Who Might Benefit from CSEP?

Individuals with cognitive impairments who have difficulty understanding the impact of their disability are most likely to benefit from CSEP. To date, participants have been diagnosed with:

- Learning disorders
- Attention deficit/hyperactivity disorder
- Autism spectrum disorders
- Cognitive disorders (e.g., traumatic brain injury)

CSEP Eligibility Criteria

The following are criteria for CSEP participation:

1. The individual meets all HGAC admissions criteria, AND

2. The individual’s primary obstacle to functioning is the result of a cognitive disability and does not result from:
   - Low intellect, or
   - Psychiatric disorder, AND

3. The individual expresses an understanding of and willingness to fully participate in the program, AND

4. The individual can commit to full-time attendance.
CSEP Goals
In order to increase vocational success, CSEP goals include:

- Know your strengths and weaknesses
- Set goals for yourself
- Improve your social skills
- Manage your emotions
- Enhance your community engagement
- Be empowered to self-advocate

Vocational Cognition
All programming is designed to increase employability.

- Participants explore and use strategies, accommodations, and assistive technology in the group room and real-world settings.
- Participants will engage in an 8-week mentorship with local business leaders.

Evidence-Based Practice
- Program components were designed using evidence-based interventions.
- Modifications to CSEP are based on data collected on clinical interventions and outcomes since 2000.