Kelsey L. Voltz-Poremba, CScD, MOT, OTR/L

Curriculum Vitae

BIOGRAPHICAL INFORMATION

Business Address:	Department of Occupational Therapy School of Health & Rehabilitation Sciences University of Pittsburgh Bridge side Point 1 100 Technology Dr. Suite 350 Pittsburgh, PA 15219	Email Address:	klv28@pitt.edu
Phone:	412-383-0163	Fax:	412-383-6613

EDUCATION and TRAINING

UNDERGRADUATE

2007-2011	School of Education University of Pittsburgh, Pittsburgh, PA	BS, 2011	Health and Physical Activity Concentration: Exercise Science
GRADUATE			
2011-2013	School of Health and Rehabilitation Sciences University of Pittsburgh, Pittsburgh, PA	MOT, 2013	Occupational Therapy
2018-2019	School of Health and Rehabilitation Sciences University of Pittsburgh, Pittsburgh, PA	CScD, 2019	Occupational Therapy Concentration: Master Practitioner in Pediatrics

APPOINTMENTS and POSITIONS

ACADEMIC

<u>Years Inclusive</u>	Department, Name and Location of Institution	<u>Rank/Title</u>
2018 - 2019	Department of Occupational Therapy University of Pittsburgh, Pittsburgh, PA	Teaching Fellow
2019 - 2021	Department of Occupational Therapy University of Pittsburgh, Pittsburgh, PA	Instructor
2021 – Present	Department of Occupational Therapy University of Pittsburgh, Pittsburgh, PA	Assistant Professor and Doctoral Capstone Coordinator
2022 – Present	School of Health and Rehabilitation Sciences University of Pittsburgh, Pittsburgh, PA	SHRS Wellness Pavilion Interim Director

NON-ACADEMIC

Years Inclusive	Department, Name and Location of Institution	<u>Rank/Title</u>
2011 – Present	Upper St. Clair Community and Recreation Center, Upper St. Clair, PA	Adapted Fitness Coordinator/Instructor
2013 - 2014	Passavant Memorial Homes, Pittsburgh, PA	Community Inclusion Specialist
2014 - 2020	Kaleidoscope Family Solutions, Carnegie, PA	Direct Support Professional
2014 - 2018	Department of Occupational Therapy UPMC Children's Hospital of Pittsburgh, Pittsburgh, PA	Staff Therapist
2016 - 2021	The Watson Institute Friendship Academy, Pittsburgh, PA	Contract Occupational Therapist
2019 – 2020 2018 – 2019	Department of Occupational Therapy University of Pittsburgh, Pittsburgh, PA The Watson Institute Watson Institute Social Center for Academic Achievement (WISCA), Sharpsburg, PA	Interventionist ENGAGE Research Study Contract Occupational Therapist
	(110011), bhu poourg, 111	

CERTIFICATION and LICENSURE

SPECIALITY CERTIFICATIONS	
AOTA Fieldwork Educator Certificate	2015
MEDICAL or OTHER PROFESSIONAL LICENSURE	
National Board Certification in Occupational Therapy, 314954	2013 - Present
Commonwealth of Pennsylvania Occupational Therapy License, #OC-013052	2013 - Present

MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

American Occupational Therapy Association, # 000004331701	2011 - Present
Pennsylvania Occupational Therapy Association, # 17476	2011 - Present

	HONORS	
UPMC Children's Hospital of Pittsburgh Ambulatory Accolade Award		2015

SCHOLARSHIP

EDUCATIONAL

Voltz, K. *The Feasibility and Acceptability of a Community and Occupation-Based Day Program for Adults with Intellectual and Developmental Disabilities (I/DD): The B.E.E. Program* [Unpublished doctoral capstone]. University of Pittsburg, Pittsburgh, PA.

