

**Jennie Dorris, PhD, MM**  
**CURRICULUM VITAE**

**BIOGRAPHICAL INFORMATION**

**Business Address:**  
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**EDUCATION and TRAINING**

**UNDERGRADUATE:**

<u>Dates</u> <u>Attended</u>	<u>Name and Location</u> <u>of Institution</u>	<u>Degree Received,</u> <u>Year</u>	<u>Major Discipline</u>
August 1998 to May 2002	Drake University, Des Moines, IA	Bachelor of Arts, 2002	Music and Journalism

**GRADUATE:**

<u>Dates</u> <u>Attended</u>	<u>Name and Location</u> <u>of Institution</u>	<u>Degree Received,</u> <u>Year</u>	<u>Major Discipline</u>
August 2002 to May 2005	University of Colorado, Boulder, CO	Master of Music, 2005	Percussion performance
<u>Dates</u> <u>Attended</u>	<u>Name and Location</u> <u>of Institution</u>	<u>Degree Received,</u> <u>Year</u>	<u>Major Discipline</u>
August 2019- 2023	School of Health Sciences, University of Pittsburgh, PA	Doctor of Philosophy, 2023	Rehabilitation Science

**APPOINTMENTS and POSITIONS**

**ACADEMIC POSITIONS:**

<u>Years</u> <u>Inclusive</u>	<u>Name and Location of</u> <u>Institution</u>	<u>Rank/Title</u>
August 2009 to May 2013	Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO	Music lecturer, percussion instructor
August 2011 to May 2011	Journalism Department, Arts, Humanities & Design, Community College of Denver, Denver, CO	Journalism lecturer
January 2011 to May 2011	Percussion Department, School of Music, University of Colorado, Boulder, CO	Percussion Instructor, Percussion Department

September 2014 to May 2019	School of Music, College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA	Preparatory School Instructor in Percussion and Creative Expression
September 2015 to May 2023	School of Music, College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA	Research Associate, Director of Music and Community Connection Lab

**ACADEMIC APPOINTMENTS:**

<b><u>Years Inclusive</u></b>	<b><u>Name and Location of Institution</u></b>	<b><u>Rank/Title</u></b>
September of 2004 to May 2005	Percussion Department, School of Music, University of Colorado, Boulder, CO	Percussion Instructor
August 2019 to April 2023	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Graduate Student Researcher
May 2023 to present	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Research Scientist

**NON-ACADEMIC POSITIONS:**

<b><u>Years Inclusive</u></b>	<b><u>Name and Location of Institution</u></b>	<b><u>Rank/Title</u></b>
May 2006 to August 2006	Luzerne Music Center, Lake Luzerne, NY	Percussion Instructor
September 2004 to May 2006	Wheatridge High School, Wheatridge, CO	Percussion Instructor
September 2006 to July 2011	Telling Stories, Denver, CO	Founder, Musician, Writer
September 2007 to May 2009	Lighthouse Writers Workshop, Denver, CO	Youth Program Director
January 2007 to February 2019	Denver School of the Arts, Denver, CO	Founder, Telling Stories Program, Artist
September 2008 to May 2011	Harmony Project, Denver, CO	Artist
September 2011 to May 2013	Creative Arts, Reading, MA	Percussion and Interdisciplinary Arts Teacher
January 2013 to May 2013	Boston Arts Academy, Boston, MA	Interdisciplinary Arts Teacher
January 2013 to May 2013	Weymouth Public Schools, Weymouth, MA	Percussion Instructor
May 2013 to October 2018	Shelter Music Boston, Boston, MA	Founder of Musical Storytelling Program, Musician

January 2013 to May 2014	Crusic Percussion Ensemble, Pittsburgh PA	Co-Artistic Director, Percussionist
January 2014 to December 2016	Pittsburgh Symphony, Pittsburgh, PA	Guest Artist with Meet the Maestro Program
January 2014 to July 2019	Hip Hop Orchestra, Pittsburgh, PA	Musician and Teaching Artist
March 2015 to December 2017	The Neighborhood Academy, Pittsburgh, PA	Founder of Spoken Word Program, Artist
September 2015 to May 2016	Hillman Cancer Center, Pittsburgh, PA	Founder, Musical Storytelling Program and Guest Artist
September 2016 to 2019	BriTE Wellness Program, Pittsburgh, PA	Founder of Marimba Program and Marimba Teacher

### MEMBERSHIPS in PROFESSIONAL and SCIENTIFIC SOCIETIES

#### ORGANIZATION:

Society of Professional Journalists	2002 – 2006
Denver Musicians Union, Local 20-623	2006 – 2011
Percussive Arts Society	2006 – 2011
College Music Society	2011 – 2013
Chamber Music America	2011 – 2013
Pittsburgh Women's Press Club	2013 – 2014
The Gerontological Society of America, #1179918	2020-present

