# University of Pittsburgh Rehabilitation Counseling Community Resource



Organization Title: ACCESS Transportation System

Phone Number: (412) 562-5353

Address: 650 Smithfield St. Center City Tower, Suite 440, Pittsburgh PA 15222

Area Served: Allegheny County; 1.5 miles outside the county line

Hours: 8 a.m. to 4:30 p.m. Monday through Friday (Office); Service provided from 6 a.m. to

midnight, seven days a week.

Website: http://www.portauthority.org/paac/RiderServices/ACCESSParatransit.aspx

Building Accessibility: Building is accessible

Services: ACCESS is door-to-door, advance reservation, shared ride-transportation

provided throughout Port Authority's service area

Specialties: Door-to door transportation

Client Population Focus: People with disabilities and senior citizens

Eligibility: Disability alone does not create eligibility. The decision is based on the applicant's functional ability to use the bus and is not a medical decision. All applicants must appear in person at the ACCESS office for evaluation. Purpose of evaluation is to determine whether the applicant can ever use Port Authority fixed route service, even after training, and if not, whether specific circumstances create a barrier to the applicant's independent use of Port Authority fixed route service.

Fees: Vary according to eligibility and distance traveled

Insurances Accepted: Insurance would need to set up an account with ACCESS; Medical

Assistance Transportation Program (MATP) for people on welfare

Sliding Scale Available: None

Credit Cards: All credit cards are accepted

Documents Required for Services: Application, medical verification from doctor, copy of

proof of age

Summary Description of Organization: ACCESS Transportation System is a door-to-door, advanced registration, shared-ride transportation system for people with disabilities and senior citizens. It is

Organization Title: ACHIEVA

Phone Number:

(412) 995-5000 (Allegheny County)

(724) 837-8159 (Westmoreland County)

1 (888) 272-7229 (Toll Free)

Address: 711 BINGHAM ST. PITTSBURGH, PA 15203 Area Served: Allegheny and Westmoreland Counties

Hours: Mon-Fri 8:30pm-4:30pm Website: http://www.achieva.info/ Building Accessibility: ADA Accessible

Services: Advocacy, independent living programs, early intervention programs, residential supports, vocational services, special needs trusts and recreational activities

Specialties: Advocacy, healthcare initiatives, early intervention programs for children with

disabilities

Client Population Focus: Primarily children and adults with Intellectual Disabilities

Eligibility: Waiver dollars, private funds, advocacy is free

Fees: Fees with every service except advocacy, depends on the service and individual. Usually payment is through waiver funds and rarely through private funds

Insurances Accepted: No

Sliding Scale Available: Yes, family by family dependent on finances

Credit Cards: Yes, except American Express

Documents Required for Services: Depends on individual case, assessments for child services

Summary Description of Organization:

ACHIEVA supports and empowers individuals with disabilities and their families. ACHIEVA is the only agency of its type in southwestern Pennsylvania that provides lifelong supports. From early intervention therapies, in-home support, to older adult protective services for medically fragile senior citizens, ACHIEVA provides services through the entire life span. ACHIEVA is a nonprofit parent organization that has comprehensive services and supports and serves more than 14,500 individuals with disabilities and their families.

# Acquired Brain Injury Network of Pennsylvania, Inc.

Organization Title: Acquired Brain Injury Network of Pennsylvania, Inc.

Phone Number: (215) 699-2139; (800) 516-8052

Address: ABIN-PA, 2275 Glenview Drive, Lansdale, PA 19446

Area Served: Pennsylvania

Hours: No physical office, brain injury hotlines available 24/7

Website: www.abin-pa.org

Building Accessibility: No official office, meetings and support groups located in accessible

buildings

Services: Increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy and other services for individuals with acquired brain injury and their families

Specialties: Advocacy and awareness, organizing support groups and newsletters

Client Population Focus: Traumatic and Acquired Brain Injuries

Eligibility: No eligibility requirements, encourages survivors, family and friends who are involved with supporting and helping others on the road to their recovery

Fees: No fees associated, nonprofit organization that encourages tax deductable donations

Insurances Accepted: N/a Sliding Scale Available: N/a

Credit Cards: N/a

Documents Required for Services: N/a

#### Summary Description of Organization:

The Acquired Brain Injury Network of Pennsylvania, Inc. is a non-profit organization that focuses on helping spread awareness to others about Traumatic Brain Injuries while organizing and hosting a multitude of resources available to those individuals. On their website the ABIN has many informational brochures to inform and spread topics on TBI, ranging from ADA accommodations, family, prevention, recovery and survivors. The organization also puts out a free newsletter that is dispersed monthly, it contains an aggregate of events, support groups, information, resources and news related to brain injury. The overarching message that the ABIN communicates is "Empowering Survivors and Families to Rebuild Their Lives."

Organization Title: Action Housing Inc, Homeless Family Services Program

**Phone Number:** (412) 824-2444

Address: 425 Sixth Ave Suite 950, Pittsburgh, PA 15219

Area Served: Pittsburgh, Allegheny, Beaver, Westmoreland, and Somerset counties.

Hours: Monday-Friday, 8am-5pm

Website: http://www.actionhousing.org/index.php/find-housing/homeless-

families-services-program

Building Accessibility: The main office building is accessible. Located downtown

Pittsburgh. Walk, take bus, or drive to office if needed.

#### Services:

Funded through the Emergency Solutions Grants Program, ACTION-Housing has served thousands of individuals through the Homeless Families Services (HFS) Program since 1984. The program is designed to address a broad range of problems and needs of homeless families and individuals who are at various stages in the homeless cycle. It includes outreach to shelters where housing resources and life skills classes are presented to residents. Other services offered include:

- Appropriate housing referrals
- •Classes in life skills training and budgeting
- Employment searches
- Personal counseling and referrals for education and child care
- •Assistance with basic needs: food, clothing, furniture, and household items ACTION-Housing operates three properties with services for Homeless Families.

**Specialties:** Buildings are designated or have designated units for people with disabilities, and many are specifically for seniors.

My Place Youth Program: Provides scattered site apartments and intensive case management services to young people who have aged out of the foster care system and are either homeless or at risk homelessness program stay for young adults up to 24 months of housing in a 1-bedroom apartment in the Pittsburgh area. The youth are linked to education and employment opportunities and a comprehensive life skills component. They are also linked to a vast array of services that already exist in the community, such as food banks, local libraries, medical care, and transportation.

Client Population Focus: Homeless families and individuals.

