B.S.; Cum Laude 2005	Athletic Training
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GRADUATE:

8/2008 – 5/2010	University of Hawaii – Manoa Honolulu, HI	M.S.; Summa Cum Laude 2010	Kinesiology and Rehabilitation Sciences
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APPOINTMENTS and POSITIONS

ACADEMIC:

3/17/2014 – Present	University of Pittsburgh Coronado, CA	Instructor
8/2008 – 5/2011	University of Hawaii Honolulu, HI	Graduate Assistant

NON-ACADEMIC:

4/2012 – 11/2013	Heartland Rehabilitation Services Jacksonville, FL	Certified Athletic Trainer
10/2011 – 4/2012	Naval Station Mayport Branch Clinic Jacksonville, FL	Certified Athletic Trainer
9/2007 – 4/2008	Naval Station Mayport Branch Clinic Jacksonville, FL	Certified Athletic Trainer
9/2006 – 8/2007	The Andrews Institute Gulf Breeze, FL	Certified Athletic Trainer
4/2006 – 8/2006	Cardiology Consultants Pensacola, FL	Stress Tech

CERTIFICATION and LICENSURE

CERTIFICATION:

National Strength and Conditioning Association	
Certified Strength and Conditioning Specialist	2013-Present
National Athletic Trainers Association Board of Certification	
Certified Athletic Trainer	2005-Present

LICENSURE:

Florida Department of Health	
Licensed Athletic Trainer	2011-Present
South Carolina Department of Health & Environmental Control	
Certified Athletic Trainer	2011-Present

MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

National Athletic Trainers' Association	2003-Present
Armed Forces Athletic Trainers' Society	2005-Present
South West Athletic Trainers' Association	2013-Present
California Athletic Trainers' Association	2013-Present
National Strength and Conditioning Association	2011-Present
American College of Sports Medicine	2013-Present

JOB RELATED TRAINING

National Athletic Trainers' Association Annual Meeting	2004, 2006, 2011, 2012, 2013
National Strength and Conditioning Association	
Tactical Strength and Conditioning Conference	2012, 2013, 2014, 2016
Astym Certification Course	June 2013
John F. Barnes Myofascial Release I	August 2012
John F. Barnes Myofascial Release Fascial-Pelvis	September 2012
American College of Sports Medicine Annual Meeting	2011, 2015
Armed Forces Athletic Trainers' Society	
Workshop: Military Opportunities for Athletic Trainers	2006
Pilates Instructor Certification Course	2006

MANUSCRIPT PUBLICATIONS

Abt JP, **Perlsweig KA**, Nagai T, Sell TC, Wirt MD, Lephart SM. Effects of Age and Military Service on Strength and Physiological Characteristics of U.S. Army Soldiers. *Military Medicine*. 2016 February; 181(2): 173-179.

Presuto MM, Stickley CD, **Perlsweig KA**, Kimura IF, Antoine GM. Long-term Outcomes of a Dynamic Ankle-Foot Orthosis on Gait Characteristics of a Service Member with Partial Lower Extremity Neuropathy. *Military Medicine*. 2013 July; 178(7): 870-875.

POSTERS / PRESENTATIONS

1. **Perlsweig KA**, Abt JP, Nagai T, Sell TC, Wirt MD, Lephart SM. Effects of Age and Military Service on Strength and Physiological Characteristics of US Army Soldiers. American College of Sports Medicine Annual Meeting; May 26-30, 2015; San Diego, CA.
2. Yount DL, **Perlsweig KA**, Nagai T, Heebner NR, Sell TC, Lepart SM. Special Warfare Combatant-craft Crewman Tibial Acceleration During Open Ocean Transit in Small Boats. American College of Sports Medicine Annual Meeting; May 26-30, 2015; San Diego, CA.
3. **Perlsweig KA**. Sports Trauma and the Healthcare Provider. Jacksonville Sports Medicine Program Symposium. Presenter, 17 May 2013.
4. **Perlsweig KA**, Stickley CD, Kimura IF, Hetzler RK. Prospective Risk Factors for Exercise Related Lower Leg Pain Among ROTC Cadets. Poster Presentation: National Athletic Trainers' Association, 22 June 2011.
5. **Perlsweig KA**, Stickley CD, Kimura IF, Hetzler RK. A Biomechanical Comparison of Gait in Running Shoes and Combat Boots. Poster Presentation: American College of Sports Medicine, Annual Meeting, 3 June 2011.
6. **Perlsweig KA**, Stickley CD, Kimura IF. A Biomechanical Comparison of Gait in Running Shoes and Combat Boots. Poster Presentation: Far West Athletic Trainers' Association, District 8 Annual Meeting, 1 July 2010.