### HONORS & AWARDS

#### ACADEMIC HONORS and AWARDS:

American Society of Magazine Editors Internship	2001
Music Teacher National Association Competition, Winner, regional and state competition	2001
Concerto Competition Winner, Drake University, Music Department	2001
Departmental Honors, Drake University, Honors Program	2002
Winner of Pappajohn Seed Grant and Business Plan Competition, Drake University	2002
Performance Fellowship, University of Colorado-Boulder, School of Music	2004
Future Leaders Society inductee, Finalist K Patricia Clark award, Association of American Colleges and Universities	2021

#### PROFESSIONAL HONORS and AWARDS

Mastermind of the Arts, <i>Westword</i> .	2010
Finalist, City & Regional Magazine Association for Feature Story for Boston Magazine, "The Audition."	2013
"Top Art & Tech Program" awarded to Musical Storytelling from the Pittsburgh Tech Council and Create Pittsburgh	2016
"Who's Next: Musicians" One of 21 Pittsburgh musicians under 40 named as "defining the new Pittsburgh sound" from <i>The Incline</i> .	2017

Finalist for “Media and Entertainment Project of the Year” for 2017  
podcast series Telling Stories.  
Finalist for American Association of Colleges and Universities’ 2022  
*Future Leaders Society*

*\*Trainees mentored to publication*

### **ORIGINAL PEER-REVIEWED ARTICLES**

1. Rodakowski J, **Dorris JL**, McLaughlin DJ\*, Grimes DL\*. Music Intervention Pilot Study: Assessing Teaching Methods of Group Marimba Classes Designed to Train Spatial Skills of Older Adults with Changes in Cognition. *Music Med.* 2021. Volume 13 (4) <https://doi.org/10.47513/mmd.v13i4.749>
2. **Dorris JL**, Neely S, Terhorst L, VonVille HM, Rodakowski J. Effects of music participation for mild cognitive impairment and dementia: A systematic review and meta-analysis. *J Am Geriatr Soc.* 2021; 1– 9. <https://doi.org/10.1111/jgs.17208>
3. **Dorris JL**, DiCicco H, Becker JT, Rodakowski J. Developing a digital music program for older adults with changing cognition: A program development report. *Music Med.* 2022. Volume 14 (2).
4. **Dorris JL**, Chang K\*, McLaughlin DJ\*, Murray SS\*, Schaumburg, S\*, Rodakowski, J. Project Unmute: A Digital Music Program Delivered by Adolescent Musicians to Older Adults with Cognitive Decline. *J Intergener Relatsh.* 2022; 1-9. <https://doi.org/10.1080/15350770.2022.2086958>
5. **Dorris J** (2023). Book Review: Music, Senior Centers, and Quality of Life. *J Appl Gerontol*, 42(10), 2158-2159. <https://doi.org/10.1177/07334648231178859>
6. **Dorris J**, Rodakowski J. Music interventions for adults living with dementia. *Am J Geriatr Psychiatry*, epub ahead of print. <https://doi.org/10.1016/j.jagp.2023.10.011>
7. Rodakowski J, **Dorris JL**, Stahl S. Depressive Symptoms Associated With Social Participation in Older Adults Living With Mild Cognitive Impairment. *Gerontology and Geriatric Medicine.* 2024;10. doi:[10.1177/23337214231223637](https://doi.org/10.1177/23337214231223637)
8. **Dorris JL**, Rodakowski JL, Terhorst L, Neely S, Raina K. A Qualitative Pilot Study of Adolescents’ Characteristics and Experiences Delivering a Digital, Intergenerational Music Program to Older Adults with Alzheimer’s and Dementia. *J Intergener Relatsh.* Advance online publication. <https://doi.org/10.1080/15350770.2024.2309489>

### **OTHER NON-PEER REVIEWED PUBLICATIONS**

1. **Dorris, J** (2011, January) Second Semester. *5280 Magazine*. <https://www.5280.com/2010/12/second-semester/>
2. **Dorris, J** (2012, June 26.) The Audition. *Boston Magazine*. <https://www.bostonmagazine.com/2012/06/26/boston-symphony-orchestra-audition>
3. **Dorris, J** (2013, March 15) Out of Her Element *Spirituality and Health*. <https://www.spiritualityhealth.com/articles/2013/03/15/out-her-element>
4. **Dorris, J** (2014, April 17) 10 Ways Pittsburgh’s Medical Community is Changing the World. *Pittsburgh Magazine*. <https://www.pittsburghmagazine.com/10-ways-pittsburghs-medical-community-is-changing-the-world/#.U6hCyo1dU5s>
5. **Dorris, J** & Doyle, P (2015, April 23) Endless Challenges: 48 Remarkable Hours with 8 Pittsburgh Doctors. *Pittsburgh Magazine*. <https://www.pittsburghmagazine.com/endless-challenges-48-remarkable-hours-with-8-pittsburgh-doctors>
6. **Dorris, J** (2015, Winter) Destination Unknown. *Pittsburgh Quarterly*. <https://pittsburghquarterly.com/articles/destination-unknown/>
7. **Dorris, J** (2017, May 17) Can the Restoration of a Church Lead to the Revival of a Town? *Pittsburgh Magazine*. <https://www.pittsburghmagazine.com/can-the-restoration-of-a-church-lead-to-the-revival-of-a-town/>