**Eligibility:** Eligibility is based on a number of factors, with age, income and disabilities being the most common. Income eligibility is based on the area median income (AMI), as determined by HUD. Income eligibility ranges from waitlist preferences for people below 30 percent of AMI, while other buildings with some market rate units available. **Fees:** N/A,

**Subsidized Housing** refers to housing for people of moderate means that is supported through government funds. We preserve, develop, manage, and facilitate subsidized

## Action Housing Inc, Homeless Family Services Program

housing for a number of populations, including the elderly, people with special needs, and families with moderate incomes.

**Section 8 voucher** refers to a specific kind of subsidy that allows the recipient to choose an affordable housing option of their choice. As long as a landlord agrees to participate, the Section 8 voucher will cover part of the cost of rent, while the tenant pays the difference.

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

**Documents Required for Services:** Documents- original or copy: Birth Cert, Soc. Sec. Cards, ID and income will be asked for when individual is considered for an apartment.

Summary Description of Organization: Action Housing is a nonprofit program that serves the Pittsburgh community through a number of programs centered on the provision of decent, safe, and affordable housing. Some of the services include homeless family services such as housing, homeowners energy efficiency loan program, mortgage assistance program, weatherization program and my place youth program. Referrals for education and childcare, assistance with food and clothing, and life skills classes are services included in this program.

Organization Title: AHEADD Phone Number: 1-877-AHEADD-1

If you need to speak to someone immediately, please contact (412) 614-1093

Email: admin@aheadd.org

Address:

827 South Negley Avenue Pittsburgh, PA 15232

**Area Served:** Nationwide

Offices in the following locations:

New York: Albany, Bronxville, Poughkeepsie

California: Santa Cruz, Bakersfield

Maryland: Baltimore Massachusetts: Boston Ohio: Canton, Cleveland

Colorado: Denver

Pennsylvania: Erie, Philadelphia, Pittsburgh, Lancaster, Slippery Rock, Harrisburg

Florida: Miami Maine: Portland

North Carolina: Raliegh-Durham

Hours: 9 am- 5 pm

Website: http://www.aheadd.org

**Building Accessibility:** ADA compliant

**Services:** AHEADD, developed in 2002, complements traditional college accommodations by providing coaching and mentoring support to improve social interactions, self-advocacy, organizational skills, and communication

**Specialties:** Assist students with progressing through college, preparing for employment, and becoming contributing, successful citizens.

**Client Population Focus:** College students diagnosed with: Autism Spectrum Disorders, Attention Deficit Disorder (ADD), Attention Deficit Hyperactive Disorder (ADHD), Dyslexia, Learning Differences, Non-Verbal Learning Disability (NVLD)

**Eligibility:** Students are admitted into AHEADD following acceptance into the college/university of their choice and satisfactory completion of AHEADD's enrollment process, which includes completion of enrollment application, personal interview with national admissions coordinator, provision of relevant social/medical history, and provision of relevant assessments

**Fees:** The tuition for AHEADD is \$3,200 – 5,300 per semester, depending on the level of support required and the location of the college or university. For your state's tuition, please contact Nicole Jarock, njarock@aheadd.org.

**Insurances Accepted:** AHEADD services may be reimbursed through health insurance depending on the student's health insurance provider and plan. Families should contact their provider for more information regarding reimbursement

Sliding Scale Available: N/A

**Credit Cards:** Pay using paypal, which allows for the use of Visa, MasterCard, Discover and American Express

Documents Required for Services: N/A

## Summary Description of Organization:

AHEADD, a comprehensive college support program, helps college students to succeed academically and socially at some of the country's most competitive colleges. AHEADD provides coaching, mentoring, and self-advocacy skills for college students. AHEADD is a college support program offered by the Autism Education and Research Institute (AERI) / AERI Behavioral Health Services. We are committed to creating positive change in the lives of those we are fortunate to serve. AERI offers a full range of services for families and individuals throughout the lifespan, including but not limited to, home or school based consultation, training, group and individual therapy, job assessment and finding, transition services and psychological testing. AHEADD is specifically designed to address challenges with social, communication, and organizational skills, and help students develop individualized strategies to manage their transition to post-secondary education.

**Organization Title:** AHEDD **Phone Number:** 412-381-3313

#### Address:

900 Sarah St. #202 Pittsburgh, PA 15203

#### Area Served:

Western, PA: Pittsburgh

Central, PA: Harrisburg, Lancaster, York, Chambersburg

Southeastern, PA: Philadelphia, Bensalem Northeastern, PA: Reading, Pottsville

Delaware: Dover

**Hours:** Monday- Friday: 9:00 – 5:00 Saturday & Sunday: Closed

Website: http://www.ahedd.org

**Building Accessibility:** ADA Compliant

**Services:** Information & Referral, Pre-Employment Services (Job search assistance, community based work assessment plan of service), Job Development, ON-Site and Off site Support, Follow Along Services and Work Incentive Counseling

Specialties: specialized human resource organization

**Client Population Focus:** Since community employment is AHEDD's passion, they only assist youth and adults that are interested in exploring/securing/maintaining employment in competitive work settings

**Eligibility:** Work Incentive Counseling is provided to anyone receiving SSI and/or SSDI cash payment between the ages of 14-64. AHEDD relies on other organizations to assist in identifying candidates for AHEDD's services. An intake serves as an opportunity to enable the individual referral and AHEDD to determine if the agency's services may meet the needs of these parties.

Fees: The cost of services is typically covered by a third party since it is a non-profit

**Insurances Accepted**: N/A **Sliding Scale Available**: N/A

#### Credit Cards: N/A

Documents Required for Services: In order to determine your need for or eligibility for services and related background, AHEDD may request certain information from or about you. This could involve contacting schools you have attended, counselors, physicians, and any other party who can assist in developing your case.

## **Summary Description of Organization:**

The mission of AHEDD is to serve the community as a catalyst in the employment and development of people with disabilities. Our passion for community employment includes support for youth and adults with all types of disabilities, physical and cognitive, and those that come from diverse cultural and ethnic backgrounds and varying levels of academic achievement and work experience. AHEDD is a private, non-profit organization that provides employment services for people with disabilities. We pursue community employment as the preferred means to promote community integration and independence. With a rich history of over 35 years, our commitment and purpose has never changed, it has only strengthened. Each year, AHEDD provides competitive employment training and follow-up support services to over 450 individuals with a disability. AHEDD's employment services are intended to help individuals achieve employment with maximum earnings, and a corresponding decreased dependency and/or termination from government programs such as Supplemental Security Income and Social Security Disability Insurance.

