Chronic pain can affect all areas of life and prevent people from doing what they want, need, and are expected to do. This capstone group developed a program to educate persons living with HIV/AIDS on different strategies that can be used to manage chronic pain independently. All of the strategies are applicable to anyone with chronic pain regardless of underlying health conditions. All educational materials are in video format and are available for public access on YouTube.

TO VIEW VIDEOS, VISIT THE
PHC PAIN MANAGEMENT
YOUTUBE CHANNEL

If you have any questions, please reach out to mac472@pitt.edu, hefl3@pitt.edu, cem126@pitt.edu, or nmw45@pitt.edu