### **PEER-REVIEWED PUBLISHED ABSTRACTS**

1. **Dorris, J** & Rodakowski, J. Developing a spatial-skills-focused music program for older adults with changes in cognition. *Innov Aging*, 2020; 4(Supplement\_1), 291-292. <https://doi.org/10.1093/geroni/igaa057.934>

2. **Dorris J**, Neely S, Rodakowski J. Music Interventions for Early-Stage Cognitive Decline: A Systematic Review and Meta-Analysis. *Innov Aging*, 2021; 5(Supplement\_1), 649.
3. **Dorris J**, Rodakowski J, Terhorst L. The Association Between Music Engagement, Academic Performance, and Self-Esteem in Seventh Graders: A Secondary Data Analysis. *Archives of Physical Medicine and Rehabilitation*. 2022/03/01/ 2022;103(3):e38-e39. <https://doi.org/10.1016/j.apmr.2022.01.107>
4. **Dorris J**, DiCicco H, Becker J, Rodakowski J. Developing a Music Program on Zoom for Older Adults with Declining Cognition: A Program Development Report. *Innov Aging*, 2022; 6(Supplement\_1), 46, <https://doi.org/10.1093/geroni/igac059>
5. Klindedinst, TC, **Dorris, JL**, Turner, R, Ciro, C., and Rodakowski, J. Goal-Oriented Interventions to Improve Disability & Functional Status in Adults With Multiple Chronic Conditions: A Systematic Review. *Am J Occup Ther* July/August 2023, Vol. 77(Supplement\_2), 7711510252p1. doi: <https://doi.org/10.5014/ajot.2023.77S2-PO252>
6. **Dorris JL**, Raina K, Neely S, Rodakowski, J. Emotional Responses of Adults Living With Dementia to an Intergenerational Music Intervention. *Innov Aging*, 2023; 7(Supplement\_1), 744, <https://doi.org/10.1093/geroni/igad104.2408>

## RESEARCH

### **Current Grant Support**

<u>Grant Title</u>	<u>Grant Title</u>	<u>Project Role, Effort</u>	<u>Years Inclusive</u>	<u>Source, Amount</u>
1. 1891751-38-22	Mixed-Methods Study of an Intergenerational music program delivered by adolescent musicians to older adults with early-stage cognitive decline.	PI, 25%	01/01/2022 to 12/31/2023	National Endowment for the Arts, \$15,000.00

### **Completed Grant Support**

1. 1012239	Analyzing the effect of taking group music classes on the cognition of those with Mild Cognitive Impairment.	PI, 12.5%	12/15/2019 to 07/06/2019	Academy of Country Music, \$5,354.56
2. R01AG05635	Influence of Strategy Training on Disability for Older Adults with Mild Cognitive Impairment	Graduate Student Researcher, 100%	08/24/2019 to 12/31/2021	National Institute on Aging, \$55,420

## **RESEARCH-RELATED PRESENTATIONS, LECTURESHIPS, SEMINARS**

### ***Invited Research Presentations***

#### *State, Regional*

1. **Dorris, JL**. Music and the Brain: Can learning an instrument help delay Alzheimer's? School of Music Convocation, Carnegie Mellon University, September 14, 2017; Pittsburgh, PA.

2. **Dorris, JL.** Creativity and the Brain. BrainHub Conference, Carnegie Mellon University, October 7, 2017; Pittsburgh, PA.
4. **Dorris, JL.** Music and the Brain. BRiTE Wellness Program, University of Pittsburgh, March 6, 2018; Pittsburgh, PA.
5. **Dorris, JL.** Music and the Brain: Why playing a musical instrument might help your mind and memory. BRiTE Wellness Program, University of Pittsburgh, March 6, 2019; Pittsburgh, PA.
6. **Dorris JL.** & Rodakowski, J. Developing and Assessing a Spatial-Skills-Focused Marimba Program for Older Adults with Cognitive Challenges. Poster presentation at: Rehabilitation Institute Research Day, virtual.. Oct. 7, 2020.
7. **Dorris JL.** Rodakowski, J. Project Unmute: An Intergenerational Music Program. Engaging Humanities in Health Cross-disciplinary Conference, virtual. April 10, 2021.
8. **Dorris JL,** Neely S, & Rodakowski, J. Music Interventions for Early-Stage Cognitive Decline: A Systematic Review and Meta-Analysis. [Interactive poster presentation]. University of Pittsburgh's Occupational Therapy Colloquium, virtual. April 26, 2022.
9. **Dorris JL,** Raina K. Neely S., Rodakowski J. Assessing affect responses of older adults living with dementia to an intergenerational music intervention. Poster presented at Aging Institute Research Day. University of Pittsburgh. November 9, 2022. Pittsburgh, PA.

