

# Juleen Rodakowski, OTD, MS, OTR/L, FAOTA

## CURRICULUM VITAE

### BIOGRAPHICAL INFORMATION

**Business Address:**

Department of Occupational Therapy  
 School of Health and Rehabilitation Sciences  
 Bridgeside Point I  
 100 Technology Drive  
 Suite 350  
 Pittsburgh, PA 15219

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### EDUCATION and TRAINING

**UNDERGRADUATE:**

<u>Dates Attended</u>	<u>Name and Location of Institution</u>	<u>Degree Received, Year</u>	<u>Major Discipline</u>
August 2000 to May 2005	College of Education & Human Development University of Minnesota, Minneapolis, MN	Bachelor of Science, 2005	Kinesiology

**GRADUATE:**
***Entry-Level Professional***

<u>Dates Attended</u>	<u>Name and Location of Institution</u>	<u>Degree Received, Year</u>	<u>Major Discipline</u>
August 2006 to July 2008	College of Applied Health Sciences University of Illinois at Chicago, Chicago, IL	Master of Science, 2008	Occupational Therapy

***Post Professional***

<u>Dates Attended</u>	<u>Name and Location of Institution</u>	<u>Degree Received, Year</u>	<u>Major Discipline</u>
August 2008 to May 2009	College of Applied Health Sciences University of Illinois at Chicago, Chicago, IL	Doctor of Occupational Therapy, 2009	Occupational Therapy
July 2012 to May 2013	School of Medicine, University of Pittsburgh, Pittsburgh, PA	Certificate, 2013	Clinical Research
May 2013 to May 2014	School of Medicine, University of Pittsburgh, Pittsburgh, PA	Master of Science, 2014	Clinical Research

### APPOINTMENTS and POSITIONS

**ACADEMIC POSITIONS:**

<u>Years Inclusive</u>	<u>Name and Location of Institution</u>	<u>Rank/Title</u>
September 2006 to May 2009	Center for Capacity Building on Minorities with Disabilities Research, Department of Disability Studies, University of Illinois at Chicago, Chicago, IL	Research Assistant
September 2011 to August 2012	Department of Physical Medicine and Rehabilitation, School of Medicine, University of Pittsburgh, Pittsburgh, PA	Post-Doctoral Scholar
September 2012 to August 2014	Department of Psychiatry, School of Medicine, University of Pittsburgh, Pittsburgh, PA	Post-Doctoral Scholar
September 2014 to August 2015	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Visiting Assistant Professor
September 2015 to July 2021	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Assistant Professor, Tenure-Stream
August 2021 to present	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Associate Professor, Tenure
June 2022 to present	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Chair

## ACADEMIC APPOINTMENTS:

<u>Years Inclusive</u>	<u>Name and Location of Institution</u>	<u>Rank/Title</u>
September 2014 to present	Clinical and Translational Science Institute, School of Medicine, University of Pittsburgh, Pittsburgh, PA	Secondary Appointment
August 2016 to present	Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA	Graduate Faculty

## NON-ACADEMIC POSITIONS:

<u>Years Inclusive</u>	<u>Name and Location of Institution</u>	<u>Rank/Title</u>
January 2009 to July 2009	Rush University Medical Center, Chicago, IL	Staff Therapist
May 2010 to November 2010	Aureus Medical Group, Zionsville, IN, and Roswell, NM	Staff Therapist
November 2010 to June 2011	Salus Solutions, Sudbury, MA	Staff Therapist
June 2012 to October 2014	HCR ManorCare, Pittsburgh, PA	As-Needed Therapist

## CERTIFICATION and LICENSURE

### SPECIALTY CERTIFICATION:

National Board for Certification in Occupational Therapy, #243549	2008 – present
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### PROFESSIONAL LICENSURE:

Illinois State Occupational Therapy Licensure, #056.008485	2008 – 2011
Indiana State Occupational Therapy Licensure, #31004952A	2009 – 2010
New Mexico State Occupational Therapy Licensure, #2713	2010 – 2011
Michigan State Occupational Therapy Licensure, #5201007739	2010 – 2011
Commonwealth of Pennsylvania Occupational Therapy License, #OC011894	2011 – present

## MEMBERSHIPS in PROFESSIONAL and SCIENTIFIC SOCIETIES

### ORGANIZATIONS:

American Occupational Therapy Association, #4275763	2006 – present
American Congress of Rehabilitation Medicine, #2070	2011 – 2012
National Postdoctoral Association	2011 – 2014
Pennsylvania Occupational Therapy Association, #17623	2012 – present
Gerontological Society of America, #1149157	2013 – present
Association for Clinical and Translational Science	2017 – 2019
Association for Geriatric Psychiatry, #30502	2019 – 2021

## HONORS & AWARDS

### ACADEMIC HONORS and AWARDS:

Torrance Award, University of Illinois at Chicago, Department of Occupational Therapy	2006
Susan Lang Memorial Scholarship, American Occupational Therapy Foundation	2008
Master of Science with Certification Achievement Award, University of Illinois at Chicago, Department of Occupational Therapy	2008
Student Leadership Award, University of Illinois Alumni Association	2009

### CLINICAL FELLOWSHIPS:

Certificate of Fellowship, University of Illinois at Chicago, College of Applied Health Sciences, Urban Allied Health Academy	2008
Emerging Leader, American Occupational Therapy Association	2010

Certified for Skills2Care, completed the training requirements, and demonstrates competence in delivering the Skills2Care Program 2021

### RESEARCH AWARDS:

Outstanding Grant Nomination, University of Pittsburgh, Institute for Clinical Research Education 2013  
 Best Post-Doctoral or Resident Poster, University of Pittsburgh Medical Center Rehabilitation Institute Research Day 2013  
 Bruce Baker Education Travel Fund Award, University of Pittsburgh, School of Health and Rehabilitation Sciences 2014  
 First Place for Excellence in Research in the Field of Aging, University of Pittsburgh Aging Institute 2014  
 Excellence in Research in the Field of Aging, University of Pittsburgh, Aging Institute 2016  
 Research Award, Pennsylvania Occupational Therapy Association 2020  
 Mid-Career Research Excellence Award, American Occupational Therapy Foundation 2022

### SERVICE AWARDS:

Honorary Membership, Pi Theta Epsilon, American Occupational Therapy Foundation, Beta Tau Chapter 2016  
 Service Commendation, American Occupational Therapy Association Advocate, Rehabilitation Research at the National Institutes of Health 2020  
 Service Commendation, American Occupational Therapy Association Advocate, Rehabilitation Research at the National Institutes of Health 2023

### PROFESSIONAL RECOGNITION

American Occupational Therapy Association Roster of Fellows 2020  
 Alumni Award of Excellence, University of Minnesota, College of Education and Human Development Alumni Society 2024

### PUBLICATIONS

Web of Science  
H-Index = 12

Average Citations  
Per Item = 11.75

Times Cited (w/o  
self-citations) = 551

Citing Articles (w/o  
self-citations) = 513

\*Trainees mentored to publication; \*\*Senior author contribution

### ORIGINAL PEER-REVIEWED ARTICLES

1. Suarez-Balcazar Y, **Rodakowski J**, Balcazar F, Taylor-Ritzler T, Portillo N, Barwacz D, Willis C. Perceived levels of cultural competence among occupational therapists. *Am J Occ Ther*. 2009; 63:498-505. doi: 10.5014/ajot.63.4.498
2. Suarez-Balcazar Y, Balcazar F, Taylor-Ritzler T, Portillo N, **Rodakowski J**, Garcia-Ramirez- M, Willis C. Development and validation of cultural competence assessment instrument: A factorial analysis. *J Rehabil Admin*. 2011; 77:4-13.
3. **Rodakowski J**, Skidmore ER, Rogers JC, Schulz R. The role of social support in predicting caregiver burden. *Arch Phys Med Rehabil*. 2012; 93:2229-2236. PMID: PMC3508254 doi: 10.1016/j.apmr.2012.07.004
4. **Rodakowski J**, Skidmore ER, Rogers JC, Schulz R. Does social support impact depression in caregivers of adults ageing with spinal cord injury? *Clin Rehabil*. 2013; 27(6):565-575. PMID: PMC3660537 doi: 10.1177/0269215512464503
5. **Rodakowski J**, Schulz R, Gentry A, Garand L, Lingler J. Attribution of Mild Cognitive Impairment etiology in patients and their care-partners. *Int J Geriatr Psychiatr*. 2014; 5:464-469. PMID: PMC3969871 doi: 10.1002/gps.4028

6. **Rodakowski J**, Skidmore ER, Anderson SJ, Begley A, Jensen MP, Buhule OD, Boninger ML. Additive effect of age on disability for individuals with spinal cord injuries. *Arch Phys Med Rehabil*. 2014; 95:1076-82. PMID: PMC4037449 doi: 10.1016/j.apmr.2014.01.022
7. **Rodakowski J**, Skidmore ER, Reynolds III CF, Dew MA, Butters MA, Holm MB, Lopez OL, Rogers JC. Can performance of daily activities discriminate between older adults with normal cognitive function and those with Mild Cognitive Impairment? *J Am Geriatr Soc*. 2014; 62:1347-52. PMID: PMC 4107156 doi: 10.1111/jgs.12878
8. **Rodakowski J**, Saghaei E, Butters MA, Skidmore ER. Non-pharmacological interventions for adults with Mild Cognitive Impairment and early stage dementia: an updated scoping review. *Mol Aspects of Med*. 2015; 43:38-53. PMID: PMC4600436 doi: 10.1016/j.mam.2015.06.003
9. DiNapoli EA, Crain M, Dougherty P, Gentili A, Kochersberger G, Morone NE, Murphy JL, **Rodakowski J**, Rodriguez E, Thielke S, Weiner DK. Deconstructing Chronic Low Back Pain in the Older Adult – Step by Step Evidence and Expert-Based Recommendations for Evaluation and Treatment: Part V: Maladaptive Coping. *Pain Med*. 2016; 17:64-73. PMID: PMC6281001 doi: 10.1093/pm/pnv055
10. Stahl ST, **Rodakowski J**, Saghaei EM, Park M, Reynolds III CF, Dew MA. Systematic Review of Dyadic Interventions for late-life mood disorders: Implications for treatment. *Int J Geriatr Psychiatry*. 2016; 31:963-973. PMID: PMC5166608 doi: 10.1002/gps.4434
11. Wright R, Malec M, Shega JW, Rodriguez E, Kulas J, Morrow L, **Rodakowski J**, Semla T, Weiner DK. Deconstructing chronic low back pain in the older adult-step by step evidence and expert-based recommendations for evaluation and treatment: part XI: Dementia. *Pain Med*. 2016; 17:1993-2002. PMID: PMC6388877 doi: 10.1093/pm/pnw247
12. Stahl ST, **Rodakowski J**, Gildengers AG, Reynolds III CF, Morse JQ, Rico K, Butters MA. Treatment considerations for depression research in older married couples: A dyadic case study. *Am J Geriatr Psychiatry*. 2017; 25:388-395. PMID: PMC5724521 doi: 10.1016/j.jagp.2016.12.013
13. **Rodakowski J**, Reynolds III CF, Lopez OL, Butters MA, Dew MA, Skidmore ER. Developing a non-pharmacological intervention for individuals with Mild Cognitive Impairment. *J Appl Gerontol*. 2016 Apr 1:733464816645808. PMID: PMC5075260 doi: 10.1177/0733464816645808
14. **Rodakowski J**, Rocco P,\* Ortiz JM,\* Folb BL, Schulz R, Morton SC, Leathers SC, Lu H, James E. Caregiver integration during discharge planning of older adults to reduce resource utilization: A systematic review and meta-analysis of randomized controlled trials. *J Am Geriatr Soc*. 2017; 65:1748-1755. PMID: PMC5555776 doi: 10.1111/jgs.14873
15. Schulz R, Beach SR, Friedman EM, Martzolf GR, **Rodakowski J**, James EA. Changing structures and processes to support family caregivers of seriously ill patient. *J Palliat Med*. 2018; 21: S36-S42. PMID: PMC5756457 doi: 10.1089/jpm.2017.0437
16. **Rodakowski J**, Becker AM,\* Golias KW. Activity-based goals generated by older adults with Mild Cognitive Impairment. *OTJR Occup Part Heal*. 2018; 38: 84-88. PMID: PMC5837952 doi: 10.1177/1539449217751357
17. Wu CY,\* Terhorst L, Karp JF, Skidmore ER, **Rodakowski J**.\*\*Trajectory of Disability in Older Adults with Newly Diagnosed Diabetes Mellitus: Role of Elevated Depressive Symptoms. *Diabetes Care*. 2018; 41: 2072-2078. PMID: PMC6150429 doi: 10.2337/dc18-0007
18. Fields B,\* Turner R, Naidu M, Schulz R, James AE, & **Rodakowski J**.\*\* Assessments for caregivers of hospitalized older adults. *Clin Nurs Res*. 2018; 1-21. doi: 10.1177/1054773818816207
19. Fields B,\* **Rodakowski J**,\*\* James AE, Beach S. Role of Health Literacy in Predicting Healthcare Communication and System Navigation Difficulty among Caregivers. *Fam Syst Health*. 2018; 36:482-492. doi: 10.1037/fsh0000368.
20. Martzolf GR, Kandrack R, **Rodakowski J**, Friedman E, Beach S, Folb B, James AE. Work performance among informal caregivers: A review of the literature. *J Aging Health*. 2020;32(9):1017-1028. doi:10.1177/0898264319895374
21. Wu CY,\* Skidmore ER, **Rodakowski J**.\*\* Relationship Consensus and Caregiver Burden in Adults with Cognitive Impairments 6 Months Following Stroke. *PM&R*, 2019; 11:597-603. PMID: PMC6541546 doi: 10.1002/pmrj.12009