#### Allegheny Health Network Center for Traumatic Stress in Children and Adolescents

Organization Title: Allegheny Health Network Center for Traumatic Stress in Children and

Adolescents

Phone Number: (412) 330-4328

Address: East Commons Professional Building (Four Allegheny Center) Eighth

Floor Pittsburgh, Pennsylvania 15212

Area Served: Pittsburgh

Hours: 9am-5pm

Website: https://www.ahn.org/specialties/psychiatry/ctsca

Building Accessibility: ADA compliant

<u>Services</u>: serves children and families who experience traumatic or stressful events in their lives. The center provides prompt evaluation and treatment of children impacted by trauma, including child abuse or neglect, domestic or community violence, death of a family member, disasters or multiple/complex traumas. The center generally provides a time-limited treatment approach focused on alleviating significant mental health problems and promoting healthy coping responses in traumatized children and their families. Depending on your child's individual needs, treatment typically occurs once a week and lasts 12 -24 weeks

<u>Specialties</u>: The Center for Traumatic Stress in Children and Adolescents is the only one of its kind in the region and has been identified as a "Model Program" by the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Office of Juvenile Justice and Delinquency Prevention. The center also belongs to the National Child Traumatic Stress Network (NCTSN), where it is responsible for developing and disseminating effective interventions for traumatized children. The center is considered a national leader in developing and researching evidence-based, trauma-focused treatments for children and adolescents.

<u>Client Population Focus</u>: Children and Adolescents

Eligibility: When you call the Center you will speak to an intake coordinator who will obtain detailed information about your child's traumatic experiences and the problems your child is currently experiencing. Based on this information the coordinator will promptly schedule an appointment for your child and you or refer you to another provider who is best suited to your child's needs. In some instances your child may need another evaluation prior to coming to the Center for an evaluation. If this occurs, the intake coordinator will explain why this is needed. Initial evaluations typically take one hour. During this evaluation the therapist will spend time meeting individually with you and your child. You and your child will be asked to complete one or more paper and pencil

## Allegheny Health Network Center for Traumatic Stress in Children and Adolescents

instruments to help the therapist to better understand how trauma is affecting your child. At the end of the evaluation, the therapist will meet with you and your child to discuss next steps. Based on this meeting, you, your child and the therapist will make a treatment plan that will determine your child's treatment at the Center.

<u>Fees</u>: Insurances Accepted: Commercial, PPO (preferred provider organizations), HMO, (Health Maintenance Organizations), and Workers' Compensation policies.

Sliding Scale Available: yes

<u>Credit Cards</u>: all major credit cards

<u>Documents Required for Services</u>: over the phone intake interview

Summary Description of Organization:

Provides prompt evaluation and treatment of children who have experienced a variety of traumatic life events, including abuse, witnessing violence, death of a family member and/or natural disasters

Organization Title: Alleghany Intermediate Unit (AIU)

Phone Number: 412-394-5700

Address: 475 East Waterfront Drive, Homestead, PA 15120

Area Served: Alleghany County's 42 suburban school districts and 5 vocational schools

Hours: hours of school accessibility

Website: http://www.aiu3.net/home.aspx

Building Accessibility: accessible through front doo

Services: Specialized educational services for all learners

Specialties: Early Childhood, Family, and Community Services,

Finance Services

Informational and Educational Technology Services

Operations and Education Services Teaching and Learning Programs

Client Population Focus: Infants, young children, students, and adults

Eligibility: Meet the eligibility of the specific program

Fees: Passed through Medicaid, IDEA, Race to the Top Fund

Insurances Accepted: Medicaid Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services:

Varies depending on service; age requirements, enrollment in a school, Medicaid beneficiary etc.

Summary Description of Organization:

The AIU is separate from the school districts they serve, but acts as a liaison between the school districts and the P.A. Department of Education by providing efficient, high quality specialized education services to public and private schools. The AIU also provides educational services through community based programs to individuals of all ages. The mission of AIU is the following: "We maximize educational opportunities for all learners by responding to the needs of our community with leading-edge, high-quality, cost-effective programs and services".

Organization Title: Allied Addiction Recovery

Phone Number: 412-246-8965, x9

Address: Pittsburgh: 355 Fifth Avenue, Suite 1419

Pittsburgh, PA 15222

Monroeville: 2550 Mosside Blvd., Suite 212

Monroeville, PA 15146

Greensburg: 766 E. Pittsburgh St., Suite 101

Greensburg, PA 15601

Area Served: Downtown Pittsburgh, Monroeville, Greensburg

Hours:

Website: http://www.alliedaddictionrecovery.com/

Building Accessibility: 2 locations-Yes, Pittsburgh has a few steps into building and then it's

accessible

Services: Medication-assisted Treatment Using Suboxone, Outpatient Individual Therapy, Drug and Alcohol/Dual Diagnosis Treatment, Outpatient Group Therapy and Intensive Outpatient Therapy, Outpatient Medication Management, Problem Gambling Therapy Specialties: Treat pregnant women with Subutex and offers group therapy specially for this population.

Client Population Focus: Substance Users and other Addictions

Eligibility: Depends on treatment

Fees: Depends on services

Insurances Accepted: All BC/BS plans including Highmark, Westmoreland, Fayette, Mercer and Cambria County Medicaid (VBH), Value Options, MHN, PerformCare, MHNet, Aetna, TriCare and self-pay clients. More insurances being added.

Sliding Scale Available: No

Credit Cards: Yes

Documents Required for Services: Depends on person and treatment

Summary Description of Organization: "Allied Addiction Recovery is locally owned and operated as a Pennsylvania licensed drug and alcohol outpatient clinic with a commitment to providing quality care to people struggling with addictions and mental health problems in Western Pennsylvania. We are unique in that we are one of the few licensed outpatient treatment facilities offering medication-assisted treatment".

Organization Title: The Alle-Kiski Area HOPE Center, Inc.

**Phone Number:** Phone: 724-224-1100

Fax: 724-224-1123

Address: This Agency is completely confidential, Clients needs to call make and apt.

Mailing Address:

P.O. Box 67

Tarentum, PA 15084

Area Served: Westmoreland & Allegheny Counties

**Hours:** By Appointment

Website: hopecenter@akhopecenter.org

Building Accessibility: Both Buildings are wheelchair accessible

**Services:** 24-Hour Crisis Hotline, Emergency 30-Day Shelter, Transitional Housing, Legal Advocacy, and Emergency Protection, Community Outreach

Violence Prevention: Prevention Services, Crisis Intervention Advocacy, and Domestic Violence Prevention Plan

**Specialties:** Provide information against violence and promoting safety for women and children

**Client Population Focus:** The Alle- Kiski Area Hope Center provides 5 programs related to Victims Services

Eligibility: The participant is feeling in danger or a victim or domestic violence.