### **OTHER RESEARCH RELATED ACTIVITIES**

#### *Laboratory Name, Principal Investigators*

- |   |                |
|---|----------------|
| 1. Music and Community Connection Lab; <b>Dorris JL</b> | 2018 – 2023    |
| 2. Prosper in Participation Laboratory; Rodakowski J.   | 2019 – present |

### **TEACHING**

#### **COURSEWORK**

##### ***Red Rocks Community College – Primary Instructor***

1. *Course Title: Music Appreciation (MUS120)*

Role: Instructor

Name, Location of Institution: Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO

Year(s), Number of Students: Fall 2009, 8 students; Spring 2010, 9 students; Fall 2010, 12 students; Spring 2011, 10 students

Contact Hours, Number of Lectures: 702, 585

*Description:* Covers the basic materials of music, musical forms, media, genres and musical periods.

Emphasizes the development of tools for intelligent listening and appreciation. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

2. *Course Title: History of Jazz (MUS125)*

Role: Instructor

Name, Location of Institution: Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO

Year(s), Number of Students: Fall 2010, 10 students; Spring 2011, 9 students

Contact Hours, Number of Lectures: 342, 285

*Description:* Provides a survey of the basic materials of music and the forms, media, genres, historical, and cultural style periods of jazz. It emphasizes the development of tools for intelligent listening and appreciation. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

3. *Course Title: Survey of World Music (MUS123)*

Role: Instructor

Name, Location of Institution: Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO

Year(s), Number of Students: Fall 2010, 8 students; Spring 2011, 7 students

Contact Hours, Number of Lectures: 270, 225

*Description:* Provides an overview of non-Western music from around the world; provides basic listening skills and the historical/cultural context for a variety of world music styles to enable an understanding and appreciation of non-Western musical expression. This is a statewide Guaranteed Transfer course in the GT-AH1 category.

4. *Course Title: History of Rock and Pop (MUS126)*

Role: Instructor

Name, Location of Institution: Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO

Year(s), Number of Students: Fall 2010, 10 students; Spring 2011, 9 students

Contact Hours, Number of Lectures: 342, 285

*Description:* Provides a survey of basic materials of music, musical forms, media, genres, and musical periods of Rock and Pop music. It emphasizes the development of tools for intelligent listening and appreciation. There is no pre-requisite.

**University of Colorado-Boulder – Primary Instructor**

5. *Course Title: Applied Percussion Lessons and Masterclasses (PMUS5626)*

Role: Instructor

Name, Location of Institution: Music Department, University of Colorado-Boulder, Boulder, CO

Year(s), Number of Students: Spring 2011, 7 students

Contact Hours, Number of Lectures: 126 hours

*Description:* In-depth applied percussion lessons dissecting technique and pedagogy in preparation for competitions and recitals. Theory and pedagogy discussed.

**Carnegie Mellon University Music Preparatory School – Primary Instructor**

6. *Course Title: Applied Percussion Lessons*

Role: Instructor

Name, Location of Institution: College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

Year(s), Number of Students: Fall 2014, 1 Preparatory School student; Spring 2015, 2 Preparatory School students, Fall 2015, 2 Preparatory School students; Spring 2016, 2 Preparatory School students, Fall 2016, 2 Preparatory School Students, Spring 2017, 2 Preparatory School Students; Fall 2017, 2 Preparatory School Students, Spring 2018, 2 Preparatory School students, Summer 2018, 2 Preparatory School Students, Fall 2018, 2 Preparatory School Students; Spring 2019, 2 Preparatory School Students.

Contact Hours, Number of Lectures: 378 hours, 0 lectures

*Description:* In-depth applied percussion lessons dissecting technique and pedagogy in preparation for competitions and recitals. Theory and pedagogy discussed.

7. *Course Title: Creative Expression*

Role: Instructor

Name, Location of Institution: College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

Year(s), Number of Students: Fall 2014, 8 Preparatory School students; Spring 2015, 16 Preparatory School students, Fall 2015, 24 Preparatory School students; Spring 2016, 32 Preparatory School students, Fall 2016, 32 Preparatory School Students, Spring 2017, 32 Preparatory School Students; Summer 2017 45 Preparatory School Students; Fall 2017, 32 Preparatory School Students, Spring 2018, 32 Preparatory School students, Summer 2018, 16 Preparatory School Students, Fall 2018, 32 Preparatory School Students; Spring 2019, 32 Preparatory School Students.

Contact Hours, Number of Lectures: 632 hours, 632 lectures

*Description:* Course facilitates community engagement and compositional skills for Preparatory School musicians. Musicians learn to compose collaboratively and work with community partners to put on concerts.

**University of Pittsburgh – Instructor**

8. *Course Title: Gerontology Directed Study*

Role: Faculty Mentor

Name, Location of Institution: Gerontology, Center for Social & Urban Research, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2022, 1

Contact Hours, Number of Lectures: 15, 15

*Description:* Course uses scientific evidence to create research questions in arts and gerontology. Emphasis on methodology and best practices in intervention development.

