CURRICULUM VITAE

BIOGRAPHICAL INFORMATION

Name:	Laura J. Dietz		
Business Address:	University of Pittsburgh School of Health & Rehabilitation Sciences Clinical Rehabilitation & Mental Health Counseling 5044 Forbes Tower Pittsburgh, PA 15213	Email: Telephone:	laura.dietz@pitt.edu (412) 383-3466

EDUCATION and TRAINING

UNDERGRADUATE:

08/1987 – 06/1991	College of the Holy Cross, Worcester, MA	A.B	Psychology

GRADUATE:

08/1996 – 04/2004	University of Pittsburgh, Pittsburgh, PA	Ph.D.	Clinical/ Developmental Psychology

POSTGRADUATE:

07/2003 – 06/2004	Children's Memorial Hospital, Chicago, IL Karen Gouze, Ph.,D.	Internship
08/2004 – 07/2007	University of Pittsburgh, Pittsburgh, PA David A. Brent, M.D.	Postdoctoral Fellowship

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APPOINTMENTS and POSITIONS

ACADEMIC:

01/2019 – present	University of Pittsburgh, Pittsburgh, PA	Associate Professor of Clinical Rehabilitation & Mental Health Counseling
9/2015 – 12/2018	University of Pittsburgh at Johnstown, Johnstown, PA	Assistant Professor of Psychology
10/2008 – 8/2015	University of Pittsburgh, Pittsburgh, PA	Assistant Professor of Psychiatry & Psychology
07/2007 – 09/2008	University of Pittsburgh, Pittsburgh, PA	Instructor of Psychiatry

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CERTIFICATION and LICENSURE

PROFESSIONAL LICENSURE:

Psychologist/ Commonwealth of Pennsylvania	2009 -- present

MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

Association for the Advancement of Cognitive and Behavioral Therapy	(2005 – present)
International Society for Interpersonal Psychotherapy	(2005 – present)
American Counseling Association (ACA)	(2019 –present)
Pennsylvania Psychological Association	(2004 – present)
Pennsylvania Counseling Association	(2020 -- present)

HONORS

Student Travel Award, University of Pittsburgh	1999 -- 2002
Early Career Scientist Fellow, Summer Research Institute on Child Intervention, Prevention, and Mental Health Services (MH68367, Neal Ryan, PI)	2005
Clinical Scholars Program, Pittsburgh Mind Body Center (HL076852, Karen Matthews, PI) , University of Pittsburgh School of Medicine	2007
Research Fellow, Summer Research Institute on Health Behavior Interventions and Chronic Disease, (HL071085, Karen Matthews, PI), University of Pittsburgh School of Medicine	2007
Research Fellow, Summer Research Institute on Health Behavior Interventions and Chronic Disease, (HL071085, Karen Matthews, PI), University of Pittsburgh School of Medicine	2008

PUBLICATIONS

Refereed articles

1. Zeanah, C.H., Danis, B., Hirshberg, L. & **Dietz, L**. (1995). Initial adaptation in mothers and fathers following perinatal loss. *Infant Mental Health Journal*, 16(2), 135-142.
2. Napiorkowski, B., Lester, B., Freier, M.C., Brunner, S., **Dietz, L.**, Nadra, A., & Oh, W. (1996). Effects of in-utero substance abuse on infant neurobehavior. *Pediatrics,* 98(1), 71-75.
3. **Dietz, L.J.**, Jennings, K.D., & Abrew, A.J. (2005*). Social* skill in noncompliance strategies of toddlers with depressed and nondepressed mothers. *The Journal of Genetic Psychology,* 166(1), 94-116.
4. **Dietz, L.J.**, Birmaher, B., Williamson, D.E., Silk, J.S., Dahl, R.E., Axelson, D.A., Ehman, M., & Ryan, N.D (2008). Mother-Child Interactions in Depressed Children and Children at High Risk and Low Risk for Future Depression, *Journal of the American Academy of Child and Adolescent Psychiatry,47(5),* 574-582.
5. **Dietz, L.J.,** Mufson, L., Irvine, H., & Brent, D.A. (2008) Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: An Open Treatment Trial, *Early Intervention in Psychiatry,* 2, 154-161.