**Fees:** If a victim cannot return home and needs housing she qualifies for 1 year of transitional housing. Participants must also be able to pay a 30% (of their income) monthly program fee.

Insurances Accepted: Not Needed

Sliding Scale Available: No

**Credit Cards:** Not Needed

**Documents Required for Services:** The participant needs to fill out application for transitional housing.

	The All	le-Kiski	Area	HOPE	Center	. Inc
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**Summary Description of Organization:** The Alle-Kiski Area HOPE Center, Inc. is an organization of social change – whose mission is the safe elimination of domestic violence through intervention, prevention, and collaboration.

Organization Title: Alpha House Phone Number: (412) 363-4220

Address: 435 Shady Ave, Pittsburgh PA 15206

Area Served: Allegheny and surrounding Western Pennsylvania counties

Hours: Business hour 9 a.m. – 5 p.m. Website: http://www.alphahouseinc.org Building Accessibility: Building is accessible

Services: therapeutic residential community; outpatient program that includes individual,

group, and family counseling

Specialties: None

Client Population Focus: Individuals with substance related disorders who have had some

abstinence and/or detoxification

Eligibility: Must be assessed by staff and/or referring institution and be determined eligible for treatment by meeting established Pennsylvania Client Placement Criteria (PCPC) Level III criteria; be 18 years or older; be willing to participate in all aspects of treatment from evaluation to departure; be able to engage in all program activities as outlined in the client handbook; agree to comply with all program rules and regulations; have a history of substance abuse possibly accompanied by impaired social and/or occupational functioning; be willing to live and work in an environment abstinent of illegal and/or non-prescribed controlled substances and commit to maintaining it in that manner;

Fees: Charge on a fee-for-service basis

Insurances Accepted: Treatment available under Allegheny County Drug and Alcohol

Programs & the Pennsylvania Medicaid Behavioral Healthcare programs

Sliding Scale Available: None

Credit Cards: N/A

Documents Required for Services: Allegheny County resident verification

Summary Description of Organization: Alpha House provides a cognitive-behavioral approach to motivate adults addicted to alcohol and other drugs to improve their physical, emotional, vocational, and spiritual well being so they can become productive members of society. In the organization's "whole person" approach to recovery, residents can learn good work habits, attain their high school diplomas, deal with family issues, learn about HIV/AIDS, and get referrals for health services for themselves and their children.

Organization Title: American Foundation for Suicide Prevention (Pittsburgh Chapter)

**Phone Number**: (412) 624-9005

Address: Contact Address

3500 Victoria Street 415 Victoria Building Pittsburgh, PA 15261

Contact Person: Ann M. Mitchell, Ph.D, R.N, F.A.A.N

Area Served: Pittsburgh

Hours: N/A

**Website**: https://www.afsp.org/local-chapters/find-your-local-chapter/afsp-pittsburgh **Building Accessibility:** Accessible entrance on north side of building on Victoria Street

Services: Prevention and education programs for the public, outreach

Specialties: education, support, awareness, fundraising

Client Population Focus: families and friends who have lost someone to suicide,

vulnerable individuals

Eligibility: N/A

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

(Note: this is not a service orientated resource but more of a support, prevention etc.

resource)

**Summary Description of Organization:** AFSP is not really a service-based resource but rather an informational and support resource. There are links for education on their website for all types of situations such as if you are struggling with the thought of suicide, grieving about a completed suicide, worried about someone etc. There is different information based on if you are a student, researcher, advocate etc. ASFP is also very big in fundraising for suicide research and programs. Out of Darkness Walks take place in the community and on campuses. This resource would be best for someone that is at risk for suicide or for someone struggling with the loss of someone from suicide.

Organization Title: American Red Cross of Southwestern PA

Phone Number: (888) 217-9599, For Disaster Services 888-217-9599 (24 hours a

day)

Address: 225 Blvd. of the Allies

Pittsburgh, PA 15222

Area Served: Southwestern Pennsylvania

Hours: 8:30-5:30 office hours

Website: <a href="http://www.redcross.org/pa/pittsburgh/programs-services">http://www.redcross.org/pa/pittsburgh/programs-services</a>

Building Accessibility: wheelchair accessible

Services: Disaster relief, community preparedness, support for military families, health/safety training, lifesaving blood, international services, also provides informational sessions for students and companies

Specialties: providing services to individuals families communities in need or in a crisis

Client Population Focus: those in need of relief from natural disaster, or those in need of blood transfusion after an accident

Eligibility: needing blood transfusions, crisis situations, needing training or other services provided by the Red Cross

Fees: none-the Red Cross relies on donations to fund their services

Insurances Accepted: N/A (Red Cross does not require insurance, although some of its services, like blood donation, may require insurance depending on circumstances)

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: none

Summary: The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. The Red Cross provides food and shelter in emergencies, and more. All American Red Cross disaster assistance is free, made possible by voluntary donations of time and money from the American people.

Organization Title: Arche Wellness Phone Number: 412-820-8328

Address: 237 6th Street

Pittsburgh PA 15238

Area Served: Fox Chapel and Surrounding areas

Hours: Office: Mondays 8:00 to 4:00

Tuesdays 8:00 to 4:00 Wednesdays 8:00 to 4:00 Thursdays 8:00 to 4:00 Fridays 8:00 to 2:00

Website: http://archewellness.com/index.html

**Building Accessibility: Yes** 

Services: Orthomolecular Recovery, Recovery Programs (U-Turn & Nexus), Integrative Health,

General Wellness, Fit Studio, Medical Services, Mental Health Services

Specialties: Outpatient full service orthomolecular wellness program specializing in

individualized treatments for Wellness, Addiction and Mental Health issues

Client Population Focus: All Populations

Eligibility: Depends on service and person

Fees: Case by Case

Insurances Accepted: No insurance, offer weekly payment, Med Loan Financing

Sliding Scale Available: Yes

Credit Cards: Yes

Documents Required for Services: For medical treatment-as much information from their

Doctors as possible

Summary Description of Organization: "The Arche Wellness Center houses a number of different integrative health and wellness services. Integrative medicine involves a combination of conventional and alternative medicine and works to regard each patient as a complex adaptive system. Traditional medicine approaches largely treat symptoms instead of systems. The main issue with this approach is the systemic disruption that occurs when treatment targets symptoms without considering what systemic problems are causing them. Worse yet, a treatment for one symptom can often cause side effects and systemic disruptions that lead to more symptoms that are often worse than the originating problem".

