Megan Kenney, MOT, OTR/L CURRICULUM VITAE

BIOGRAPHICAL

Business Address:

VA Hospital HJ Heinz Campus 1010 Delafield Rd Pittsburgh, PA 15215 Email address: megan.kenney2@va.gov

EDUCATION and TRAINING

UNDERGRADUATE:

Dates Attended 2001-2006	<u>Name and Location of Institute</u> Old Dominion University Norfolk, Virginia	<u>Degree Year</u> Bachelor of Science 2006	<u>Major Discipline</u> Psychology
GRADUATE:			

Dates Attended	Name and Location of Institute	<u>Degree Year</u>	<u>Major Discipline</u>
2010-2012	University of Pittsburgh	Master of Science	Occupational
	Pittsburgh, Pennsylvania	2012	Therapy

APPOINTMENTS and POSITIONS

ACADEMIC POSITIONS:

Years Inclusive 2015 to 2021	Department, Name and Location of Institution Department of Occupational Therapy, University of Pittsburgh, School of Health and Rehabilitation Sciences, Pittsburgh, PA	<u>Rank/Title</u> Guest Lecturer
2021-present	Department of Occupational Therapy, University of Pittsburgh, School of Health and Rehabilitation Sciences, Pittsburgh, PA	Adjunct Instructor

NON-ACADEMIC POSITIONS:

Years Inclusive 2012-2016	Department, Name and Location of Institution Centers for Rehab Services Outpatient Occupational Therapy, Pittsburgh, PA	<u>Rank/Title</u> Staff Occupational Therapist
2016-2021	Centers for Rehab Services Centre Commons (Pain Evaluation and Treatment Institute), Pittsburgh, PA	Facility Director Occupational Therapist
2021-2023	UPMC Centers for Rehab Services	Assistant Occupational Therapy Program Director Chronic Pain Program Director

2023-present	US Department of Veterans Affairs VA Pittsburgh Health System	Occupational Therapist Chronic Pain Clinical Specialist	
2023-present	US Department of Veterans Affairs	National Biopsychosocial Pain Care Mentor	
CERTIFICATION	and LICENSURE		
Specialty Certificat			
National Board of Certification for Occupational Therapy		2012-present	
Physical Agent Modality Certification (CPAM)		2013-present	
Montreal Cognitive Assessment Certification (MOCA)		2021-present	
Biofeedback National Certification		2023-present	
Professional Licens	sure:		
Pennsylvania State B	oard of Occupational Therapy	2012-present	
MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES			

OrganizationYears InclusiveAmerican Occupational Therapy Association2010 to presentAmerican Society of Hand Therapists2012 to 2016Pennsylvania Occupational Therapy Association2012 to present

HONORS and AWARDS

Jeanette Bair's Writer Award, AOTA	Years Inclusive 2017
Occupational Therapy Alumni Award of Excellence, University of Pittsburgh	2018
OT Award of Recognition, POTA	2018
Distinguished Alumni Award, University of Pittsburgh	2020

PUBLICATIONS

Driscoll M, Baker NA. Breaking the cycle: OT's role in chronic pain management. OT Practice. 2016, Oct 24;21(19):8-14. (Awarded the Jeanette Bair Writer's Award for best article in OT Practice in 2016)

Baker NA, Baird J, Driscoll M. Integrating virtual reality into a comprehensive chronic pain program. Pain Medicine, 2021

Kenney, M. Occupational therapy and chronic pain management: an overview. Medbridge Education. <u>Healthcare Education and Patient Engagement Platform | MedBridge (medbridgeeducation.com)</u>. 2022.

Kenney, M. Occupational therapy and chronic pain management: fibromyalgia. Medbridge Education.

Healthcare Education and Patient Engagement Platform | MedBridge (medbridgeeducation.com). 2022.

Kenney, M. Occupational therapy and chronic pain management: HDS. Medbridge Education. <u>Healthcare</u> <u>Education and Patient Engagement Platform | MedBridge (medbridgeeducation.com)</u>. 2022.

Kenney, M. Occupational therapy and chronic pain management: chronic migraine. Medbridge Education. <u>Healthcare Education and Patient Engagement Platform | MedBridge (medbridgeeducation.com)</u>. 2022.

Driscoll/Kenney M. Book Review. Title: Physical Agent Modalities: Theory and Application for the Occupational Therapist, 3rd Edition. ISBN: 9781630915384. November 2022.

Baker, N. Kenney, M. "Examining the difference between 10-and 20-minutes of immersive virtual reality on symptoms, affect, and central sensitization in people with chronic back pain". Frontiers in Virtual Reality, Virtual Reality in Medicine. 2023.