22. Friedman E, **Rodakowski J**, Schulz R, Beach S, Martsolf G, James AE. Do Family Caregivers Offset Healthcare Costs for Older Adults? A Mapping Review on the Costs of Care for Older Adults with Versus Without Caregivers. *Gerontologist*, 2019; 59: e535-e551. doi: 10.1093/geront/gny182.
23. Solai LK, Kumar K, Mulvaney E, Rosen D, **Rodakowski J**, Fabian T, Lingler JH, Reynolds CF, Dewell D. Geriatric Mental Healthcare Training: Development of a Learning Collaborative ("Mini-Fellowship") in Interprofessional Assessment and Clinical Management. *Am J Geriatr Psychiatry*, 2019; 27:706-711. doi: 10.1016/j.jagp.2019.04.018
24. **Rodakowski J**, Golias KW, Reynolds CF 3<sup>rd</sup>, et al. Preventing disability in older adults with mild cognitive impairment: A Strategy Training intervention study. *Contemp Clin Trials Commun*. 2019; 15. PMID: PMC6512744 doi: 10.1016/j.conctc.2019.100368
25. Beach SR, Schulz R, Friedman EM, **Rodakowski J**, Martsolf G, & James EA. Adverse consequences of unmet needs for care in high-need/high-cost older adults. *J Gerontol B Psychol Sci Soc Sci*. 2020;75:459-470. doi: 10.1093/geronb/gby021
26. Fields B,\* **Rodakowski J**,\*\* Leighton C, Feiler C, Minnier T, James AE. Including and Training Family Caregivers of Older Adults in Hospital Care: Facilitators and Barriers. *J Nurs Care Qual*. 2020; 35:88-94. doi: 10.1097/NCQ.0000000000000400
27. Leighton C,\* Fields B,\* **Rodakowski J**,\*\* Feiler C, Hawk M, Bellon JE, James AE. A Multi-Site Case Study of CARE Act Implementation. *Gerontologist*, 2020;60(4):776-786. doi:10.1093/geront/gnz011
28. Wu CY,\* **Rodakowski J**,\*\* Terhorst L, Karp JF, Fields B,\* Skidmore ER. A Scoping Review of Non-Pharmacological Interventions to Reduce Disability in Older Adults. *Gerontologist*. 2020;60(1):e52-e65. doi:10.1093/geront/gnz026
29. Brick RS, Lyons KD, **Rodakowski J**, Skidmore ER. A need to active lasting engagement. *Am J Occup Ther*. 2020;74(5):7405347010p1-7405347010p5. doi:10.5014/ajot.2020.039339
30. Stahl ST, Smagula SF, **Rodakowski J**, Dew MA, Albert SM, Karp JF, Butters M, Gildengers A, Reynolds CF. Subjective sleep quality and trajectories of interleukin-6 in older adults. *Am J Geriatr Psychiatry*. 2021, 29(2): 204-208. doi: 10.1016/j.jagp.2020.06.019
31. Fields B,\* **Rodakowski J**,\*\* Jewell VD, Arthanat S, Park M, Piersol CV, Schepens Niemiec SL, Womack J, Mroz T. Informal caregiving and aging-in-place in the United States: Advancing the value of occupational therapy. *Am J Occup Ther*. 2021; 75(5): 7505347010. doi: 10.5014/ajot.2021.044735
32. Smagula SF, Karim HT, Ibrahim TS, Krafty RT, Stahl ST, **Rodakowski J**, Reynolds III CF, Hall MH, Aizenstein HJ. Resting-state function connectivity associated with being a "morning-type" dementia caregiver and having lower depression symptom severity. *J Gerontol B Psychol Sci Soc Sci*. 2020; 76(6):1071-1076. doi:10.1093/geronb/gbaa115
33. **Rodakowski J**, Leighton C,\* Martsolf GR, James AE. Caring for Family Caregivers: Perceptions of CARE Act Compliance and Implementation. *Qual Manag Health Care*. 2021;30(1):1-5. doi:10.1097/QMH.0000000000000278
34. Rouch S,\* Fields BE, Alibrahim A, **Rodakowski J**, Leland, NE. Evidence for the effectiveness of interventions for caregivers of people with chronic conditions: A systematic review. *Am J Occup Ther*. 2021; 75(4): 7504190030. doi: 10.5014/ajot.2021.042838
35. Pan S, Berges M, **Rodakowski J**, Zhang P, Noh HY. Fine-grained activities of daily living recognition through structural vibration and electrical sensing. *Front Built Environ*. 2020;6:560497. doi: 10.3389/fbuil.2020.560497
36. Stahl ST, **Rodakowski J**, Smagula SF. Timing of Daily Activities over a 24-Hour Period and Affective Status among a National Cohort of Older Dementia Caregivers. *J Aging Health*. 2021;33(1-2):125-132. doi:10.1177/0898264320962363
37. Meyer J,\* Leslie P, Ciccio A, **Rodakowski J**. Whose Job is it? Addressing the Overlap of Speech-Language Pathologists and Occupational Therapists when Caring for People with Dementia. *Perspect ASHA Spec Interest Groups*. 2021;6(1):163-166. doi: 10.1044/2020\_PERSP-20-00122
38. Wu CY,\* **Rodakowski J**, Terhorst L, Dew MA, Butters M, Karp JF, Albert SM, Gildengers AG, Reynolds III CF, Skidmore ER. Frequency of but not Capacity for Participation in Everyday Activities is Associated with Cognitive Impairment in Late Life. *J Appl Gerontol*. 2021;733464820984283. doi:10.1177/0733464820984283

39. **Rodakowski J**, Dorris JL,\* McLaughlin DJ, Grimes DL. Music Intervention Pilot Study: Assessing Teaching Methods of Group Marimba Classes Designed to Train Spatial Skills of Older Adults with Changes in Cognition. *Music Med*. In press.
40. Dorris JL,\* Neely S, Terhorst L, VonVille HM, **Rodakowski J.\*\*** Effects of Music Participation for MCI and Dementia: A Systematic Review and Meta-Analysis. *J Am Geriatr Soc*. 2021; 69(9): 2659-2667. doi: 10.1111/jgs.17208
41. Klinedinst TC,\* Terhorst L, **Rodakowski J.\*\*** Multimorbidity Groups Based on Numbers of Chronic Conditions are Associated with Daily Activity. *Chronic Illn*. 2021; 17423953211024000. doi: 10.1177/17423953211023964
42. **Rodakowski J**, Mroz TM, Ciro C, Lysack CL, Womack JL, Chippendale T, Cutchin M, Fritz H, Fields B, Niemiec SL, Orellano-Colón EM, Rotenberg S, Toto PE, Lee D, Jewell VD, McDonald MV, Arthanat S, Somerville E, Park M, Piersol CV. Stimulating Research to Enhance Aging in Place. *OTJR Occup Part Heal*. 2021; 41(4): 268-274. doi: 10.1177/15394492211022271
43. Hekman DJ, **Rodakowski J**, Brick RS, Cadmus-Bertram L, Fields B. Exploration of Patient and Caregiver Cancer Education Using Electronic Health Records. *J Geriatr Oncol*. 2022;13(1): 108-110.
44. Smagula SF, Isenberg AS, Stahl ST, Alexopoulos GS, Reynolds CF, **Rodakowski J.\*\*** Adaptation and pilot study of a behavioral intervention targeting morning activation deficits in dementia caregivers: Scheduling Activity and Monitoring Mornings (SAMM). *Am J of Geriatr Psychiatry*. 2022;30(4): 494-503. doi: 10.1016/j.jagp.2021.09.017
45. Carbery M, Schulz R, **Rodakowski J**, Terhorst L, Fields B. Evaluating the appropriateness and feasibility of the Care Partner Hospital Assessment Tool (CHAT). *Int J Environ Res Public Health*. 2021;18:13355. doi:10.3390/ijerph182413355
46. Fields B, Schulz R; Terhorst L, Carbery M, **Rodakowski J.\*\*** The Development and Content Validation of the Care Partner Hospital Assessment Tool. *Nursing Reports*. 2021; 11(3): 522-529. doi: 10.3390/nursrep11030049
47. Klinedinst TC,\* Terhorst L, **Rodakowski J.\*\*** Chronic condition clusters and associated disability over time. *J Multimorb Comorb*. 2022 12: 26335565221093569. doi:10.1177/26335565221093569
48. Dorris JL,\* DiCicco H, Becker JT, **Rodakowski J.\*\*** Developing a digital music program for older adults with changing cognition: A program development report. *Music Med*. 2022. 14 (2).
49. Dorris JL,\* Chang K, McLaughlin DJ, Murray SS, Schaumburg, S, **Rodakowski, J.\*\*** Project Unmute: A Digital Music Program Delivered by Adolescent Musicians to Older Adults with Cognitive Decline. *J Intergener Relatsh*. 2022; 20(4):293-501. doi: 10.1080/15350770.2022.2086958
50. Rouch S,\* Terhorst L, Skidmore ER, **Rodakowski J**, Gary-Webb TL, Leland NE. Examining Real-World Therapy Practice of Cognitive Screening and Assessment in Post-Acute Care. *J Am Dir Assoc*. 2023; 24(2): 199-205. doi: 10.1016/j.jamda.2022.11.007
51. Klinedinst TC,\* Beach S, Donovan H, **Rodakowski J**, Campbell G. The Relationship between Personal and Contextual Factors and Participation Restriction in Mid-Life Caregivers. *J Aging Health*. 2023; 35(7-8): 566-576. doi: 10.1177/08982643221150051
52. Brick R, Hekman D, Werner N, **Rodakowski J**, Cadmus-Bertram L, Fields B. Health system and patient-level factors associated with multidisciplinary care and patient education among hospitalized, older cancer survivors. *PEC Innovation*; in press.
53. Faieta J, Ebuanyi ID, Devos H, Reynolds CF, **Rodakowski J.\*\*** The Role of Rehabilitation for Early-Stage Alzheimer's Disease and Related Dementias: Practice and Priorities. *Arch Phys Med Rehabil*, in press.
54. **Rodakowski J**, Dorris J, Stahl S. Depressive Symptoms Associated with Social Participation in Older Adults Living With Mild Cognitive Impairment. *Gerontol Geriatr Med*, epub ahead of print.

#### **INVITED EDITORIALS/COMMENTARIES**

1. **Rodakowski J**, Skidmore ER, Reynolds III CF, Dew MA, Butters MA, Holm MB, Lopez OL, Rogers JC. Response to Esses and Deiner [editorial]. *J Am Geriatr Soc*. 2015; 63:831-32. NIHMS: NIHMS644814.
2. **Rodakowski J**, Skidmore ER. Non-pharmacological interventions for early cognitive decline [editorial]. *Am J Geriatr Psychiatry*. 2017 Mar;25(3):270-271. doi:10.1016/j.jagp.2016.12.006.
3. **Rodakowski J**. Relationship among depression, gait disturbance, disability, and neurobiological abnormalities [editorial]. *Am J Geriatr Psychiatry*. 2018; 26(1): 87-88. doi: 10.1016/j.jagp.2017.09.016.

4. Kersey J, Kringle E, **Rodakowski J.\*\*** An Expansive View of the Relationship Between Meaningful Activities and Health: A Call to Action [editorial]. *J Am Med Dir Assoc*. 2022, 23(7), 1266-1267. doi: 10.1016/j.jamda.2022.01.074.
5. Dorris J, **Rodakowski J**. Music interventions for adults living with dementia. *Am J Geriatr Psychiatry*. 2023, S1064-7481(23)00459-1. doi:10.1016/j.jagp.2023.10.011

#### **PEER-REVIEWED PUBLISHED ABSTRACTS**

1. **Rodakowski J**, Skidmore ER, Rogers JC, Schulz R. Predictors of caregiver burden in aging adults with spinal cord injuries. [Abstract]. *Top Spinal Cord Inj Rehabil*. 2012; 18:204-205.
2. **Rodakowski J**, Skidmore ER, Holm MB, Toto PE, Rogers JC. A discriminative daily activity measure for individuals with mild cognitive impairment. [Abstract]. *Gerontologist*. 2013; 53(S1):282.
3. **Rodakowski J**, Skidmore ER, Raina KD, Rogers JC. Performance in daily activities among older adults at-risk for dementia. [Abstract]. *Gerontologist*. 2014; 54(S1):564.
4. **Rodakowski J**, Skidmore ER. Enhancing daily activities for individuals at-risk for dementia. [Abstract]. *Clin Trans Sci*. 2015; 8(3):202.
5. Alderden JG, **Rodakowski J**. Gerotech: The future is now. [Symposium Abstract]. *Gerontologist*. 2015; 55(S2):553.
6. **Rodakowski J**, Reynolds C, Skidmore, E. Feasibility of meta-cognitive strategy training for older adults at-risk for dementia [Abstract]. *Gerontologist*. 2015; 55(S2):730.
7. **Rodakowski J**. Depressive symptoms and daily activities for older adults with Mild Cognitive Impairment [Abstract]. *Clin Trans Sci*. 2016.
8. **Rodakowski J**, Skidmore ER, Reynolds CF. Reducing depressive symptoms and slowing decline for older adults with Mild Cognitive Impairment [Abstract]. *Gerontologist*. 2016; 56(S3):619.
9. Wu C,\* Skidmore E, **Rodakowski J**. Depressive symptoms as a predictor of disability after new medical diagnoses in older adults [Abstract]. *Innov Aging*. 2017; 1(S1):178.
10. **Rodakowski J**, Rocco P, Ortiz J, Folb B, Schulz R, Morton S, Leathers S, James E. Caregivers included in discharge planning reduces hospital readmissions: A meta-analysis [Abstract]. *Innov Aging*. 2017; 1(S1): 737.
11. **Rodakowski J**. Strategy training influences disability in older adults with Mild Cognitive Impairment [Abstract]. *Innov Aging*. 2018; 20T2(S1): 30. doi: 10.1093/geroni/igy023.110
12. Pan S, Berges M, **Rodakowski J**, Zhang P, Noh HY. Fine-grained activities of daily living recognition through structural vibration and electrical sensing. *Proceedings ACM on Systems for Energy-Efficient Buildings, Cities, and Transportation* (BuildSys 2019). 2019; 149-158. doi: 10.1145/3360322.3360851
13. \*Dorris J, **Rodakowski J**. Developing a Spatial-Skills-Focused Music Program for Older Adults with Changes in Cognition [Abstract]. *Innov Aging*. 2020; 4(S1): 291-292. doi: 10.1093/geroni/igaa057.934
14. \*Klinedinst TC, Rodakowski J. Ability and Performance of Daily Activity for Older Adults with Multiple Chronic Conditions [Abstract]. *Innov Aging*. 2020; 4(S1): 219–220. doi: 10.1093/geroni/igaa057.934
15. \*Klinedinst TC, **Rodakowski J**, Terhorst L. Critical Differences in Instrumental Activities of Daily Living Among Older Adults with Chronic Conditions. *Am J Occup Ther*. 2021; 75(S2): 7512505189. doi: 10.5014/ajot.2021.75S2-RP189
16. \*Dorris J, **Rodakowski J**, Terhorst L. The Association Between Music Engagement, Academic Performance, and Self-Esteem in Seventh Graders: A Secondary Data Analysis. *Arch Phys Med Rehabil*. 2022/03/01/ 2022;103(3):e38-e39. doi: 10.1016/j.apmr.2022.01.107
17. \*Dorris J, DiCicco H, Becker J, **Rodakowski J**. Developing a Music program on Zoom for Older Adults with Declining Cognition: A Program Development Report. [Abstract]. *Innov Aging*. 2022; 6(S1): 46.
18. Klinedinst TC, Dorris J, Turner R, Ciro C, **Rodakowski J**. Goal-Oriented Interventions to Improve Disability & Functional Status in Adults With Multiple Chronic Conditions: A Systematic Review. [Abstract]. *Am J Occup Ther*. 2023; 77(S2): 7711510252p1. doi: 10.5014/ajot.2023.77S2-PO252

