

## CURRICULUM VITAE

### BIOGRAPHICAL

Trisha A. Cousins, MS, RDN, LDN, CSO

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### EDUCATION and TRAINING

#### UNDERGRADUATE:

Aug. 2004- May 2008	Indiana University of Pennsylvania Indiana, PA	Bachelor of Science in May 2008 Major: Nutrition and Dietetics
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Aug. 2008- Aug. 2009	University Hospitals of Cleveland Cleveland, OH	Dietetic Internship Completed Aug. 2009
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#### GRADUATE:

Aug. 2008- Dec. 2009	Case Western Reserve University Cleveland, OH	Master of Science in Dec. 2009 Major: Nutrition
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### APPOINTMENTS AND POSITIONS

Jan. 2015- present	University of Pittsburgh Clinical Coordinator and Instructor Pittsburgh, PA	<ul style="list-style-type: none"><li>• Coordination of students' supervised practice experiences within clinical placement</li><li>• Provide clinical education, mentoring and evaluation of students</li><li>• Develop and revise learning activities, assignments, evaluation techniques, and student manuals for supervised practice courses</li><li>• Serve as a liaison between students and preceptors</li><li>• Ensure compliance with the Accreditation Council for Education in Nutrition and Dietetics requirements and standards for supervised practice experiences</li><li>• Instructor for undergraduate courses in Didactic program in Dietetics:<ul style="list-style-type: none"><li>○ Nutrition Assessment 1</li><li>○ Food Science 1 with corresponding laboratory</li></ul></li></ul>
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Updated 7/2016

- Instructor for graduate courses in the Coordinated Masters in Nutrition & Dietetics:
  - Practical Applications of Medical Nutrition Therapy 1
  - Practical Applications of Medical Nutrition Therapy 2
- Advise both graduate and undergraduate students

- Jan. 2010- Dec. 2014    University of Pittsburgh Medical Center Presbyterian Shadyside Hospital (UPMC)  
 Clinical Dietitian – Specialist  
 Pittsburgh, PA
- 520 bed tertiary medical center specializing in a broad range of specialties
  - Specialize in the care of oncology and critical care patients
  - Determine patient nutritional needs and diet restrictions
  - Complete care plans and follow-up care for variety of patients with multiple disease states
  - Utilize nutrition care process
  - Utilize electronic charts (Cerner/Erecord and Hospitality Suite)
  - Communicate effectively with all members of healthcare team
  - Provide nutrition education to patients and patients’ families
  - Teach monthly neutropenic diet classes to patients and patients’ families
  - Developed annual clinical nutrition competency on Stem Cell Transplant
  - Orientation of new staff members

- July 2010 – Dec. 2014    University of Pittsburgh Medical Center Presbyterian Shadyside Hospital  
 Quality Team Lead  
 Pittsburgh, PA
- Responsible for managing the nutrition department quality program
  - Organize annual quality monitor schedule
  - Develop, implement and analyze results quality monitors
  - Focus on improvement and involve both prospective and retrospective research to identify opportunities for improvement
  - Demonstrate continuous commitment to achieving the organization’s QI goals
  - Complete and submit annual quality projects to the UPMC Presbyterian Shadyside Quality and Safety Fair
  - Nutrition representative for UPMC Presbyterian Shadyside Quality Council

**PRECEPTOR EXPERIENCE**

- January 2010-Dec. 2014    University of Pittsburgh Medical Center Presbyterian Shadyside Hospital  
 Pittsburgh, PA
- Clinical preceptor for dietetic interns from several internship programs including:
    - UPMC Presbyterian Shadyside Dietetic Internship Program
    - University of Pittsburgh
    - Indiana University of Pennsylvania
    - Community College of Allegheny County
    - Distance Learning

- Mentor and educate dietetic interns and students annually during their clinical rotations from a variety of schools and internship programs
- Serve as the main preceptor for dietetic interns oncology and critical care rotations
- Serve as the main preceptor for dietetic interns quality management projects
- Assist in developing dietetic internship curriculum and competency statements
- Attend and assist dietetics interns with journal clubs and case study presentations

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### **CERTIFICATION and LICENSURE**

#### **SPECIALITY CERTIFICATION:**

Certified as a Specialist in Oncology Nutrition	Commission on Dietetic Registration, Academy of Nutrition and Dietetics
Oct. 2013 – present	

#### **PROFESSIONAL LICENSURE:**

Registered Dietitian Nutritionist	Commission on Dietetic Registration, Academy of Nutrition and Dietetics
Oct. 2009 - present	

Licensed Dietitian-Nutritionist	Commonwealth of Pennsylvania, Bureau of Professional and Occupational Affairs
Sept. 2009 – present	

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### **MEMBERSHIPS in PROFESSIONAL and SCIENTIFIC SOCIETIES**

Pittsburgh Academy of Nutrition and Dietetics	2014- present
• Nominating Committee Member for 2016-present	
Academy of Nutrition and Dietetics	2014- present
Nutrition and Dietetics Educators and Preceptors Dietetic Practice Group	2015- present

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### **SERVICE**

#### **DEPARTMENT SERVICE:**

Clinical Coordinator, Coordinated Master in Nutrition and Dietetics	2015-present
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#### **UNIVERSITY SERVICE:**

School of Health and Rehabilitation Sciences Nominating Committee	2016-present
School of Health and Rehabilitation Sciences Clinical Coordinators Group	2015- present

## PROFESSIONAL ACTIVITIES

### TEACHING:

#### **HRS 2637 Practical Applications of MNT 1**

This course will provide theory and practice in food service management and the nutritional care of individuals at various stages of the life cycle with uncomplicated nutritional problems. This 4-hour seminar is designed to prepare students for their planned, supervised practice experiences to be completed at the assigned clinical facility.

Credits: 1

Students: 16-18 graduate students/year

#### **HRS 2638 Practical Applications of MNT 2**

This course will provide theory and practice in the nutritional care of individuals with complex medical and nutritional problems. This 3-hour seminar is designed to prepare students for their planned, supervised practice experiences to be completed at the assigned clinical facility.

Credits: 1

Students: 16-18 graduate students/year

#### **NUTR 1602 Nutrition Assessment 1**

Application of nutrient and food intake standards in nutritional care planning for health promotion and disease prevention.

Credits: 3

Students: 25-30 undergraduate students/year

#### **NUTR 1610 Food Science 1**

Introductory course emphasizing the chemical and physical properties of food in relation to its use, quality, and preparation.

Credits: 3

Students: 25-30 undergraduate students/year

#### **NUTR 1613 Food Science 1 Lab**

Study of the chemical and physical changes that occur as a result of various food preparation methods and their effect on nutrient quality.

Credits: 1

Students: 25-30 undergraduate students/year

### TRAININGS AND WORKSHOPS ATTENDED:

Educating Interprofessional Learners: Preceptors in the Nexus Workshop

University of Pittsburgh

Pittsburgh, PA

June 2016

Preventing Sexual Harassment, Online Training

University of Pittsburgh

November 2015

Recognizing and Reporting Child Abuse: Mandated and Permissive Reporting in Pennsylvania online course

University of Pittsburgh

March 2015

Updated 7/2016

HIPAA Online Training  
University of Pittsburgh  
February 2015

Blackboard Using the Grade Center Workshop  
Center for Instructional Development and Distance Education (CIDDE)  
University of Pittsburgh  
January 2015

Introduction to Blackboard Workshop  
Center for Instructional Development and Distance Education (CIDDE)  
University of Pittsburgh  
September 2014