PROFESSIONAL SERVICES and ACTIVITIES

TEACHING: School of Health and Rehabilitation Sciences, University of Pittsburgh Doctor of Occupational Therapy

- Course Title: Clinical Conditions 2 (OT 2212)
 Position: Guest Lecturer
 Years: Spring 2018, Spring 2019, Spring 2020, Spring 2021, Fall 2022
 Contact Hours: 1.5 hours, 1 lecture
 Description: Presented lecture on autism spectrum disorder to graduate students in entry level Doctor of
 Occupational Therapy program in the School of Health and Rehabilitation Sciences. The lecture outlined
 information regarding autism spectrum disorders, including prevalence, diagnosis, prognosis, medical
 management, psychosocial factors, and considerations for intervention.
- Course Title: Developmental Theory and Practice (OT 2221)
 Position: Lab Assistant
 Years: Fall 2018
 Contact Hours: 24 hours
 Description: Assisted with lab assignments throughout the course of the semester related to pediatric
 practice. Participated in active learning assignments, discussions and learning activities.
- Course Title: Developmental Theory and Practice (OT 2221)
 Position: Guest Lecturer
 Years: Fall 2018
 Contact Hours: 2 hours
 Description: Lectured on the role of occupational therapy for adolescents and young adults with disabilities, and secondary transition services. Presented assessment tool consideration, funding sources and case studies for clinical application of theories.
- 4. Course Title: Fieldwork Education A (OT 2215), B(OT 2219), and C (OT 2226) Position: Fieldwork Educator Years: Fall 2018, Spring 2019, Fall 2019, Spring 2020, Fall 2020, Spring 2021, Summer 2021, Spring 2022 Contact Hours: 4-hour supervision, 2 times per week for 10 weeks Description: Supervised OTD Students in community-based pediatric setting and SHRS Wellness Pavilion. Developed and educated students and staff at Lingeln Elementary School in Pitteburgh. PA on structured

Developed and educated students and staff at Lincoln Elementary School in Pittsburgh, PA on structured recess activities. Implemented activities and facilitated discussion with OTD students on clinical application of skills developed through the experience. Completed educational sessions in the community and on-site as well as in a classroom based-setting through fieldwork seminar classes.

- Course Title: Clinical Seminar 3 (OT 2216)
 Position: Lab Assistant
 Years: Spring 2019
 Contact Hours: 3 hours, 1 lecture
 Description: Assisted in facilitating poverty simulation for entry level OTD students.
- 6. Course Title: Activity Context/Adaptation Theory and Practice (OT 2211) Position: Lab Assistant Years: Spring 2019 Contact Hours: 24 hours Description: Assisted with lab assignments throughout the semester, including transfer lab, clinical simulation at the WISER center, and adaptive equipment lab. Participated in discussion and participation of practicing clinical skills and help facilitate clinical reasoning in applying knowledge to practice. Observed and graded performance assessments throughout the year, including WISER center and performance assessment of adaptive equipment.
- Course Title: Therapeutic Approaches 2 (OT 2214)
 Position: Lab Assistant
 Years: Spring 2019
 Contact Hours: 12 hours
 Description: Assisted with lab assignments and coursework including observing and grading group
 interventions and leading and facilitating group discussion on diversity.
- Course Title: Biomechanical Theory and Practice (OT 2218)
 Position: Laboratory Assistant
 Years: Summer 2019
 Contact Hours: 26 hours
 Description: Assisted with lab activities throughout the duration of the course related to dysfunctions involving biomechanical impairments. Assisted with goniometry, manual muscle testing, interventions for range of motion impairments and muscle performance, edema and sensation measurement, and splinting labs. Participated in grading of performance assessments.
- 9. Course Title: Neurorehabilitation Theory and Practice (OT 2217) Position: Laboratory Assistant Years Summer 2019 Contact Hours: 22 hours Description: Assisted with lab activities throughout the duration of the course related to neurological and neurobehavioral dysfunction. Assisted with traditional neurorehabilitation models application lab. Participated in grading of performance assessments and client day.
- 10. Course Title: Human Performance Analysis (OT 2204)
 Position: Co-Instructor
 Years: Fall 2019, Fall 2020
 Contact Hours: 4 hours per week; 32 lectures (16-week term)
 Description: This course examines the components of human performance. The functional interrelationships between motor, process, and interaction functions and skills are examined.
- Course Title: Fieldwork Education A (OT 2215), B(OT 2219), and C (OT 2226) Position: Co-Instructor Years: Summer 2020, Fall 2020, Spring 2021, Summer 2021, Spring 2022 Contact Hours: 4-hour supervision, 2 times per week for 10 weeks Description: Assisted in development of experiences and co-facilitated fieldwork seminar classes to enhance the students didactic work through discussions about experiential learning.

