

# Ali E. Lewandowski

(She/Her/Hers) • ael89@pitt.edu

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## EDUCATION

**Bachelor of Arts** Degree April 28, 2012  
University of Pittsburgh- Pittsburgh, PA  
Major: Communication Science Disorders

**Master of Arts** Degree April 26, 2014  
University of Pittsburgh- Pittsburgh, PA  
Speech-Language Pathology

## PROFESSIONAL CERTIFICATIONS AND LICENSURE

- **Certification of Clinical Competency**, American Speech-Language-Hearing Association (ASHA), 2014-Present
- **Pennsylvania State Speech-Language Pathology Licensure**, 2014-Present

## WORK EXPERIENCE

- **The University of Pittsburgh, School of Health and Rehabilitation Sciences, Department of Communication Science and Disorders**—Pittsburgh, PA (*September 2021-present*)  
**Director, Undergraduate Program in Communication Science, Assistant Professor**
  - Provide leadership and administration of the undergraduate communication science program, on-campus post-baccalaureate program and the development of an online post-baccalaureate program
  - Teach in various programs within the Communication Science and Disorders (CSD) department
  - Participate in clinical education through speech network supervision in partnership with the Speech-Language Pathology graduate program and the UPMC Voice Center
  - Oversee student recruitment, success and program outcomes
- **The Voice Center, Department of Otolaryngology, University of Pittsburgh Medical Center (UPMC)**—Pittsburgh, PA (*2015-2021*)  
**Speech-Language Pathologist**
  - Provide services to adults and children with voice disorders, chronic cough and upper airway disorders in an outpatient facility. Assist in the diagnostic process in collaboration with a laryngologist and voice specialized physician assistant, and conduct behavioral treatment sessions to address voice, breathing, or coughing concerns
  - Serve as clinical supervisor for University of Pittsburgh Speech-Language Pathology graduate students for both in network and outplacement clinical rotations
  - Coordinate weekly educational meetings (Voice Rounds) for the multidisciplinary voice team
  - Act as both investigator and co-investigator for on-going research projects
  - Provide gender affirming voice training for trans and nonbinary individuals
  - Provide foreign accent modification training for interested multilingual clients
  - Co-mentored former summer research interns, Lauren Timmons Sund, MS, CCC-SLP (Co-director of USC Voice Center) and Ali Fanucchi, MS, CCC-SLP (Oncology Rehab, Centennial, CO)
- **Children's Hospital of Pittsburgh of University of Pittsburgh Medical Center (UPMC), East Satellite**—Monroeville, PA (*2014-2015*)  
**Speech-Language Pathology, Clinical Fellow**
  - Provide services to children with articulation, phonological processing, expressive/receptive language, fluency and voice disorders and Autism Spectrum Disorders in an outpatient facility (age range 2-15 years)
  - Provide family counseling, education and home programming
  - Perform weekly intensive speech and language evaluations
  - Work closely with Augmentative and Alternative Communication devices

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## GRADUATE WORK EXPERIENCE

- **University of Pittsburgh Voice Physiology and Motor Learning Lab**—Pittsburgh, PA (2012-2014)  
Primary Investigator: Amanda I. Gillespie, PhD  
**Research Assistant**
  - Assist in recruiting, scheduling and running test subjects for ongoing research studies, most specifically for the project, *Prevention and Treatment of Voice Problems in Teachers*.