6. **Dietz, L.J.,** Jennings, K.D., Kelly, S.A., & Marshal, M. (2009) Maternal Depression, Family Risk Factors, and Toddlers' Behavior Problems, *Journal of Clinical Child and Adolescent Psychology,* 38(1), 48-61.
7. Silk, J. S., Ziegler, M., Whalen, D., Dahl, R. E., Ryan, N. D., **Dietz, L. J.,** Birmaher, B., Axelson, D. A., &, Williamson, D. (2009). Expressed emotion in mothers of currently depressed, remitted, high-risk and low-risk youth: Links to child depression status and longitudinal course. *Journal of Clinical Child and Adolescent Psychology,* 38(1), 36-47.
8. Wroble-Biglan, M.C., **Dietz, L.J.**, & Pienkosky, T.V. (2009). Prediction of Infant Temperament from Physiological and Self-Report Measures of Maternal Stress During and After Pregnancy, *Journal of Reproductive & Infant Psychology,* 27, 374–389.
9. **Dietz, L.J.**, & Matthews, K.A. (2011). Depressive Symptoms and Subclinical Markers of Cardiovascular Disease in Adolescents. *Journal of Adolescent Health*, 48, 579-84.
10. Marshal, M.P., **Dietz, L.J.,** Friedman, M.S., Stall, R., Smith, H.A., McGinley, J., Thoma, B.C., Murray, P.J., D'Augelli, A., & Brent, D.A. (2011). Suicidality and Depression Disparities between Sexual Minority and Heterosexual Youth: A Meta-Analytic Review. *Journal of Adolescent Health*, 49, 115-23.
11. McMakin DL, Olino TM, Porta G, **Dietz LJ**, Emslie G, Clark GN, Wagner K, Asarnow JR, Ryan ND, Birmaher B, Mayes T, Kennard B, Spirito A, Keller M, Lynch, FL, Dickerson, JF, Brent DA (2012). Anhedonia predicts poorer recovery among youth with SSRI treatment resistant depression. *Journal of the American Academy of Child and Adolescent Psychiatry,* 51, 404-411.
12. **Dietz, L.J**., Stoyak, S., Melham, N., Porta, G., Matthews, K.A., Walker, M., & Brent, D.A. (2013) Cortisol Response to Social Stress in Parentally Bereaved Youth. *Biological Psychiatry,* 73, 295-388.
13. Weinberg, R., **Dietz, L.J**., Stoyak, S., Melham, N., Porta, G., Walker, M., & Brent, D.A. (2013) A prospective study of bereavement, caregiver depression, and body mass index. *The Journal of Clinical Psychiatry*, 74, 834-840.
14. **Dietz, L.J.,** Marshal, M.P., Burton, C.B., Bridge, J.A., Birmaher, B., Kolko, D., Duffy, J.N., and Brent, D.A. (2014). Social problem solving among depressed adolescents is enhanced by structured psychotherapies. *Journal of Clinical and Consulting Psychology*, 82, 202-211.
15. **Dietz L.J.**, Weinberg R.J., Brent D.A., Mufson L., Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Examining Efficacy and Potential Treatment Mechanisms (2015) *Journal of the American Academy of Child & Adolescent Psychiatry*, 54(3):191-9. doi: 10.1016/j.jaac.2014.
16. Shomaker, L.B., Tanofsky-Kraff, M., Matherne, C.A., Mehari, R.D., Olson, C.H., Marwitz, S.E., Bakalar, J.L., Ranzenhofer, L.M, Kelly, N.R., Schvey, N.A., Cassidy, O.L., Brady, S.,M., **Dietz, L.J**., Wilfey, J.A., Yanovski, S.Z., & Yanovski, J.A. (2017) A Randomized, Comparative Pilot Trial of Family-Based Interpersonal Psychotherapy for Reducing Psychosocial Symptoms, Disordered-eating, and Excess Weight Gain in At-Risk Preadolescents with Loss-of-control-eating. *International Journal of Eating Disorders*, 50, 1084-1094.
17. **Dietz, L.J.,** Pham, S., Melhem, N., Porta, G., & Brent, D.A. (2018). Blood pressure recovery to social stress in parentally bereaved and non-bereaved youths. *Journal of Psychosomatic Research*, 113, 58-65.
18. **Dietz, L.J.** (2020). Family Based Interpersonal Psychotherapy (FB-IPT): Early Intervention for Preadolescent Depression. *American Journal of Psychotherapy,* 73(1):22-28. doi:10.1176/appi.psychotherapy.20190028

Reviews, invited published papers, proceedings of conference and symposia, monographs, books, and book chapters

1. Jennings, K.D. & **Dietz, L.J**. (2002). Mastery motivation and goal persistence in young children. In M. Borenstein (Ed.), *Well-Being: Positive Development Across the Lifespan.* New York: Lawrence Erlbaum.