**Miscellaneous Courses – Invited Lecturer**

1. *Course Title: Music Entrepreneurship (MUSC5968)*

Role: Guest Lecturer

*Name, Location of Institution:* Music Department, University of Colorado-Boulder, Boulder, CO

*Year(s), Number of Students:* Fall 2007, 15 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion focused on navigating performance anxiety with strategies and discussion.

2. *Course Title: Music Entrepreneurship (MUSC5968)*

Role: Guest Lecturer

*Name, Location of Institution:* Music Department, University of Colorado-Boulder, Boulder, CO

*Year(s), Number of Students:* Fall 2009, 10 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion focused on branding, finding a niche, and cultivating an audience.

3. *Course Title: Music Entrepreneurship (MUSC5968)*

Role: Guest Lecturer

*Name, Location of Institution:* Music Department, University of Colorado-Boulder, Boulder, CO

*Year(s), Number of Students:* Fall 2010, 8 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion focused on how music students can bring their entrepreneurial ideas to life and monetize them.

4. *Course Title: Music Entrepreneurship (MUSC5968)*

Role: Guest Lecturer

*Name, Location of Institution:* Music Department, University of Colorado-Boulder, Boulder, CO

*Year(s), Number of Students:* Spring 2011, 10 undergraduate students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion on how to use entrepreneurship to develop an interdisciplinary career.

5. *Course Title: Music Appreciation(MUS120)*

Role: Guest Lecturer

*Name, Location of Institution:* Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO

*Year(s), Number of Students:* Summer 2011, 10 music faculty members, chair, and dean

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion on how to incorporate online resources and social media into lectures.

6. *Course Title: Music Entrepreneurship (MUSC5968)*

Role: Guest Lecturer

*Name, Location of Institution:* Music Department, University of Colorado-Boulder, Boulder, CO

*Year(s), Number of Students:* Spring 2013, 12 undergraduate students

*Contact Hours, Number of Lectures:* 3 hours, 2 lecture

*Description:* A discussion on how to balance life as a working artist and find your voice in your work.

7. *Course Title: Music Appreciation(MUS120)*

Role: Guest Lecturer

*Name, Location of Institution:* Department of Visual and Performing Arts, Music Program, Red Rocks Community College, Lakewood, CO

*Year(s), Number of Students:* Summer 2013, 25 undergraduate music students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion on orchestra and opera auditions.

8. *Course Title: Art of Audience Engagement (57-454)*

Role: Guest Lecturer



*Name, Location of Institution:* College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2014, 20 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion on presenting transmedia concerts.

9. *Course Title: Teaching Artist Training (57-451)*

*Role:* Guest Lecturer

*Name, Location of Institution:* College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2014, 12 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 3 hours, 2 lectures

*Description:* A discussion on how to bring the arts into traditional public school curriculum and how to develop compelling programming and pedagogy.

10. *Course Title: Marketing/Communication (57-456)*

*Role:* Guest Lecturer

*Name, Location of Institution:* College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2015, 15 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 3 hours, 2 lectures

*Description:* A discussion on creation and use of newsletters and personal websites in branding and grant writing.

11. *Course Title: Stagecraft (57-457)*

*Role:* Guest Lecturer

*Name, Location of Institution:* College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2015, 30 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 3 hours, 2 lectures

*Description:* A discussion on earning trust and attention as an artist and an introduction to the development of the Musical Storytelling program.

12. *Course Title: Art of Audience Engagement (57-454)*

*Role:* Guest Lecturer

*Name, Location of Institution:* College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2015, 30 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 3 hours, 2 lectures

*Description:* A discussion on using specific programming as a performance anxiety tool and a discussion on self-care in musicianship.

13. *Course Title: The Business of Music (57-458)*

*Role:* Guest Lecturer

*Name, Location of Institution:* College of Fine Arts, Carnegie Mellon University, Pittsburgh, PA

*Year(s), Number of Students:* Fall 2021, 21 undergraduate and graduate music students

*Contact Hours, Number of Lectures:* 2 hours, 1 lecture

*Description:* A discussion and activities on how to use research methods in music entrepreneurship.

## **CURRICULUM DEVELOPMENT**

1. 2008-2019. Telling Stories. Developed interdisciplinary programming for Denver School of the Arts junior high and high school students incorporates writing, music, visual arts, and stage craft and design for over 200 students a year. Program included strategies for interdisciplinary communication and collaboration between young artists culminating in an annual performance. Denver, CO.

2. 2013-2018. Musical Storytelling. Developed program for adolescent and adult guests in homeless shelters in Boston to create collaborative compositions about their lives with professional musicians. Program included iterative activities that fostered decision-making, collaboration, creativity, and ownership of group compositions. Boston, MA.

3. 2014-2016. Meet the Maestro. Developed interdisciplinary programming for the Pittsburgh Symphony between music, animation, and storytelling with fifth- and seventh-graders in Pittsburgh public schools. Program activities linked principles of music to external subjects to encourage self-expression with musical knowledge. Pittsburgh, PA.

