

## CURRICULUM VITAE

### BIOGRAPHICAL

**Name:** Lori E. Cherok, PhD, RDN, LDN

**Business Address:** University of Pittsburgh  
School of Health and Rehabilitation Sciences  
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### EDUCATION and TRAINING

**UNDERGRADUATE:**

Aug. 1986 – May 1991 Pennsylvania State University Bachelor of Science in May 1991  
University Park, PA Major: Applied Nutrition

Oct. 1991- July 1992 Veterans Affairs Medical Center Dietetic Internship  
East Orange, NJ Completed July 1992

**GRADUATE:**

Aug. 1999 – Aug. 2001 University of Pittsburgh Master of Science in August 2001  
Pittsburgh, PA Major: Health and Rehabilitation Science with a  
concentration in Clinical Nutrition

Aug. 2009 – April 2018 University of Pittsburgh Doctor of Philosophy in April 2018  
Pittsburgh, PA Major: Epidemiology

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### APPOINTMENTS and POSITIONS

**ACADEMIC:**

May 2019 – present University of Pittsburgh Assistant Professor  
School of Health and Rehabilitation Sciences  
Department of Sports Medicine and Nutrition  
Pittsburgh, PA

Jan. 2019 – present University of Pittsburgh Director, BS in Nutrition  
School of Health and Rehabilitation Sciences Science Program  
Department of Sports Medicine and Nutrition  
Pittsburgh, PA

Updated: 6/28/2023

Aug. 2015 – May 2020	University of Pittsburgh School of Health and Rehabilitation Sciences Department of Sports Medicine and Nutrition Pittsburgh, PA	Director, Didactic Program in Dietetics
Aug. 2001 – Dec. 2014	University of Pittsburgh School of Health and Rehabilitation Sciences Department of Sports Medicine and Nutrition Pittsburgh, PA	Clinical Coordinator and Instructor
Aug. 1999 – Aug. 2001	University of Pittsburgh School of Health and Rehabilitation Sciences Department of Sports Medicine and Nutrition Pittsburgh, PA	Graduate Teaching Assistant
<b>NON-ACADEMIC:</b>		
1999 – 2001	UPMC – Presbyterian Hospital Pittsburgh, PA	Clinical Dietitian - Casual Pool
	<ul style="list-style-type: none"> <li>• Provided medical nutrition therapy to patients with a variety of medical diagnoses in a large, acute care teaching hospital</li> </ul>	
1996 – 1999	UPMC-Presbyterian Hospital Pittsburgh, PA	Clinical Dietitian II – Specialist
	<ul style="list-style-type: none"> <li>• Provided medical nutrition therapy to patients in a large, acute care teaching hospital</li> <li>• Specialty areas included gastrointestinal disease, bariatric surgery, organ transplant, trauma, and critical care</li> <li>• Served as the primary preceptor for the University of Pittsburgh Coordinated Program in Dietetics students</li> </ul>	
1992 – 1996	Veterans Affairs Pittsburgh Healthcare System Pittsburgh, PA	Clinical Dietitian
	<ul style="list-style-type: none"> <li>• Provided medical nutrition therapy to medical and surgical patients</li> <li>• Specialty areas included head and neck cancer and cardiovascular disease</li> </ul>	

### CERTIFICATION and LICENSURE

#### PROFESSIONAL LICENSURE:

Registered Dietitian Commission on Dietetic Registration, Academy of Nutrition and Dietetics	Oct. 1992 - present
Licensed Dietitian-Nutritionist Commonwealth of Pennsylvania, Bureau of Professional and Occupational Affairs	Jan. 2003 – present

**SPECIALITY CERTIFICATION:**

Certified Nutrition Support Clinician

October 2007 – April 2018

National Board of Nutrition Support Certification

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**MEMBERSHIPS in PROFESSIONAL and SCIENTIFIC SOCIETIES**

Pittsburgh Academy of Nutrition and Dietetics	2002 – present
• Nominating Chair	2007 - 2008
• Nominating Chair-Elect	2006 - 2007
• Nominating Committee Member	2004 - 2005
• Membership Chair	2002 - 2003
• Membership Co-Chairman	2001 - 2002
Pennsylvania Academy of Nutrition and Dietetics (PAND)	1992 – present
• Chair, Continuing Professional Education Approval, PAND Foundation	2021 – 2022
• Co-Chair, Continuing Professional Education Approval, PAND Foundation	2020 – 2021
• Local Arrangements Co-Chair for the 2010 Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Exhibition	2009 - 2010
Academy of Nutrition and Dietetics	1992 – present
• Dietitians in Nutrition Support, Professional Practice Group	2000 – present
• Nutrition and Dietetic Educators and Preceptors Group	2015 - present
American Society for Parenteral and Enteral Nutrition	1995 – present
• Greater Pittsburgh Area Society for Parenteral and Enteral Nutrition	2017 - present