2. Jennings, K.D. & **Dietz, L.J**. (2006). Stress of Parenting. In G. Fink (Ed.), *Encyclopedia of Stress, 2nd Edition*. San Diego: Elsevier, Inc.
3. Marshal, M. P., Goldbach, J. T., McCauley, H. L, Shultz, M. L., **Dietz, L. J.,** Montano, G. T., & D'Augelli, A. R. (2014). Gay-related stress and suicide risk: Articulating three mediated pathways that increase risk for suicidality among sexual minority youth. In D. A. Lamis & N. J. Kaslow (Eds.), *Advancing the science of suicidal behavior: Understanding and intervention.* Hauppauge, NY: Nova Science Publishers.
4. **Dietz, L.J**. (2017). Identifying moderators of change at the interface of RCT research and systematic case studies. In Fishman, D.B., Messer, S.B., Edwards, D.J.A., & Dattilio, F.M. (Eds.). *Case studies within psychotherapy trials: Expanding the gold standard.* New York: Oxford University Press.
5. **Dietz, L.J.** (2017) Family based interventions for childhood depression. *Journal of the American Academy of Child and Adolescent Psychiatry,* 56(6), 464–465.
6. **Dietz, L.J.**, Weinberg, R.B., & Mufson, L. (2018) *Programs that Work: Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents*. New York: Oxford University Press.
7. **Dietz, L.J**., Amole, M.C., & Silk, J.S. (2018) Depressive Disorders in Children and Adolescents. In T.H. Ollendick, S.W., White, & B.C. White (Eds), *Oxford Handbook of Clinical Child and Adolescent Psychology*. New York: Oxford University Press.

Published Abstracts

1. Masakowski, Y.R., **Dietz, L.J**., Carmichael, T., LaRosa, P.A., Brazelton, T.B., & Lester, B.M. (1996), Pediatric Research, 19:605-605. DOI: 10.1016/S0163-6383(96)90659-1.

Conference Presentations (peer reviewed)

1. **Dietz, L.J.** (2019, November) Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents. Workshop presented at the International Society for Interpersonal Psychotherapy conference. Budapest, Hungary.
2. **Dietz, L.J**. (2019, November) Interpersonal Psychotherapy and an intergenerational continuum of care in the treatment of depression in youth. Plenary talk for the International Society for Interpersonal Psychotherapy conference. Budapest, Hungary.
3. **Dietz, L.J**., Mufson, L., von Lucadou, A., & Robinson, E. (2019, November) Managing Interpersonal Relationships in the Digital Age: IPT with Children and Adolescents. Mini-workshop presented at the International Society for Interpersonal Psychotherapy conference. Budapest, Hungary.
4. Sakolsky, D.& **Dietz, L.J.** (2019, May) Little Kids, Big Problems: Anxiety & Depressive Disorders in Children. Mini-workshop presented at the annual Services for Teens at Risk (STAR) Conference. Pittsburgh, PA.
5. **Dietz, L.J**, Weinberg, R.B., & Mufson, L. (2018, May) Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents. Mini-workshop presented at the annual Services for Teens at Risk (STAR) Conference. Pittsburgh, PA.
6. Mufson, L., Young, J.F., **Dietz, L.J.**, & Anderson, G. (2018, May) Everything that you wanted to know about Interpersonal Psychotherapy for Children and Adolescents but Didn't Have the Chance to Ask. Workshop presented at the annual meeting of the American Psychiatric Association. New York, NY.
7. **Dietz, L.J**, Weinberg, R.B., & Mufson, L. (2017, June) Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents. Mini-workshop presented at the bi-annual meeting of the International Society for Interpersonal Psychotherapy (ISIPT). Toronto, Canada.
8. Isovitsch Parks, S.L, & **Dietz, L.J.** (2017, June) Incorporating Professional Experience into Teaching. Paper to be presented at the annual meeting of the American Society for Engineering Education (ASEE). Columbus, OH.
9. **Dietz, L.J**, Weinberg, R.B., & Mufson, L. (2016, October) Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Developmental Adaptations to

Interpersonal Psychotherapy for Depressed Adolescents. Paper presented as part of a clinical training symposium at the annual meeting of the American Academy of Child and Adolescent Psychiatry. New York, NY.

