

## CURRICULUM VITAE

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### Kelly Battle Beck, PhD, CRC

BUSINESS ADDRESS: Department of Rehabilitation Science and Technology  
School of Health and Rehabilitation Sciences  
University of Pittsburgh  
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### EDUCATION AND TRAINING

#### *UNDERGRADUATE:*

2004-2009	University of Notre Dame, Notre Dame, IN	B.A. English 2009
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#### *GRADUATE:*

2009	Duquesne University, Pittsburgh PA School of Leadership and Professional Advancement	N/A
2010-2011	University of Kentucky Clinical Psychology Ph.D. Program Cumulative GPA: 4.0	N/A
2012-2014	University of Pittsburgh, Pittsburgh, PA	M.S. Rehabilitation Science and Technology; Rehabilitation Counseling 2014
2014-2017	University of Pittsburgh, Pittsburgh, PA	Ph.D. Rehabilitation Science 2017

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### APPOINTMENTS AND POSITIONS

#### *ACADEMIC:*

9/2018-present      University of Pittsburgh      Assistant Professor  
School of Health and Rehabilitation Sciences  
Rehabilitation Science and Technology  
Clinical Rehabilitation and Mental Health Counseling Program

9/2016-8/2018      University of Pittsburgh      Faculty Instructor  
School of Health and Rehabilitation Sciences  
Rehabilitation Science and Technology  
Clinical Rehabilitation and Mental Health Counseling Program

***NON-ACADEMIC:***

8/2017-present      UPMC Center for Integrative Medicine      Contracted Services  
Pittsburgh, PA      Mindfulness-Based Stress  
Reduction Teacher

8/2014-8/2016      University of Pittsburgh      Clinical Supervisor  
Hiram G. Andrews Center      Research Coordinator  
Cognitive Skills Enhancement Program      Graduate Student Researcher  
Johnstown, Pa

2/2014-6/2015      UPMC Center for Integrative Medicine      Graduate Student Intern  
Pittsburgh, PA      Research Assistant

4/2013-8/2014      Pittsburgh Schweitzer Fellowship      Graduate Student Fellow  
Three Rivers Center for Independent Living  
Wilksburg, PA

8/2012-8/2014      University of Pittsburgh      Rehabilitation Specialist  
Hiram G. Andrews Center  
Cognitive Skills Enhancement Program  
Johnstown, PA

8/2010-8/2011      University of Kentucky      Teaching Assistant  
Clinical Psychology      Graduate Student Researcher  
Applications of Statistics and Introduction to Psychology  
Charles Carlson, Ph.D., Research Laboratory  
Lexington, KY

8/2009-8/2010      University of Pittsburgh      Research Assistant  
Behavioral Medicine Research Group

### **CERTIFICATION AND LICENSURE**

#### ***SPECIALTY CERTIFICATION:***

Mindfulness-Based Stress Reduction Qualified Teacher	2016
Oasis Institute, Mindfulness-Based Professional Education and Training University of Massachusetts Center for Mindfulness in Medicine, Health Care, and Society	
Certified Rehabilitation Counselor	2015
Commission of Rehabilitation Counselor Certification (# 00169936)	

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### **MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES**

American Psychological Association	2018
Greater Pittsburgh Counseling Association	2018
Center for Mindfulness and Consciousness Studies, University of Pittsburgh	2014-Present
American Mindfulness Research Association	2014-Present
Albert Schweitzer Fellow For Life	2014-Present
National Council on Rehabilitation Education	2014-2016
Pennsylvania Rehabilitation Association	2014-2016
American Counseling Association	2012 - Present
Association for Assessment and Research in Counseling	
Associates for Specialists in Group Work	
Association for Counselor Education and Supervision	
Association for Multicultural Counseling and Development	

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### **HONORS**

2016	Doctoral Student of the Year Award, American Rehabilitation Counseling Association
2016	Thomas O'Connor Award, Department of Rehabilitation, Science, and Technology, University of Pittsburgh.
2015	30 300 3000 PAIN Research Challenge Poster Contest Winner
2015	Peg Carroll Scholarship, Association of Specialists in Group Work
2015	Vision Award, American Rehabilitation Counseling Association