TEACHING ACTIVITIES

Driscoll M, Breuer P, Baker NA. Chronic Pain Education Modules: Essentials of Treating People with Chronic Pain for Occupational and Physical Therapists. UPMC Centers for Rehab Services Employees, 2017

Driscoll M, Baker NA, Nutt P. Providing Quality Pain Care for Occupational and Physical Therapists. UPMC Centers for Rehab Services Employees, 2019, updated in 2021

Driscoll M. Providing Quality Pain Care for Entry Level Practitioners. University of Pittsburgh School of Health and Rehab Sciences Occupational Therapy Department Doctorate Program; 2019, 2020, 2021, 2022

Driscoll M. Fibromyalgia and Polymyalgia. University of Pittsburgh School of Health and Rehab Sciences Occupational Therapy Doctorate Program; 2019, 2020, 2021, 2022

Driscoll M. Interdisciplinary Team Meetings. University of Pittsburgh. School of Health and Rehab Sciences. Quarterly Student Mentorship Meeting 2021, 2022

Kenney M. ACOTE OTD Reaccreditation Meeting. Duquesne University. Pittsburgh PA. April 2023.

Biopsychosocial Pain Care Mentorship Two-Day Training. US Department of Veterans Affairs. Tennessee Valley VA Health System. January 2024.

Biopsychosocial Pain Care Mentorship Two-Day Training. US Department of Veterans Affairs. Durham VA Health System. February 2024.

INVITED LECTURES

- 1. Driscoll M. Therapy Pearls for the Injured Worker in Pain. Annual Pittsburgh Hand Conference; October 2016, Pittsburgh, PA.
- 2. Driscoll M. Therapy Pearls for Complex Regional Pain Syndrome. Annual Pittsburgh Hand Conference; October 2017, Pittsburgh, PA
- 3. Driscoll M. Independent Healing: Behavioral Activation for Chronic Pain Management. Pennsylvania Occupational Therapy Association Conference; October 2017, State College, PA.
- 4. Driscoll M, Breuer P, Jarquin S. Multidisciplinary Chronic Pain Services: A Description of Who We Are and What We Do. Annual Pain Medicine Mini-Retreat; February 2018, Pittsburgh, PA

- Driscoll M, Breuer P, Baker NA. Multidisciplinary Chronic Pain Care: Evidence, Intervention, Collaboration. Annual Mini-Combined Sections Meeting of the Southwest District of the Pennsylvania Physical Therapy Association; March 2018, Pittsburgh, PA.
- 6. Driscoll M, Baker NA. Poster Session: Behavioral Activation for Chronic Pain. American Occupational Therapy Association Conference; April 2018, Salt Lake City, UT.
- 7. Driscoll M. Alumni Panel: Chronic Pain Management. University of Pittsburgh School of Health and Rehabilitation Sciences. May 2018. Pittsburgh, PA.
- 8. Driscoll M. Effectively Treating Patient with Chronic Pain. Neurological Physical Therapy Meeting. Centers for Rehab Services. July 2018. Pittsburgh, PA.
- Driscoll M. What is Occupational Therapy's Role in Chronic Pain Management? UPMC Pain Medicine Fellow's Conference. University of Pittsburgh Medical Center. August 2018. Pittsburgh, PA.
- Driscoll M. Graded Motor Imagery. Annual Pittsburgh Hand Conference; October 2018, Pittsburgh, PA.
- 11. Driscoll M, Phillips A. Occupational Therapy's Role in Chronic Pain Management. Pennsylvania Occupational Therapy Association Conference; October 2018, Pittsburgh, PA
- 12. Driscoll M, Jarquin S. Multidisciplinary Chronic Pain Services: A Description of Who We Are and What We Do. UPMC Pain Medicine APP Meeting; November 2018, Pittsburgh, PA
- Driscoll M. Complex Regional Pain Syndrome and the use of Graded Motor Imagery with the Older Adult. UPMC Geriatric Division. University of Pittsburgh Medical Center. March 2019. Pittsburgh, PA.
- 14. Driscoll M. Clarifying Complex Regional Pain Syndrome using a Multidisciplinary Approach. Poster Session. American Occupational Therapy Association Conference. April 2019. New Orleans, LA.
- Driscoll M, Caricato B. Making it Happen on Monday: Psychologically Informed Physical Therapy/SBIRT, An Opportunity to Make a Difference. University of Pittsburgh Physical Therapy Program. April 2019. Pittsburgh, PA.
- 16. Driscoll M., Martin D. Occupational Therapy: How We Help. University of Pittsburgh Medical Center Department of Rheumatology. April 2019. Pittsburgh, PA.
- Driscoll M. Complex Regional Pain Syndrome in the Older Adult. SCAN-ECHO Specialty Care Access Network-Extension for Community Health Outcomes Conference. VA Health System. July 2019. Pittsburgh, PA.
- 18. Driscoll M. Phillips A. Effective Goal Setting for Chronic Pain. Pennsylvania Occupational Therapy Association Conference. October 2019. King of Prussia, PA.
- Driscoll M., Phillips A., Nutt P. Occupational Therapy's Role in Chronic Pain Management: Why We Do It and How We Do It. American Occupational Therapy Conference. 2020 Cancelled Due to COVID-19. Boston, MA.
- 20. Driscoll M., Baker N., Baird J. Virtual Reality: Intervention for Chronic Pain Management. American Occupational Therapy Association Conference. Virtual Due to COVID-19.
- 21. Driscoll M, Baker N., Phillips A., Nutt P. Chronic Pain Management: Why We Do It and How We Do It. Pre-Conference Institute. American Occupational Therapy Association Conference. April 2022. San Antonio, TX.
- 22. Driscoll M., Pieklo J., Wright M. Myofascial Release for Chronic Pain Management. Short Course.