- 12. Course Title: Adaptation/Technology Theory and Practice (OT 2238)
 Position: Co-Instructor
 Years: Summer 2021
 Contact Hours 4.5 hours per week; 20 lectures (10-week term)
 Description: The course examines theories related to technology uses in rehabilitation and the use of adaptation and compensation interventions. The course examines different tools used for adaptation and compensation during the rehab process.
- Course Title: Developmental Theory and Practice (OT 2221) Position: Instructor Years: Fall 2021, Fall 2022

Contact Hours 4 hours per week; 32 lectures (16-week term)

Description: The occupational therapy process for children is studied in-depth. Theories, principles, assessments, and interventions focus on the performance of activities and routines of daily living and societal participation. Clinical reasoning skills for making diagnostic judgments and planning interventions are emphasized. Experiential learning is provided in a laboratory setting and reinforced in community experiences.

14. Course Title: Evidence-based Protocol and Practice Guidelines (OT 3200)

Position: Instructor

Years: Spring 2022, Spring 2023

Contact Hours 3 hours per week; 16 lectures (16-week term)

Description: Students develop an understanding of the opportunities and challenges of implementing evidence and learn to use evidence checklists to evaluate and develop practice guidelines. Students will evaluate occupational therapy practice guidelines relevant to a specific patient population and develop a practice guideline that will meet the needs of a select user.

- 15. Course Title: Professional Development Seminar (OT 3209)
 - Position: Co-Instructor

Years: Spring 2022, Spring 2023

Contact Hours 2 hours per week; 16 lectures (16-week term)

Description: This course addresses professional issues and the professional development of the occupational therapist related to collaborative practice, ethics, professional entry requirements and responsibilities, and professional sustainability. Includes dissemination of program outcomes and capstone project.

16. Course Title: Project Development 2 (OT3207) Position: Instructor Years: Fall 2022 Contact Hours 3 hours per week; 16 lectures (16-week term) Description: This course focuses on the application of the ski

Description: This course focuses on the application of the skills needed to plan, implement, and evaluate a project that addresses an important question related to professional practice. In collaboration with and mentorship by faculty and content experts, students design and present a synopsis of a proposal for a capstone project.

TEACHING: Rangos School of Health Sciences, Duquesne University Master of Science Degree in Speech-Language Pathology

Course Title: Clinical Seminar in Professional Issues and Ethics (SLP 571)
 Position: Guest Lecturer
 Years: Spring 2017, Spring 2018, Spring 2019, Spring 2020, Spring 2021
 Contact Hours: 2 hours, 1 lecture
 Description: Presented on professional topics about discipline of occupational therapy and the role in

rehabilitation and interdisciplinary collaboration with the speech language pathology and physical therapy. Presented with faculty within the Master of Sciences in Speech and Language Pathology program and guest lecturer from the physical therapy department at UPMC Children's Hospital of Pittsburgh on interdisciplinary collaboration and led small group discussions with graduate students in the Master of Sciences in Speech and Language Pathology program.

TEACHING: Faculty Mentor for Doctoral Experiential Preceptorship / Capstone Project

- Timeframe, number of students: Fall 2020 Spring 2021, 5 OTD students Student's names: Meredith Buckbee, Claire Colwell, Victoria Merritt, Nicole Rosenbaum, and Taylor Wellman Experiential Preceptorship / Capstone Project Site: UPMC Western Psychiatric Hospital, Center for Autism and Developmental Disorders and Outpatient Therapy
- Timeframe, number of students: Fall 2021 Spring 2022, 5 OTD students Student's names: Hannah Brown, Lauren Carman, Laura Lam, Katie Shaw, and Amber Shojaie Experiential Preceptorship / Capstone Project Site: UPMC Western Psychiatric Hospital, Center for Autism and Developmental Disorders

