

Britney Beatrice, MS, RD, LDN
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Education: Clinical Dietetics and Nutrition
School of Health and Rehabilitation Sciences
University of Pittsburgh
4200 Fifth Avenue, Pittsburgh, PA 15260
Graduated April 2011, Bachelor of Science
GPA: 3.855

Coordinated Masters in Dietetics
School of Health and Rehabilitation Sciences
University of Pittsburgh
4200 Fifth Avenue, Pittsburgh, PA 15260
Graduated April 2013, Master of Science
GPA: 3.990

Registered Dietitian (CDR number 1064213), **Pennsylvania Licensed Dietitian-Nutritionist** (DN005224)

Work Experience:

University of Pittsburgh, School of Health and Rehabilitation Sciences *January 2020-present*
3600 Atwood Street, Pittsburgh, PA 15260 *Adjunct Professor*

Adjunct professor in the Department of Sports Medicine and Nutrition. Undergraduate-level courses taught include those with a research-based focus: Nutrition Critical Thinking and Introduction to Research. Stimulate thoughtful student participation in the discussion-based Nutrition Critical Thinking course by reviewing published literature and discuss study design, limitations, and implications of the research with students. Seamlessly transitioned from in-person to remote learning when necessary. Currently planning the Introduction to Research lecture-based course, with a focus on peer-reviewed literature searches, review, and writing a research proposal.

University of Pittsburgh, School of Nursing *January 2018-present*
3500 Victoria Street, Pittsburgh, PA 15213 *Project Coordinator/ Lead Interventionist*

Project coordinator for a large, randomized clinical control trial focusing on mobile health and behavioral weight loss. Onboard participants into our study and provide calorie, fat gram, and exercise goals. Manage efforts of study staff and students as well as keep track of budget and spending for the grant. (NIH 1R01HL131583-01A1, Title: Promoting Lifestyle Change via Tailored mHealth to Improve Health [SMARTER]) As a member of the Faculty and Staff Welfare Committee, lead healthy lifestyle lunch and learns for those working in the School of Nursing.

UPMC Mercy Hospital *January 2017- January 2018*
1400 Locust Street, Pittsburgh, PA 15219 *Dietitian, Specialist*

Assessed and followed patients in acute care and rehabilitation units, including intensive care and burn units. In addition to clinical work, participated in this hospital's System Informatics Council and Infection Control Committee. Taught the nutrition portion of a system-wide nursing assistant orientation class. Served as the chairperson of the UPMC Mercy Green Team and act as Mercy's representative for the system initiative.

UPMC Presbyterian-Shadyside *March 2016-January 2017*
200 Lothrop Street, Pittsburgh, PA 15213 *Dietitian, Specialist*

Assessed and followed patients in the acute care setting on a variety of units serving as a floating dietitian assisting to cover all units in the hospital including medical intensive care, transplant intensive care, physical rehabilitation, and general medicine units. Participated in this hospital's System Informatics Council as well as the Drug-Nutrient Interaction Task Force, helping to implement the Synthroid Rule for enteral feeding. Chosen to participate in the Presbyterian-Shadyside Leadership Conference in September 2016.

Greenville Health System: Greenville Memorial Hospital *August 2014- March 2016*
701 Grove Road, Greenville, SC 29605 *Clinical Nutrition Specialist*

Assessed and followed patients in an 820-bed Level I trauma hospital, primarily covering an intensive care unit, high risk obstetrics and gynecology, and consultant dietitian at Shriners Hospitals for Children, Greenville focusing on orthopedic care. Cross covered intensive care units on a weekly basis and managed enteral and parenteral nutrition for those patients requiring nutrition support on units covered. Played an integral role in creating a template for nutrition assessments in an electronic medical record as the hospital transitioned from Soarian to EPIC. Represented clinical nutrition on diabetes steering committee team.

Haven Convalescent Home
725 Paul Street, New Castle, PA 16101

June 2013- July 2014
Clinical Dietitian, Dietary Manager

Assessed and created nutrition plans for residents in this 91-bed long term care facility. As the dietary manager, participated in quality control in the kitchen as well as patient care food service. Regularly held dietary staff education sessions regarding modified and therapeutic diets, implemented disciplinary action to staff as needed. Participated in weekly wound rounds, as well as daily interdisciplinary meetings regarding resident care. Presented an in-service to nurses and nursing aides regarding nutrition risk factors. Revised the facility policies for measuring weights, enteral nutrition, and the dietary department policy and procedure manual. Preceptor for students seeking experience in long-term care.

Giant Eagle
101 Kappa Drive, Pittsburgh, PA 15238

May 2010- July 2013
Community Nutrition Intern

Participated in community nutrition education and wellness programs at a variety of venues in the greater Pittsburgh area as a team lead, serving as primary volunteer contact for undergraduate students. Developed coloring sheets to be used in the Eagle's Nest and children's fairs in the community, conducted food demonstrations, and provided nutrition education at children's events.