10. Shomaker, L.B., Tanofsky-Kraff, M., Mehari, R.D., Marwitz, S.E., Schvey, N.A., Bakalar, J.L., Kelly, N.R., Cassidy, O.L., Yanovski, S., Matherne, C.A., **Dietz, L.J.**, Wilfey, J.A., & Yanovski, J.A. (2016, October) A randomized controlled pilot trial of Family Based Interpersonal Psychotherapy (FB-IPT) for reducing weight gain in preadolescents with loss of control (LOC) eating. Poster presented at the annual meeting of the Eating Disorders Research Society. New York, NY.
11. **Dietz, L.J.**, Weinberg, R.B., Brent, D.A., & Mufson, L. (2015, October) Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Examining efficacy and potential treatment mechanisms. Paper presented as part of symposium for the American Academy of Child and Adolescent Psychiatry. San Antonio, TX.
12. Davis, S., Silk, J. S., **Dietz, L. J.**, McMakin, D. L., Dahl, R. E., & Ryan, N. D. (2015, April). Should I be worried about ruminating? Exploring the comorbidity between pediatric anxiety and depression. Poster presented at the Anxiety Disorders Association of America Annual Conference, Miami, FL.
13. Davis, S., Silk, J. S., **Dietz, L. J**., McMakin, D. L., Dahl, R. E., & Ryan, N. D. (2014, October). Differences in global and discrete emotions among anxious and depressed youth: An ecological momentary assessment study. Poster presented at the 2014 Neuroscience for Youth Depression Conference, Chapel Hill, NC.
14. **Dietz, L.J.**, Weinberg, R.B., Brent, D.A., & Mufson, L. (2014, June) Family-Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Examining efficacy and potential treatment mechanisms. Paper presented as part of symposium for the International Society for Interpersonal Psychotherapy (ISIPT), University College of London. London, United Kingdom.
15. **Dietz, L.J.**, Mufson, L, & Weinberg, R.B. (2013, October) Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Treatment Development and Results from a Preliminary Randomized Controlled Trial. Paper presented as part of a symposium for the annual meeting of the American Academy of Child and Adolescent Psychiatry, Orlando, FL.
16. **Dietz, L.J.**, Mufson, L, & Weinberg, R.B. (2013, June) Preliminary Efficacy of Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents. Paper presented as part of symposium for the International Society for Interpersonal Psychotherapy (ISIPT), Iowa City, Iowa.
17. **Dietz, L.J.**, Stoyak, S., Melham, N., Porta, G., Matthews, K.A., Walker-Payne, M., & Brent, D.A. (2012, October) Increased Cortisol Response to Social Stress in Parentally Bereaved Youth. Paper presented as part of symposium for the annual meeting of the American Academy of Child and Adolescent Psychiatry. San Francisco, CA.
18. **Dietz, L.J.**, Mufson, L., Nichols, S.A., & Weinberg, R.B (2011, November). Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Preliminary Treatment Outcomes, poster submission for the annual meeting of the Association of Behavioral and Cognitive Therapy (ABCT). Philadelphia, PA.
19. **Dietz, L.J.**, Mufson, L., Irvine, H., & Brent, D.A. (2010, October). Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents: Treatment Development and Open Clinical Trial. Paper presented as part of symposium for the annual meeting of the American Academy of Child and Adolescent Psychiatry. New York, NY.
20. **Dietz, L.J.**, Mufson, L., Irvine, H., & Brent, D.A. (2009, August). Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents. Paper presented at the International Society for Interpersonal Psychotherapy (ISIPT). Toronto, Canada.
21. **Dietz, L.J.**, & Jennings, K.D. (2004, June). Associations between Maternal Depression, Paternal Psychopathology and Toddlers' Behavior Problems. Poster presented at the International Conference for Infant Studies, Chicago, Illinois.

