# University of Pittsburgh
# CURRICULUM VITAE

## BIOGRAPHICAL


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## EDUCATION and TRAINING

**UNDERGRADUATE**

| | | | |
|---|---|---|---|
| 2006-2010 | Duquesne University<br>Pittsburgh, PA | BS, 2010 | Athletic Training |

**GRADUATE**

| | | | |
|---|---|---|---|
| 2010-2012 | University of North Carolina<br>Chapel Hill, NC | MA, 2012 | Exercise and Sport Science, Athletic Training concentration |
| 2013-2016 | University of Pittsburgh<br>Pittsburgh, PA | DPT, 2016 | Doctor of Physical Therapy |

## APPOINTMENTS and POSITIONS

**ACADEMIC**

| | | |
|---|---|---|
| 2010-2012 | University of North Carolina at Chapel Hill | Graduate Teaching Assistant (part-time) |
| 2014 | University of Pittsburgh School of Health and Rehabilitation Sciences | Graduate Teaching Assistant (part-time) |
| 2020-present | University of Pittsburgh Department of Physical Therapy | Assistant Professor |

**NON-ACADEMIC**

| | | |
|---|---|---|
| 2009-2010 | Pittsburgh Steelers Football Club | Intern Athletic Trainer |
| 2010-2012 | University of North Carolina at Chapel Hill | Graduate Assistant Certified Athletic Trainer (ATC) |
| 2013-2015 | University of Pittsburgh Medical Center (UPMC) Sports Medicine | Certified Athletic Trainer (ATC) |
| 2016-2017 | University of Pittsburgh Medical Center (UPMC) Centers for Rehab Services (CRS) | Physical Therapist Float |
| 2017-2020 | Veterans Administration Pittsburgh Healthcare System | Staff Physical Therapist |

## CERTIFICATION and LICENSURE

**SPECIALTY CERTIFICATION:**

**Certified Athletic Trainer (ATC)** 2010-present
National Athletic Trainers Association Board of Certification

**Orthopedic Clinical Specialist (OCS)** 2019-present
American Board of Physical Therapy Specialists

**MEDICAL or OTHER PROFESSIONAL LICENSURE:**

**Licensed Athletic Trainer (LAT)** 2010-present
Pennsylvania State Board of Medicine
License number: RT005258

**Licensed Physical Therapist (PT)** 2016-present
Pennsylvania State Board of Physical Therapy
License number: PT025227

**Direct Access Physical Therapist** 2018-present
Pennsylvania State Board of Physical Therapy
License number: DAPT004033

## MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

**National Athletic Trainers Association** 2010-2016

**Pennsylvania Physical Therapy Association** 2016-present

**American Physical Therapy Association** 2016-present

- Health Policy and Administration Section member (current)
  - Technology Special Interest Group
- Orthopedics Section member (current)
- Aquatics Section member (previous)
- Federal Section member (previous)
- Geriatrics Section member (previous)

**American Board of Physical Therapy Specialists** 2019-present
Orthopedic Clinical Specialist

## HONORS

Pi Kappa Epsilon Health Science Honor Society member- Duquesne University 2008-2010

Pennsylvania Athletic Trainers Society River Run Scholarship recipient 2010

University of Pittsburgh School of Health and Rehabilitation Sciences FACETS Magazine "The Real World" featured Doctor of Physical Therapy student 2016

Veterans Administration Pittsburgh Healthcare System (VAPHS) Integrity, Commitment, Advocacy, Respect, and Excellence (I-CARE) Award Recipient 2020

## PUBLICATIONS

1. **Virag BJ**, Hibberd EE, Oyama S, Padua DA, Myers JB. Prevalence of freestyle biomechanical errors in elite competitive swimmers. *Sports Health: A Multidisciplinary Approach* 2014;6(3):218-24.