2013-2014	Pittsburgh Schweitzer Fellowship
2013	Best Graduate Student Poster Award. Toward developing a model of caseload management for rehabilitation counselors. Poster presentation. School of Health and Rehabilitation Sciences, University of Pittsburgh.
2013	University of Pittsburgh Mildred Wood Scholarship Outstanding Academic Achievement
2008	University of Notre Dame Dean's Honor List
2006	Big East Academic All Star University of Notre Dame Women's Varsity Swimming Team
2005, 2006	University of Notre Dame Monogram Letter Winner University of Notre Dame Women's Varsity Swimming Team

## PUBLICATIONS

### **REFEREED ARTICLES:**

1. Conner, C.M., White, S.W., **Beck, K.B.**, Golt, J., Smith, I.C., & Mazefsky, C.A. (2018) Improving emotion regulation ability in autism: the emotional awareness and skills enhancement program. *Autism*. (In press)
2. White, S.W., Simmons, G.L., Gotham, K.O., Conner, C.M., Smith, I.C., **Beck, K.B.**, & Mazefsky, C.A. (2018). Psychosocial treatments targeting anxiety and depression in adolescents and adults on the autism spectrum. *Current Psychiatry Reports*. doi: 10.1007/s11920-018-0949
3. **Beck, K.** & Kulzer, J. (2018) Teaching counseling microskills to audiology students: recommendations from professional counseling educators. *Seminars in Hearing*, 39:1.
4. Terhorst, L., Juengst, S., **Beck, K.**, Shiffman, S. (2018). People can change: Measuring individual variability in rehabilitation science. *Rehabilitation Psychology*. doi: 10.1037/rep0000214.
5. Terhorst, L., **Beck, K.**, McKeon, A., Graham, K., Shiffman, S. (2017). Hierarchical linear modeling for analysis of ecological momentary assessment data in physical medicine and rehabilitation research. *American Journal of Physical Medicine & Rehabilitation*, 96(8), 596-599.
6. **Beck, Kelly B.** (2015). 2015 ARCA Vision Award. *Rehabilitation Counseling Bulletin*, 59 (1), 6-7).
7. Kniffin, T.C., Carlson, C.R., Elzey, A., Eisenlohr-Mohl, T., **Battle Beck, K.**, McDonald, R. & Jouriles, E.N. (2014). Using virtual reality to explore self-regulation in high risk settings. *Trauma Violence and Abuse*, 15:4, 310-321.

### **PUBLISHED ABSTRACTS AND EDITORIALS:**

8. **Beck, Kelly** (2015). What is your internal weather? Reflections on leading mindfulness groups for participants with cognitive disabilities. *Group Worker*, 44 (3).

9. **Beck, Kelly**, et al. (2015). Patient reported cognitive impairment, pain, and depressive symptoms in patients with Systemic Lupus Erythematosus and comorbid depression. *Arthritis & Rheumatology*, 67(510), 2998.
10. **Battle, Kelly A**, et al (2011). Preliminary validation of the social network health behavior scale (SNBHS): A measure of health behavior exposures. *Psychosomatic Medicine*, 73, A-84. doi: 10.1097/01.psy.0000396987.01117.50

#### **OTHER PUBLICATIONS:**

1. **Beck, Kelly B.** (2017). Feasibility of Mindfulness-Based Stress Reduction for Adults with Autism Spectrum Disorder. Doctoral dissertation, University of Pittsburgh.
2. **Beck, Kelly B.** (2014) *Retrospective Evaluation of Mindfulness Skills Group for Adults with Cognitive Disabilities*. Master's Thesis, University of Pittsburgh.

