

J. Anthony Sinacore PT, DPT, ATC

Curriculum Vitae

Permanent address: 1727 Connemara Dr, Manchester MO 63021

Current address available upon request

PHONE 314-374-1976 • EMAIL JSINACOR@GMAIL.COM

EDUCATION

June 2013 - April 2016

University of Pittsburgh, Pittsburgh, PA

- Doctor of Physical Therapy degree

August 2008 - May 2012

Indiana University, Bloomington IN

- Bachelor of Science in Athletic Training
 - Minors in Exercise Science and Coaching

CLINICAL EXPERIENCE

University of Pittsburgh - DPT Program

UPMC Presbyterian Hospital - Inpatient - Trauma Acute Care, Pittsburgh PA

February 2016 - April 2016 (Full time - 40 hour weeks)

- Managed a caseload of 6-12 patients per day under the supervision of a licensed PT, with the emphasis on treating patients with trauma related injuries

UPMC Montefiore Hospital - Transitional Care Unit (IIS) Inpatient, Pittsburgh PA

November 2015 - February 2016 (Full time - 40 hour weeks)

- Gained further autonomy treating individuals following transplant surgeries, orthopedic surgeries, cardiovascular issues, and overall cachexia or fatigue
- Treated a wide range of adults (ages 35-95) with the goal of reaching independence with ADL's and returning them home to their maximal potential and prior level of function.
- Managed a caseload of 6-12 patients per day under the supervision of a Senior Therapist

UPMC Centers for Rehab Services - Center for Sports Medicine, Outpatient Rotation, Pittsburgh PA

May 2015 - November 2015 (Full time - 40 hours weeks)

- Became independent treating individuals with Low Back Pain (acute and chronic). Fine-tuned manual therapy psychomotor skills (including HVLA, Mackenzie approach, and global spinal mobilizations)
- Treated a wide range of athletes (ages 7-65) of all sports, helping them return to a competitive level
- Managed a caseload of 8-12 patients per day under the supervision of a licensed PT

Student Health Services, University of Pittsburgh - Physical Therapy Clinic, Pittsburgh, PA

September 2014 - May 2015 (Part time - 12 hour weeks)

- This triage clinic associated with the University provided me with the autonomy to screen and treat those whom have suffered acute injuries and have been referred by the on-site doctors to provide prompt care.

Concentra Medical Center (West End), Outpatient rotation, Pittsburgh, PA

June - August 2014 (Full time - 40 hour weeks)

- Worked closely with physicians and other healthcare professionals to treat individuals that were currently undergoing workers compensation cases.
- Treated a plethora of musculoskeletal impairments of the spine and upper / lower extremities
- Managed a caseload of 4-8 patients per day under the direct supervision of a licensed PT

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*UPMC Centers for Rehab Services Cranberry Township, Outpatient rotation, Cranberry Township, PA
January - May 2014 (Part time - 12 hour weeks)*

-Managing a caseload of 3-5 patients in an outpatient setting, I gained the time management skills necessary to provide direct and efficient care in a timely matter.

*UPMC Mercy Hospital, Inpatient acute care and rehabilitation facility, Pittsburgh, PA
September - December 2013 (Part time - 12 hour weeks)*

-Experienced and managed patients in the Intensive care unit, general rehabilitation unit, burn unit, and on the acute physical therapy patient care units
-Had clinical experiences with on individual units that specifically managed patients that have suffered spinal cord injuries, strokes, traumatic brain injuries, and sustained arthroplastic surgery

Indiana University - Athletic Training

*Women's Tennis, Orthopedics of Southern Indiana, Womens Soccer, Women's Waterpolo, Swimming & Diving,
Bloomington South High School, IU Football, IU Ballet*

September 2009 - May 2012, (Full Time)

-First-response care, injury assessment and evaluations, wound care, preventative taping techniques, injury diagnosis, rehabilitation protocol for post-injury/post-surgery athletes, the ability to provide daily treatment for rehabilitation, & proper documentation and writing skills on SIMS (Sports Injury Management System)

- **Logged 1,113 Supervised Clinical Hours**

WORK EXPERIENCE

May 2016- August 2016

University of Pittsburgh, Physical Therapy department; Anatomy / Kinesiology - Teacher's Assistant

May 2012- May 2013

Jefferson County Rehab and Sports Clinic - PT Rehab Aide

Certified Athletic Trainer - Full Time, Herculaneum High School

CERTIFICATIONS

Texas Board of Physical Therapy Examiners, Licensed Physical Therapist, #1276138

Pennsylvania Athletic Training Licensure from the State Board of Medicine, #RT005982

Missouri Athletic Training Licensure from the State Board of Registration for the Healing Arts, #2012017954

American Red Cross CPR/AED certified as a professional rescuer: Adult, Child, and Infant. 2010- present

American Red Cross First Aid: First Response to Emergencies certification. 2008-present

PROFESSIONAL ORGANIZATIONS

American Physical Therapy Association, 2013-present; member #642034

Orthopedic Section: 2014-present

Sports Section: 2014-present

Private Practice Section: 2014-2016

Research Section: 2014-2016

Pennsylvania Physical Therapy Association, 2013-present

National Athletic Trainers Association, 2009-present; member #2000009933

PROFESSIONAL PRESENTATIONS

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Poster Presentation - APTA Combined Sections Meeting, 2016 - Anaheim

Guest Lecturer, University of Pittsburgh - School of Rehabilitation Sciences, Evidence-Based Practice course, 2015

Rounds Presentation - Department of Physical Therapy, University of Pittsburgh- Nov 2014 & Dec 2015

Electronic Poster Presentation at the ISAKOS (International Society of Arthroscopy, Knee Surgery and Orthopedic Sports medicine) Congress conference, 2015

Poster Presentation - APTA Combined Sections Meeting, 2015 - Indianapolis

Case Study Poster Presentation at the Indiana Athletic Trainers Association 2011 Fall Symposium

LEADERSHIP

Impact Magazine, Private Practice Section of APTA, Editorial Board Member, 2015–present

APTA Private Practice Section, Student Special Interest Group, Vice President, 2015–present

APTA Private Practice Section, Student Special Interest Group, Executive Member: Recruitment, 2014–2015

Primary Care Progress Group (Inter-professional healthcare) - University of Pittsburgh Health Professions Physical Therapy liaison, 2014–2016

Pennsylvania Physical Therapy Association, Student Assembly Representative U-Pitt DPT Program, 2013–2016

Pennsylvania Physical Therapy Association, SWD, U-Pitt DPT Class of 2016 Representative, 2013–2016

University of Pittsburgh, School of Health and Rehab Sciences, PT Research, Co-Investigator, 2013–present

Athletic Training Student Council, 2010-2012, Member

Indiana University Student Foundation, 2010-11, Chairman of the Junior Class Campaigns

Theta Chi Fraternity, 2009-2010, Executive Board Member as the Primary New Member Educator

Indiana University Lacrosse team, 2009-2011, Safety Officer for Club Sports; Team Athletic Trainer

AWARDS

UPMC Endowed Scholarship, Recipient, 2015-16

David Physical Therapy & Sports Medicine Center/ Joseph David Endowed Scholarship, Recipient 2015-16

Paul and Judy Rockar Endowed Student Scholarship, Recipient 2014-15

Anthony Delitto Endowed Scholarship, Recipient 2014-15

National Athletic Trainers' Association, Entry-Level Athletic Trainer Scholarship, Recipient 2011