22. **Dietz, L.J**., & Jennings, K.D. (2003, April). Family Influences on Toddlers' Behavior Problems/ Self-Regulation: Maternal Depression, Paternal Psychopathology and Marital Conflict. Poster presented at the Society for Research in Child Development, Tampa, Florida.
23. **Dietz, L.J**., & Jennings, K.D. (2002, July). The Effects of Maternal Depression on Toddlers' Self-Assertion Between 19 and 26 months of age. Poster presented at the International Conference of Infant Studies, Toronto, Canada.
24. **Dietz, L.J**., Stagg, V. & Cowell, V. (2001, May). Cognitive and Behavioral Profiles of Behavior Disordered Preschoolers. Paper presented at the Pennsylvania Psychological Association, Pittsburgh, Pennsylvania.
25. **Dietz, L.J**., & Jennings, K.D. (2001, April). Developmental Change and Stability in Young Toddlers' Self-Assertive Strategies and Social Competence in Noncompliance. Poster presented at the Society for Research in Child Development, Minneapolis, Minnesota.
26. **Dietz, L.J**., Abrew, A.J., & Jennings, K.D. (2000, June) Self-Assertion in Toddlers of Depressed and Nondepressed Mothers. Poster presented at the International Conference of Infant Studies, Brighton, United Kingdom.
27. **Dietz, L.J**., Abrew, A.J., & Jennings, K.D. (2000, June). Self-Assertion in Toddlers of Depressed and Nondepressed Mothers. Poster presented at Annual Meeting of Greater Pittsburgh Psychological Association, Pittsburgh, Pennsylvania.
28. **Dietz, L.J**., Dran, A. & Jennings, K. (1999, April). Self-assertion in Toddlers of Depressed and Nondepressed Mothers. Presented at the Society for Research in Child Development, Albuquerque, New Mexico.
29. **Dietz, L.J**. & Hungerford, A., Yaggi, K. & Jennings, K. (1999, April). Toddlers' Self-Concept Development and their Understanding of Others as Independent Agents. Presented at the Society for Research in Child Development, Albuquerque, New Mexico.
30. Masakowski, Y.R., **Dietz, L.J**., Carmichael, T., LaRosa, P.A., Brazelton, T.B, and Lester, B.M. (1996, June). The Effects of In Utero Substance Exposure on Fetal Reactivity. Presented at the International Conference on Infant Studies, Providence, Rhode Island.
31. Masakowski, Y.R., **Dietz, L.J**., Carmichael, T., LaRosa, P.A., Brazelton, T.B. and Lester, B.M. (1996, April). The Effects of In Utero Substance Exposure on Fetal Reactivity. Presented at the Society for Pediatric Research, Washington, D.C.
32. Napiorkowski, B., Freier, M.C., Brunner, S., **Dietz, L**., Nadra, A., and Lester, B. (1994, June). Effects of In Utero Substance Exposure on the NICU Network Neurobehavioral Scale. Presented at Society for Pediatric Research, Seattle, Washington.

Student Conference Presentations (peer reviewed)

1. Maromonte, N., Salisbury, J., & **Dietz, L.J**. (March 2019). Family Factors Related to Stress and Substance Use in First-Generation and Continuing Generation College Students. Eastern Psychological Association, New York, NY.
2. Bollman, A., Salisbury, J., Maromonte, N., & **Dietz, L.J**. (2018, April) Substance use and expectations for substance use in first-generation and continuing-generation students. Poster presented at the annual meeting of the Laurel Highlands Undergraduate Psychology Conference. Johnstown, PA.
3. Bollman, A., Salisbury, J., Maromonte, N., & **Dietz, L.J**. (2018, April) Substance use and expectations for substance use in first-generation and continuing-generation students. Poster presented at the HealthyU Symposium at the University of Pittsburgh at Johnstown. Johnstown, PA
4. Burket, S.D., Clements, E.E., & **Dietz, L.J**. (2018, April) Stress and sleep disturbances in first- and continuing-generation college students. Poster presented at the HealthyU Symposium at the University of Pittsburgh at Johnstown. Johnstown, PA
5. Bollman, A., Salisbury, J., Maromonte, N., & **Dietz, L.J**. (2018, April) Substance use and expectations for substance use in first-generation and continuing-generation students. Poster

presented at the annual meeting of the University of Pittsburgh at Johnstown SPACE Conference. Johnstown, PA