#### **INVITED BOOK CHAPTERS**

1. **Rodakowski J**, Kelly E, Gould Y. Implications for training future generations of rehabilitation practitioners and researchers. In Balcazar F, Suarez-Balcazar Y, Taylor-Ritzler T, Keys CB, eds. *Race, Culture, and Disability: Rehabilitation Science and Practice*. Sudbury, MA: Jones and Bartlett Publishers. 2009; 371-80.

2. **Rodakowski J**, Suarez-Balcazar Y. Strategies and tools for assessing cultural competence. In: Wells SA, Black RM, Gupta J, eds. *Culture and Occupation: Effectiveness for Occupational Therapy Practice, Education, and Research*. 3<sup>rd</sup> ed. Bethesda, MD: AOTA Press; 2016:413-420.

## **OTHER PUBLICATIONS**

1. Suarez-Balcazar Y, **Rodakowski J**. Becoming a culturally competent occupational therapy practitioner. *OT Practice*. 2007, September; 204:14-7.
2. Ciukaj M, **Rodakowski J**, Ashpole E, Bacci M, Mprah W, Zuba S, Suarez-Balcazar Y. *Access Living Peer Support Program Evaluation Report*. Center for Capacity Building for Minorities with Disabilities Research, University of Illinois at Chicago: Chicago, IL; 2007.
3. **Rodakowski J**, Ciukaj M, Vaughn C, Ali A, Bove J, Cook P, Suarez-Balcazar Y. *Sunday Parkways Evaluation Report*. Department of Occupational Therapy, University of Illinois at Chicago: Chicago, IL; 2009.
4. Crist P, Greenberg N, Meyers SK, Mullholland S, Stutz-Tanenbaum P, Richardson P, **Rodakowski J**. *International Fieldwork: Resources*. American Occupational Therapy Association: Bethesda, MD; 2010.
5. Suarez-Balcazar Y, Balcazar F, Taylor-Ritzler T, Portillo N, **Rodakowski J**, Garcia-Ramirez M, Willis C. *Cultural Competence Assessment Instrument*. Center for Capacity Building for Minorities with Disability Research, University of Illinois at Chicago: Chicago, IL; 2010.
6. Rouch S\*, Pure E\*, Baker N, **Rodakowski J**. Effects of Community-Based Dance Program on Personal Well-Being, Dynamic Balance, and Grip Strength. Yes, You Can Dance! 2016.
7. Rouch SA, Fields BE, **Rodakowski J**, & Leland NE. (2020). *Psychoeducation for caregivers of people with chronic conditions: Systematic review of related literature from 1995 – 2018*. [Critically Appraised Topic]. Bethesda, MD: American Occupational Therapy Association.
8. Rouch, SA, Fields BE, **Rodakowski J**, & Leland NE. (2020). *Education and skills training for caregivers of people with chronic conditions: Systematic review of related literature from 1995 – 2018*. [Critically Appraised Topic]. Bethesda, MD: American Occupational Therapy Association.
9. Isenberg AS,\* White JS, Scheunemann LP, Shoemaker M, **Rodakowski J**, Skidmore ER. Post intensive care syndrome: OT's role in ADL and IADL assessment. *OT Practice*. 2022, July; 27(7), 22-6.
10. Suydam A,\* Pan Po-Jung,\* Annamalai S,\* **Rodakowski J**. Providing multicultural care in the virtual setting: Skills2Care®. *OT Practice*. 2023, August 28(8); 16-19.

## **THESES AND DISSERTATION**

1. **Rodakowski J**. *Serving clients from a multicultural perspective in occupational therapy* [doctoral project]. University of Illinois at Chicago: Chicago, IL; 2009.
2. **Rodakowski J**. *Strategy training for daily activities* [Master of Science thesis]. University of Pittsburgh: Pittsburgh, PA; 2014.

## **RESEARCH**

### **GRANT FUNDING**

#### **Current Grant Support**

<u>Grant Number</u>	<u>Grant Title</u>	<u>Project Role, Effort</u>	<u>Years Inclusive</u>	<u>Source</u>
1. R01AG056351	Influence of Strategy Training on Mild Cognitive Impairment	Principal Investigator, 30%	02/01/2019 to 01/30/2024	NIA
2. K23AG070185	Promoting Independence with Compensatory Cognitive Rehabilitation: A Pilot Clinical Trial for Early-Stage Alzheimer's Disease	Co-Mentor to Lanzi (Lanzi, PI)	02/12/2021 to 01/31/2026	NIA



3. R01MH01282021	Morning Activation Deficits and Depression Symptoms: Mechanisms and Modifiability in Dementia Caregivers	Co-Investigator, 20% (Smagula, PI)	11/01/2021 to 10/31/2026	NIMH
4. 90ARCP0007-01-00	Advanced Rehabilitation Research Training (ARRT) on Career Advancement in Assistive Technology Practice, Research, and Policy (CAT-PReP)	Co-Investigator (Ding, PI)	06/01/2023 to 05/31/2028	NIDILRR, ACL
5. Pilot Grant	Human Centered Evaluation and Development of the Health App Review Tool (HART)	Co-Investigator, 3%, (Faieta, PI)	12/01/2023-11/30/2024	NIA

**Completed Grant Support**

<u>Grant Number</u>	<u>Grant Title</u>	<u>Project Role, Effort</u>	<u>Years Inclusive</u>	<u>Source</u>
1. H133A040007	Center for Capacity Building on Minorities with Disabilities Research	Research Assistant, 50% (Balcazar, PI)	08/01/2005 to 07/31/2010	NIDLRR
2. T32HD049307	Training Rehabilitation Clinicians for Research Careers	Post-Doctoral Scholar, 100% (Boninger, PI)	09/01/2011 to 08/31/2012	NCMRR (NICHD)
3. T32MH019986	Clinical and Translational Research Training in Late-Life Mood Disorders	Post-Doctoral Scholar, 100% (Reynolds, PI)	09/01/2012 to 08/31/2014	NIMH
4. KL2TR000146	University of Pittsburgh Clinical and Translational Science Institute	Principal Investigator, 75% (Reis, PI)	09/01/2014 to 05/31/2017	NCATS
5. Stern Center for Evidence Based Policy	Health Policy Related to Informal Caregiving	Co-investigator, 15% (James, PI)	05/01/2015 to 06/30/2017	Foundation
6. AOTFIRG15RODAKOWSKI	Empowering Caregivers after Stroke	Principal Investigator, 10%	04/01/2016 to 09/30/2017	Foundation
7. UN2016-85266	The Caregiver Project	Co-Investigator, 40% (James, PI)	05/01/2017 to 06/30/2018	Pittsburgh Foundation
8. Pilot Grant	Depressive Symptoms and Self-Management Activities in Older Adults with Type 2 Diabetes Mellitus	Co-Investigator, 10% (Wu, PI)	07/01/2017 to 06/30/2018	Office of the Provost
9. Pilot Grant	Preclinical Disability in Low Socioeconomic Status Older Adults with Newly Diagnosed Type II Diabetes	Principal Investigator, 10%	07/01/2017 to 06/30/2018	David Berg Center for Ethics and Leadership
10. Pilot Grant	Non-Invasive In-Home Sensing for Fine- Grained Assessment of Disability Changes Over Time	Co-Principal Investigator, 10%	10/1/2018 to 09/31/2019	Highmark Foundation
11. Pilot Grant	SkillsR <sub>2</sub> CareP <sup>®</sup> : A Personalized Education Experience for Occupational Therapy	Co-Investigator, 10% (Chisholm, PI)	03/01/2019 to 06/30/2020	Office of the Provost

12. Pilot Grant	Students to Help Older Adults Age in Place Neuromolecular Pathways of Mobility Improvement in Older Adults	Co-Principal Investigator, 10%	07/01/2017 to 06/30/2020	Aging Institute of UPMC Senior Services NIA
13. 3P30AG02482-13S1	Pittsburgh Older Americans Independence Center	Co-Investigator, 10% (Greenspan, PI)	09/01/2017 to 06/30/2020	NIA
14. R03AG062848	Development and Validation of The Caregiver Hospital Assessment Tool (CHAT)	Co-Investigator, 10% (Fields, PI)	06/01/2020 to 02/28/2022	NIA
15. R41AG069596	Developing a widely useable wearable Circadian Profiling System to assess 24-hour behavioral rhythm disruption in people with dementia and their family caregivers	Co-Investigator, 7.5% (Smagula, PI)	08/01/2021 to 07/31/2022	NIA
16. R01AG056351-03S1	Influence of Strategy Training on Mild Cognitive Impairment	Principal Investigator, Mentor to Siblings	08/01/2021 to 06/30/2023	NIA
17. 20221465	Behavioral Activation + Occupational Therapy: An Innovative Intervention for Empowered Self-Management of Multiple Chronic Conditions	Consultant (Klinedinst, PI)	07/01/2022 to 06/30/2023	Presbyterian Health Foundation
18. 1891751-38-22	Project Unmute: The feasibility, acceptability, and potential effects of an intergenerational music program delivered by adolescents to older adults with declining cognition	Co-Investigator, 1.6% (Dorris, PI)	01/01/2022 to 12/31/2023	NEA

## **RESEARCH-RELATED PRESENTATIONS, LECTURESHIPS, SEMINARS**

### ***Peer-Reviewed Research Presentations***

(\*Trainees mentored to presentation)

#### *International*

1. **Rodakowski J**, Skidmore ER, Holm MB, Raina KD, Toto PE, Rogers JC. Discriminating cognitive status with instrumental activities of daily living. Poster presented at: International College of Geriatric Psychoneuropharmacology, October 31, 2013; Pittsburgh, PA.
2. **Rodakowski J**, Rocco P, Ortiz JM, Folb BL, Schulz R, Morton SC, Leathers SC, Lu H, James AE. Caregivers included in discharge planning reduces hospital readmissions: A meta-analysis. Oral presentation at: International Association of Gerontology and Geriatrics World Congress, July 25, 2017; San Francisco, CA.
3. \*Kersey J, **Rodakowski J**, Skidmore E. Caregiver burden correlates with cognitive flexibility. Poster presentation at: World Federation of Occupational Therapy Congress, May 22, 2018; Capetown, South Africa.