Organization Title: The Autism Society of Pittsburgh

Phone Number: 412-856-7223

Address: 4371 Northern Pike, Monroeville, PA 15146

Area Served:

Hours: M-F 9-9, Sat-Sun 9-5

Website: www.autismsocietypgh.org

Building Accessibility:

Services: Provide information and referral to parents and professionals about services

Provide advice and guidance to families of those with ASD

Solicit funds to support efforts

Encourage development and improvement in new and existing programs

Specialties: Spectrum Charter School; providing community based school-to-work

education

Advocate that the education system is meeting laws and regulation (FAPE)

Forums to exchange ideas on how to improve existing programs

Maintain up-to-date reference files of Autism Literature

Client Population Focus: Children and Adults with ASD, their families, and professionals in the field.

Eligibility: Anyone with an interest

Fees: \$40 household membership fee- \$1500 lifetime fee

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Membership

#### Summary Description of Organization:

The mission of the Autism Society is "To provide advocacy, support and thorough information on care, treatment, and educational service options available for those with autism spectrum disorders, autism-involved parents and families, and to professionals who work with them". In Sum, the Autism Society is an advocacy group of volunteers, parents, and professionals that work to provide the most up-to-date information on services for those with ASD.

Organization Title: Best Buddies International Inc., Pittsburgh branch

Phone Number: (412) 432-5913

Address: 226 Paul Street, Pittsburgh PA 15211 Area Served: Pittsburgh area (Western PA location)

Hours: 9:00am - 6:00pm

Website:

http://www.bestbuddiespennsylvania.org/site/c.llK0L9MPIsG/b.1380949/k.406B/WE A

RE BEST BUDDIES8482.htm

Building Accessibility:

<u>Services</u>: Best Buddies Middle Schools (one-to-one friendships between students with and without IDD), High Schools (one-to-one friendships between students with and without IDD) Colleges (1:1 friendships between college students and adults with IDD and college students without IDD), Citizens (1:1 friendships between adults with and without IDD in corporate and civic communities), e- Buddies (safe online forum to develop one-to-one friendships between people with and without IDD), Jobs (Supported Employment Program) and Ambassadors (educates and empowers people with IDD through group trainings and workshops to be leaders and public speakers in their schools, communities, and work places).

<u>Specialties</u>: Fostering supportive relationships between people with and without IDD. <u>Client Population Focus</u>: students through adults with I.D or a Developmental Disability.

Eligibility: Interest in program, and diagnosis of IDD. In addition volunteers must pass background checks.

Fees: N/A this program is funded.

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Initial paperwork to register.

<u>Summary Description of Organization</u>: Best Buddies® is a nonprofit 501(c)(3) organization dedicated to establishing a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities (IDD). Best Buddies programs engage participants in each of the 50 United States, and in 50 countries around the world.

Organization Title: Bethlehem Haven Women's Shelter

Phone Number: (412) 391-1348

Address: 905 Watson Street Pittsburgh, PA

Pittsburgh, PA 15219

Area Served: Greater Pittsburgh Area Hours: Hours: 7:30pm to 8:00am

Website: none

Building Accessibility: wheelchair accessible

Services: meals, shelter (25 beds), D&A counseling, legal guidance, clothing, laundry

and bathing facilities

Specialties: homeless women, women with drug and/or alcohol problems Client Population Focus: provide temporary shelter and safety for women

Eligibility: Anyone

Fees: no fee

Insurances Accepted: N/A; no insurance needed

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: None

Summary Description of Organization: Bethlehem Haven is a primary care shelter which provides D&A counseling, legal guidance, and other services. It is bus accessible and has both laundry and bathing facilities.

Organization Title: Big Brothers and Big Sisters Greater Pittsburgh

**Phone Number:** 412-363-6100

Address:

5989 Centre Ave Pittsburgh, PA 15206

**Area Served:** Greater Pittsbughr Area **Hours:** Monday-Friday 9-5 (office)

Website:

http://www.bbbspgh.org/site/c.ahKLIYMIImI2E/b.8123819/k.F03D/Home\_Page.htm

**Building Accessibility: Accessible** 

Services: Community-based programs/mentoring, site-based programs, mentor2.0

Specialties: N/A

Client Population Focus: Children aged 6-18

Eligibility: Big Brothers or sisters must be at least 21 years old

Fees: BBBS is run on donations Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Big brothers or sisters must have a Criminal

Background Check and Driving Motor Vehicle Check

**Summary Description of Organization:** Big Brothers Big Sisters runs under the principle that every child has the ability to succeed in life, They provide children (little brother or little sister) with an older adult (big brother or big sister) to help children to avoid risky behaviors, gain great confidence and better relationships and to have educational success. It is based on that fact that national research has shown that positive relationships between the bigs and littles have a direct and measurable impact on the lives of the children. Community-based mentoring is basically just the bigs spending time with their littles; going to lunch, a museum or simply sitting down and talking. Site-based mentoring happens at the little's school.

# Blind and Vision Rehabilitation Services (BVRS)

Organization Title: Blind and Vision Rehabilitation Services (BVRS)

Phone Number: 412-368-4400

Address: 1800 West St. Homestead, PA 15120

Area Served: Nation Wide

Hours: 8:00am-4:00pm, Overnight Website: www.bvrspittsburgh.org Building Accessibility: Fully Accessible

Services: Personal Adjustment to Blindness Training, Computer Access Technology, Vocational and Employment Services, Low Vision Rehabilitation Program

Specialties: Comprehensive Services

Client Population Focus: Individuals who are blind or visually impaired, secondary comorbid disabilities such as intellectual disabilities

Eligibility: Must be blind or visually impaired

Fees: Varying

Insurances Accepted: self pay, OVR, Medicare, Scholarships

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Optometrist, Doctor, OVR, disability determination form

# Summary Description of Organization:

The mission of BVRS is to change the lives of persons with disabilities by fostering independence and individual choice. It is a private, non-profit organization supported by United Way. They provide comprehensive services for individuals with blindness and visual impairments. Services include Personal Adjustment to Blindness Training, Computer Access Technology, Vocational and Employment Services, and Low Vision Rehabilitation Program. In addition, they also have services for individuals with intellectual disabilities such as their day program and vocational and employment services.

Organization Title: Brashear Association

Phone Number: (412) 431-2236

Address: 2005 Sarah Street Pittsburgh, PA 15203

Area Served: South Pittsburgh – specifically the South Side Flats and Slopes and the Hilltop neighborhoods of Allentown, Arlington, Arlington Heights, Bon Air, Beltzhoover, Carrick,

Knoxville, and Mt. Oliver (City and Borough).