4. 2014-2019. Creative Expression. Developed program for young musicians ages 8-18 in Carnegie Mellon University's Preparatory School to create collaborative compositions with community partners. Created materials that linked musical composition techniques to storytelling strategies; students learned to work collaboratively with peers and community programs. Pittsburgh, PA.
5. 2015-2017. Spoken Word. Developed program for high-school students at The Neighborhood Academy to write stories from their life set to compositions by their peers. Students learned concepts of poetry and how to link these concepts to improvisation and composition. Pittsburgh, PA.
6. 2015-2016. Musical Storytelling. Developed program for adult cancer patients and their caregivers to create collaborative composition of their life stories. Program included critical music listening exercises and discussing how music principles invoke mood. Exercises were paired with autobiographical essay prompts, and patients and caregivers blended self-created essays with adapted live music. Pittsburgh, PA.
7. 2016-2020. BRiTE Marimba Program. Developed music program that utilizes social connection and creativity to stimulate the lives and cognition of older adults with cognitive impairments. Music program utilizes music theory, improvisation, and composition to enhance musical learning and expression. Pittsburgh, PA.
8. 2020-present. Project Unmute. Developed intergenerational music program delivered by adolescent musicians that utilizes audience-preferred music, theoretical lessons, and interactivity for older adults with cognitive impairments. Virtual.
9. 2021-present. Evidence Based Community Arts Programming. Developed undergraduate and graduate semester-long coursework that explores research methodology, stakeholder engagement, and the creation of community-based programming.

### **CONTINUING EDUCATION**

1. Attendee, "Diversity Forum. Advancing Social Justice: A Call to Action" University of Pittsburgh July 28-30, 2020.
2. Attendee, "School of Music Forum, Inspired by the Black Lives Matter Movement" Carnegie Mellon University, June 11, 2020.
3. Attendee, "Ableism: Scratching the Surface" Diversity Forum 2021, University of Pittsburgh, July 28, 2021.
4. Participant, Diversity, Equity, and Inclusion Journal Clubs, Occupational Therapy Department, University of Pittsburgh (2020-present).
5. Participant, American Association of Colleges and Universities' *Future Leaders Society* monthly cohort. 2022-present.

### **INVITED AND PEER-REVIEWED EDUCATIONAL WORKSHOPS AND LECTURES**

#### ***State, Regional***

1. **Dorris, JL.** Music and the Brain. Prosper in Participation Laboratory. October, 2019; Pittsburgh, PA.
2. **Dorris, JL.** Is Music Engagement Associated with Higher Self-Esteem? Prosper in Participation Laboratory. October, 2019; Pittsburgh, PA.
3. **Dorris, JL.** A Systematic Review and Meta-Analysis: Music Interventions and Their Ingredients for Older Adults with Mild and Moderate Dementia. Prosper in Participation Laboratory. August, 2020; Pittsburgh, PA.
4. **Dorris, JL.** Keep the Toes A Tappin': Developing a Digital Music Program for Older Adults with Declining Cognition. Prosper in Participation Laboratory. September, 2020; Pittsburgh, PA.
5. **Dorris, JL.** Project Unmute: Feasibility. Prosper in Participation Laboratory. April, 2021; Pittsburgh, PA.
6. **Dorris, JL.** Project Unmute: New Program Report. Prosper in Participation Laboratory. April, 2021; Pittsburgh, PA.
7. **Dorris JL,** Chou A, Juarez G, Aguero A. Surviving the first year of a PhD: Strategies and lessons learned. An invited virtual panel for the University of Pittsburgh Rehabilitation Science Core Concepts I Class (HRS 3003). November 10, 2021.
8. **Dorris JL.** Challenges and experiences: Developing and assessing a digital, active music intervention delivered by adolescents to older adults living with dementia. An invited presentation for the University of Pittsburgh Rehabilitation Science Doctoral Seminar Class (HRS 3000). January 11, 2023.
9. **Dorris, JL.** Challenges and experiences: Developing and assessing a digital, active music intervention delivered by adolescents to older adults living with dementia. An invited presentation for the University of

Pittsburgh Public Health Can Art Heal? An Introduction to Arts in Health Class (PUBHLT 0401). March 16, 2023.

### **National**

1. **Dorris, JL.** How to turn non-musicians into composers. Boston Foundation, November, 2017; Boston, MA.
2. **Dorris, JL.** Musical Storytelling: Creative an opera overture. Boston Lyric Opera. October, 2018; Boston, MA.
3. **Dorris, JL.** Musical Storytelling: From words to composition. Shelter Music Boston. October, 2018; Boston, MA.
4. **Dorris JL.** Rodakowski, J. Project Unmute: An Intergenerational Music Program. Milton Academy. April 20 and 27, 2021; webinar.