*National*

4. O'Leary C, Porter H, **Rodakowski J**, Schmid S, Walz A, Sultan S. National association of advisors for the health professions: Student panel. Panel Presentation at: National Association of Advisors for the Health Professions, June 27, 2008; Chicago, IL.
5. Suarez-Balcazar Y, **Rodakowski J**. Experimental validation of the cultural competence assessment instrument: an analysis of its factorial structure. Poster presentation at: American Occupational Therapy Annual Conference, April 23-26, 2009; Houston, TX.
6. **Rodakowski J**, Skidmore ER, Holm MB, Toto P, Rogers JC. A discriminating assessment of variability in instrumental activities of daily living. Research Paper presented at: American Occupational Therapy Association Annual Conference, April 4, 2014; Baltimore, MD.
7. **Rodakowski J**, Skidmore ER. Enhancing daily activities for individuals at-risk for dementia. Poster presented at: Translational Science Conference, April 17, 2015; Washington, DC.
8. **Rodakowski J**, Reynolds III CF, Skidmore ER. Feasibility of meta-cognitive strategy training for older adults at-risk for dementia. Paper presented at the Gerontological Society of America, November 2015; Orlando, FL.
9. **Rodakowski J**. Depressive symptoms and daily activities for older adults with Mild Cognitive Impairment. Poster presented at: Translational Science Conference, April 14, 2016; Washington, DC.
10. \*Wu CY, Skidmore E, **Rodakowski J**. Predicting disability after new medical diagnosis in retirees: Depressive symptoms and cognitive function. Poster session presented at: 5P<sup>th</sup>P Annual Occupational Therapy Research Summit, May 21, 2016; Pittsburgh, PA.
11. **Rodakowski J**, Skidmore ER. Depression and activities of daily living for older adults with Mild Cognitive Impairment. Oral presentation at: 5P<sup>th</sup>P Annual Occupational Therapy Research Summit, May 22, 2016; Pittsburgh, PA.
12. **Rodakowski J**, Skidmore E. Influence of strategy training on daily activities among older adults at risk for dementia. Research Paper presented at: American Occupational Therapy Association Annual Conference, March 30, 2017; Philadelphia, PA.
13. \*McCarthy L, \*Rouch S, **Rodakowski J**, Baker N. Honing in on quality of life for adults with development disabilities. Poster presented at: American Occupational Therapy Association Annual Conference, March 31, 2017.
14. \*Chamberlin S, \*Kowalski K, \*Rouch S, **Rodakowski J**, Baker N. Dynamic balance performance and implications for occupational therapy. Poster presented at: American Occupational Therapy Association Annual Conference, April 1, 2017.
15. \*Fields B, **Rodakowski J**, Beach S. Role of Family Caregivers' Health Literacy in Predicting Healthcare Communication and System Navigation. Poster presentation at: Academy Health Annual Research Meeting, June 24-26, 2018; Seattle, WA.
16. \*Fields B, **Rodakowski J**, Beach S. Does caregiver health literacy influence healthcare communication and navigation of healthcare services and supports? Annual Occupational Therapy Summit of Scholars, June 8, 2018, Kansas City, Kansas.
17. \*Wu CY, Skidmore ER, Terhorst L, Karp J, **Rodakowski J**. Predictors of Daily Participation in Late Life. Orally presented at the Occupational Therapy Summit of Scholars; June 9, 2018; Kansas City, Kansas.
18. \*Fields B, \*Jaffe R, **Rodakowski J**. Assessing Needs of Family Caregivers Along the Dementia Care Trajectory: A Scoping Review. Poster presentation at: 2018 Research Conference of the Society for the Study of Occupation: USA; October 12, 2018; Lexington, KY.
19. \*Fields B, **Rodakowski J**. Family caregiver involvement in hospital care. Oral presentation at the Annual Conference of the American Occupational Therapy Association; April 5, 2019; New Orleans, LA.
20. Rouch S, Fields B, Alibrahim H, **Rodakowski J**, Leland NE. Caring for Adults with Chronic Conditions: A Systematic Review. Oral presentation at the American Annual Conference of the American Occupational Therapy Association; March 26, 2020; Boston, MA. (in-person conference cancelled due to COVID-19, presentation instead provided via web conferencing June 5, 2020).
21. **Rodakowski J**, Williamson M. Functional Cognition: Assessment Methods & Interpretations Across Postacute Care. Short course at the American Annual Conference of the American Occupational Therapy Association; March 27, 2020; Boston, MA. (Conference Cancelled)

22. \*Klinedinst TC, **Rodakowski J.** "Can Do" versus "Does Do": Important Implications for Older Adults with Multiple Chronic Conditions. Poster presentation at: Occupational Therapy Summit of Scholars 2020. Cancelled due to COVID-19 pandemic
23. \*Klinedinst, TC, Terhorst L, **Rodakowski J.** Clusters of chronic conditions and associated disability trajectories. Presentation at the NHATS 10<sup>th</sup> Anniversary Conference; May 26, 2021, Virtual Conference. **[Honorarium received for the contribution]**
24. \*Fields B, **Rodakowski J.** *Exploring the Implementation of the Care Partner Hospital Assessment Tool: A descriptive Mixed Methods Study.* Presentation at the 9<sup>th</sup> Annual Occupational Therapy Summit of Scholars; June 23, 2021; Virtual Conference.
25. \*Dorris J, Neely S, **Rodakowski J.** Music Interventions for Early-Stage Cognitive Decline: A Systematic Review and Meta-Analysis. Poster presented at: Gerontological Society of America 2021 Annual Scientific Meeting, November 10-14, 2021; Phoenix, AZ.
26. \*Enriquez C, Young, D, Colantouni E, Friedman LA, Engels B, **Rodakowski J**, Hoyer E. Improving Hospital Throughput with Machine Learning Prediction: Early Identification of Post-Acute Care Facility Need Using Patient Mobility Scores. Oral presentation at: Academy Health Annual Research Meeting, June 5, 2022; Washington DC.
27. \*Enriquez CS, Young D, Colantouni E, Friedman LA, Engels B, **Rodakowski J**, Hoyer E. Improving Hospital Throughput with Machine Learning Prediction: Early Identification of Post-Acute Care Facility Need Using Patient Mobility Scores. Platform presentation at: Combined Sections Meeting – American Physical Therapy Association, February 25, 2023; San Diego, CA.
28. \*Isenberg AS, Smagula S, **Rodakowski J.** Feasibility and acceptability of a behavioral activation intervention for depression in caregivers of people with dementia. Poster presentation at: American Occupational Therapy Association Annual Conference, April 21, 2023; Kansas City, MO.
29. \*Vultz-Poremba K, **Rodakowski J**, Iverson J, Cham R. Relationship between postural control and community participation in autistic adults. Poster presentation at: American Association on Intellectual and Developmental Disabilities (AAIDD) Annual Meeting. June 5-7, 2023; Pittsburgh, PA.
30. \*Enriquez CS, **Rodakowski JL**, Casey K, Friedman LA, Young D, Hoyer E. Recognizing the Role of Routine Cognitive Assessment in Inpatient Safety and Discharge Planning. Oral Presentation at the American Delirium Society Annual Conference, June 11-12, 2023; Providence, RI.
31. \*Enriquez CS, **Rodakowski J**, Casey K, Friedman LA, Young D, Hoyer E. Early and Routine Inpatient Cognitive Assessment to Help Facilitate Hospital Discharge Planning. Oral presentation at: AcademyHealth Annual Research Meeting, June 25, 2023; Seattle, WA.
32. \*Chang FH, **Rodakowski J.** Adopting dyad-focused strategy training to stroke survivors and their family caregivers in Taiwan: A feasibility study. Poster presentation at: American Congress of Rehabilitation Medicine Annual Conference, October 30 – November 2, 2023; Atlanta, GA.
33. \*Enriquez CS, **Rodakowski J**, Casey K, Friedman LA, Young D, Hoyer E. Using the Activity Measure for Post-Acute Care (AM-PAC) Applied Cognition Scores to Predict Discharge Disposition and Post-Acute Care Needs. Oral presentation at: American Congress of Rehabilitation Medicine Annual Conference, October 30 – November 2, 2023; Atlanta, GA.
34. Watters K, **Rodakowski J.** It starts with a cue – implementing effective cueing strategies to optimize patient outcomes. Poster presentation at: American College of Rehabilitation Medicine, Annual Conference, October 30 – November 2, 2023; Atlanta, GA.
35. Faieta J, **Rodakowski J**, Gigler K, Worthen-Chaudhari. Ballet for Alzheimer's Disease and Related Dementia: State of the Evidence and Emerging Opportunities. Symposia presentation at: American Congress of Rehabilitative Medicine, Annual Conference, October 30 – November 2, 2023; Atlanta, GA.
36. Dorris JL, Raina K, Neely S, **Rodakowski, J.** Emotional Responses of Adults Living With Dementia to an Intergenerational Music Intervention. Poster presented at: Gerontological Society of America's Annual Scientific Meeting, November 9, 2023; Tampa, FL.
37. \*Enriquez CS, **Rodakowski JL**, Casey K, Friedman LA, Young D, Hoyer E. Enhancing Health Services Delivery: The Role of Cognitive Assessment in Inpatient Safety and Discharge Disposition. Platform Presentation Submitted at: Combined Sections Meeting – American Physical Therapy Association, February 3-5, 2024: Boston, MA.

*State, Regional*

38. **Rodakowski J**, Koperniak P. Evidence that pressure mapping systems are an effective tool in selection of wheelchair cushions. Poster presentation at: Illinois Occupational Therapy Association Annual Conference, November 3, 2007; Springfield, IL.
39. Suarez-Balcazar S, Balcazar F, **Rodakowski J**, Taylor-Ritzler T, Portillo N. Development and validation of the Cultural Competence Assessment Instrument. Poster presentation at: Annual Meeting of the Midwestern Psychological Association, May 2, 2008; Chicago, IL.
40. **Rodakowski J**, Skidmore ER, Rogers JC, Schulz R. Social support as a predictor of burden in caregivers of aging adults with spinal cord injuries. Poster presentation at: Research Day on Aging, April 24, 2012; Pittsburgh, PA.
41. **Rodakowski J**, Skidmore ER, Rogers JC, Schulz R. Does social support predict caregiver burden? Poster presentation at: Postdoctoral Data & Dine Symposium, May 1, 2012; Pittsburgh, PA.
42. **Rodakowski J**, Skidmore ER, Rogers JC, Schulz R. Social support and burden in caregivers of aging adults with spinal cord injuries. Poster presentation at: University of Pittsburgh Medical Center Rehabilitation Institute Research Day, May 24, 2012; Pittsburgh, PA.
43. **Rodakowski J**, Skidmore ER, Holm MB, Toto P, Rogers JC. A discriminating measure of daily activities for individuals with mild cognitive impairment. Poster presented at: Postdoctoral Data & Dine Symposium, May 16, 2013; Pittsburgh, PA.
44. **Rodakowski J**, Skidmore ER, Holm MB, Toto P, Rogers JC. Accurately measuring instrumental activities of daily living for individuals with mild cognitive impairment. Poster presented at: Annual Department of Psychiatry Research Day, June 6, 2013; Pittsburgh, PA.
45. **Rodakowski J**, Skidmore ER, Holm MB, Toto P, Rogers JC. Assessing instrumental activities of daily living for individuals with mild cognitive impairment. Poster presented at: University of Pittsburgh Medical Center Rehabilitation Institute Research Day, June 19, 2013; Pittsburgh, PA.
46. **Rodakowski J**, Skidmore ER, Holm MB, Toto P, Rogers JC. Daily activities in individuals with mild cognitive impairment. Poster presented at: Pennsylvania Occupational Therapy Association Annual Conference, November 9, 2013; Pittsburgh, PA.
47. **Rodakowski J**, Skidmore ER, Reynolds III CF, Raina K, Rogers J. Predicting conversion to dementia for older adults at-risk for progressing. Poster presentation at: Research Day on Aging, April 11, 2014; Pittsburgh, PA.
48. **Rodakowski J**, Skidmore ER, Reynolds III CF, Raina K, Rogers J. Predicting dementia through performance of daily activities. Poster presentation at: University of Pittsburgh Medical Center Rehabilitation Institute Research Day, June 4, 2014; Pittsburgh, PA.
49. **Rodakowski J**, Skidmore ER, Reynolds III CF, Raina K, Rogers J. Changes in performance of daily activities predicting dementia. Poster presentation at: Annual Department of Psychiatry Research Day, June 5, 2014; Pittsburgh, PA.
50. **Rodakowski J**, Reynolds III CF, Skidmore ER. Can we slow decline to disability? Poster presentation at: Research Day on Aging, March 31, 2015.
51. \*Swafford M, Juengst SB, **Rodakowski J**, Terhorst L, Skidmore ER. Self-awareness and strategy training: implications for recovery after acute stroke. Poster presentation at: University of Pittsburgh Medical Center Rehabilitation Institute Research Day, May 20, 2015; Pittsburgh, PA.
52. \*Swafford M, Juengst SB, **Rodakowski J**, Terhorst L, Skidmore ER. Self-awareness and recovery after stroke. Poster Presentation at the Pennsylvania Occupational Therapy Association Annual Conference, October 2015; Scranton, PA.
53. **Rodakowski J**. Can a reduction in depressive symptoms slow decline to dementia for older adults with Mild Cognitive Impairment? Poster Presentation at: Research Day on Aging, March 31, 2016; Pittsburgh, PA.
54. \*Becker A, **Rodakowski J**. Self-selected, activity-based goals chosen by older adults with Mild Cognitive Impairment. Poster Presentation at the UPMC Rehabilitation Institute Research Day, May 18, 2016; Pittsburgh, PA.
55. \*Wu CY, Skidmore E, **Rodakowski J**. Role of depressive symptoms in predicting disability after new medical diagnosis in retirees. Poster session presented at: Sixteenth Annual 2016 Department of Psychiatry Research Day, June 9, 2016; Pittsburgh, PA.
56. \*Fields B, **Rodakowski J**, Beach S. Family caregivers' health literacy is associated with healthcare

communication and navigation of services and supports. Oral presentation at: Cross-Disciplinary Conference on Family and Healthy U, March 28, 2018; Pittsburgh, PA.

57. \*Wu CY, Terhorst L, Karp J, Skidmore ER, **Rodakowski J**. Disability trajectory in older adults with newly diagnosed diabetes mellitus: The role of elevated depressive symptoms. Poster presentation at: 14P<sup>th</sup>P Annual Rehabilitation Institute Research Day; June 13, 2018; Pittsburgh, PA.
58. \*Fields B, **Rodakowski J**. Role of family caregivers' health literacy in predicting healthcare communication and system navigation. Poster presentation at: 14P<sup>th</sup>P Annual Rehabilitation Institute Research Day; June 13, 2018; Pittsburgh, PA.
59. \*Dorris J, **Rodakowski J**. Developing and Assessing a Spatial-Skills-Focused Marimba Program for Older Adults with Cognitive Challenges. Poster presentation at: Rehabilitation Institute Research Day; October 7, 2020; Pittsburgh, PA.
60. \*Dorris J, **Rodakowski J**. Project Unmute: Assessing Feasibility of an Intergenerational Music Program for Older Adults with Declining Cognition. Oral presentation at: 2021 Cross-Disciplinary Conference on Engaging Humanities in Health at the University of Pittsburgh. April 10, 2021; Pittsburgh, PA.