American Occupational Therapy Association Conference. April 2022. San Antonio, TX.

- 23. Driscoll M. Rehabilitation Approaches to Managing Pain Education Across Disciplines: Non-Pharmacological Approaches to Chronic Pain from an Occupational Therapy Perspective. April 2022. Recorded virtually – as a collaborative with the University of Pittsburgh School of Health and Rehab Sciences Health Initiatives
- 24. Wasan A, Kenney M, Jong-Hyeon J. What number of sessions optimizes treatment responses in physical or occupational therapy for chronic pain and what predicts those responses? University of Pittsburgh Center for Innovation in Pain Care. December 2022. Pittsburgh, PA.
- 25. Kenney M. Effective Communication and Self-Management in Therapy Practice with Chronic Populations. Advanced Vestibular Physical Therapy Conference. University of Pittsburgh School of Health and Rehab Sciences Department of Physical Therapy. January 2023.
- 26. Kenney M. Occupational Therapy for the Older Adult with Chronic Pain. Geriatric Research, Education and Clinical Center (GRECC). VA Pittsburgh Health Center. May 2023.
- 27. Kenney M. Occupational Therapy for the Older Adult with Chronic Pain. Geriatric Research, Education and Clinical Center (GRECC). VA Pittsburgh Health Center. August 2023.
- Conneely N., Devine J., Kenney M. Managing the Complex Needs of the Veteran Population with Chronic Pain. Pennsylvania Occupational Therapy Conference (POTA). Pittsburgh PA. September 2023.
- 29. Kenney M. Behavioral Activation for Chronic Pain Management. National Occupational Therapy Grand Rounds. US Department of Veterans Affairs. Virtual Presentation. September 2023.
- 30. Kenney M. Effective Communication and Self-Management in Therapy Practice with Chronic Populations. Advanced Vestibular Physical Therapy Conference. University of Pittsburgh School of Health and Rehab Sciences Department of Physical Therapy. January 2024.
- 31. Kenney M. Virtual Reality for Limb Loss. Limb Loss Support Program. US Department of Veterans Affairs. February 2024.

COMMITTEES

- 1. Co-Chair for Continuing Education, Pennsylvania Occupational Therapy Association District II; 2017-2018, Pittsburgh, PA.
- 2. Finance Officer (elected), Pennsylvania Occupational Therapy Association District II; 2018-2020, 2020-2022, Pittsburgh, PA
- 3. Co-Chair Executive Officer, Local Conference Committee, Pennsylvania Occupational Therapy Association District II; 2018-2022, Pittsburgh, PA
- 4. Technical Advisory Panel: Chronic Non-Cancer Pain Management Project in Non-Hospital Settings, Joint Commission, 2018, Chicago, IL
- Planning Committee Member, National Academies of Sciences, Engineering, and Medicine: Forum on Neuroscience and Nervous System Disorders and Global Forum on Innovation in Health Professional Education: The Role of Nonpharmacological Approaches to Pain Management. December 2018. Washington, DC.
- 6. Oncology Task Force. University of Pittsburgh Medical Center. 2022-2023. Pittsburgh, PA
- ACOTE Reaccreditation. Clinical Educator Contributor. Duquesne University. May 2023. Pittsburgh, PA

National Biopsychosocial Pain Mentor, US Department of Veterans Affairs. 2023-Present 8.

MENTORING

	<u>Years Inclusive</u>
Tara Sarkar, Tufts University Doctor of Occupational Therapy	2021
Program, Boston MA	2022
Aliza Spielman, Tufts University Doctor of Occupational Therapy	
Program, Boston MA	

RESEARCH

Study

Negative Affect in Chronic Low Back Pain: A Collaborative Study Between the University of Pittsburgh Medical Center, Harvard Brigham Women's Hospital and Mayo Clinic; 2021-2023

The Effect of Virtual Reality with Debriefing on Chronic Pain

Vears Inclusive

Lead therapist at Pittsburgh site, Designed therapy study protocol at all sites

Role

Principal Investigator 2022-2023

Co-Investigator 2023-2024