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**HONORS**

2021-2022 SHRS Dean’s Distinguished Teaching Award	2022
Outstanding Dietetic Educator Award (NDEP Area 6), Academy of Nutrition and Dietetics	2014
Recognized Young Dietitian of the Year, Pennsylvania Dietetic Association	2004

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## PROFESSIONAL ACTIVITIES

### TEACHING:

#### **HRS 2623 Advanced Medical Nutrition Therapy 1** (Aug. 2013 – present)

*Summary: This is the first of a two-course sequence in advanced medical nutrition therapy. The course provides in-depth study of the nutrition implications of specific diseases, nutrition assessment and diagnosis of nutrition problems, determination of nutrient requirements, and nutrition interventions for acute and chronic diseases based on evidence-based guidelines. The topics covered include medical nutrition therapy for eating disorders, dysphagia, congestive heart failure, organ transplant, HIV/AIDS, renal disease, injury and wound healing, genetic metabolic disorders, and traumatic brain injury.*

Credits: 3

Students: 15-25 graduate students/year

#### **HRS 2612 Advanced Medical Nutrition Therapy 2** (Jan. 2007 - present)

*Summary: This is the second of a two-course sequence in advanced medical nutrition therapy. The course provides in-depth study of the nutrition implications of specific diseases, nutrition assessment and diagnosis of nutrition problems, determination of nutrient requirements, and nutrition interventions for acute and chronic diseases based on evidence-based guidelines. The topics covered include medical nutrition therapy for gastrointestinal disorders, biliary and pancreatic disorders, liver disease, nutrition support, and critical care nutrition.*

Credits: 3

Students: 15-25 graduate students/year

#### **NUTR 1625 Nutrition Therapy** (Jan. 2020 – present)

*Summary: This course introduces medical nutrition therapy in the prevention and treatment of disease. The course covers basic pathophysiology, nutrition implications, nutrition assessment process, and nutrition interventions for specific diseases. The topics covered include medical nutrition therapy for food allergies, osteoporosis, cardiovascular disorders, diabetes mellitus, weight management, anemia, gastrointestinal disorders, cancer, rheumatic disorders, and pulmonary disorders.*

Credits: 4

Students: 20-25 undergraduate students/year

#### **NUTR 1602 Nutrition Assessment** (Aug. 2020 – present)

*Summary: This course introduces the student to the concepts and components of nutritional assessment. The steps and methods used in the Nutrition Care Process to determine the nutrition status and nutritional problems of individuals will be presented. Methods used to assess dietary intake and reference standards for individuals and groups will be a major focus of the course. Common tools and resources used by the Registered Dietitian Nutritionist (RDN) will also be addressed.*

Credits: 3

Students: 20-25 undergraduate students/year

**NUTR 1628 Practical Experience** (Jan. 2021 – present)

*Summary: This course provides the students with practical experience in nutrition science. Students will have the opportunity to apply knowledge of nutrition science and develop and practice skills in a real-world setting under the supervision of a site preceptor. Based on the assigned practice site, the student may gain experience in nutrition-related research, working in a lab, working with health professionals, or working in the food or nutrition supplement industry.*

Credits: 2

Students: 8 undergraduate students/year

**NUTR 1630 Nutrition Therapy 1** (Aug. 2006 – December 2019)

*Summary: The first of a two-course sequence that provides an introduction to medical nutrition therapy in the treatment of acute and chronic diseases. The course covers pathophysiology and treatment of diseases, nutrition implications of specific diseases, nutrition assessment, determination of nutrient requirements, and nutrition interventions including calculation of modified diets.*

Credits: 3

Students: 19-32 undergraduate students/year

**NUTR 1632 Nutrition Therapy 2** (Jan. 2007 – April 2020)

*Summary: The second of a two-course sequence that provides an introduction to medical nutrition therapy in the treatment of acute and chronic diseases. The course covers pathophysiology and treatment of diseases, nutrition implications of specific diseases, nutrition assessment, determination of nutrient requirements, and nutrition interventions including calculation of modified diets.*