*\*Musicians mentored to performance*

### **Research Intervention: Guest Artist**

1. Chang K\*. Piano. University of Pittsburgh. Project Unmute. 2020; virtual.
2. McLaughlin D\*. French horn. Carnegie Mellon University. Project Unmute. 2020; virtual.
3. Murray S\*. French horn. Carnegie Mellon University. Project Unmute. 2020; virtual.
4. Schaumburg S\*. French horn. Carnegie Mellon University. Project Unmute. 2020-2021; virtual.
5. Gilabert-Reed A\*. Violin. Milton Academy. Project Unmute. 2021; virtual.
6. Hull G\*. Clarinet. Milton Academy. Project Unmute. 2021; virtual.
7. Kaynar A\*. Piano. Winchester Thurston School. Project Unmute. 2021; virtual.
8. Watson S\*. Piano. Taylor Allderdice High School. Project Unmute. 2021; virtual.
9. Hagstedt M\*. Trombone. Carnegie Mellon University. Project Unmute. 2022; virtual.
10. Charles W\*. Bass. Milton Academy. Project Unmute. 2022; virtual.
11. Cody R\*. French horn, trumpet. Milton Academy. Project Unmute. 2022; virtual.
12. Dallman H\*. Violin. Milton Academy. Project Unmute. 2022; virtual.
13. Garrett Z\*. Clarinet. Milton Academy. Project Unmute. 2022; virtual.
14. Gomes N\*. Violin. Milton Academy. Project Unmute. 2022; virtual.
15. Hanlon R\*. Harp. Milton Academy. Project Unmute. 2022; virtual.
16. Park O\*. Cello. Milton Academy. Project Unmute. 2022, virtual.
17. Yu J\*. Piano, saxophone. Milton Academy. Project Unmute. 2022, virtual.

### **PERFORMANCE EXPERIENCE**

Performed with Steeltown Songbirds, Alia Musica, Resonance Works, Patriot Brass, Brass Roots, Crusic Percussion, Shelter Music Boston, Boston Landmarks Orchestra's *Notes in the Neighborhood*, New England Philharmonic, the Mercury Orchestra, the MIT Women's Choir, Colorado Ballet, Colorado Music Festival, Colorado Springs Philharmonic Orchestra, Greeley Philharmonic, Fort Collins Symphony, Boulder Philharmonic, Telling Stories, Mountain Chamber Music Society, Suonare Chamber Series, Boulder Brass, Colorado Chamber Orchestra, Denver Opera Company, Opera Theatre of the Rockies, Mercury Ensemble, and Denver Municipal Band.

### **SERVICE**

#### **National Organizations**

- |  |                                   |             |
|--|-----------------------------------|-------------|
| 1. Appointed Member of Intergenerational Community of Practice                   | Commit to Connect                 | 2022        |
| 2. Appointed Member of Humanities, Arts, and Cultural Gerontology Advisory Panel | Gerontological Society of America | 2023 – 2025 |

#### **Regional Organizations**

<i>Role, Service</i>	<i>Organization</i>	<i>Dates</i>
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- 
- |  |                        |             |
|--|------------------------|-------------|
| 1. Appointed Board member, Advisory board member to guide the development of the program | BRiTE Wellness Program | 2018 – 2020 |
|--|------------------------|-------------|

### **SERVICE TO ACADEMIC COMMUNITY**

#### ***New England Conservatory of Music***

- | <i>Role, Service</i>  | <i>Dates</i> |
|---|--------------|
| 1. Entrepreneurial Advisor to undergraduate and graduate students | 2011 – 2013  |

#### ***University of Pittsburgh: Department of Occupational Therapy***

- | <i>Role, Service</i>  | <i>Dates</i>   |
|---|----------------|
| 1. Graduate Student Advisor, Social Media Task Force  | 2020           |
| 2. Journal Club Facilitator, PhD Students. Subjective: Qualitative Methods                              | 2020 – 2021    |
| 3. Journal Club Facilitator, PhD Students. Subject: Feasibility Methods.                                | 2021           |
| 4. Poster and Presentation Advising, OTD students, Pitt OT Colloquium                                   | 2021           |
| 5. Focus group facilitation and report creation, BRiTE Wellness Program                                 | 2021           |
| 6. Adjudication introduction and reports for ForAging clinical trial                                    | 2019 – 2022    |
| 7. Initial screen implementation, including consent and cognitive screening for ForAging clinical trial | 2020 – 2022    |
| 8. Scientific reviewer for Department, including grant and IRB review                                   | 2020 – present |
| 9. Poster Judge for Postdoctoral Data & Dine Symposium  | 2023           |

#### ***Peer Review for Academic Journals***

- |  |      |
|--|------|
| 1. Ad hoc reviewer for <i>Journal of Gerontology: Psychological Sciences</i> | 2021 |
| 2. Ad hoc reviewer for <i>The American Journal of Geriatric Psychiatry</i>   | 2021 |
| 3. Reviewer for <i>Journal of Aging and Health</i>                           | 2021 |