#### **PEER REVIEWED PRESENTATIONS**

1. Kulzer, J., Schein, M., & **Beck, K.** The Impact of Anxiety on Trainee Performance: Tools for Supervisors and Educators. Proceedings of the *Pennsylvania Counseling Association Conference*, Pittsburgh, PA, Nov 10, 2018.
2. White, S.W. Conner, C.M., **Beck, K.B.**, Golt, J., Mazefsky, C.A. (2018). Improving emotional dysregulation in teens with autism through mindfulness. *International Society for Autism Research (INSAR)* (May).
3. Conner, C. M., **Beck, K. B.**, White, S. W., & Mazefsky, C. A. (2018). Targeting emotion regulation as a transdiagnostic treatment approach to psychiatric and behavioral concerns in adolescents with autism spectrum disorder. In J. A. Weiss (chair), *Innovative Psychological Interventions for Mental Health in People with Intellectual Disability or Autism: Moving Beyond Anxiety*. Symposium conducted at the 51st Gatlinburg Conference, San Diego, California. (April).
4. Terhorst, L., Juengst, S., **Beck, K.**, & Shiffman, S. (2016). Systematic review of the application of item response theory to ecological momentary assessment data. *American Congress of Rehabilitation Medicine Annual Conference*. (October).
5. Heim, A., **Beck, K.**, Kulzer, J., & McCue. (2016). Does OAR (Observe-Analyze-Reframe) Help Navigate the Muddy Waters of Social Problem-Solving? *Pennsylvania Rehabilitation Association Annual Conference* (March).
6. Redifer, G., **Beck, K.**, Kulzer, J., McCue, M. (2016). Are You on Task? Evaluating Through the use of Ecological Momentary Assessment. *Pennsylvania Rehabilitation Association Annual Conference* (March).
7. Burkett, C., Kulzer, J., **Beck, K.** (2016). Efficacy of Group Psychotherapy for Transition-Age Students with ADHD. *Pennsylvania Rehabilitation Association Annual Conference* (March).
8. **Beck, Kelly**, et al. (2015). Patient reported cognitive impairment, pain, and depressive symptoms in patients with Systemic Lupus Erythematosus and comorbid depression. *American College of Rheumatology / American Rheumatology Health Professionals Annual Meeting*, Abstract 2476 (November).
9. **Beck, Kelly**, et al. (2015). Cognitive Skills Enhancement Program for Transition-Age Students. *Pennsylvania Community on Transition Conference* (July).

10. **Beck, Kelly** (2015). Mindfulness Skills Group for transition students with cognitive disabilities. *American Counseling Association Conference & Exposition, (ARCA)* (March).
11. **Beck, Kelly** (2014). Retrospective evaluation of Mindfulness Skills Group for adults with cognitive disabilities. *Pennsylvania Rehabilitation Associate Annual Conference* (April).
12. **Beck, Kelly** (2014). Evaluation of Mindfulness Skills Group for individuals with disabilities. *American Rehabilitation Counseling Association Annual Conference* (April).
13. **Beck, Kelly** (2013). Mindfulness skills group for people with disabilities: The development of three interventions across three populations. *The Disability Experience Conference: State of the Research, Scholarship, and the Arts, Health and Wellness Panel Presentation* (October).
14. **Beck, Kelly & Graham, Kristin** (2013). Toward developing a model of caseload management for rehabilitation counselors. *Pennsylvania Rehabilitation Associate Annual Conference* (April).
15. **Battle, Kelly A, et al** (2011). Preliminary validation of the social network health behavior scale (SNBHS): A measure of health behavior exposures. *American Psychosomatic Society 69th Annual Conference*, Abstract 1351 (March 9-12).
16. **Battle, Kelly A, et al** (2011). Preliminary validation of the social network health behavior scale (SNBHS): A measure of health behavior exposures. *University of Pittsburgh Cancer Institute Scientific Retreat*, Abstract 24 (June).

**OTHER PRESENTATIONS**

1. **Beck, Kelly & Graham, Kristin** (2013). Toward developing a model of caseload management for rehabilitation counselors. *School of Health and Rehabilitation Sciences study poster competition*. Pittsburgh, PA.

**PROFESSIONAL ACTIVITIES**

**TEACHING:**

Courses Developed and Taught:

2017	HRS 2731 Foundations of Rehabilitation and Mental Health Counseling  University of Pittsburgh, School of Health and Rehabilitation Sciences Department of Rehabilitation Sciences and Technology Clinical Rehabilitation and Mental Health Counseling Program Graduate Course	3.0 Credits Co-Instructor
2017 -Present	HRS 2734 Counseling Skill and Techniques II University of Pittsburgh, School of Health and Rehabilitation Sciences Department of Rehabilitation Sciences and Technology Clinical Rehabilitation and Mental Health Counseling Program Graduate Course	3.0 Credits Instructor
2016 – Present	HRS 2755 Clinical Counseling Mentorship University of Pittsburgh, School of Health and Rehabilitation Sciences	1.0 Credit Co-Instructor

Department of Rehabilitation Sciences and Technology  
Clinical Rehabilitation and Mental Health Counseling Program  
Graduate Course