Credits: 3

Students: 19-32 undergraduate students/year

**NUTR 1622 Life Cycle Nutrition** (Jan. 2015 – April 2019)

*Summary: This course is a study of the physiological, developmental, sociological, and environmental factors that affect nutrient requirements at various stages of the life cycle. Students will gain a working knowledge of nutrition and food needs and nutrition recommendations for individuals at different stages of the life span.*

Credits: 3

Students: 24-32 undergraduate students/year

**HRS 2637 Practical Applications of MNT 1** (Aug. 2006 – Dec. 2014)

*Summary: This weekly conference is designed to prepare students for their supervised practice experiences to be completed at the assigned clinical facility. Teaching approaches for the course include lectures/presentations, group discussions, student presentations, guest lectures, and problem-based learning through case studies.*

Credits: 1 (team-taught course)

Students: 15-18 graduate students/year

**HRS 2638 Practical Applications of MNT 2** (Jan. 2007 – April 2014)

*Summary: This weekly conference is designed to prepare students for their supervised practice experiences to be completed at the assigned clinical facility. Teaching approaches for the course include lectures/presentations, group discussions, student presentations, peer review exercises, and problem-based learning through case studies.*

Credits: 1 (team-taught course)

Students: 15-18 graduate students/year

**HRS 2642 Supervised Practice: Clinical 1** (Aug. 2006 – Dec. 2014)

*Summary: This supervised practice course provides the students with the opportunity to apply their knowledge of the nutrition care process and medical nutrition therapy to the practice of dietetics in the acute care setting.*

Credits: 4 (team-taught)

Students: 15-18 graduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

**HRS 2643 Supervised Practice: Clinical 2** (Jan. 2007 – March 2014)

*Summary: This course is the second of two courses which provides supervised practice experience in the area of clinical dietetics. It provides the students with the opportunity to apply their knowledge of nutrition assessment and medical nutrition therapy to the practice of dietetics in the acute care setting for patients with more complex medical and nutritional needs.*

Credits: 4 (team-taught)

Students: 15-18 graduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

**HRS 2644 Supervised Practice: Management of Nutrition Care** (Jan. 2007 – April 2014)

*Summary: The supervised practice experiences for this course are planned to provide the student with the opportunity to assume increased responsibility for the management of nutrition care to hospitalized patients. In this course, the student will complete all of the tasks of a clinical dietitian at the clinical site and will independently conduct all phases of the nutrition care process.*

Credits: 2

Students: 15-18 graduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

**CDN 1606 Nutrition and Diet in Disease** (May 2003 - June 2006)

*Summary: This course provides an introduction to medical nutrition therapy in the treatment of acute and chronic diseases. The course will cover the pathophysiology and treatment of diseases, nutrition implications of specific diseases, nutrition assessment, determination of nutrient requirements, and nutrition interventions including calculation of modified diets.*

Credits: 4

Students: 12-27 undergraduate students/year

**CDN 1631 Supervised Practice: Medical Nutrition Therapy 1** (Aug. 2001 - Dec. 2005)

*Summary: This course will provide theory and practice in food service management and the nutritional care of individuals at various stages of the life cycle with uncomplicated nutritional problems. Clinical experience is integrated with the didactic content.*

Credits: 6 (team-taught)

Students: 15-24 undergraduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

**CDN 1633 Supervised Practice: Medical Nutrition Therapy 2** (Jan. 2002 - April 2006)

*Summary: This course is a two-component course that includes a clinical conference designed to prepare students for their planned supervised learning activities scheduled at the supervised practice site. The supervised practice component of this course provides the student with opportunity to apply their knowledge of diet/nutrient modification to the practice of dietetics in the acute care setting. provide appropriate learning activities.*

Credits: 6 (team-taught)

Students: 15-24 undergraduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

**CDN 1634 Supervised Practice: Management of Nutritional Care** (May 2002 - June 2006)

*Summary: The supervised practice activities for this course are planned to provide the student with the opportunity to assume increased responsibility for the management of nutrition care to hospitalized patients. In this course, the student will function as a clinical dietitian at the clinical site and will independently conduct all phases of the nutrition care process.*

Credits: 4 (team-taught)

Students: 15-24 undergraduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

**CDN 1636 Supervised Practice: Nutrition Management in Extended Care** (June 2002 – June 2003)

*Summary: This course provides supervised practice experience in an extended care setting. The emphasis for the supervised practice experience is in the area of food service management. Additional experiences in clinical dietetics will also be provided provide the student to provide medical nutrition therapy to patients/clients in this population and to assure that the food service operation meets the food and nutrition needs of its clients.*

Credits: 2 (team-taught)

Students: 15-24 undergraduate students/year

Clinical Instructor Duties: Evaluate student performance on written assignments, serve as a mentor, and communicate with site preceptors concerning learning activities and student performance.