6. Bollman, A., Farrow, A., & **Dietz, L.J**. (2018, March) Substance use and expectations for substance use in first-generation and continuing-generation students. Poster presented at the annual meeting of the Eastern Psychological Association. Philadelphia, PA
7. Burket, S.D., Clements, E.E., & **Dietz, L.J**. (2018, March) Stress and sleep disturbances in first- and continuing-generation college students. Poster presented at the annual meeting of the Eastern Psychological Association. Philadelphia, PA
8. Farrow, A. & **Dietz, L.J** (2017, March) Health risk behavior and sensation seeking in first-generation and continuing generation college students. Poster presented at the annual meeting of the Eastern Psychological Association. Boston, MA.
9. Farrow, A. & **Dietz, L.J** (2017, April) Health risk behavior and sensation seeking in first-generation and continuing generation college students. Poster presented at the annual meeting of the University of Pittsburgh at Johnstown SPACE Conference. Johnstown, PA.
10. Farrow, A. & **Dietz, L.J** (2017, April) Health risk behavior and sensation seeking in first-generation and continuing generation college students. Paper presented at the annual meeting of the Laurel Highlands Undergraduate Psychology Conference. Johnstown, PA.
11. Burket, S.D., Clements, E.E., & **Dietz, L.J**. (2017, April) Stress and sleep disturbances in first- and continuing-generation college students. Poster presented at the annual meeting of the Laurel Highlands Undergraduate Psychology Conference. Johnstown, PA.
12. Burket, S.D., Clements, E.E., & **Dietz, L.J**. (2017, April) Stress and sleep disturbances in first- and continuing-generation college students. Poster presented at the annual meeting of the University of Pittsburgh at Johnstown SPACE Conference. Johnstown, PA.
13. Rizzutti, V.R. & **Dietz, L.J.** (2016, April) Father-child interactions in depressed children and in children at high- and low-risk for future depression. Poster presented at the Laurel Highlands Undergraduate Psychology Conference. Greensburg, PA.
14. Rizzutti, V.R. & **Dietz, L.J.** (2016, April) Father-child interactions in depressed children and in children at high- and low-risk for future depression. Poster presented at University of Pittsburgh at Johnstown SPACE Conference. Johnstown, PA.
15. Rizzutti,V.R. & **Dietz, L.J.** (2016, April) Stress, health, and perceived social support in first-generation and continuing-generation college students. Poster presented at University of Pittsburgh at Johnstown SPACE Conference. Johnstown, PA.

PROFESSIONAL ACTIVITIES

TEACHING:

Courses

Associate Professor, (January 2019 - present) University of Pittsburgh, School of Health & Rehabilitation Sciences, Clinical Rehabilitation & Mental Health Counseling Program. Instructor for Family & Couples Counseling and Diagnosis & Treatment of Cognitive and Mental Health Disabilities courses. Supervise 10-12 graduate students in professional development, practicum/ internship, and preparation for Capstone Exam.

Assistant Professor, (Sept 2015- Dec 2018) University of Pittsburgh at Johnstown, Department of Psychology. Instructor for Introduction to Psychology, Psychopathology, Models of Psychotherapy, Child Development, Tests & Measurement, and Advanced Seminar in Child Psychopathology courses. Supervise 3-7 undergraduates in directed research per semester.

Adjunct Faculty, (2009 -- present) University of Pittsburgh, Department of Psychology. Provide supervision and didactics in child and family treatment models for clinical psychology graduate students conducting therapy for in-house clinical practicum.

Instructor (Fall, 2004), Chatham College, Department of Psychology in Education. Instructor for graduate course in Child Development. Lectured on developmental theory, research on developmental tasks across the lifespan.

Instructor (Spring, 2003), Chatham College, Department of Psychology. Instructor for graduate course in Statistics and Research Design. Lectured on methods of qualitative and quantitative research, and statistics commonly used in psychological research. Assisted graduate students with independent research design and computer-based statistical exercises.