## RESEARCH EXPERIENCE

- **Primary Investigator (2021)**  
UPMC Voice Center  
Faculty Members: Jackie Gartner-Schmidt, PhD and Libby Smith, DO
  - Project: *Coping with Spasmodic Dysphonia (unofficial title)*
  - Quality improvement study assessing how patients diagnosed with spasmodic dysphonia (SD) psychosocially and psychologically cope. Data collected through various patient reported outcome measures. Findings from this research will improve how and what the UPMC Voice Center does in response to a new diagnosis of SD. (ongoing)
- **Co-Investigator (2019-present)**  
UPMC Voice Center  
Co-Investigators/Co-Authors: Gary Gartling, MS, CF-SLP, Jackie Gartner-Schmidt, PhD, Miriam Van Mersbergen, PhD, Libby Smith, DO, FAOCOHNS
  - Project: *The Patient Experience: The Relationship Between Vocal Handicap, Congruency, Perceived Present Control, and Mood Across Four Voice Disorders*
  - Retrospective between-subject, nonexperimental design (IRB # 20050058). Submitted for publication.
  - Role: Administered questionnaires to UPMV Voice Center patients, collaborated throughout the writing process to establish discussion points, conclusions and suggested future clinical relevance of results
- **Primary Investigator (2017-2018)**  
UPMC Voice Center  
Co-Investigators: Amanda I. Gillespie, PhD, Samantha Kridgen, BA, Kwonho Jeong, PhD, Jackie Gartner-Schmidt, PhD
  - Project: *Adult Normative Data for Phonatory Aerodynamics in Connected Speech*
  - Prospective data collection across group design; established normative values for phonatory aerodynamic measurements in connected speech across adult ages and gender
- **Co-Investigator (2016-2018)**  
UPMC Voice Center  
Primary Investigators/Authors: Amanda I. Gillespie, PhD, Jonathan Yabes, PhD, Clark, A. Rosen, MD, Jackie Gartner-Schmidt, PhD
  - Project: *Efficacy of Conversation Training Therapy for Patients with Benign Vocal Fold Lesions and Muscle Tension Dysphonia Compared to Historical Match Control Patients*
  - Role: voice therapist involved with determining stimulability for and administering Conversation Training Therapy (CTT)

## PUBLICATIONS

- **Lewandowski, A. E. & Gartner-Schmidt, J. L.** (2019). Management of speech and language disorders. Alper, C.M., Myers, E.N. & Eibling, D.E. (Ed). *Decision making in otolaryngology: second edition* (pp.256-257). New Delhi, India: Jaypee Brothers Medical Publishers.
- **Lewandowski, A., Gillespie, A. I., Kridgen, S., Jeong, K., Yu, L., & Gartner-Schmidt, J.** (2018). Adult normative data for phonatory aerodynamics in connected speech. *The Laryngoscope*, 128(4), 909-914.

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- Gillespie, A. I., Gartner-Schmidt, J., **Lewandowski, A.**, & Awan, S. N. (2018). An examination of pre-and posttreatment acoustic versus auditory perceptual analyses of voice across four common voice disorders. *Journal of Voice*, 32(2), 169-176.
- Gartner-Schmidt, J., **Lewandowski, A.**, Haxer, M., & Milstein, C. F. (2017). Voice therapy for the beginning clinician. *Perspectives of the ASHA Special Interest Groups*, 2(3), 93-103.
- **Lewandowski, A.**, & Gillespie, A. I. (2016). The Relationship Between Voice and Breathing in the Assessment and Treatment of Voice Disorders. *Perspectives of the ASHA Special Interest Groups*, 1(3), 94-104.
- **Lewandowski, A.** (2013) "Comparative Study of VHI and VHI-10 Stability in Untreated Individuals with Voice Problems," poster in affiliation with the University of Pittsburgh, Voice Physiology and Motor Learning Lab presented at The Fall Voice Conference in Atlanta, GA.