### ***Invited Research Presentations***

#### *National*

1. **Rodakowski J**. Conducting feasibility studies: A funded-study case example. Occupational Therapy Research Summit: Building Bridges in Intervention Research, American Occupational Therapy Association and American Occupational Therapy Foundation. May 21, 2016; Pittsburgh, PA.
2. **Rodakowski J**. Empowering caregivers after stroke. AOTF Intervention Research Grant Recipient Webinar Series. Boston University, Pi Theta Epsilon – Omicron Chapter. May 2, 2017; Webinar.
3. **Rodakowski J**. Tips for reading research articles. Glass Half Full: Occupational Therapy Talk. January 21, 2018; Podcast.
4. **Rodakowski J**. Functional Cognition and Aging, State of the Science Symposium, American Occupational Therapy Association annual conference, April 20, 2018, Salt Lake City, Utah.
5. **Rodakowski J**. Pilot data for an intervention study: What makes sense? Advanced Research Institute by the National Institute of Mental Health, July 21, 2020; (cancelled due to COVID-19 pandemic).
6. Dorris J, **Rodakowski J**. Project Unmute: An Intergenerational Music Program. Milton Academy. April 20 and 27, 2021; webinar.
7. **Rodakowski J**. Assessment and Interventions for Cognitive Decline. OT Digest. June 29, 2021; podcast.

#### *State, Regional*

8. **Rodakowski J**. Slowing the decline to disability for an at-risk population. Geriatric Research, Education and Clinical Center, VA Pittsburgh Healthcare system, December 19, 2014; Pittsburgh, PA.
9. **Rodakowski J**. Individualizing Everyday Activities for Older Adults with Cognitive Impairment. Department of Occupational Therapy, University of Pittsburgh, June 1, 2015; Pittsburgh, PA.
10. **Rodakowski J**. Non-pharmacological interventions for older adults at-risk for dementia. Panther Rehab Rounds: Grand Rounds Lecture Series. University of Pittsburgh, School of Medicine, Department of Physical Medicine & Rehabilitation, February 24, 2016; Pittsburgh, PA.
11. **Rodakowski J**. Where are my keys? Maintaining thinking and memory as we age. Ruth E. Mickle Lecture. Asbury Heights, May 5, 2016; Mount Lebanon, PA.
12. **Rodakowski J**. The State of Caregiving in America: Caregivers of Stroke Survivor. HealthSouth Harmarville, July 19, 2017, Harmarville, PA.
13. **Rodakowski J**. Where are my keys? Changes in thinking and memory as we age. BriTE program, July 17, 2017, Pittsburgh, PA.
14. **Rodakowski J**. Maintaining functional cognition in older adults with Mild Cognitive Impairment. Claude D. Pepper Center Research Series, April 16, 2018, Pittsburgh, PA.
15. \*Fields B, **Rodakowski J**, Beach S. Role of family caregivers' health literacy in predicting healthcare communication and system navigation. Poster presentation at: University of Pittsburgh Annual Occupational Therapy Colloquium, April 5, 2018, Pittsburgh, PA.
16. **Rodakowski J**. Family Caregiving – Lessons Learned from Western Pennsylvania. Oral presentation at: Audiology Proseminar UPMC and University of Pittsburgh, November 2, 2018.

17. **Rodakowski J.** Where are my keys? Development and implementation of evidence related to brain aging. Oral presentation at: The 1787 Society at the University of Pittsburgh, July 8, 2020.
18. **Rodakowski J.** Interpretation of the CARE Act: A case example from Western Pennsylvania. Oral presentation at: Nursing Health Services and Policy Research HUB at the University of Pittsburgh, October 13, 2020.
19. **Rodakowski J.** Disability, Rehab Assessment, and Working with Rehab Specialists. Oral presentation at: University of Pittsburgh Medical Center, Division of Geriatric Psychiatry, January 22, 2021.
20. **Rodakowski J.**, Radomski T, Palmer OM, Culyba A, Feghali M, Tilstra AJ. Lessons learned while being an early career scientist. Clinical and Translational Science Institute, University of Pittsburgh, February 1, 2021.
21. \*Beatty J, \*Bodziony D, \*Lin S, \*Pullman E, \*Whitney S, **Rodakowski J.** Incorporating Sensory-Based Activities in Geropsychiatric Care. Poster presentation at the Pitt OT Colloquium; April 27, 2021; Pittsburgh, PA.
22. **Rodakowski J.** Disability assessment: And, the value of the PASS. Oral presentation for the Geriatric Neuropsychology Research Program; September 30, 2021; Pittsburgh, PA.
23. **Rodakowski J.**, Brach JS. InSplRe: Development, Testing, Effectiveness and Implementation of Rehabilitation Interventions. Oral presentation for the School of Health and Rehabilitation Sciences at the University of Pittsburgh; October 26, 2021; Pittsburgh, PA.
24. **Rodakowski J.** Disability and working with specialists in rehabilitation. Oral presentation at the University of Pittsburgh Medical Center, Division of Geriatric Psychiatry, February 11, 2022.
25. **Rodakowski J.** Disability assessment and Intervention in People with Mild Cognitive Changes. Oral presentation to the Geriatric Medicine Core in the Geriatric Medicine Fellowship Program at UPMC St. Margaret, May 19, 2022.
26. **Rodakowski J.** Interventions and research to support older adults with Mild Cognitive Impairment. Oral presentation to the Alzheimer's Disease Research Center, University of Pittsburgh, March 8, 2023; Pittsburgh, PA.
27. **Rodakowski J.** Design and conduct of clinical research for adults with Mild Cognitive Impairment. Oral presentation to the AI Caring Center; Robotics Institute, Carnegie Mellon University, March 30, 2023; Pittsburgh, PA.
28. **Rodakowski J.** Supporting people living with Mild Cognitive Impairment. Oral presentation to the University of Pittsburgh Medical Center Benedum Geriatric Center, May 23, 2023, Pittsburgh, PA.
29. **Rodakowski J.** Meaningful activities for community-dwelling older adults. Oral presentation to the outpatient group therapy program for depressed older adults, University of Pittsburgh Medical Center, July 13, 2023, Pittsburgh, PA.

## **OTHER RESEARCH RELATED ACTIVITIES**

### ***Journal Refereeing***

- |  |                |
|--|----------------|
| 1. Reviewer, <i>Archives of Physical Medicine &amp; Rehabilitation</i>                         | 2012 – present |
| 2. Reviewer, <i>American Journal of Occupational Therapy</i>                                   | 2013 – present |
| 3. Reviewer, <i>International Journal of Geriatric Psychiatry</i>                              | 2014 – present |
| 4. Reviewer, <i>Alzheimer's &amp; Dementia: Diagnosis, Assessment &amp; Disease Monitoring</i> | 2014 – present |
| 5. Reviewer, <i>OTJR: Occupation, Participation and Health</i>                                 | 2015 – present |
| 6. Reviewer, <i>Journal of the American Geriatrics Society</i>                                 | 2015 – present |
| 7. Reviewer, <i>American Journal of Geriatric Psychiatry</i>                                   | 2016 – present |
| 8. Reviewer, <i>Health Psychology</i>  | 2016 – present |
| 9. Reviewer, <i>The Journal of Clinical Psychiatry</i>   | 2017 – present |
| 10. Associate Editor, <i>OTJR: Occupation, Participation and Health</i>                        | 2018 – 2021    |
| 11. Triage Editor, <i>American Journal of Geriatric Psychiatry</i>                             | 2021 – present |
| 12. Associate Editor, <i>American Journal of Geriatric Psychiatry</i>                          | 2021 – present |

### ***Extramural Grant Reviewing***

- |   |      |
|---|------|
| 1. Scientist Reviewer, Peer Reviewed Alzheimer's Research Program, Congressionally Directed Medical Research Programs | 2016 |
|---|------|

2. Early Career Reviewer at the Center for Scientific Review, National Institutes of Health	2017
3. Scientific Reviewer, The Forbes Fund, The Pittsburgh Foundation	2019
4. Scientific Reviewer, American Occupational Therapy Foundation	2020
5. Scientific Reviewer, American Occupational Therapy Foundation	2021
6. Scientific Reviewer, American Occupational Therapy Foundation	2022
7. Scientific Reviewer, American Occupational Therapy Foundation	2023
8. Scientific Reviewer, American Occupational Therapy Foundation	2024

### ***Intramural Grant Reviewing***

9. Reviewer, Clinical and Translational Science Institute	2015
10. Reviewer, Clinical and Translational Science Institute	2017
11. Reviewer, Pilot Funding Program, Aging Institute of UPMC Senior Services and the University of Pittsburgh	2017
12. Reviewer, Grant review, School of Health and Rehabilitation Science Research Development Fund	2017, 2020, 2022
13. Reviewer, Grant review, Rehabilitation Institute, UPMC and University of Pittsburgh	2019, 2023
14. Reviewer, Clinical and Translational Science Institute	2023

### ***Research Review Committee***

1. Reviewer, Research abstracts, American Occupational Therapy Association Conference	2013 – present
2. Reviewer, Research Day abstracts, University of Pittsburgh Rehabilitation Institute Day	2015 – present
3. Reviewer, Best Emerging Scholar Research Paper, Gerontological Society of America	2015
4. Reviewer, Best Emerging Scholar Research Poster, Gerontological Society of America	2015
5. Reviewer, Summer Institute for Future Scientists, American Occupational Therapy Association, American Occupational Therapy Foundation	2016
6. Reviewer, International Association of Gerontology and Geriatrics International Scientific Abstracts	2016
7. Reviewer, Summer Institute for Future Scientists, American Occupational Therapy Association, American Occupational Therapy Foundation	2017
8. Reviewer, Research abstracts, 6th Occupational Therapy Summit of Scholars	2017
9. Reviewer, Posters, 6 <sup>th</sup> Annual Occupational Therapy Summit of Scholars	2018
10. Reviewer, Posters, Rehabilitation Institute Research Day, University of Pittsburgh and UPMC	2018
11. Reviewer, Annual Conference, American Occupational Therapy Association	2018
12. Reviewer, Posters, Rehabilitation Institute Research Day, University of Pittsburgh and UPMC	2019
13. Reviewer, Mary J. Bridle Award, American Occupational Therapy Foundation	2019

### ***Laboratory Memberships***

#### ***Laboratory Name, Principal Investigators***

1. Center for Capacity Building on Minorities with Disabilities Research; Balcazar F.	2006 – 2009
2. Human Occupation Laboratory; Rogers JC.	2011 – 2015
3. Late-Life Mood Disorders Laboratory; Reynolds CF.	2011 – 2017
4. Cognitive Performance Laboratory; Skidmore ER.	2011 – 2016
5. Prosper in Participation Laboratory; <b>Rodakowski J.</b>	2014 – present

### ***Research Training Continuing Education Attended***

#### ***Competitive Selection***

1. Summer Research Institute on Developing Behavioral Interventions, Johns Hopkins University School of Nursing, Baltimore, MD, June 14-16, 2012.
2. Research Acceleration and Moving Productivity Forward to a K Award: The RAMP to K Program, Institute for Clinical Research Education, School of Medicine, University of Pittsburgh, Pittsburgh, PA, August 2012 to May 2013.



3. Summer Research Institute in Geriatric Mental Health, National Institute of Mental Health, Johns Hopkins University, Baltimore MD, July 21-26, 2013.
4. Advanced Research Institute in Geriatric Mental Health, National Institute of Mental Health, Centers of Health and Aging at Dartmouth College, Tucson, AZ, April 19-22, 2017.
5. Faculty Diversity Research Retreat, University of Pittsburgh, Oglebay, Wheeling, WV, May 5-6, 2017.
6. Advanced Research Institute in Geriatric Mental Health, National Institute of Mental Health, Centers of Health and Aging and Dartmouth College, Annapolis, MD, April 11-14, 2018
7. National Solution-Oriented Working Conference Initiative, Woodcock Institute for the Advancement of Neurocognitive Research and Applied Practice, Houston, Texas, October 18-20, 2018.
8. Training on Optimization of Behavioral and Biobehavioral Interventions, Penn State University, Bethesda, Maryland, May 13-17, 2019.
9. Big Proposal Bootcamp, Office of the Vice Chancellor for Research, University of Pittsburgh, Pittsburgh, PA, January – April 2023.
10. Engaged Scholarship Project Development cohort, Office Community Engagement, University of Pittsburgh, Pittsburgh, PA, January – April 2023.

*Non-Competitive Selection*

11. Illinois Occupational Therapy Association Annual Conference. Illinois Occupational Therapy Association, Springfield, IL. November 2-4, 2007.
12. Cultural Competence in Occupational Therapy. Department of Occupational Therapy. University of Illinois at Chicago, Chicago, IL. December 6, 2008.
13. American Occupational Therapy Association Annual Conference, Houston, TX. April 23-26, 2009.
14. American Occupational Therapy Conference Annual Conference, Orlando, FL. April 29-May 2, 2010.
15. Understanding the Frontal Lobes: Emotional Regulation, Social Intelligence, and Motivation. IBP, Dedham, MA. April 15, 2011.
16. American Congress of Rehabilitation Medicine and the American Society for Neurorehabilitation Annual Conference, Atlanta, GA. October 12-16, 2012.
17. Collaboration and Team Science: Collective Responsibility, Office of Academic and Career Development, University of Pittsburgh, Pittsburgh, PA. October 20, 2011.
18. American Spinal Injury Association Annual Scientific Meeting, Denver, CO. April 19-21, 2012.
19. Post-doctoral Survival Skills Seminar Series, Department of Psychiatry, School of Medicine, University of Pittsburgh, Pittsburgh, PA. August 2012-December 2012.
20. Responsible Conduct of Human Participant Research, Clinical and Translational Science Institute, University of Pittsburgh, Pittsburgh, PA. October 10, 2012.
21. International College of Geriatric Psychoneuropharmacology, Pittsburgh, PA. October 30-November 2, 2013.
22. Pennsylvania Occupational Therapy Association Annual Conference, Pittsburgh, PA. November 8-9, 2013.
23. Gerontological Society of America Annual Scientific Meeting, New Orleans, LA. November 20-24, 2013.
24. American Occupational Therapy Association Annual Conference, Baltimore, MD. April 3-6, 2014.
25. Gerontological Society of America Annual Scientific Meeting, Washington DC. November 4-9, 2014.
26. SPRINGBOARD: Program for New Faculty Investigators, University of Pittsburgh, Pittsburgh, PA. September 2015-May 2016.
27. Occupational Therapy Research Summit: Building Bridges in Intervention Research, American Occupational Therapy Association and American Occupational Therapy Foundation, Pittsburgh, PA. May 20-22, 2016.
28. Gerontological Society of America Annual Scientific Meeting, Boston, MA. November 14-18, 2018.
29. Gerontological Society of America Annual Scientific Meeting, Virtual. November 10-14, 2021.
30. Pennsylvania Occupational Therapy Association Annual Conference, Lancaster, PA. September 30 – October 1, 2022.
31. American Occupational Therapy Association Annual Meeting, Kansas City, KA. April 19-23, 2023.