2016 – Present	HRS 2750 Clinical Case Study/Capstone 2.0 Credits University of Pittsburgh, School of Health and Rehabilitation Sciences Department of Rehabilitation Sciences and Technology Clinical Rehabilitation and Mental Health Counseling Program Graduate Course	Co-Instructor
2016 – Present	HRS 2744 Evidence Based Practice in Counseling 2.0 Credits University of Pittsburgh, School of Health and Rehabilitation Sciences Department of Rehabilitation Sciences and Technology Clinical Rehabilitation and Mental Health Counseling Program Graduate Course	Instructor
2015 – 2017	HRS 2732 Human Development, Disability, and Culture Across the Lifespan 3.0 Credits University of Pittsburgh, School of Health and Rehabilitation Sciences Department of Rehabilitation Sciences and Technology Clinical Rehabilitation and Mental Health Counseling Program Graduate Course	Instructor
2014	HRS 2741 Clinical Case Management 3.0 credits  University of Pittsburgh, School of Health and Rehabilitation Sciences Rehabilitation Sciences and Technology-Rehabilitation Counseling Graduate Course	Co-Developer Teaching Assistant

Courses Taught:

2015	HRS 2737 Assessment for Vocational Rehabilitation 3.0 credits University of Pittsburgh, School of Health and Rehabilitation Sciences Rehabilitation Sciences and Technology-Rehabilitation Counseling Graduate Course	Teaching Assistant
2010-2011	PSY 100 Introduction to Psychology 4.0 credits University of Kentucky, Department of Psychology Undergraduate Course	Teaching Assistant
2010-2011	PSY 216 Applications of Statistics in Psychology 4.0 credits University of Kentucky, Department of Psychology Undergraduate Course	Teaching Assistant

Master's Students Supervised:

1. Vince Reginella (Clinical Supervisor, predoctoral fellowship)

- MS-RST, University of Pittsburgh 2016
2. Caitlin Burkett (Clinical Supervisor, predoctoral fellowship)  
MS-RST, University of Pittsburgh 2017
  3. Alicia Heim (Clinical Supervisor, predoctoral fellowship)  
MS-RST, University of Pittsburgh 2017
  4. Subhana Chaudri (Research supervisor, predoctoral fellowship)  
MS-RST, University of Pittsburgh 2017
  5. Kelly Cochrane (Committee Chair); *Clinical Rehabilitation and Mental Health Counseling Capstone Examination*  
Anticipated MS-RST, University of Pittsburgh 2017
  6. Macey Martik (Committee Chair); *Clinical Rehabilitation and Mental Health Counseling Capstone Examination*  
Anticipated MS-RST, University of Pittsburgh 2017
  7. Audrey O'Connor (Committee Chair); *Clinical Rehabilitation and Mental Health Counseling Capstone Examination*  
MS-RST, University of Pittsburgh 2017
  8. Alexandra Salerno (Committee Chair); *Clinical Rehabilitation and Mental Health Counseling Capstone Examination*  
MS-RST, University of Pittsburgh 2017
  9. Chelsea Scott (Committee Chair); *Clinical Rehabilitation and Mental Health Counseling Capstone Examination*  
MS-RST, University of Pittsburgh 2018
  10. Zachary Dengler (Committee Member); *Clinical Rehabilitation and Mental Health Counseling Capstone Examination*  
MS-RST, University of Pittsburgh 2017
  11. Hsiao-Chu, Huang (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2018
  12. Lewis, Kristen (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2018
  13. Majstorovic, Larissa (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2018
  14. Montano, Brittany (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2018



15. Peer, Jamie (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
16. Maggie Sevilla (Clinical Supervisor, predoctoral fellowship)  
Anticipated MS-RST, University of Pittsburgh 2018
17. Megan LaPorte (Clinical Supervisor, predoctoral fellowship)  
Anticipated MS-RST, University of Pittsburgh 2018
18. Paige Zook (Clinical Supervisor, predoctoral fellowship)  
Anticipated MS-RST, University of Pittsburgh 2018
19. Suss, Stephen (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
20. Dyer, Andrew (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
21. Bui, Chi (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
22. Chao, Yi-Cheng (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
23. Shi, Yuija (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
24. Aguilar, Paola (Academic Advisor; Clinical Supervisor – predoctoral fellowship); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2019
25. Dauginikas, Emalee (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2020
26. Eisler, Emily (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2020
27. Kennedy, Lauren (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2020
28. Neagoe, Ioana (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2020
29. Pang, Alexander (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling*  
Anticipated MS-RST, University of Pittsburgh 2020

30. Wilson, Meghan (Academic Advisor); *Clinical Rehabilitation and Mental Health Counseling* Anticipated MS-RST, University of Pittsburgh 2020

Invited Educational Lectures:

1. **Beck, Kelly**. Mindfulness-Based Stress Reduction for Pain Management. Pennsylvania Association of Rehabilitation Professionals (PARP) Annual Meeting. April 2018.
2. **Beck, Kelly**. Mindfulness. BRiTE Program, Pittsburgh, PA. November, 2017.
3. **Beck, Kelly**. Mindfully managing stress. SHRS Fall Staff Development Seminar, University of Pittsburgh. November, 2017.
4. **Beck, Kelly & Kulzer, Jamie**. Teaching counseling skills and delivering difficult news. The Art of Science of Teaching Amplification. Expert presentation and panel. University of Pittsburgh, Department of Communication Science and Disorders. June, 2017.
5. **Beck, Kelly**. Adaptations of clinical interventions for disability populations. Expert panel. University of Pittsburgh, Program of Applied Developmental Psychology, Department of Psychology in Education, School of Education. April, 4, 2016.
6. **Beck, Kelly**. Mindfulness: Overview for rehabilitation professionals. Lecture presented to University of Pittsburgh, rehabilitation science undergraduate program. April 4, 2016.
7. **Beck, Kelly**. Mindful movement. Mindfulness Fair, University of Pittsburgh Center for Mindfulness and Consciousness Studies. March 19, 2016.
8. **Beck, Kelly**. Training clinical mental health counseling students on collaborative care and treatment plans. Global Pittsburgh, March 11, 2016.
9. **Beck, Kelly**. Chronic pain disabilities. Lecture presented to University of Pittsburgh, rehabilitation science undergraduate program. March 1, 2016.
10. **Beck, Kelly**. Mindfulness: Overview for rehabilitation counselors. Lecture presented to University of Pittsburgh, Rehabilitation Sciences and Technology-Rehabilitation Counseling. November 17, 2015.
11. **Beck, Kelly**. Mindfulness for college students: weekly experiential presentations on Mindfulness Based Stress Reduction. University of Pittsburgh Stress Free Zone. August-December 2015.
12. **Beck, Kelly**. Training rehabilitation counseling students on collaborative care and treatment plans. Global Pittsburgh, July 20, 2015.
13. **Beck, Kelly**. Mindfulness meditation for coping with lupus pain and stress. Lecture presented to the Lupus Foundation of Pennsylvania. April 28, 2015.
14. **Beck, Kelly**. Mindfulness: Overview for rehabilitation professionals. Lecture presented to University of Pittsburgh, rehabilitation science undergraduate program. April 7, 2015.
15. **Beck, Kelly**. Chronic pain and mindfulness. Lecture presented to University of Pittsburgh, Rehabilitation Sciences and Technology-Rehabilitation Counseling. March 23, 2015.
16. **Beck, Kelly**. Case conceptualization and case management. Lecture presented to University of Pittsburgh, rehabilitation science undergraduate program. March 5, 2015.
17. **Beck, Kelly**. Chronic pain disabilities. Lecture presented to University of Pittsburgh, rehabilitation science undergraduate program. February 26, 2015.
18. **Beck, Kelly**. Mindfulness for elementary school teachers: series of six lecture and experiential meditations. Consultant training for Pittsburgh Public School District, February-April, 2015.

19. **Beck, Kelly.** Mindfulness: Overview for high school students. Lecture presented to Upper St. Clair High School, December 9, 2014.
20. **Beck, Kelly.** Mindfulness: Overview for rehabilitation counselors. Lecture presented to University of Pittsburgh, Rehabilitation Sciences and Technology-Rehabilitation Counseling. November 25, 2014.
21. **Beck, Kelly.** Mindfulness: Overview for mental health counselors. Lecture presented to California University of Pennsylvania, Counselor Education Department. November 17, 2014.

**RESEARCH:**

**The Emotion Awareness and Skills Enhancement Program (EASE): A Randomized Controlled Trial.**      **Co-Investigator 2018-2022**      **Department of Defense Autism Research Program**  
**20%**

This funding is being utilized to conduct a multi-site randomized clinical trial to evaluate the efficacy of the Emotion Awareness and Skills Enhancement (EASE) Program compared to an active control condition in a sample autistic adolescents and adults. The study aims to investigate (1) whether Ease improves emotion regulation, (2) results in decreased functional impairment and psychiatric symptoms, (3) the trajectory of change and degree to which effects are sustained after treatment, and (4) explore whether changes in ER and mindfulness mediate improvements. (PIs: Carla Mazefsky, PhD/Susan White, PhD; Award Number W81XWH-18-1-0284)