## PROFESSIONAL ACTIVITIES

### TEACHING

Graduate Student Teaching

| Date | Role | Title of teaching session | Type of learner | Number of learners | Number of sessions/ year | Institution/ Department |
|---|---|---|---|---|---|---|
| August 2010-April 2012 | Graduate Teaching Assistant | Exercise and Sport Science Lifetime Fitness | Undergraduate exercise and sport science students | 30 students per semester | 2 | University of North Carolina at Chapel Hill, Department of Exercise and Sport Science |
| August 2014-December 2014 | Graduate Teaching Assistant | Human Anatomy | Undergraduate health and rehabilitation sciences students | 30 | 1 | University of Pittsburgh, School of Health and Rehabilitation Sciences |

Faculty Teaching

| Date | Role | Title of teaching session | Type of learner | Number of learners | Number of sessions/ year | Institution/ Department |
|---|---|---|---|---|---|---|
| January 2021-April 2021 | Instructor | PT 2089 Clinical Education Seminar | Year 1 DPT students | 60 | 1 | University of Pittsburgh, Department of Physical Therapy |

## RESEARCH

**Current Grant Support:**

| Organization | Grant Title | Role in Project | Years Inclusive | Source $ Amount |
|---|---|---|---|---|
| University of Pittsburgh Year of Engagement | Pitt Physical Therapy Student Service Board: Engagement Underserved Communities | 50%<br>12 months | 1 | $1,977.00 |

**Other research related activities:**

| | | |
|---|---|---|
| Manuscript Reviewer | The Journal of Aquatic Physical Therapy | 2017-present |

**LIST of CURRENT RESEARCH INTERESTS**

- Integration of interprofessional education and community engagement into DPT curriculum
- Implementation and assessment of participation in community engagement by DPT students
- Reduction of barriers to healthcare through interprofessional education and student-led community engagement
- Musculoskeletal injury prevention strategies for novice and competitive swimmers
- Freestyle biomechanics and their and relationship to shoulder injury in the novice and competitive swimmer

## INVITED SEMINARS AND LECTURESHIPS

**Local Presentations**

| | | | |
|---|---|---|---|
| May 15, 2019 | Shoulder Pain and Injury Prevention in the Novice and Competitive Swimmer | Simons & Associates Law Cash-Based Physical Therapy Group | Online webinar |
| February 11, 2020 | Walk-In Clinic Task Force Review | Veterans Administration Pittsburgh Healthcare System, Rehab Department Clinical Education Day | VA Pittsburgh Healthcare System, Pittsburgh, PA |
| March 20, 2020 | Tri Smart: Safe Training for a Triathlon | Pittsburgh Triathlon Club | Online webinar |

## SERVICE

### University Service

| | | |
|---|---|---|
| Fall 2020 | Faculty Advisor | 2020 Virtual Pro Bono Network Conference |
| Spring 2021 | Faculty Advisor | Pitt School of Medicine and SHRS Wellness Pavilion- Health Professions Prep |
| Spring 2021 | Faculty Advisor | Pitt Swanson School of Engineering and SHRS Wellness Pavilion- Investing Now |
| Spring 2021 | Faculty Advisor and forum presentation member | Pitt Year of Engagement Community Engaged Scholarship Forum |
| Spring 2021 | Faculty Advisor, Program Development interprofessional team member | SHRS Wellness Pavilion- Diabetes Intervention and Self Care Opportunities (DISCO) Program |
| Spring 2021 | Faculty Advisor | University of Pittsburgh Community Engagement Center- PittEnrich |
| Spring 2021 | Faculty Advisor | University of Pittsburgh Coalition of Pre-Health Students- Pitt Pre-Health Summit |
| Spring 2021 | Faculty Advisor | SHRS Wellness Pavilion- Wellness Workshop |
| Spring 2021 | Faculty Advisor, Workgroup member | SHRS IPE Workgroup- Interprofessional Speed Dating |
| Spring 2021 | Faculty Advisor | 2021 Virtual Pro Bono Network Conference |
| Spring 2021 | Faculty Advisor | University of Pittsburgh Virtual Health Professions Showcase |

### Local/Community Service Activities

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|---|---|---|
| 2012-present | Volunteer | Angels from the Heart Charity Organization |

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|---|---|---|
| 2012-present | Volunteer | Saint Barnabas Episcopal church community fundraiser events |
| 2013-2014 | Volunteer participant | Arthritis Foundation Western Pennsylvania Chapter Walk to Cure Arthritis |
| 2014 | Volunteer | The Children's Institute Adaptive Kayaking Program |
| 2014-2015 | Committee student member | University of Pittsburgh Medical Center (UPMC) Throwers Initiative |
| 2017 | Medical team volunteer | Gatorade/Steelers 5K |
| 2020 | Volunteer swimming instructor | Adulty Adaptive Learn-To-Swim Program- US Masters Swimming |