Stephanie Rouch, MOT, OTR/L

Curriculum Vitae

BIOGRAPHICAL INFORMATION

Business Address:	Department of Occupational Therapy University of Pittsburgh Bridge Side Point Pittsburgh, PA 15219	Email Address: sar148@pitt.edu Phone: 317-900-6416

EDUCATION and TRAINING

UNDERGRADUATE:

2006-2010	Peabody College Vanderiblt University, Nashville, TN	BS, 2010	Special Education
	Universite de Syracuse, Strasbourgh, France	Certificate	French Studies

GRADUATE:

2015-2017	School of Health and Rehabilitation Sciences, Department of Occupational Therapy, University of Pittsburgh, Pittsburgh, PA	MOT, 2017	Occupational Therapy
2019-Present	School of Health and Rehabilitation Sciences, Department of Occupational Therapy, University of Pittsburgh, Pittsburgh, PA	Graduate Student Researcher	Reheabilitation Sciences

APPOINTMENTS and POSITIONS

NON-ACADEMIC POSITIONS:

2011-2014	United States Peace Corps Grenada	Special Education Volunteer
2017-2018	The Education Center at the Watson Institute Sewickley, Pennsylvania	Staff Therapist
2017-2018	University of Pittsburgh Pittsburgh, Pennsylvania	Research Therapist
2018-2018	The Birmingham Free Clinic Pittsburgh Pennsylvania	Staff Therapist
2018-2018	Jefferson Hospital, Allegheny Health Network Pittsburgh Pensylvania	Staff Therapist
2019-Present	Jefferson Hospital, Allegheny Health Network Pittsburgh Pensylvania	PRN Staff Therapist

CERTIFICATION AND LICENSURE

MEDICAL or OTHER PROFESSIONAL CERTIFICATION:

National Board for Certification in Occupational Therapy, #390030 — 2017 – present
Registered Yoga Teacher, Yoga Alliance, RYT 200, #161611 — 2015– 2020

MEDICAL or OTHER PROFESSIONAL LICENSURE:

State of Pennsylvania Occupational Therapy License, #OC015252 — 2017 – present

MEMBERSHIPS in PROFESSIONAL and SCIENTIFIC SOCIETIES

American Occupational Therapy Association (AOTA), membership # 000004412620 — 2015 – present
World Federation of Occupational Therapy (WFOT), membership — 2017 – present
Holistic Occupational Therapy (HOT), membership — 2017 – present

HONORS & AWARDS

ACADEMIC:

Joan C. Rogers Occupational Therapy Award, Class of 2017 , University of Pittsburgh — 2017

RESEARCH AWARDS:

Physician and Clinicians Network Group Best Poster Award, American Congress of Rehabilitation Medicine — 2017

PUBLICATIONS

PEER-REVIEWED MANUSCRIPTS

Rouch, S & Skidmore ER (2018). Examining guided and directed cues in strategy training and usual rehabilitation. OTJR: Occupation, Participation and Health, 8, 151-156. doi:10.1177/1539449218758618. Impact factor = 1.00

Rouch, S, Fields, BE, Alibrahim, A, Rodakowksi, J, & Leland, NE (in press). The evidence for the effectiveness of interventions for caregivers of people with chronic conditions: A systematic review. American Journal of Occupational Therapy.

Rouch, SA, Klinedinst, TC, White, JS, & Leland, NE (accepted for publication). Exploring Occupational Therapists' Experiences in U.S. Primary Care Settings: A Qualitative Study. American Journal of Occupational Therapy.

Harper, A, **Rouch, S,** Leland N, Turner, R, Mansbach, W, Day, C, & Terhorst, L. (under review). A systematic review of tools assessing the priorities of caregivers of residents with dementia. Journal of Applied Gerontology.

PEER-REVIEWED ABSTRACTS

Rouch, S & Skidmore, ER. Differences in therapists cues between usual care rehabilitation and strategy training. Poster presented at: American Congress of Rehabilitation Medicine. October 26 and 27, 2017.

McCarthy, L, **Rouch S,** Rodakowski, J, Baker N. Honing in on quality of life for adults with developmental disabilities. Poster presented at: American Occupational Therapy Association Annual Conference, March 31, 2017. 13.
Chamberlin, S, Kowalski, K, **Rouch, S,** Rodakowski, J, Baker N. Dynamic balance performance and implications for occupational therapy. Poster presented at: American Occupational Therapy Association Annual Conference, April 1, 2017.

NON PEER-REVIEWED PUBLICATIONS

Rouch S, Fields B, Rodakowski J, & Leland NE (2020). *Psychoeducation for caregivers of people with chronic conditions: Systematic review of related literature from 1995 – 2018.* [Critically Appraised Topic]. Bethesda, MD: American Occupational Therapy Association.
Rouch S, Fields B, Rodakowski J, & Leland NE (2020). *Education and skills training for caregivers of people with chronic conditions: Systematic review of related literature from 1995 – 2018.* [Critically Appraised Topic]. Bethesda, MD: American Occupational Therapy Association.
Rouch S, Skidmore B, & Leland NE (2020). AOTA Quality Project: Characterizing contemporary practice to inform quality measure development: Findings from Phase II. Pittsburgh, PA: University of Pittsburgh.

PROFESSIONAL PRESENTATIONS

Rouch, S, Fields, BE, Alibrahim, A, Rodakowksi, J, & Leland, NE. Caring for adults with chronic conditions: A systematic review. An oral presentation at the 2020 AOTA Annual Conference and Expo, Boston, MA, United States. (in-person conference canceled due to COVID-19, presentation instead provide d via web conferencing June 5, 2020).

Rouch, S. Systematic Review Preliminary Findings. National Stakeholder Advisory Committee Meeting for study: Optimizing Care for Patients with Dementia: A Comparison of Two Non-Pharmacological Treatment Approaches. June, 2019. Pittsburgh, PA.

SERVICE

2019-2019	Birmingham Free Clinic Pittsburgh, PA	Volunteer Occupational Therapist
2020-present	University of Pittsburgh Occupational Therapy Advisory Committee	Committee Member
2020-present	Sto Rox Neighborhood Health Council Board of Directors	Director