PRESENTATIONS: Invited

National

- 1. Jurcevich, B., Neuhart, J., Voltz, K., Ziemkiewicz, T. *Benefits of Multidisciplinary Groups* [Poster]. 2016, The 96th American Occupational Therapy Association Conference, Chicago, IL.
- 2. Voltz, K. Increasing Independence in School and Community Through Assistive Technology in the *Pediatric Population* [Poster]. 2017, The 97th American Occupational Therapy Association Conference, Philadelphia, PA.
- Bendixen, R., Voltz, K. Critically Appraised Paper: Use of a Cognitive Training Strategy to Increase Money-Management Skills in Young Adults with Intellectual Disabilities [Poster]. 2019, The 99th American Occupational Therapy Association Conference, New Orleans, LA.
- 4. Voltz-Poremba, K. *The B.E.E. Program: A Community- & Occupation-Based Program for Adults with Intellectual & Developmental Disabilities* [Poster]. 2023, The 103rd American Occupational Therapy Association Conference, Kansas City, MO.
- 5. Marsico, A., Mathia, E., Voltz-Poremba, K., Shepard, C. *Managing Accommodations: Classroom to Workplace*. The 103rd American Occupational Therapy Association Conference, Kansas City, MO.

Regional

- 1. **Voltz, K.** *Literature Review: Independent Living for Individuals with Disabilities.* 2015, All Staff In-service at UPMC Children's Hospital of Pittsburgh, Pittsburgh, PA.
- 2. Jurcevich, B., Voltz, K. Literature Review: Developmental Dyspraxia and Play Skills of Children with Autism. 2016, Occupational Therapy Staff In-service at UPMC Children's Hospital of Pittsburgh, Pittsburgh, PA.
- 3. Voltz, K. *ADL Assessment: Goal Oriented Assessment of Life-Skills (GOAL).* 2017, Occupational Therapy Staff In-service at UPMC Children's Hospital of Pittsburgh, Pittsburgh, PA.
- 4. Volz, K. Assistive Technology Equipment Overview. 2017, Occupational Therapy Staff In-service at UPMC Children's Hospital of Pittsburgh, Pittsburgh, PA.
- 5. Voltz, K. The Science of Sensory. 2019, Staff In-service at The Watson Institute: Friendship Academy, Pittsburgh, PA.
- 6. Voltz, K. Role of Occupational Therapy in Facilitating Community Based Independence for Young Adults with Intellectual and Developmental Disabilities (I/DD) [Poster]. 2019, 3rd Annual Pitt Day Harrisburg, Harrisburg, PA.
- 7. Voltz-Poremba, K. *Embedding Community Engagement in a Rehab Science Curriculum*. 2022, University of Pittsburgh, Community Engaged Scholarship Forum, virtual.

RESEARCH

SCHOLARLY FUNDING

<u>Funding Type</u>	Grant Title	<u>Project Role, Effort</u>	Years Inclusive	Source
Program	SHRS Wellness Pavilion at the	Collaborator	July 1, 2020 – June	University of
Grant	Homewood CEC		30, 2022	Pittsburgh, Seed Project
Program	Beyond the Bell: K-12 Youth	Project Lead	March 7, 2022—	University of
Grant	After-school Program		Present	Pittsburgh, Seed Project
SERVICE: Uni	•			
	ittsburgh, Pittsburgh, PA			
1. Level I Fieldwork Educator: Traditional Pediatrics			2017	
2. Level II Fieldwork Educator			2018	
3. Level I Fieldwork Educator: Community Pediatrics		2018 - 2020		
	4. Student Conclave Committee		2019 - 2021	
	5. Pitt Day Harrisburg		2019	
6. OT Department Liaison to SHRS Wellness Pavilion		2019 – Present		
	7. OTCAS Application Reviewer		2019 – Present	
	8. Facilitator, Occupational Therapy Information Sessions		2019 – Present	
9. Level I	Fieldwork Educator: Lifespan Com	nunity	2020 – I	Present
Duquesne Univ	ersity, Pittsburgh, PA			
	Fieldwork Educator		2014, 20	015, 2018
Chatham University, Pittsburgh, PA				
1. Level II	Fieldwork Educator		2017	
Gannon Univer			2017	
I. Level I	Fieldwork Educator		2016	