University of Pittsburgh School of Nursing
3500 Victoria Street, Pittsburgh, PA 15213

January 2009- August 2012
Interventionist

Counseled weight loss study participants on healthy eating and exercise habits as an interventionist in a study funded by the National Institutes of Health. Performed dietary recalls on participants and analyzed how dietary habits change over the course of the study treatment period. (NIH, NIDDK 1 R01 DK071817. Title: *Improving Self-Monitoring in Weight Loss with Technology*. NIH, NINR R01 as part of a P01 grant, Title: *Self-Efficacy Based Treatment for Long-Term Weight Loss*.)

Dietetic Internship:

UPMC Mercy Hospital
1400 Locust Street, Pittsburgh, PA 15219

August 2012- April 2013
Dietetic Intern

Completed a clinical rotation at UPMC Mercy hospital, a Level I trauma center. This rotation included time spent in food service management, nutrition support, and critical care which included patient counseling regarding a variety of conditions. Managed nutrition care for patients in the cardiovascular, medical, and trauma intensive care units during a three-week period of staff relief. Presented an in-service to clinical dietitians regarding new recommendations by the Evidence Analysis Library for critically ill patients. The clinical internship also included rotations at UPMC Children's Hospital, UPMC Magee Hospital, Western Psychiatric Institute and Clinic, and a two-week rotation in long-term care.

Professional Presentations and Publications:

Burke LE, Sereika SM, Parmanto B, et al. The SMARTER Trial: Design of a trial testing tailored mHealth feedback to impact self-monitoring of diet, physical activity, and weight. *Contemp Clin Trials*. 2020;91:105958. doi:10.1016/j.cct.2020.105958

Beatrice, B.N., McGhee, L.M., Barna, M.M., Styn, M.A., Wang, J., Burke, L.E. (2009, October) Effect of fiber consumption in weight loss study participants. Poster presented at the University of Pittsburgh Science 2009 Conference, Pittsburgh, PA, University of Pittsburgh School of Health and Rehabilitation Sciences Poster Competition, Pittsburgh, PA, and at the Pennsylvania Dietetic Association's Annual Meeting and Conference 2010, Cranberry, PA.

Beatrice, B.N., Ye, L., Styn, M.A., Music, E., Burke, L.E. (2011, October) Effect of Daily Calorie Distribution in Weight Loss Study Participants. Poster presented at the University of Pittsburgh Science 2011 Conference, Pittsburgh, PA and at the Pennsylvania Dietetic Association's Annual Meeting and Conference 2012, Harrisburg, PA.

Barna, M.M., McGhee, L.M., Beatrice, B.N., Burke, L., Styn, M.A., Wang, J., Burke, L.E. (2009, October) Carbohydrate intake in relation to BMI and waist circumference in weight loss trial participants. Poster presented at University of Pittsburgh Science 2009 Conference, Pittsburgh, PA and at the American Dietetic Association's Food and Nutrition Conference and Expo 2010, Boston, MA.

McGhee, L.M., Barna, M.M., Beatrice, B.N., Wang, J., Styn, M.A., Burke, L.E. (2009, October) Behavioral Weight Loss Study Participants' Adherence to Energy and Fat Gram Goals at 6 Months. Poster presented at University of Pittsburgh

Science 2009 Conference, Pittsburgh, PA. Beatrice, B., Barna, M., McGhee, L. A SMART Way to Spend the Summer. American Dietetic Association Student Scoop Newsletter. January 2010: 4.

Acharya S.D., Styn, M.A., Elci, O.U., Ewing, L., Beatrice, B., Barna, M., McGhee, L., Burke, L.E. Does a technology supported self-monitoring tool improve weight loss maintenance among weight loss study participants? *Circulation*. 2010; 122: A16958. Oral presentation at the American Heart Association (AHA) Scientific Session.

Volunteer Experience: Participated in various health and wellness fairs at the community, collegiate, and high school levels. Presented a nutrition-based lecture series at a public library, elementary school, and at the Beaver County YMCA. Conducted various food and cooking demonstrations at a Farmer's Market, Giant Eagle stores, an assisted living home, and at the University of Pittsburgh's School of Nursing. Lead nutrition-focused tours through a campus dining facility and spoke to and made recommendations to local restaurants about menu changes. Engaged children in healthy eating while participating in the HEALTH for Families childhood obesity study, Spring 2010.

Extracurricular Involvement and Awards: Member of the Academy of Nutrition and Dietetics; Pennsylvania Academy of Nutrition and Dietetics. Previous member of the South Carolina Academy of Nutrition and Dietetics and the Piedmont Dietetic Association. Served as the Education Chair for the Board of the Piedmont Dietetic Association 2015-2016 and served on the Board of the Pennsylvania Academy of Nutrition and Dietetics as the Student Member and Career Guidance Chair. Served as the coordinator for the University of Pittsburgh's Obesity Researchers' Journal Club from May 2011-August 2012.

Skills: Proficient in Microsoft Office, Cerner, Soarian, EPIC, CBORD, Hospitality Suite, ESHA Food Processor, GeriCard, ADAM Database, ASA-24, and Nutrition Data System for Research. ServSafe educated, previously certified.