## PRESENTATIONS AND LECTURES

- **Lewandowski, A.** (2021, November). *Building Your Voice Therapy Toolbox*. Webinar presented for "Foundations of a Voice Clinician" free virtual series for Speech-Language Pathology graduate students.
- **Lewandowski, A.** and Goodwin, M. (2021, April). *Early Career Professionals: Speed Bumps in Voice Therapy*. Webinar presented for The Voice Therapy Conference, virtual.
- **Lewandowski, A.**, Schneider, S., and Shembel, A. (2020, November). Proposal Number 20085: No Acoustics, No Aero, No Problem! Voice Diagnostics for the Community SLP. Proposal accepted at the Annual Convention of the American Speech-Language-Hearing Association, San Diego, CA (Convention canceled).
- Helou, L.B., Welch, B., **Lewandowski, A.** (2020, October). *Gender-Affirming Vocal Exploration*. Breakout Session presented at 2020 TransPride Pittsburgh Health and Wellness Conference: Live-Stream Event
- **Lewandowski, A.** (2019, 2020). *Conversation Training Therapy (CTT)*. Lecture presented at Duquesne University, Speech-Language Pathology Master's Program
- **Lewandowski, A.** (2019, April). *Do Not Pass Go: Go Directly to Voice Therapy*. Talk presented at The Voice Therapy Conference in Pittsburgh, PA in affiliation with The Voice Center of UPMC
- **Lewandowski, A.** (2019, April). *From Novice to Experienced Voice Therapist...I Think?!*. Talk presented at The Voice Therapy Conference in Pittsburgh, PA in affiliation with The Voice Center of UPMC
- **Lewandowski, A.** (2017, April). *Documentation of Voice Therapy*. Talk presented at The Voice Therapy Conference in Pittsburgh, PA in affiliation with The Voice Center of UPMC

## COURSES TAUGHT

### Current

- **CSD 1230: Introduction to Speech-Language Pathology (Pitt)**
- **CSD 1235: Clinical Methods in Communication Science and Disorders (Pitt)**

### Former

- **CSD 1031: Guided Clinical Observation (Pitt)**
- **CSD 2043: Fundamentals of Speech-Language Pathology for Audiologists (Pitt)**

## CONFERENCES ATTENDED

- **Council of Academic Programs in Communication Science and Disorders (CAPSCD) Annual Conference (2022)**
- **The Fall Voice Conference, (2015, 2016, 2017, 2018, 2019, 2020, 2021)**
- **TransPride Pittsburgh Health and Wellness Conference, Live-Stream Event, (2020)**
- **The Voice Therapy Conference, (2015, 2017, 2019, 2021)**
- **ASHA (American Speech-Language Hearing Association) Convention, (2013)**

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## RELATED TRAININGS AND CERTIFICATIONS

- **Diversity and Inclusion Certificate Program**, *University of Pittsburgh*, (2022)
- **SPEAK OUT!®: A Practical Approach to Treating Parkinson's**, *Parkinson Voice Project*, (2018-present)
- **PESL (Pronouncing English as a Second Language) Accent Modification Instructor Certification Course**, *The Institute of Language & Phonology Academy* (2017-present)
- **How to Start Working With Private Clients**, *The Independent Clinician*, Online workshop (2021)
- **PhoRTE** training session with co-creator Aaron Ziegler, PhD, CCC-SLP (2018)
- **Certificate of Conceptual Foundations of Medicine**, *University of Pittsburgh*, (2008)

## PROFESSIONAL AFFILIATIONS

- **ASHA SIG 03** (Voice and Upper Airway Disorders), *2018-present*
- **National Spasmodic Dysphonia Association (NSDA)**, *2021*, support group liaison for the Greater Pittsburgh area

## SERVICE AND OUTREACH

- **Communication Science and Disorders (CSD) Representative** for the University of Pittsburgh SHRS Wellness Pavilion at the Community Engagement Center in Homewood, PA, (2021-present)
- **Co-Advisor** for the National Student Speech Language Hearing Association (NSSLHA), University of Pittsburgh Chapter (2021)
- **Mentor** for S.T.E.P.-Student to Empowered Professional Mentoring Program, ASHA, 2021.
- **Reviewer** for *Journal of Voice*, through Elsevier, 2020-present
- **Committee Member** for Voice and Upper Airway Disorders, ASHA Convention (cancelled), 2020
- **Vocal Wellness Outreach presenter**, providing vocal health lectures under employment at The UPMC Voice Center, Pittsburgh PA, (2016-present):
  - Point Park University Musical Theater Program
  - Vocal Confluence Chorus
  - Stage Right! School for the Performing Arts and Professional Theatre Company
- **Big Brothers Big Sisters volunteer**, Mentor2.0 program of the Greater Pittsburgh Area, 2018-2021