PROFESSIONAL PRESENTATIONS AND LECTURES:

***Balancing Nutrition During Times of Stress***

University of Pittsburgh, presentation for the Eat@Pitt student organization

Pittsburgh, PA

April 20, 2023

***Overview of Nutrition Support***

University of Pittsburgh, School of Medicine, MED 5535: Medical Nutrition: Past and Present Theories and Practice

Pittsburgh, PA

January 23, 2023; January 24, 2022

***Dysphagia – An Interprofessional Case Study***

University of Pittsburgh, School of Health and Rehabilitation Sciences, HRS 1001: Case Studies in the Health and Rehabilitation Sciences

Pittsburgh, PA

November 2, 2022; October 6, 2021

***An Introduction to Therapeutic Diets for Chronic Disease***

University of Pittsburgh, Physician Assistant Studies program, PAS 2107: Patient Education and Counseling  
Pittsburgh, PA

July 2023, June 2022, July 2021, November 2020, June 2019, July 2018, June 2017, June 2016, July 2015, June 2014, July 2013, July 2012

***Introduction to Parenteral Nutrition***

University of Pittsburgh, Physician Assistant Studies program, PAS 2202: Clinical Medicine I & Lab  
Pittsburgh, PA

June 2023, July 2022, June 2021, June 2020, June 2019, June 2018, July 2017, June 2016, June 2015, June 2014

***Malnutrition in Older Adults***

University of Pittsburgh, Geriatric Medicine Division Conference  
Pittsburgh, PA

December 14, 2018

***Medical Records***

Dietetics Education Seminar Study Group, September Seminar  
Pittsburgh, PA

September 22, 2016, September 11, 2015, September 12, 2014

***An Update on Medical Nutrition Therapy for Inflammatory Bowel Disease***

University of Pittsburgh, Department of Sports Medicine and Nutrition  
Pittsburgh, PA

Clinical Dietetics and Nutrition Program Continuing Education Seminar for Preceptors  
June 11, 2009

***Medical Nutrition Therapy for Inflammatory Bowel Disease***

Council on Renal Nutrition, Western Pennsylvania Chapter, Fall Meeting  
Pittsburgh, PA

October 23, 2008



RESEARCH:

Current Grant Support:

Grant Number	Grant Title	Role and Effort	Years Inclusive	Source and Amount
N/A	Nasogastric Feeding Tube Placement Simulation Skills Lab a Collaboration between the Dietitian Nutritionist Program, Emergency Medicine, and Physician Assistant Studies Programs	Co-Director	2023 – 2024	University of Pittsburgh School of Health and Rehabilitation Sciences Interprofessional Education Seed Award \$3,228.77 direct

Other Research Activities:

Data Safety Monitoring Board Member

Study: “Transdermal estrogen for the treatment of bone loss in women with anorexia nervosa: a randomized, placebo-controlled trial.” Principal Investigator: Pouneh K. Fazeli, MD, MPH

Doctoral Dissertation Committee Member (October 2022 – present)

Candidate: Carli A. Liguori, MS, RDN, LDN, Exercise Physiology, Department of Health and Human Development, University of Pittsburgh

Dissertation title: “The Usefulness of Targeted Messaging Techniques to Promote Healthy Food Choice in the Food Retail Environment.”

Doctoral Dissertation Title: “Folate and Iron Status in Women of Childbearing Age after Bariatric Surgery”

Date of Completion: April 2018

Dissertation Committee Members: Steven H. Belle, PhD, MScHyg, Lisa M. Bodnar, PhD, MPH, RD, Anita P. Courcoulas MD, MPH, FACS, Wendy C. King, PhD

SERVICE:

DEPARTMENT SERVICE:

Interim Director, Nutrition Science Program	Jan. 2019 – present
Director, Didactic Program in Dietetics	Aug. 2015 – May 2020
Clinical Coordinator, Coordinated Master in Nutrition and Dietetics	Aug. 2001 – Dec. 2014

UNIVERSITY SERVICE:

SHRS Building Program Design Task Force	June 2022 - present
SHRS Undergraduate Program Directors/Academic Policies Committee	Oct. 2016 – present
SHRS Program Directors	March 2020 – present
SHRS Clinical Coordinators Group	April 2022 - present Sept. 2001 – Dec. 2014