#### ***Recent Press***

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|--|------|
| 1. "Never Too Many Hats: Alumna Jennie Dorris." <i>University of Colorado College of Music</i> , September 3.  | 2019 |
| 2. "Music's Effect on the Aging Brain." <i>Carnegie Mellon University News</i> . August 3.   | 2020 |
| 3. "Making music hits right note with dementia sufferers: Singing or playing an instrument has significant effect on cognitive skills, study shows" <i>Daily Mail</i> , May 19 | 2021 |
| 4. "University of Pittsburgh study finds making music can help those with dementia and cognitive issues" <i>Australian News Review</i> , May 19                                | 2021 |
| 5. "University of Pittsburgh study finds making music can help those with dementia and cognitive issues" <i>Independent Eagle</i> , May 19                                     | 2021 |
| 6. "Music may benefit older adults with cognitive impairment" <i>MediExpose</i> , May 19   | 2021 |

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7. "Music may benefit older adults with cognitive impairment" 2021  
*NY Press News*, May 19
  8. "Music may benefit older adults with cognitive impairment" 2021  
*Health News Report*, May 19
  9. "Music may help older adults with cognitive impairment" 2021  
*Med India*, May 19
  10. "Music shows promise for 'millions' of older adults with cognitive impairment" 2021  
*McKnight's Long-Term Care News*, May 19
  11. "Music shows promise for 'millions' of older adults with cognitive impairment." 2021  
*Kin Keepers*, May 19
  12. "Music may benefit older adults with cognitive impairment" 2021  
*Press Las Vegas*, May 19
  13. "Music participation benefits older adults with cognitive impairment" 2021  
*Pro Health Longevity*, May 19
  14. "Playing an instrument, singing can help the brain defend against dementia" 2021  
*Study Finds*, May 19
  15. "Music may benefit older adults with cognitive impairment" 2021  
*Super Human Radio*, May 19
  16. "Music may benefit older adults with cognitive impairment" 2021  
*Brighter Side of News*, May 19
  17. "Music might profit older adults with cognitive impairment" 2021  
*The Health News Express*, May 19
  18. "University of Pittsburgh study finds making music can help those with dementia and cognitive issues" 2021  
*Express Digest*, May 19
  19. "Making music hits right note with dementia sufferers: Singing or playing an instrument has significant impact on cognitive skills, study shows" 2021  
*News Break*, May 19
  20. "University of Pittsburgh study finds making music can help those with dementia and cognitive issues" 2021  
*TLDR: News Summarized*, May 19
  21. "American study finds making music can help those with dementia" 2021  
*MSN*, May 19
  22. "American study found making music had a small impact on cognitive function" 2021  
*Opera News*, May 19
  23. "University of Pittsburgh study finds making music can help those with dementia and cognitive issues." 2021  
*UK Today News*, May 19
  24. "Music may help older adults with cognitive impairment" 2021  
*India News Republic*, May 20
  25. "Music may help older adults with cognitive impairment" 2021  
*TechiLive*, May 20
  26. "Music could assist older adults with cognitive impairment" 2021  
*Top Te News*, May 20
  27. "Dementia: Music may benefit older people" 2021  
*Pour Quo Docteur*, May 23
  28. "Music can be beneficial in the elderly" 2021  
*News in 24*, May 23
  29. "Music can be beneficial in the elderly" 2021  
*News Beezer*, May 23
  30. "Music can be beneficial for older adults" 2021  
*Vaughan Today*, May 23

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|---|------|
| 31. "Dementia: Active music making helps thinking and memory" <i>Medical News Today</i> , May 24  | 2021 |
| 32. "In the face of dementia, music would be beneficial in the elderly" <i>Actusante.net</i> , May 24                                     | 2021 |
| 33. "Music can be beneficial in the elderly" <i>Archyde</i> , May 24  | 2021 |
| 34. "Dementia: Active music making helps thinking and memory" <i>Medical News Today</i> , May 24  | 2021 |
| 35. "Science says singing or playing an instrument can help ward off dementia symptoms" <i>Yahoo</i> , May 24                             | 2021 |
| 36. "Making music may improve thinking and memory" <i>Front News Post</i> , May 24  | 2021 |
| 37. "Science says singing or playing an instrument can help ward off dementia symptoms" <i>Martha Stewart</i> , May 24                    | 2021 |
| 38. "Science says singing or enjoying an instrument can ward off dementia signs" <i>Pittsburgh Transit</i> , May 24                       | 2021 |
| 39. "Making music may improve thinking and memory" <i>Black Info Today</i> , May 24   | 2021 |
| 40. "This surprising habit can stave off dementia, says new study," <i>Pehal News</i> , May 25  | 2021 |
| 41. "This healthy habit can help reduce your dementia risk – and it has nothing to do with diet or exercise," <i>Eating Well</i> , May 25 | 2021 |
| 42. "This surprising habit can stave off dementia says new study," <i>Eat This, Not That</i> , May 25                                     | 2021 |
| 43. "Playing a musical instrument can improve brain health," <i>Life Savvy</i> , May 26   | 2021 |
| 44. "Study shows how music can ward off dementia" <i>Atlanta Journal Constitution</i> , May 27  | 2021 |
| 45. "The Creative Habit That Might Ward of Dementia Symptoms, Even if You Start Later in Life," <i>Prevention Magazine</i> , May 31       | 2021 |
| 46. "Making Music to Sharpen Aging Brains," <i>Science Friday</i> , June 25   | 2021 |