## TEACHING

### **COURSEWORK**

#### ***Doctor of Occupational Therapy Program – Primary Instructor***

1. ***Course Title: Critical Appraisal of Evidence (OT 2208)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Fall 2017, 45 Doctor in Occupational Therapy Students; Fall 2018, 54 Doctor in Occupational Therapy Students; Fall 2019, 54 Doctor in Occupational Therapy Students; Fall 2020, 57 Doctor of Occupational Therapy Students; Fall 2021, 60 Doctor in Occupational Therapy Students

Contact Hours, Number of Lectures: 32 hours, 16 lectures

Description: Occupational therapy and rehabilitation research and its application to practice, management, and education is explored. Scientific method, hierarchies of evidence, levels of measurement, and interpretation of findings are examined.

2. ***Course Title: Psychosocial/Cognitive Theory and Practice (OT 2210)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2018, 45 Doctor in Occupational Therapy Students; Spring 2019, 54 Doctor in Occupational Therapy Students; Spring 2020, 54 Doctor in Occupational Therapy Students; Spring 2021, 56 Doctor in Occupational Therapy Students; Spring 2022, 60 Doctor of Occupational Therapy Students

Contact Hours, Number of Lectures: 64 hours, 32 lectures

Description: The occupational therapy process for clients with psychosocial and/or cognitive dysfunction is studied in-depth. Theories, principles, assessments, and interventions focus on performance of activities and routines of daily living and participation in society.

3. ***Course Title: Doctoral Experiential Preceptorship / Capstone Project (OT 3208)***

Role: Primary mentor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Fall 2018 – Spring 2020, 5 Doctor in Occupational Therapy Students, Students' names: Jennifer Knowles, Caitlyn McGrane, Janelle Moody, Leanne Tabit, Madeleine Wirth  
Experiential Preceptorship / Capstone Project site: BriTE Wellness Program, Pittsburgh, PA

Fall 2019 – Spring 2021; 5 Doctor in Occupational Therapy Students

Students' names: Julia Beatty, Desiree Bodziony, Sunny Lin, Emily Pullman, Samantha Whitney

Experiential Preceptorship / Capstone Project Site: UPMC Western Psychiatric Hospital, Pittsburgh, PA

#### ***Master of Occupational Therapy Program – Primary Instructor***

1. ***Course Title: Human Movement Analysis (OT 2101)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Fall 2014, 52 Masters in Occupational Therapy students; Fall 2015, 52 Masters in Occupational Therapy students; Fall 2016, 51 Masters in Occupational Therapy Students

Contact Hours, Number of Lectures: 82 hours, 41 lectures

Description: Course examines the biomechanical components of human performance. Functional interrelationships between the musculoskeletal and articular systems are examined for normal and abnormal movement.

2. ***Course Title: Clinical Research for Occupational Therapy (OT 2106)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Summer 2016, 52 Masters in Occupational Therapy students; Summer 2017, 51 Masters in Occupational Therapy students; Fall 2017, 5 Master in Occupational Therapy students; Fall 2018, 1 Master in Occupational Therapy student; Fall 2019, 4 Master in Occupational Therapy students.

Contact Hours, Number of Lectures: 48 hours, 16 lectures

Description: OT and rehabilitation research are examined. Emphasis is on interpreting data-based studies and drawing conclusions about the validity of applying the findings to practice, management, or education. Grounding of OT in evidence-based practices is explored. Scientific method, hierarchies of evidence, levels of measurement, and interpretation of research findings are examined. Ethical considerations surrounding research with human subjects, informed consent, confidentiality, and control groups are also discussed.

3. **Course Title: *Psychosocial/Cognitive Theory and Practice Course (OT 2107)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2018, 5 Masters in Occupational Therapy students, Spring 2019, 1 Master of Occupational Therapy Student; Spring 2020, 4 Masters in Occupational Therapy students

Contact Hours, Number of Lectures: 64 hours, 32 lectures

Description: The occupational therapy (OT) process for clients with psychosocial and/or cognitive dysfunction is studied in-depth. Theories, principles, assessments, and interventions focus on performance of activities and routines of daily living and participation in society. Clinical reasoning skills for making diagnostic judgments and planning interventions are emphasized. Experiential learning is provided in a laboratory setting and reinforced in fieldwork.

**Masters of Health and Rehabilitation Science – Primary Instructor**

1. **Course Title: *Fundamentals of Evidence-Based OT (HRS2510)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Summer 2016, 4 Clinical Science Doctorate Students; Summer 2016, 1 Clinical Science Doctorate Student

Contact Hours, Number of Lectures: 48 hours, 16 lectures

Description: Course focuses on the skills for asking occupational therapy clinical questions, searching for the best evidence to answer questions, and critically appraising the evidence. It emphasizes the research methodologies associated with hierarchies of evidence.

2. **Course Title: *Critical Appraisal of Evidence (OT 2208)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Fall 2018, 5 Master of Science Students in Occupational Therapy; Fall 2019, 5 Master of Science Students in Occupational Therapy; Fall 2020, 8 Master of Science Students in Occupational Therapy

Contact Hours, Number of Lectures: 32 hours, 16 lectures

Description: Occupational therapy and rehabilitation research and its application to practice, management, and education is explored. Scientific method, hierarchies of evidence, levels of measurement, and interpretation of findings are examined.

3. **Course Title: *Psychosocial/Cognitive Theory and Practice (OT 2210)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2018, 5 Master of Science Students in Occupational Therapy; Spring 2019 5 Master of Science Students in Occupational Therapy; Spring 2020, 5 Master of Science Students in Occupational Therapy; Spring 2021, 8 Master of Science Students in Occupational Therapy; Spring 2022, 9 Master of Science Students in Occupational Therapy

Contact Hours, Number of Lectures: 64 hours, 32 lectures

Description: The occupational therapy process for clients with psychosocial and/or cognitive dysfunction is studied in-depth. Theories, principles, assessments, and interventions focus on performance of activities and routines of daily living and participation in society.

4. **Course Title: *Scholarly Project (OT 2251)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Summer 2022 1 Master of Science Student; Spring 2023 1 Master of Science Student; Summer 2023, 1 Master of Science Student

Contact Hours, Number of Lectures: 2 hours per week, 0 lectures

Description: This course provides the student with experience in implementing, analyzing, interpreting, and/or writing elements of an existing research project under the direction of a faculty mentor.

5. **Course Title: *Research Preceptorship 2 (OT 2247)***

Role: Instructor

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2022, 1 Master of Science Student

Contact Hours, Number of Lectures: 2 hours per week, 0 lectures

Description: This course provides a structured experience in an occupational therapy research laboratory under the guidance of a faculty mentor.

***Clinical Science Doctorate in Occupational Therapy – Primary Instructor***

1. **Course Title: *Evidence Interpretation for Implementation (OT 3010)***

*Description:* This course provides a basic understanding of methods to interpret research in the context of evidence-based practice. Content includes critical appraisal and interpretation of descriptive and inferential statistics (including univariate and multivariate parametric and nonparametric tests) that are commonly used in published clinical research studies.

*Contact Hours, Number of Lectures:* 2 hours per week, 16 lectures (16-week term)

*Year(s), Number of Students:* Fall 2020, 7 Clinical Science Doctorate students or Certificate in Implementation Science students; Fall 2021, 13 Clinical Science Doctorate students

2. **Course Title: *Capstone Phase 1 (OT 3600)***

*Description:* Students will design and initiate a project to implement evidence-based knowledge in partnership with stakeholders and an academic mentor to improve occupational therapy outcomes. This phase of the capstone project includes project development and approval, stakeholder engagement, faculty guidance and feedback, project implementation, and data collection.

*Contact Hours, Number of Lectures:* 1 hours per week, 0 lectures

*Year(s), Number of Students:* Summer 2022, 2 Clinical Science Doctorate students; Summer 2023, 1 Clinical Science Doctorate student

3. **Course Title: *Capstone Phase 2 (OT 3700)***

*Description:* Students will complete and analyze the results of their project implementation to demonstrate the synthesis of integrated learnings. This phase of the capstone project includes the delivery of findings through both an oral presentation to and collegial discussion with an audience of academic peers, faculty and professional colleagues, as well as a written defense.

*Contact Hours, Number of Lectures:* 1 hour per week, 0 lectures

*Year(s), Number of Students:* Winter 2022, 1 Clinical Science Doctorate student; spring 2023, 1 Clinical Science Doctorate Student

***Doctor of Philosophy in Rehabilitation Science Program – Primary Instructor***

1. **Course Title: *Specialized Preceptorship, Research (HRS 2594)***

*Description:* 47T Course provides experiential learning in coordinating occupational therapy research, including obtaining IRB approval, getting informed consent, participating in data collection, data analysis, and managing data quality.

- Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Spring 2016, 1 Doctor of Philosophy student; Fall 2020, 1 Doctor of Philosophy student
2. **Course Title: *Directed Readings in Occupational Therapy (HRS 2504)***  
*Description:* This course focuses on research design for evidence in the context of rehabilitation research.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Spring 2021, 1 Doctor of Philosophy student
  3. **Course Title: *Specialized Preceptorship, Education (HRS 2591)***  
*Description:* 47TCourse provides experiential learning in the teaching-learning process applied to entry-level professional education, distance education, client/patient education, consumer education, or knowledge application to clinical settings.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Spring 2017, 1 Doctor of Philosophy student; Spring 2020, 2 Doctor of Philosophy students, Spring 2021, 1 Doctor of Philosophy student
  4. **Course Title: *Independent Study, Research (HRS 2999)***  
*Description:* 47TProvides students an opportunity to explore in depth an area of interest to them. It is the student's responsibility to find a faculty member willing to undertake such a tutorial.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Fall 2016, 1 Doctor of Philosophy student; Summer 2020, 1 Doctor of Philosophy student; Fall 2020, 1 Doctor of Philosophy student
  5. **Course Title: *Dissertation Research PhD Degree (HRS 3001)***  
*Description:* Students will formulate, design, propose, carry out, analyze, interpret, and write up an approved research project, under the direction of a dissertation committee, and the chairperson.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Fall 2017, 1 Doctor of Philosophy student; Spring 2018 1 Doctor of Philosophy student; Spring 2021, 2 Doctor of Philosophy students; Spring 2022, 1 Doctor of Philosophy student

#### ***Undergraduate in Rehabilitation Science – Primary Instructor***

1. **Course Title: *Field Experience (REHSCI 1295)***  
*Description:* Designed to provide an opportunity to work with individuals with disabilities or other health care needs and with agencies and facilities that work with them. Students will identify an area of interest and choose an SHRS contracted field placement site. Students will work with academic advisor to decide with facility and faculty advisor to develop a set of objectives for experience. Students will participate 45 hours per credit hours sought.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (8-week term)  
*Year(s), Number of Students:* Summer 2016, 1 undergraduate student, Fall 2018, 2 undergraduate students
2. **Course Title: *Independent Study (HRS 1099)***  
*Description:* Provides advanced students an opportunity to explore in depth an area of interest to them. It is the student's responsibility to find a faculty member willing to undertake such a tutorial.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Spring 2016, 1 undergraduate student; Fall 2016, 1 undergraduate student
3. **Course Title: *Independent Study (HRS 1299)***  
*Description:* Provides advanced students an opportunity to explore in depth an area of interest to them. It is the student's responsibility to find a faculty member willing to undertake such a tutorial.  
*Contact Hours, Number of Lectures:* 3 hours per week, 0 lectures (16-week term)  
*Year(s), Number of Students:* Spring 2018, 1 undergraduate student

#### ***Miscellaneous Courses – Invited Lecturer***

##### **Department**

1. **Course Title: *Seminar in Occupational Therapy (OT 595)***  
*Role:* Guest Lecturer

*Name, Location of Institution:* College of Applied Health Sciences, University of Illinois at Chicago, Chicago, IL

*Year(s), Number of Students:* Spring 2009, 7 Occupational Therapy Doctoral Students

*Contact Hours, Number of Lectures:* 1.5 hours, 1 lecture

*Description:* A discussion focused on the progression of scholarship between advisor and advisee with research addressing cultural competence and practice application.

2. *Course Title: **Foundations in Occupational Sciences and Occupational Therapy (OT 2100)***

*Role:* Co-Instructor

*Name, Location of Institution:* School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

*Year(s), Number of Students:* Summer 2013, 51 Masters in Occupational Therapy students; Summer 2014, 51 Masters in Occupational Therapy students

*Contact Hours, Number of Lectures:* 14 hours, 7 lectures

*Description:* History, philosophy, science of profession of occupational therapy are introduced. Focus is on changing frames of reference for practice; the roles and functions of occupational therapists, healthcare, wellness, educational settings in which occupational therapists practice and the meaning of occupation and occupational science.