Teaching Fellow (2000), University of Pittsburgh, Department of Psychology. Instructor for Laboratory section of Research Methods course. Lectured on research design, statistics and writing for empirical studies. Facilitated exercises to demonstrate different methods of data collection and analysis. Provided extensive feedback to undergraduates on scientific writing.

Teaching Fellow (Spring 2000, Spring 2001), University of Pittsburgh, Department of Psychology. Co-taught Introduction to Psychotherapy course. Lectured on primary clinical skills, conceptualizing and diagnosing clinical problems, and structuring initial sessions. Provided feedback to first and second year graduate students in clinical psychology program on interviewing and clinical skills.

Research Mentoring

- Supervise directed research project of Samuel Stoyak, medical student, "Cortisol Response to Social Stress in Parentally Bereaved Youth," May 2011-2012.
- Supervise directed research project of Steven Pham, medical student, "Blood pressure reactivity to social stress in parentally bereaved offspring," May 2013- 2017.
- Supervise directed research project of Victoria Rizzutti, UPJ undergraduate, "Father-child interactions in depressed youth and youth at low and high risk for depression," September 2015- April 2016.
- Supervise directed research project of Aubrey Farrow, UPJ undergraduate, "Father-child interactions in depressed youth and youth at low and high risk for depression," January 2016- April 2017.

Academic Advising

- Department of Psychology, Committee member, Graduate student Comprehenisve Exam committee, Stephanie Davis, M.S. – 5th year doctoral student, July 2013.
- Department of Psychology, Committee member, Graduate student Dissertation committee, Stephanie Davis – 6th year doctoral student, July 2014.

CLINICAL:

Licensed Clinical Psychologist in Private Practice (part-time) (January 2015- present, 6-12 hours per week)

- Evaluate and diagnoses psychological disorders in child, adolescent, and adult clients
- Provide individual or family based interventions to address client's symptoms and improve functioning
- Collaborate with other health professionals and schools to coordinate care for child and adolescent clients
- Provide referrals to other professionals as neeeded

Clinical Supervision

- Western Psychiatric Institute & Clinic, Psychology Internship Program: provide clinical supervision in empirically supported therapies to psychology interns on their longitudinal cases (2 hrs/ weekly; September 2014- August 2015)
- University of Pittsburgh Medical Center, Services for Teens at Risk (STAR) Center: provide clinical supervision to masters' level clinicians for licensure (2 hrs/ weekly; January 2010- August 2014)

Clinical Trainings

- University of Pittsburgh School of Medicine, faculty facilitator for lectures on depression and suicide for 1st year medical students (May 2014).
- WPIC Resident Workshop, Grief: It's complicated. Let's Talk. Invited faculty member (November 2014).
- Conduct a 2-day training for psychologists and counselors at the Anna Freud Centre in London, UK (in affiliation with University College of London) in FB-IPT in June 2016. The training involved lecture, demonstration of clinical techniques, and supervision of participants role-playing these techniques.

University Pittsburgh Physicians, Clinical Psychologist: Department of Psychiatry, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania. January 2015 -- present.

Co-director, Center for Advanced Psychotherapy (CAP): Department of Psychiatry, Western Psychiatric Institute & Clinic, Pittsburgh, Pennsylvania. January 2015-August 2015.
Duties: Provide individual and group supervision in empirically supported treatments for children and adults to medical residents, postdoctoral psychologists, psychology interns, and/or clinical psychology graduate students. Provide oupatient child and adolescent psychotherapy to youth with primary diagnoses of depression or anxiety.

Licensed Clinical Psychologist: Department of Psychiatry, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania. March 2009 – August 2015.
Duties: Provide outpatient child and family-based psychotherapy to youth with primary diagnoses of depression and anxiety through the Services for Teens at Risk (STAR) Center. Supervise postdoctoral-level clinical psychologists in providing Family Based Interpersonal Psychotherapy (FB-IPT) and supportive therapy for randomized controlled trial.

Postdoctoral Fellow: Department of Psychiatry, Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania. August 2004 – February 2009.
Duties: Provide outpatient child and family based psychotherapy to youth with primary diagnoses of depression and anxiety through the Services for Teens at Risk (STAR) Center. Formulate treatment plans and work with interdisciplinary team of social workers, psychiatric nurses, and psychiatrists to provide high level of care to patients.
Supervisors: David A. Brent, M.D., and Linda Ewing, Ph.D.