SHRS Academic Integrity Hearing Board	Sept. 2001- present
SHRS Excellence in Teaching Task Force	Jan. 2019 – March 2020
Health Sciences Interprofessional Geriatrics Course Planning Committee	July 2018 – June 2020
SHRS Academic Policies Committee <i>Chair, SHRS Academic Policies Committee</i>	Sept. 2006 – June 2016 Sept. 2006 – Aug. 2010
SHRS Reconciliation of Grievance, Appeals, and Grading Committee	2006
SHRS Alumni Society Board	2004-2006

#### COMMUNITY ACTIVITIES:

##### Phillips School Career Day

Summary: Presented information on the profession of dietetics to 3<sup>rd</sup> and 4<sup>th</sup> graders

Location: Phillips Pittsburgh Public School, Pittsburgh, PA

Date: May 2009

##### Western Pennsylvania School for the Deaf - SMN Department Fitness Assessment Clinic

Summary: Spoke to students concerning importance of hydration and assisted with physical activity lab for students.

Location: West Pennsylvania School for the Deaf, Pittsburgh PA

Date: July 2007

##### A Taste of Nutrition

Summary: Wrote nutrition education articles for the Pittsburgh Tribune Review newspaper

Location: Pittsburgh, PA

Date: 2002-2003

#### INCLUSION, DIVERSITY, EQUITY, AND ACCESSIBILITY:

Continuing education and training completed:

##### EIT in Action: Implementing Digital Accessibility Principles

Provider: University of Pittsburgh, School of Health and Rehabilitation Sciences' Office of Online Learning

Date: June 28, 2023

##### ACEND DEI Training: Cultural Competence and Cultural Humility

Provider: Accreditation Council for Education in Nutrition and Dietetics webinar

Date: February 17, 2023

##### Strategies for RDNs to Manage Sex-Specific Data of Nutrition Assessment when Caring for Transgender and Gender Diverse Patients

Provider: Academy of Nutrition and Dietetics webinar

Date: July 14, 2022

Updated: 6/28/2023

Gender-Affirming Nutrition Care for Transgender and Gender Diverse Clients

Provider: Academy of Nutrition and Dietetics webinar

Date: June 8, 2022

Building a Foundation: LGBTQ+ Terminology, Concepts, and Affirming Communication

Provider: Academy of Nutrition and Dietetics webinar

Date: June 19, 2021

21-Day Racial Equity Habit-Building Challenge

Provider: Food Solutions New England, UNH Sustainability Institute

Date: April 2021

Let's REALLY Flip the Classroom: An Introduction to Culturally Sustaining Teaching

Provider: Accreditation Council for Education in Nutrition and Dietetics webinar

Date: December 12, 2020

An Introduction to Culturally Sustaining Teaching

Provider: Accreditation Council for Education in Nutrition and Dietetics webinar

Date: December 8, 2020

Diversity Forum: America's Persistent Pandemic—Racism: How to Foster Antiracist Practices and Create a Culture of Inclusion, Equity and Justice

Provider: Office of Equity, Diversity, and Inclusion webcast, University of Pittsburgh

Date: July 29, 2020

Diversity and Inclusion in Dietetics: Educators as Allies and Advocates

Provider: Nutrition and Dietetic Educators and Preceptors webinar

Date: July 6, 2020

I Can't Breathe: From Agony to Activism

Provider: Office of Equity, Diversity, and Inclusion webcast, University of Pittsburgh

Date: June 3, 2020

Individuals with Disabilities: Creating an Accommodating and Inclusive Environment

Provider: University of Pittsburgh Faculty and Staff Development Program

Date: May 14, 2019

Fostering a Diverse and Inclusive Environment: The Why and How

Provider: University of Pittsburgh Faculty and Staff Development Program

Date: April 4, 2019

Connecting Students to Care and Resource Support (CARS)

Provider: Care and Resource Support Team, University of Pittsburgh

Date: May 15, 2017

Preventing Sexual Harassment

Provider: University of Pittsburgh, online training and certification program

Date: November 13, 2015

Updated: 6/28/2023

Preventing Discrimination and Sexual Violence: Title IX, VAWA and Clery Act for Faculty and Staff  
Provider: University of Pittsburgh, online training and certification program  
Date: March 10, 2015

Accommodating Students with Disabilities in Clinical Education Programs  
Provider: Disability Resources and Services, University of Pittsburgh  
Date: August 6, 2014