**An Emotion Focused Intervention for teens with Autism Spectrum Disorder**      **Co-Investigator 2016-current**      **Edith Trees Charitable Trust and the PA Department of Health**  
**20%**  
**24 months**

This funding is being utilized to develop an intervention to improve emotion regulation and general functioning in adolescents and young adults with ASD and to conduct a preliminary open trial to determine acceptability and feasibility, refine the program, and assess preliminary efficacy. (PIs: Carla Mazefsky, PhD/Susan White, PhD)

**30 300 3000 PAIN Research Challenge**      **HeadTrack**      **Principal Investigator**      **2016-2017**      **Virginia Kaufman Endowment Fund #1**  
**15%**  
**12 months**  
**\$25,000**

The goal of this project is to continuously track potential environmental triggers and prodromal symptom activity in migraineurs to better define the therapeutic window.

**30 300 3000 PAIN Research Challenge Poster Contest Winner**      **HeadTrack**      **Principal Investigator**      **2016-2017**      **Virginia Kaufman Endowment Fund #1**  
**15%**  
**12 months**  
**\$10,000**

Attendees of the *Overcoming Barriers to the Translation of Pain Research Meeting* voted on anonymous posters of 25 proposed pain research projects. Project HeadTrack won the most votes for best proposed research project. The goal of HeadTrack is to continuously track potential environmental triggers and

prodromal symptom activity in migraineurs to better define the therapeutic window.

<b>Health Professional Research Preceptorship</b>	<b>Co-Principal Investigator</b> <b>12 months</b>	<b>2014-2015</b>	<b>American College of Rheumatology</b> <b>\$5,500</b>
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The purpose of the Health Professional Research Preceptorship is to introduce students to rheumatology-related health care by supporting full-time research by a graduate student in the broad area of rheumatic disease. Awarded project examined the relationship between cognitive symptoms and pain in patients with comorbid diagnoses of Systemic Lupus Erythematosus and Major Depressive Disorder.

<b>Mindfulness-Skills Group</b> <b>Three Rivers Center for Independent Living</b>	<b>Project Director</b> <b>12 Months</b>	<b>2014-2015</b>	<b>FISA Foundation</b> <b>Discretionary Grant</b> <b>\$1,000</b>
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The goal of this project was to sustain the Mindfulness Skills Group at the Three Rivers Center for Independent Living.

<b>FC 4000007735</b>	<b>Hiram G. Andrews</b> <b>Center; Cognitive Skills Enhancement Program</b>	<b>Co-Investigator</b> <b>25%</b> <b>12 months</b>	<b>2012-Present</b>	<b>PA Department of Labor and Industry</b> <b>\$825,000</b>
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The goal of this project is to provide tailor-made sessions designed to supply the HGAC staff with the necessary tools to become proficient in the instruction of students with cognitive disabilities. (PI: Michael McCue, PhD)

***LIST OF CURRENT RESEARCH INTERESTS:***

- Mindfulness-based interventions
- Chronic and episodic pain disorders
- Autism Spectrum Disorder (adolescent and adult)
- Ecological momentary assessment
- Statistical modeling to analyze ecological momentary assessment data
- Rehabilitation sciences
- Counselor education

***SERVICE:***

1. Center for Mindfulness and Consciousness Studies, University of Pittsburgh (founding member)
2. Students for Disability Advocacy (former board member, current member)
3. Center for Excellence in Autism Research, University of Pittsburgh Medical Center (therapist)
4. Cognitive Skills Enhancement Program, University of Pittsburgh (therapist and clinical supervisor)
5. Pittsburgh Counseling Student Organization (faculty advisor)
6. Stress Free Zone, University of Pittsburgh (meditation teacher)
7. Institute for Politics, University of Pittsburgh (meditation specialist)
8. Disability Resource Center, Student Affairs & Student Organization Resource Center. University of Pittsburgh (meditation teacher)

***CONSULTANTSHIP & CONTRACTS:***

1. UPMC Center for Integrative Medicine, (Mindfulness-Based Stress Reduction teacher)
2. Pittsburgh Public School District, Liberty Elementary (hired mindfulness consultant)
3. Pittsburgh Public School District, Brashear High School (mindfulness and program evaluation consultant)
4. Montour School District, Central Administration (hired mindfulness consultant)
5. Upper St. Clair School District, High School (mindfulness consultant)