

# Curriculum Vitae

**Cristiane Da Rosa Carlesso, PT**

**E-mail Address:** crc120@pitt.edu

<b>Education</b>	<b>Federal University of Santa Maria</b> Santa Maria, RS – Brazil PT Degree	August 2002 – March 2007
	<b>University of Pittsburgh</b> Pittsburgh, PA - USA Musculoskeletal Physical Therapy, MS	August 2019 – July 2020
	<b>University of Pittsburgh</b> Pittsburgh, PA - USA School of Health and Rehabilitation Science, Ph.D.	August 2020 – Current
<b>Professional Licensure</b>	<b>Conselho Regional de Fisioterapia e Terapia Ocupacional 5ª Região - Brazil</b>	2007 – 2020
<b>Continuing Education</b>	<b>Certificate of Global Postural Re-education by Proprioception and Muscle Rebalancing.</b> Porto Alegre, RS – Brazil	April 2009

**Specialization in Dermatofunctional Physical Therapy** 2008 - 2010  
Porto Alegre, RS – Brazil

**Functional Tapping Course Certificate** June 2013  
Ijuí, RS – Brazil

**Manual Therapy I: Differentiation and Intervention in Musculoskeletal Practice Course Certificate**, St. Ambrose University. January 2016  
Davenport, IA – USA

**Radiology in Physical Therapist Musculoskeletal Practice Course Certificate**, St. Ambrose University. May 2016  
Davenport, IA – USA

**Manual Therapy II: Manual Therapy for the Upper Quadrant (Occiput-T8) Course Certificate**, St. Ambrose University. May 2016  
Davenport, IA – USA

**Maitland Manual Therapy - Upper and Lower Quadrant” Certificate** June – July 2017  
Passo Fundo, RS – Brazil

**Mulligan Manual Therapy Concept - Upper and Lower Quadrant Certificate** June 2018  
Passo Fundo, RS – Brazil

**Academics**

**Participation in the project “BENEFITS OF HYDROTHERAPY APPLIED TO PATIENTS WITH CEREBRAL PALSY AND BRACHIAL PLEXUS INJURIES.** 2004  
Federal University of Santa Maria  
Santa Maria, RS – Brazil

**Internship in Physical Therapy** Mar – Sept 2004  
Service of the Military Hospital of Santa Maria.  
Santa Maria, RS – Brazil

	<b>Participation in the project “UPPER LIMB PAIN PREVENTION.</b>	2005
	Federal University of Santa Maria Santa Maria, RS – Brazil	
	<b>Participation in the extension course project “PHYSICAL THERAPY CARE FOR PATIENTS WITH BRONCHIECTASIS.</b>	2005
	Federal University of Santa Maria Santa Maria, RS – Brazil	
	<b>Participation as an INSTRUCTOR PHYSICAL THERAPY in the “8th ANNUAL ACAMPAVIDA.</b>	2006
	Federal University of Santa Maria Santa Maria, RS – Brazil	
	<b>Internship in Physical Therapy</b>	Sept – Oct 2006
	Hospital Santa Casa de Misericórdia de Porto Alegre (ISCOMPA) Porto Alegre, RS – Brazil	
	<b>Internship in Physical Therapy</b>	Oct 2006 – Jan 2007
	University Hospital of Santa Maria Santa Maria, RS – Brazil	
<b>Employment</b>	<b>Hospital Santa Casa de Misericórdia de Porto Alegre (ISCOMPA) Porto Alegre, RS – Brazil</b>	May 2007 – May 2008
	Registered physical therapist responsible for assessing the patients at the hospital, providing respiratory therapeutic interventions to the patients based on specific knowledge about various pathologies and scientific evidence, communicating with the patients and their family about the physical therapy approach and its importance, educating the patients and relatives about home exercises regimen and routine adaptations.	
	<b>Pro-Vida Clinic</b>	May 2008 – Jan 2012
	Três de Maio, RS – Brazil Partnership in the clinic and outpatient Physical Therapist.	

**Vitale Clinic**

Três de Maio, RS – Brazil

Partnership in the clinic and Physical Therapist working with outpatients.

Registered physical therapist responsible for assessing and reassessing the patients fully, elaborating specific treatment sequence for each case, taking notes about patients' progression, educating the patients and family about necessities, cares, exercises, routine, posture, and so on, recording and charting exercises completed and monitoring any health changes as they arise, communicating with the patients' doctors when necessary.

March 2012 –  
July 2019**Department of Physical Therapy – University of Pittsburgh**

Pittsburgh, PA – United States

Student Research Assistant

Student position for assisting in the multiple phases of research, such as data collection, interpretation and writing

September 2019  
– August 2020**Department of Physical Therapy – University of Pittsburgh**

Pittsburgh, PA – United States

Graduate Research Student

Student position for assisting in the multiple phases of research, such as data collection, interpretation and writing

October 2020 –  
Current**Activities****Volunteer at an Elderly Center.**

Bettendorf, IA, United States.

Volunteer providing company for residents and assist in outdoor walks and instructing some activities such as stretching and easy exercises within the group.

Jun - Nov 2014

**Languages**

English (proficient)

**Spoken**

Portuguese (proficient)

Spanish (proficient)

Current

<b>Publications</b>	<p><b>Responsiveness of Outcome Measures in Non-Surgical Patients with Lumbar Spinal Stenosis: A Secondary Analysis from a Randomized Controlled Trial</b> – Published in Spine Journal. <b>First Author</b></p>	Jan 2021
	<p><b>Transcranial Direct Current Stimulation in Sjogren’s Syndrome</b> – Published in Brain Stimulation Journal. <b>Co-Author</b></p>	Jan 2021
<b>Current Projects</b>	<p><b>Pre-Rehabilitation in Spine Surgery: A Scoping Review</b></p> <p>This project aims to identify and characterize current practices and reported outcomes of pre-rehabilitation protocols in patients undergoing elective spine surgery to inform future research and clinical practice. I am involved in the articles review process, extracting findings, and summarizing relevant information or gaps. Next, I will participate in the review writing.</p>	2021 – current
	<p><b>Lumbar Muscle Quality and Quantity Assessed by Diagnostic Imaging: A Scoping Review</b></p> <p>This project objects to identify knowledge gaps in diagnostic imaging methods used to evaluate lumbar muscle quantity by characterizing imaging modalities according to their parameters, procedures, lumbar muscles, and diseases assessed. This study also aims at identifying specific gaps in assessing muscle quantity and quality in the low back pain population. I am the first author of this recently approved project and will also review the articles and extract data in parallel with another researcher.</p>	2021 - current