Hours: Monday -Friday 9 a.m. -5 p.m.

Website: http://www.brashearassociation.org/

Building Accessibility: Accessible

Services: Brashear's case management approach evaluates and monitors consumers in 14 key areas: education, physical health, mental health, substance abuse, shelter utilities food and nutrition, income, transportation, employment, health insurance, child care, family functioning, child education and development

Specialties: No other human service agency has Brashear's understanding of south Pittsburgh or its community roots.

Client Population Focus: Brashear serves poor people – from those facing temporary challenges to families living in chronic, multi-generational poverty and work to move them toward self-sufficiency

Eligibility: Income based at or below 150% of the poverty guidelines

Fees: no charge

Insurances Accepted: NA Sliding Scale Available: NA

Credit Cards: NA

Documents Required for Services: such as a driver's license photo ID, Social Security card, and any training certificates or diplomas to your appointment.

Summary Description of Organization: The Brashear Association helps strengthen families and distressed communities. They have the Self-Sufficiency Program which provides case management and information and referral services to help individuals develop strategies to overcome multiple barriers to economic stability. Their community center offers job readiness preparation and job search/retention assistance to unemployed and underemployed adult residents throughout the area. They provide Tangible Assistance Services providing short-term assistance to low-income individuals and families. Services including food, holiday and utility assistance programs. Their Children's Education Program makes the most of its community partnerships and offers a broad array of options for children to develop their skills and tap their creativity.

Organization Title: Bureau of Blindness and Visual Services (BBVS)

Phone Number: 412-565-5240

Address: 531 Penn Ave. Pittsburgh, PA 15222

Area Served: Allegheny, Armstrong, Beaver, Butler, Fayette, Greene, Indiana, Washington,

Westmorland

Hours: Monday-Friday, 8:00am-4:30pm

Website:

www.portal.state.pa.us/portal/server.pt/community/blindness and visual services/1036

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Building Accessibility: Fully Accessible

Services: Counseling and guidance, vocational evaluation, blindness skills training, mobility (travel) instruction, instruction of performing daily living activities, vocational and college training, occupational tools and equipment, job placement services

Specialties: vocational and college training

Client Population Focus: Individuals with blindness or visual impairments

Eligibility: Individual must be a PA resident who is blind or visually impaired Considered visually impaired if vision cannot be corrected by glasses, contact lenses, surgery, or medication.

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: disability determination and employment barriers form

# Summary Description of Organization:

BVS is a state run organization that provides comprehensive services for individuals who are blind or visually impaired to help them gain the skills necessary to live and work independently in their communities. There are six offices that are typically located within the OVR offices: Altoona, Erie, Harrisburg, Philadelphia, Pittsburgh, and Wilkes-Barre.

Some of the services they provide are counseling and guidance, vocational evaluation, blindness skills training, mobility (travel) instruction, instruction of performing daily living activities, vocational and college training, occupational tools and equipment, and job placement services.

Organization Title: Cancer Legal Resource Center

Phone Number: (866) THE-CLRC; collect calls accepted

Address: Loyola Law School Public Interest Law Center, 800 S. Figueroa Street, Suite 1120,

Los Angeles, CA 90017

Area Served: National telephone line

Hours: N/A Staffed by volunteers who will return call within two business days. Online

services also available

Website: http://www.disabilityrightslegalcenter.org/cancer-legal-resource-center

Building Accessibility: N/A

Services: The CLRC provides information and education about cancer-related legal issues, including insurance appeals, employment rights and leave time, access to health care, government benefits, and estate planning to the public through its national telephone assistance line. State specific resources for healthcare professionals are also available Specialties: Legal information and referral

Client Population Focus: Individuals with cancer and caregivers.

Eligibility: Individuals with cancer and caregivers.

Fees: Free

Insurances Accepted: N/A

Sliding Scale Available: N/A (yes, if referred for local representation)

Credit Cards: N/A

Documents Required for Services: N/A

Summary Description of Organization: The CLRC is joint program between the Disability Rights Legal Center and Loyola Law School, Los Angeles, CA. The CLRC also provides national education and outreach programs for community groups, employers and healthcare professionals to raise public awareness of cancer-related legal and public policy issues.

Organization Title: Carnegie Library for the Blind and Handicap

Phone Number: 412-687-2440

Address: 4724 Baum Boulevard Pittsburgh, PA 15213

Area Served: Western PA

Hours: M-F 9-5

Website: http://www.carnegielibrary.org/lbph/

Building Accessibility: Through front door

Services: Loan recorded books and magazines, equipment to play the recordings, and large

print books

Specialties: Magnifiers, Audio books, Braille writer, Kurzweil Machine, Screen Reading

Software

Client Population Focus: Those who are unable to read standard print

Eligibility: Western PA resident of any age who are unable to read standard print due to

a visual, physical, or reading disability

Fees: Free

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

# Documents Required for Services:

An application for LBPH services must be signed by a certified authority, stating that the individual experiences a visual, reading, or physical disability that inhibits them from reading standard print material despite having correctional devices. A hospital, nursing, or convalescent home or school serving visually or physically disabled individuals may also register.

# Summary Description of Organization:

The Carnegie Library for the Blind and Physically Handicap provides material and assistive technology devices for those who are unable to read standard print. The devices offered range from large print books and screen readers to braille machines and closed circuit televisions. Individuals who would like access to the library system must fill out an application and have it signed by a certified authority on the individual's disability (therapist, physician, nurse etc.).

Organization Title: Catholic Charities Phone Number: (412) 456-6999

Address: 212 9th St, Pittsburgh, PA 15222

Area Served, Catholic Charities supports families in Allegheny, Butler, Beaver, and

Washington County Pennsylvania. Hours: Monday- Friday 9 a.m. -5 p.m. Website: http://www.ccpgh.org/

Building Accessibility:

Services: Services provided are; adoption, healthcare for the uninsured, pregnancy support and refugee resettlement. They provide anger management, counseling, co- parenting classes, trans-parenting classes, basic needs assistance, homeless prevention and referrals. Disaster relief, utility assistance, mortgage assistance, rental assistance

Specialties: Catholic Charities are guided by the Gospel values and social teachings of the Catholic Church

They provide services and foster communications that respect each person with a preferential option for those who are poor or vulnerable

Client Population Focus: A number of programs and social services may be able to assist low-income and other qualified families with making it through an emergency or short term hardship.