3. *Course Title: **Advanced Theory and Practice (OT 3206)***

*Role:* Guest Lecturer

*Name, Location of Institution:* School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

*Year(s), Number of Students:* Fall 2021, 25 Doctor in Occupational Therapy students; Fall 2022, 20 Doctor and Master of Occupational Therapy students

*Contact Hours, Number of Lectures:* 14 hours, 2 lectures

*Description:* Training and certifying occupational therapy students in the delivery of the Skills<sub>2</sub>Care® program for caregivers of people with dementia.

4. *Course Title: **Psychosocial/Cognitive Theory and Practice (OT 2210)***

*Role:* Guest Lecturer

*Name, Location of Institution:* School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2022, 58 Doctor in Occupational Therapy students

*Contact Hours, Number of Lectures:* 2 hours, 1 lecture

*Description:* Intervention focus on employing the principles of motivational interviewing to support the outcomes of daily activities for clients with psychosocial and/or cognitive dysfunction.

5. *Course Title: **Professional Development Seminar (OT 3209)***

*Role:* Guest Lecturer

*Name, Location of Institution:* School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

*Year(s), Number of Students:* Spring 2022, 58 Doctor in Occupational Therapy students

*Contact Hours, Number of Lectures:* 2 hours, 1 lecture

*Description:* Career path discussions with a focus on diversity of opportunities across the field, including clinical, managerial, research, and teaching roles.

**School of Health and Rehabilitation Sciences**

1. *Course Title: **Case Studies in the Health and Rehabilitation Sciences (HRS 1001)***

*Role:* Guest Lecturer

*Name, Location of Institution:* School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

*Year, Number of Students:* Fall 2021, 60 Undergraduate in Rehabilitation Sciences students; Fall 2022, 60 Undergraduate in Rehabilitation Sciences students; Fall 2023, 60 Undergraduate in Rehabilitation Science students

*Contact Hours, Number of Lectures:* 2 hours, 1 lecture

Description: This interprofessional course will provide a dynamic introduction to the health and rehabilitation professions through case study representations and interactive engagement with faculty and students from the programs being represented each class. Students in the course will gain insight into each of the disciplines in the School of Health and Rehabilitation Sciences and the intersection with medical professions to create effective interdisciplinary healthcare teams.

2. **Course Title: *Introduction to Rehabilitation Science (REHSCI 1225)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year, Number of Students: Fall 2017, 80 Undergraduate in Rehabilitation Sciences Students; Fall 2018, 80 Undergraduate in Rehabilitation Sciences Students

Contact Hours, Number of Lectures: 1 hour, 1 lecture

Description: Lecture focused on productive aging, measures of disability that detect changes in performance of daily activities, and promising non-pharmacological interventions designed to support independence in daily activities for aging adults.

3. **Course Title: *Functional Assessment (HRS 2501)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Fall 2012, 6 Masters in Health and Rehabilitation Sciences with a Concentration in Occupational Therapy Students; Fall 2013, 7 Masters in Health and Rehabilitation Sciences with a Concentration in Occupational Therapy Students

Contact Hours, Number of Lectures: 1.5 hours, 1 lecture

Description: Course focuses on functional assessment from the perspective of body structures and functions, activity and participation as defined by the international classification of functioning, disability, and health of the world health organization. Students may focus on infants, children, adults, or older adults.

4. **Course Title: *Human Performance Analysis (HRS 2502)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2013, 7 Masters in Health and Rehabilitation Sciences with a Concentration in Occupational Therapy Students; Fall 2014, 2 Masters in Health and Rehabilitation Sciences with a Concentration in Occupational Therapy Students

Contact Hours, Number of Lectures: 2 hours, 1 lecture

Description: Course focuses on diagnostic decision-making from the perspective of diagnostic reasoning and the relative validities of various functional (disability) assessment methodologies: self-report, proxy-report, clinical judgment, performance testing.

5. **Course Title: *Geriatric Physical Therapy (PT 2059)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2015, 55 Doctor of Physical Therapy Students

Contact Hours, Number of Lectures: 2 hours, 1 lecture

Description: Course examines issues specific to the geriatric population for rehabilitation as a Physical Therapist. Lecture focused on late-life cognitive impairment and depression.

6. **Course Title: *Core Concepts of Disability and Rehabilitation Science II (HRS 3005)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2016, 5 Doctoral Rehabilitation Sciences Students; Spring 2017 9 Doctoral Rehabilitation Sciences Students; Spring 2018 5 Doctoral Rehabilitation Sciences Students, Spring 2019 5 Doctoral Rehabilitation Sciences Students

Contact Hours, Number of Lectures: 2 hours, 1 lecture

Description: Caregiving as an environmental factor. Lecture focused on application of International Classification of Functioning to Caregiving.

7. **Course Title: *Clinical Preceptorship 1 (OT 2241)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2019, 4 Master of Science in Occupational Therapy

Contact Hours, Number of Lectures: 2 hours, 1 lecture

Description: Caregiving as an environmental factor. Lecture focused on application of International Classification of Functioning to Caregiving.

8. **Course Title: *Interfacing Engineering Technology and Rehabilitation 1 (PT 2556)***

Role: Guest Lecturer

Name, Location of Institution: School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2023, 15 Doctor of Philosophy, Physical Therapy, and Occupational Therapy

Contact Hours, Number of Lectures: 1 hours, 1 lecture

Description: Crafting a scientific aims page: Strategies for success

**University of Pittsburgh**

1. **Course Title: *Biomechanics (HPA 1044)***

Role: Guest Lecturer

Name, Location of Institution: School of Education, University of Pittsburgh, Pittsburgh, PA

Year(s), Number of Students: Spring 2015, 45 Undergraduate Exercise Science Students; Spring 2016, 45 Undergraduate Exercise Science Students; Spring 2017, 45 Undergraduate Exercise Science Students

Contact Hours, Number of Lectures: 4 hours, 2 lectures

Description: Course examines human biomechanics, including kinetics, kinematics, and biomechanics. Lecture focused on application of biomechanics to rehabilitation.

**Other Academic Institutions**

1. **Course Title: *Synthesis III (OT 555)***

Role: Developer of a case study

Name, Location of Institution: College of Applied Health Sciences, University of Illinois at Chicago, Chicago, IL

Year(s), Number of Students: Spring 2009, 30 Master of Occupational Therapy Students

Hours: 20 hours

Description: Developed a case study discussing cultural competence, used in a problem-based learning course offered to students upon completion of Fieldwork.

2. **Course Title: *Psychosocial Aspects of Occupational Therapy (OT 416)***

Role: Guest Lecturer

Name, Location of Institution: College of Applied Health Sciences, University of Illinois at Chicago, Chicago, IL

Year(s), Number of Students: Spring 2009, 30 Master of Occupational Therapy Students

Contact Hours, Number of Lectures: 1.5 hours, 1 lecture

Description: Developed and presented a lecture focused on the role of supportive employment, and the role an occupational therapist can play in supportive employment for clients.

3. **Course Title: *Health Promotion and Wellness (OT 534)***

Role: Guest Lecturer

Name, Location of Institution: USC Chan Division of Occupational Therapy, University of Southern California, Los Angeles, CA

Year(s), Number of Students: Fall 2018, 140 Master of Occupational Therapy Students

Contact Hours, Number of Lectures: 1 hour, 1 lecture



Description: Developed and presented a lecture focused on the functional cognition and promotion of functional cognition across the lifespan.

## **INVITED AND PEER-REVIEWED EDUCATIONAL WORKSHOPS AND LECTURES**

### ***National***

1. Alderden JG, **Rodakowski J.** Gerotech: The future is now. Gerontological Society of America. November 2015; Orlando, FL.
2. **Rodakowski J,** Hwang IT, Dean E, Dunn W. The life and times of a scientist. Summer Institute for Future Scientists in Occupational Therapy. American Occupational Therapy Association and American Occupational Therapy Foundation. May 20, 2016; Pittsburgh, PA.
3. **Rodakowski J.** Alumni Member Spotlight: Juleen Rodakowski. Pi Theta Epsilon. August 2017; Interview.
4. **Rodakowski J,** Proffitt R, Gill S, Dean E. The role of a scientist. Summer Institute for Future Scientists in Occupational Therapy. American Occupational Therapy Association and American Occupational Therapy Foundation. June 7, 2018; Kansas City, MO.
5. **Rodakowski J.** Deciding about the future. Summer Institute for Future Scientists in Occupational Therapy. American Occupational Therapy Association and American Occupational Therapy Foundation. June 18, 2021; virtual.
6. **Rodakowski J.** Occupational Therapy Careers and How and Where Research Fits: An Interactive Panel Session. Summer Institute for Future Scientists in Occupational Therapy. American Occupational Therapy Association and American Occupational Therapy Foundation. April 4, 2022; San Antonio, Texas.

### ***State, Regional***

1. Suarez-Balcazar Y, Shevil E, Barwacz D, Guzman A, **Rodakowski J.** International panel: Perceptions of disability around the world. Panel presentation at: University of Illinois at Chicago Department of Occupational Therapy Scholarship of Practice Colloquium, March 19, 2007; Chicago, IL.
2. Suarez-Balcazar Y, **Rodakowski J.** Development and validation of an instrument to measure cultural competence in occupational therapy. Session presentation at: University of Illinois at Chicago Department of Occupational Therapy Scholarship of Practice Colloquium, September 24, 2007; Chicago, IL.
3. Ciukaj M, Cook P, Nadel D, **Rodakowski J.** Occupational Therapy Abroad: Advanced Clinical Experience at Centro Ann Sullivan del Peru. Session presentation at: University of Illinois at Chicago Department of Occupational Therapy Scholarship of Practice Colloquium, January 26, 2009; Chicago, IL.
4. **Rodakowski J.** Living with Stroke: A New Reality. UPMC Stroke Institute Annual Acute Stroke Management Conference. Panel discussion at: UPMC Stroke Institute, April 11, 2014; Canonsburg, PA.
5. **Rodakowski J.** Performance Assessment of Self-Care Skills training workshop as a functional outcome measure. University of Pittsburgh, July 7, 2014; Pittsburgh, PA.
6. **Rodakowski J.** Depression: Impact of depression on patients. Geriatric Mental Health Mini-Fellowship: A Practical Course in Multidisciplinary Assessment and Management. University of Pittsburgh Medical Center, July 9-11, 2014; Pittsburgh, PA.
7. Chandler L, **Rodakowski J,** Raina K. Pediatric case analyses for the Movement Assessment of Children. Department of Occupational Therapy, University of Pittsburgh, July 11, 2014; Pittsburgh, PA.
8. **Rodakowski J.** Pediatric Developmental Assessment. Department of Occupational Therapy, University of Pittsburgh, September 18, 2015; Pittsburgh, PA.
9. **Rodakowski J,** Solai L, Rosen D, Caring disciplines in aging: Role of each discipline. Geriatric Mental Health Mini-Fellowship: A Practical Course in Multidisciplinary Assessment and Management. University of Pittsburgh Medical Center, October 12-16, 2015; Pittsburgh, PA.
10. **Rodakowski J.** Depression: Impact of depression on patients. Geriatric Mental Health Mini-Fellowship: A Practical Course in Multidisciplinary Assessment and Management. University of Pittsburgh Medical Center, October 12-16, 2015; Pittsburgh, PA.
11. **Rodakowski J.** Conducting feasibility studies: A funded-study case example. Occupational Therapy Research Summit: Building Bridges in Intervention Research, American Occupational Therapy Association and American Occupational Therapy Foundation. May 21, 2016; Pittsburgh, PA.

12. **Rodakowski J.** Depression: Impact of depression on patients. Geriatric Mental Health Mini-Fellowship: A Practical Course in Multidisciplinary Assessment and Management. University of Pittsburgh Medical Center, October 31-November 2, 2016; Pittsburgh, PA.
13. **Rodakowski J**, Golias KW. Strategy Training: An Overview. University of Pittsburgh, Pi Theta Epsilon – Beta Tau Chapter, June 5, 2017; Pittsburgh, PA.
14. **Rodakowski J**, Seth A. Occupational Therapy and The Brain. University of Pittsburgh, Health Sciences Career Exploration Institute, February 21, 2018.
15. **Rodakowski J.** Changes in thinking and memory with aging. Carnegie Mellon University, OSHER Lifelong Learning Institute, May 28, 2020.
16. **Rodakowski J.** Interprofessional Student Board at Pitt Case Conference. University of Pittsburgh, Health Sciences, March 25, 2021.
17. **Rodakowski J.** Skill2Care®: A Program to Support Caregivers of Persons with Dementia. Benedum Geriatric Center UPMC Senior Services, May 12, 2022.

### **ACADEMIC ADVISING**

#### **Academic Advisor, Master of Occupational Therapy Program.**

1. Class of 2018; 4 students

#### **Academic Advisor, Doctor of Occupational Therapy Program.**

2. Class of 2020; 10 students
3. Class of 2021; 5 students
4. Class of 2022; 5 students

### **EDUCATOR SUPERVISION AND MENTORING**

#### **Completed Course Assistant Mentor, Doctor of Occupational Therapy Program.**

1. Spring 2022, 3 students
2. Fall 2022, 1 student
3. Spring 2021, 2 students
4. Fall 2021, 1 student
5. Spring 2022, 2 students

### **RESEARCH AND CAPSTONE SUPERVISION AND MENTORING**

#### ***Current Non-Academic Research Trainees***

*LeaRRn: Learning Health Systems Rehabilitation Research Network*

1. Enriquez C. Cognition's relationship with discharge disposition in acute care at Johns Hopkins Hospital. Chair: **Rodakowski J.** Medical Consultant: Hoyer E. Completed August 2023.