Psychology Intern: Children's Memorial Hospital, Department of Child and Adolescent Psychiatry. July 2003 – June 2004.
Duties: Conduct diagnostic assessments of children and adolescents in inpatient, partial-hospitalization and outpatient settings; formulate treatment plans and conduct empirically-supported psychotherapies with children and families; perform neuropsychological and developmental testing on children and adolescents; facilitate social problem solving skills groups for children in 2 Chicago Public Schools; conduct psychiatric consultations of children and adolescents with medical problems and those to present to emergency department.
Training Director: Karen Gouze, Ph.D.

Clinical Coordinator: University of Pittsburgh, Clinical Psychology Center. Pittsburgh, Pennsylvania. May 1999 – June 2003.

Duties: Oversee all aspects of outpatient training clinic for graduate student clinicians. Recruit and conduct phone screens on potential clients, provide peer-supervision to beginning clinicians, and assist in handling clinical emergencies. Coordinate case assignments, update administrative records, organize speakers for Professional Issues in Clinical Psychology Seminar and co-teach Introduction to Psychotherapy Skills class to first-year graduate students.
Supervisors: Larry V. Pacoe, Ph.D. & Andrew Koffmann, Ph.D.

Psychological Testing Intern: Western Psychiatric Institute and Clinic, Mathilda Theiss Child Development Center. Pittsburgh, Pennsylvania. August 2000 - August 2001.
Duties: Conduct cognitive assessments (Weschler Preschool and Primary Scale of Intelligence – Revised) on children attending a partial hospitalization preschool program. Write psychological assessment reports. Collect and organize parent and teacher report measures on children.
Supervisor: Vaughan Stagg, Ph.D.

Child/ Family Clinical Intern: Western Psychiatric Institute and Clinic, Infancy and Early Childhood Outpatient Treatment Program. Pittsburgh, Pennsylvania. May 1999 – August 2001.
Duties: Assess and diagnose young children presenting with a variety of problem behaviors, make recommendations for treatment and referrals for psychiatric evaluations. Conduct family therapy and play therapy with children less than 5 years of age; provide parents with techniques for child management. Experience with cognitive-behavioral and play therapy treatment modalities.
Supervisor: Kay D. Jennings, Ph.D.

RESEARCH:

1. Grant Support

Grant Number	**Grant Title**	**Effort**	**Years**	**Amount**
University of Pittsburgh (NIH UL1TR001857), Geographical Determinants of Health Pilot (PI)	Expanding Mental Health Access to Rural Caregivers	10%	2021-2022	$25,000
University of Pittsburgh, Forge Your Own Path Grant (internal, Co-PI)	Developing Self-Care and Personal Wellness in Graduate Students in Health Professions	--	2020-2021	$15,000

2. Prior Grant Support

Grant Number	**Grant Title**	**Effort**	**Years**	**Amount**
T32 MH018951 (Postdoctoral fellow)	Child and Adolescent Mental Health Research	100% effort	2004-2007	
HL076852 (Fellow)	Pittsburgh Mind Body Center	25% effort	2007-2008	
K23 MH079353 (PI)	Family Based Interpersonal Psychotherapy (FB-IPT) for Depressed Preadolescents	100% effort	2008-2013	$421,917

R01 MH081811 (Co-I)	Randomized Clinical Trial of a Novel Psychotherapy for Childhood Depression	5% (subsumed under K23)	2009-2014	$449,782
Internal Award, University of Pittsburgh at Johnstown	Mentorship Fund to Support Faculty-Student Scholarship, Research and Creative Activities	--	Spring, 2017	$1000
Internal Award, University of Pittsburgh at Johnstown	Mentorship Fund to Support Faculty-Student Scholarship, Research and Creative Activities	--	Spring, 2018	$1000
Internal Award, University of Pittsburgh at Johnstown	Mentorship Fund to Support Faculty-Student Scholarship, Research and Creative Activities	--	Fall, 2018	$1000

1. Seminars and invited lectureships related to research

- Western Psychiatric Institute & Clinic, Child & Adolescent Bipolar Services (CABS): conduct 3 1-hour trainings on Family Based Interpersonal Psychotherapy (FB-IPT) for Preadolescents with Mood Disorders, (October – November 2014)

REFERENCES

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