Documents Required for Services: Eligibility application

Eligibility: Catholic Charities has limited resources to help with utility assistance and emergency needs. You may qualify for help if your total household incomes do not exceed 200% of the poverty level, based on Federal Poverty Guidelines

Fees: NA

Insurances Accepted: Therapeutic counseling is available at Catholic Charities. We accept most major insurances. NA

Sliding Scale Available: For those who do not have insurance, services are available for a sliding scale fee. No one is ever turned away because they cannot pay.

Credit Cards: NA

Summary Description of Organization: Since 1910, Catholic Charities has been providing help and creating hope for individuals and families living within six counties of the Diocese of Pittsburgh. They have a calling to recognize Christ in others, serve them as Christ would serve, and in so doing, bring glory and honor to Him. They have adoption services serving the needs of adoptive parents and birth parents. Counseling services serving the needs of adoptive parents and birth parents. Counseling services focusing on family dynamics, depression, anxiety and marital conflict. Housing and homeless assistance providing residence living. shelter, supportive housing, and homeless assistance, life-skills education that promote a sustainable, permanent living situation. Pregnancy and parenting services for birth mothers and fathers facing an unplanned pregnancy, help is available at all of our county offices with supportive, nonjudgmental counseling, parenting education, childcare resources, and baby care items. Refugee resettlement provides safe and affordable housing, assistance with applications for social security, medical assistance, food stamps, public assistance, health screenings, enrollment in school, English as a second language and orientation in the community. Safety net and security stability providing support from the food bank, rent/mortgage assistance, clothing, or mental health counseling, disaster relief only (help following a fire, flood or other disaster) or for pregnancy and parenting support. Senior services are helping victims of elder abuse. Their Challenges options seeks to enhance independence and maintain the highest quality of life possible for older adults through its programs and services community centers, in-home services, and supportive services.

4.2

# Center for Assistive and Rehabilitative Technology (CART)

Phone Number: Stacie Andrews, 814-254-0557 Address: 727 Goucher St, Johnstown, PA 15905

Area Served: students at HGAC and outside referrals throughout Pennsylvania.

Hours: 8:00am- 5:00pm Monday through Friday

Website: http://www.portal.state.pa.us/portal/server.pt/community/student\_services/17350/center

\_of\_assitive\_rehabilitative\_technology/1085547

Building Accessibility: Building is accessible, ramps, automatic doors; the building is all one

level.

Services: Assistive technology assessment is provided in the areas of positioning and mobility, computer access, environmental controls, driver assessment and vehicle modification, devices for activities of daily living, devices for visual and/or auditory impairments, and home/school/work modifications specific to architectural barriers and ergonomics.

Specialties: CART also offers a customized program, which provides more extensive assistive technology training for an individualized period of time, ranging from several days to several months, thus requiring a residential stay at HGAC. This program provides feedback on customers' abilities to function independently in a post-secondary school or work environment.

Client Population Focus: cognitive disabilities, developmental disabilities, learning disabilities, physical disabilities, visually impaired, deaf and hard of hearing

Eligibility: A student at the Hiram G. Andrews Center or Pennsylvania resident.

**Fees:** fee for service is ~ \$80 per hour

Insurances Accepted: For persons not sponsored by OVR, the services can be paid privately. Wheelchair services are covered by Medicare and other insurances. Blindness and Low vision is also covered by BVRS. BVRS tends to provide services for the individual's overall welfare and not necessarily focused specifically on work.

Sliding Scale Available: OVR does work on a sliding scale.

**Credit Cards: None** 

**Documents Required for Services:** generally a person needs a doctor's script for seating, but the remainder just need a referral from OVR, VA, etc. That is taken care of at the counselor level.

Summary Description of Organization: In the CART department, highly trained specialists evaluate customers' abilities and match them with appropriate assistive technology to maximize independence in the home, school and/or work environments. The assistive technology needs required to achieve customers' individual goals are explored, modified and implemented in a variety of settings, such as CART training labs, work tryouts and job shadowing experiences.

## **Center for Assistive Technology (CAT)**

**Phone Number:** 412-647-1310, Telecommunications Device for the Deaf (TDD): 412-647-1325 **Address:** Forbes Tower, Suite 3010 at □ 3600 Forbes Ave. and □ Meyran Ave. □ Pittsburgh, PA 15213 Located on the third floor in suite 3010.

Area Served: Works closely with Office of Vocational Rehabilitation and the greater Pittsburgh area

Hours: 9:00am-5:00pm, Monday through Friday

Website: http://www.upmc.com/Services/rehab/rehab-institute/services/cat/Pages/default.aspx Building Accessibility: CAT is located at the Oakland campus of UPMC, in the same building as the Rehabilitation Sciences and Technology Department of the University of Pittsburgh. Complimentary, accessible parking is available in the Forbes Tower parking garage, as well as in the Forbes Tower surface lot behind the building. Before you leave the CAT office, one of our staff members will validate your parking ticket.

Services:		
Туре	Products and Services	
Mobility	Adaptive driving evaluation and training	
	<ul> <li>On-the-road evaluations of vehicle modifications</li> </ul>	
	<ul> <li>Personal mobility seating and positioning systems</li> </ul>	
v	<ul> <li>Recreational devices, such as cycles and skis</li> </ul>	
Communication	<ul> <li>Augmentative communication devices</li> </ul>	
	<ul> <li>Audiology services</li> </ul>	
	<ul> <li>Aural rehabilitation assistive listening and alerting devices</li> </ul>	
	<ul> <li>Hearing aid dispensing</li> </ul>	
	<ul> <li>Specialized computer equipment and software, such as adaptive</li> </ul>	
	keyboards, monitors, and voice recognition programs	
Comfort	<ul> <li>Environmental control units for home, work, or school</li> </ul>	
	<ul> <li>Ergonomic workstation designs</li> </ul>	
	Workplace modifications	

**Specialties:** Physical and functional abilities, Seating and positioning needs, Home accessibility, Current assistive devices, Environmental considerations

Client Population Focus: based on the client's individual needs and goals.

Eligibility: You may need a referral and prior authorization from your primary care physician, if you are a member of an HMO.

### Center for Assistive Technology (CAT)

Fees: Co-pay based on insurance

Insurances Accepted: If your care relates to a medical condition, most health insurance plans —

including Medicare and Medical Assistance — cover CAT's fees.

Sliding Scale Available: Individuals are billed for services.