#### ***Current Theses and Dissertations***

##### ***Current MPH Thesis Committees***

2. Bowser S. Evaluation of a dementia caregiver training program. Master of Public Health, Department of Behavioral and Community Health Sciences, University of Pittsburgh. Committee Chair: Steven Albert. Committee members: **Rodakowski J.**
3. Choby E. State of the science on music and Alzheimer's disease. Master of Public Health, Department of Behavioral and Community Health Sciences, University of Pittsburgh. Committee Chair: Andrea Rosso. Committee members: **Rodakowski J**, Shaaban B.

##### ***Current Postdoctoral Committees***

4. Williams, L. Mitigating disparities in vulnerable older adults. Integrated Clinical Research and Geroscience T32 Program (T32 AG021885; Greenspan, PI), School of Medicine, University of Pittsburgh. Primary mentors: Skidmore ER, **Rodakowski J.**

*Current Faculty Committees*

5. Klatt, B. Assistant Professor, Department of Physical Therapy, School of Health and Rehabilitation Science, University of Pittsburgh. Committee members: **Rodakowski J**, Sparto P, Brach J.

***Completed Theses and Dissertations***

*Completed Undergraduate Honors Theses*

1. Meyer J. Environmental Alterations for Individuals with Alzheimer's Disease. Bachelor of Philosophy, Rehabilitation Science, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed Committee Chair: Leslie P. Committee members: **Rodakowski J**, Lundblom EG.

*Completed Clinical Doctoral Capstone Committees (CScD)*

2. Dickson K. Occupational Therapy's Role in Aging. Clinical Science Doctor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2018. Committee Chair: Toto PE. Committee Members: **Rodakowski J**. Sovak M.
3. Phillips A. Musculoskeletal pain and occupational therapy services. Clinical Science Doctor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2020. Committee Chair: Toto PE. Committee members: **Rodakowski J**. Driscoll M.
4. Watters K. Functional Cognition in Inpatient Rehabilitation. Clinical Science Doctor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2022. Committee Chair: **Rodakowski J**. Committee members: Marsico A.
5. Robertson F. Optimizing the continuum of care with the Patient Driven Payment Model. Clinical Science Doctor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2023. Committee Chair: **Rodakowski J**. Committee members: Isenberg A.
6. Punshon S. Application of evidence to treat patients suffering from long-COVID. Clinical Science Doctor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2023. Committee Chair: **Rodakowski J**. Committee member: Isenberg A, Fields B.
7. Harvey I. Evidence implementation for occupational therapy. Clinical Science Doctor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2023. Committee Chair: Stover A. Committee members: **Rodakowski J**.

*Completed Doctoral Dissertation Committees*

8. Wu CY. Emergence of disability in late life. Doctor of Philosophy, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2019. Committee Chair: **Rodakowski J**. Committee Members: Skidmore ER, Karp J, Terhorst L.
9. Peven J. Understanding the relationships between physical activity parameters, frontoparietal network morphology, executive functioning, and blood pressure. Doctor of Philosophy, Department of Clinical-Health Psychology, Center for the Neural Basis of Cognition, University of Pittsburgh. Completed 2020. Committee Chair: Erickson K. Committee members: **Rodakowski J**. Gianaros P. Marsland A. Manuck S.
10. Rouch S. Defining and operationalizing functional cognition. Doctor of Philosophy, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2022. Committee Chair: Leland NE. Committee members: **Rodakowski J**, Terhorst L, Skidmore ER, Gary-Webb T.
11. Dorris J. Music and aging with cognitive impairments. Doctor of Philosophy, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2023. Committee Chair: **Rodakowski J**. Committee members: Raina K. Neeley S. Terhorst L.
12. Chou A. Informal caregiving in stroke. Doctor of Philosophy, Department of Physical Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2023. Committee Chair: Freburger J. Committee members: **Rodakowski J**, Terhorst L, Lutz B, Beach SR.

*Completed Postdoctoral Committees*

13. Fields B. Caregiver inclusion in hospitalizations. Health Policy Institute, School of Medicine, University of Pittsburgh. Completed 2018. Primary Mentor: **Rodakowski J**. Secondary Mentors: James AE, Schulz R, Beach S.

14. Fields B. Caregiver inclusion in hospitalizations. Center for Caregiver Research, Education & Policy, University of Pittsburgh, Center for Health Equity Research & Promotion, VA Pittsburgh. Completed 2019. Primary Mentors: Beach S, Rosland AM. Secondary Mentors: **Rodakowski J**, AE James, Schulz R.
15. Klinedinst T. Intervention specification and operationalization in aging. Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Completed 2020. Committee Chair: **Rodakowski J**.
16. Klinedinst T. Implementation of effective caregiving interventions. Health Policy Institute, School of Public Health, University of Pittsburgh. Committee Chair: Donovan H. Committee members: **Rodakowski J**. Campbell G. Completed 2021.

#### *Completed Faculty Committees*

17. Isenberg, A. Instructor, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh. Committee member: **Rodakowski J**.
18. Connaboy C. Assistant Professor, Assistant Professor in the Department of Sports Medicine and Nutrition, working within the Neuromuscular Research Laboratory and Warrior Human Performance Research Center, School of Health and Rehabilitation Sciences, University of Pittsburgh. Committee members: **Rodakowski J**, Sparto P.

#### **CONTINUING EDUCATION ACTIVITIES RELATED TO TEACHING**

1. Emerging Leaders Development Workshop. American Occupational Therapy Association, Bethesda, MD. January 8-10, 2010.
2. Pitt Postdoc INTRO 2011 Maximizing Your Postdoctoral Success: An Orientation to a Full Academic and Social Life in Pittsburgh, Office of Academic and Career Development, University of Pittsburgh, Pittsburgh, PA. September 15, 2011.
3. What Employers Look For: Comparing Careers in Academia and Industry, Office of Academic and Career Development, University of Pittsburgh, Pittsburgh, PA. November 1, 2011.
4. Professionalism in the Scientific Workplace: How Effective Communication, Intercultural Understanding, and Good Etiquette Can Help to Grow Your Career, Office of Academic and Career Development, University of Pittsburgh, Pittsburgh, PA. December 13, 2011.
5. How's Our World Doing and What Are We Doing About It? Chatham University, Duquesne University, and University of Pittsburgh, Pittsburgh, PA. April 10, 2012.
6. Professional Development. Department of Occupational Therapy, University of Pittsburgh, Pittsburgh, PA. January-June 2014.
7. Evaluating Writing Assignments. Center for Instructional Development and Distance Education, University of Pittsburgh, Pittsburgh, PA. February 12, 2015.
8. Developing a Lesson Plan. Center for Instructional Development and Distance Education, University of Pittsburgh, Pittsburgh, PA. February 27, 2015.
9. Educational Program on Interprofessional Geriatric Mental Health: Planning Meeting, Hartford Foundation and American Association for Geriatric Psychiatry, Washington, DC. March 16, 2016.
10. Getting your message across: Communication strategies. Office of Teaching & Learning, Pittsburgh, PA. February 2, 2017.
11. Physically separate, but personally connected: Finding ways to bridge the distance in distance learning. Transforming the Teaching and Learning Environment Conference, Virtual Conference. February 11, 2021.
12. Skills<sub>2</sub>Care® Training and Certification, Pittsburgh, PA and Virtual, 2019-2021.
13. Entering Mentoring Training Program, Virtual Training. March 18, 2021. School of Health and Rehabilitation Sciences Mentoring Academy.
14. Supervisor Essentials, University of Pittsburgh, Pittsburgh, PA. September – December 2022.

**SERVICE****INTERNATIONAL, NATIONAL, and REGIONAL ORGANIZATIONS*****International Organizations***

<i>Role, Service</i>	<i>Organization</i>	<i>Dates</i>
1. Invited Founding Member	International Health Partners	2005 – 2015
2. Consultant, Centre for Addiction and Mental Health	University of Toronto	2015 – 2017
3. Appointed Expert Panelist, International Delphi survey development for instrumental activities of daily living in people with mild cognitive impairment, School of Applied Health Science, Zurich University	Zurich University of Applied Sciences	2018

***National Organizations***

<i>Role, Service</i>	<i>Organization</i>	<i>Dates</i>
1. Leader, Emerging Leader Development Program	American Occupational Therapy Association	2010 – 2011
2. Appointed Member, Diversity Ad Hoc Committee, American Occupational Therapy Association	American Occupational Therapy Association	2012 – 2013
3. Elected Emerging Scholar Representative, Health Sciences Section Executive Committee, Gerontological Society of America	Gerontological Society of America	2014 – 2016
4. Appointed Faculty, Summer Institute for Future Scientists in Occupational Therapy	American Occupational Therapy Foundation	2016
5. Faculty Mentor, Summer Institute for Future Scientists in Occupational Therapy	American Occupational Therapy Foundation	2018
6. Appointed Member, Research representative to advocate for rehabilitation research to the National Institutes of Health	Disability and rehabilitation research coalition	2018, 2022
7. Appointed Chair, Planning Grant Collective on Aging in Place	American Occupational Therapy Foundation	2019
8. Invited Member, Planning Grant Collective on Functional Cognition	American Occupational Therapy Foundation	2023
9. Elected Committee Member, Health Sciences Awards Review Panel	Gerontological Society of American	2024 – 2026

***Regional Organizations***

<i>Role, Service</i>	<i>Organization</i>	<i>Dates</i>
1. Appointed research advisor, Advisory board member to support the development of the Dementia 360 program	Presbyterian SeniorCare Network	2018
2. Appointed Board member, Advisory board member to guide the development of the program	BRiTE Wellness Program	2018 – 2020
3. Appointed faculty advisor, A night at the museum: Access and Ability	Carnegie Art Museum	2019

**SERVICE TO ACADEMIC COMMUNITY*****University of Pittsburgh***

<i>Role, Service</i>	<i>Dates</i>
1. Appointed Member, Community Research Advisory Board, Center for Health Equity, Graduate School of Public Health, University of Pittsburgh	2013 – 2020
2. Appointed Member, Geriatric Mental Health Fellowship Committee, School of Medicine, University of Pittsburgh	2015 – 2019

3. Appointed Member, Advanced Center in Intervention and Services Research in Late Life Depression Prevention, Department of Psychiatry, School of Medicine, University of Pittsburgh	2015 – 2017
4. Appointed Member, Community PARTners Program, Clinical and Translational Science Institute, University of Pittsburgh, Health Professional Advisory Board	2016 – present
5. Elected Member, Senate Faculty Affairs Committee, Office of the Provost, University of Pittsburgh	2018 – 2020
6. Member, Pitt Dissemination and Implementation Core, Clinical and Translational Science Institute	2019 - 2021
7. Judge, CLARION Interprofessional National Case Competition, Schools of the Health Sciences, University of Pittsburgh	2021
8. Faculty facilitator, Interprofessional Student Board Case Conference, Schools of the Health Sciences, University of Pittsburgh	2021

### **School of Health and Rehabilitation Sciences**

<i>Role, Service</i>	<i>Dates</i>
1. Appointed Member, Academic Integrity Board, School of Health and Rehabilitation Sciences, University of Pittsburgh	2014 – 2022
2. Appointed Member, Promotion and Tenure Taskforce, School of Health and Rehabilitation Sciences, University of Pittsburgh	2019 – 2021
3. Appointed Reviewer, Tenure and promotion committee, School of Health and Rehabilitation Sciences, University of Pittsburgh	2021 – 2022
4. Graduate Faculty Reviewer, Preliminary Examinations for the Doctor of Philosophy program	2020 – present
5. Leadership Team, School of Health and Rehabilitation Sciences	2022 – present
6. Appointed Member, Advisory Committee for Faculty Affairs and Development	2023 – present

### **Department of Occupational Therapy\***

<i>Role, Service</i>	<i>Dates</i>
1. Appointed Reviewer, Master of Occupational Therapy Portfolio Review, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2011 – 2013
2. Appointed Proctor, Examination Proctoring, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2011 – 2014
3. Appointed Facilitator, Laboratory Instructor, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2011 – 2014
4. Appointed Facilitator, Doctor of Philosophy Rehabilitation Science Journal Club, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2012 – 2014
5. Appointed Member, Accreditation Committee, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2013 – 2014
6. Appointed Coordinator, Faculty Development Series, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2015 – 2018
7. Appointed Faculty Member, Admissions Committee, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2015 – 2021
8. Member, Department Scientific Review Committee, Department of Occupational Therapy, University of Pittsburgh	2015 – present
9. Appointed Faculty Member, Clinical Doctorate Curriculum Development Committee, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2015 – 2017
10. Appointed Member, Accreditation Committee, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh	2015 – present

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| 11. Appointed Faculty Advisor, Pi Theta Epsilon – Beta Tau Chapter University of Pittsburgh, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh | 2016 – 2021    |
| 12. Appointed Faculty Member, Recruitment Events/Activities (Open House), Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh                    | 2016 – present |
| 13. Appointed Member, Research space advocate for Bridgeside Point Space Committee, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh          | 2017– 2019     |
| 14. Member, Doctor of Occupational Therapy curriculum committee, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh                             | 2017 - present |
| 15. Appointed Committee Chair, Pitt OT Colloquium, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh   | 2017– 2020     |
| 16. Appointed Committee Member, Clinical Science Doctorate Admissions Committee, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh             | 2020 – present |
| 17. Appointed Co-Chair, Occupational Therapy Awards Committee, Department of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Pittsburgh                               | 2021 – 2023    |
| 18. Appointed Chair, Faculty Search Committee, Senior Faculty Position  | 2022           |
| 19. Department Liaison, Occupational Therapy Advisory Committee on Diversity, Equity, and Inclusion   | 2022 - present |
| 20. Appointed Facilitator, Doctor of Philosophy Rehabilitation Science Journal Club, Department of Occupational Therapy, School of Health and Rehabilitation Services, University of Pittsburgh         | 2023           |

\*Note. Not noted are department service activities 6/2022 to present, as they are subsumed in Department Chair role.