Credit Cards: No payment at the center directly Documents Required for Services: Insurance card

Summary Description of Organization: A joint program of UPMC and the University of Pittsburgh, the Center for Assistive Technology (CAT) has emerged as a leader and innovator in the assistive technology field. At CAT, we believe in literally shaping assistive technology around you and your lifestyle. The center strives to help individuals with disabilities obtain, or maintain, gainful employment through the appropriate use of technology. Staff provides advocacy for individuals who encounter difficulties obtaining assistive devices and services. CAT regularly provides assistive technology education programs for consumers, health care professionals, and related organizations to ensure that assistive devices are readily available and easy to use. When appropriate, CAT makes direct referrals for other services, such as attendant care or housing services.

**Organization Title:** Center for Hearing and Deaf Services (HDS) **Phone Number:** 

- Pittsburgh:

o Phone: (412) 281-1375 (voice/tty)

o Fax: (412) 281-6564

- Westmoreland:

o Phone: (724) 832-7600 (voice/tty)

o Fax: (724) 832-7602

#### Address:

- Pittsburgh:

Center for Hearing & Deaf Services, Inc. 1945 Fifth Avenue Pittsburgh, PA 15219-5543

- Greensburg, PA Westmoreland County Office:

HDS Westmoreland 1011 Old Salem Road

Suite 102

Greensburg, PA 15601-1034

Phone: (724) 832-7600 (voice/tty)

Fax: (724) 832-7602

Area Served: Allegheny County and Westmoreland County

**Hours:** 9 A.M. – 5 P.M. Monday - Friday **Website:** <a href="http://hdscenter.org/default.asp">http://hdscenter.org/default.asp</a> **Building Accessibility:** Building is accessible

**Services**: Interpreting Services, Assistive Device Center, Behavioral Health Services, Life Skills Programs and Personal Support, Deaf Youth Program and Audiology services **Specialties**: HDS started the first Chemical Dependency Program for the deaf and hard of hearing population in the tri-state area, an assistive listening and signaling device demonstration and sale center, a program providing activities for deaf and hard of hearing youth, and a Hearing Aid Recycling Program.

Client Population Focus: individuals who are deaf or hard of hearing or speech impaired

Eligibility: anyone in need of services is eligible.

**Fees:** Depend on service needed.

Insurances Accepted: all insurance accepted (taken mainly for audiologist appointments)

Sliding Scale Available: N/A Credit Cards: all accepted.

**Documents Required for Services:** Depends on services need, however most services do not require any documentation.

## **Summary Description of Organization:**

The Center for Hearing & Deaf Services, Inc. (HDS) was established in 1920 as the League for the Hard of Hearing to provide social activities for people with a hearing loss. HDS has evolved into southwestern Pennsylvania's only comprehensive service center for individuals who are deaf or hard of hearing.

HDS' mission is to provide a diverse and affordable program of quality diagnostic, rehabilitative and supportive services designed to address problems experienced by children and adults who are deaf or hard of hearing and to serve as an information and referral source for this population and the general public.

HDS works hard to ensure that the programs and services offered meet the needs of our constituency.

Organization Title: Center for Women with Disabilities at Magee-Womens Hospital of UPMC

Phone Number: 412-641-4030

Address: 300 Halket St, Suite 5600 Pittsburgh, PA 15213

Area Served: Pittsburgh and Allegheny County

Hours: Friday 8:30am-4:30pm

Website: http://www.upmc.com/locations/hospitals/magee/services/center-for-women-with-

disabilities/pages/default.aspx

Building Accessibility: Building and medical equipment is fully accessible

Services: Pelvic exams, pap testing, mammograms, women's wellness exam s, clinical breast

exams, and birth control

Specialties: Preventive health care to women with disabilities

Client Population Focus: Women with disabilities

Eligibility: Individuals with women's health concerns

Fees: Co pays based on insurance

Insurances Accepted: Any insurance accepted

Sliding Scale Available: Co pays based on insurance

Credit Cards: No, auto billed for visit by mail Documents Required for Services: None needed

Summary Description of Organization:

Women with disabilities need access to timely gynecologic and breast exams in addition to their special health care needs. The Center for Women with Disabilities is designed to overcome physical barriers to routine women's health care. The Center for Women with Disabilities at Magee-Womens Hospital of UPMC offers a comprehensive, patient-centered model of care that encourages and facilitates equal access and accommodation of physical differences.

### The Children's Institute of Pittsburgh

**Phone Number:** 412-420-2400

Address: 1405 Shady Avenue, Pittsburgh PA 15217-1350

Area Served: The Children's Institute has six locations to ensure that we are able to meet the needs of children and families in the greater Pittsburgh area. At our main campus in Squirrel Hill, we have an inpatient specialty hospital, outpatient services, The Day School and Project STAR Family Visitation Center. We also offer outpatient therapy services at three community locations in Wexford, Irwin (Norwin Hills) and Bridgeville. Project STAR offices are located in Wilkinsburg and Monaca.

Hours: (Vary by site) Outpatient 7:00am to 7:00pm; Hospital hours 9:00am to 9:00pm; the

Pittsburgh school hours are 8:30am to 2:30. **Website:** http://www.amazingkids.org/

Building Accessibility: Elevators, ramps, fully accessible at all sites

Services: Medical, Therapy, Educational, Child and Family Services

**Specialties:** Autism Spectrum Disorders, Brain Injury, Feeding and Swallowing program, Developmental Pediatrics, Pain Rehabilitation, Physical Medicine and Rehabilitation, Prader-Willi Syndrome, Spinal Cord Injury, Sports Injury and Rehabilitation, Ventilator Management

Client Population Focus: children, young people, and families

Eligibility: Western Pennsylvania children and young people with medical complexity are eligible—for example, acquired brain injury, and amplified pain disorders, spinal cord injury or multiple major diagnoses. Medical complexity takes many forms, so please call us at 412-420-2599 for more information or to determine whether your child or patient can be enrolled.

Fees: Insurance based, no fees up front, private rehabilitation facility

**Insurances Accepted:** The Children's Institute accepts insurance from many providers. Please call 412-420-2400 for specific information regarding coverage.

Sliding Scale Available: Insurance only

Credit Cards: None

Documents Required for Services: Insurance card

Summary Description of Organization: Established in 1902, The Children's Institute is an independent, nonprofit, licensed organization, dedicated to improving the quality of life for children, young people and their families by providing a specialized continuum of services that enables them to reach their potential. We are the only CARF-accredited freestanding pediatric specialty rehabilitation hospital in Pennsylvania, and one of only 5 in the nation. Our Day School is an approved private school serving nearly 200 students from 67 school districts. And we offer a wide array of family-centered adoption and foster care services through Project STAR.

# The Children's Institute- Intensive Family Support Services

Organization Title: The Children's Institute- Intensive Family Support Services

**Phone Number:** 412-244-3065

Address: 1405 Shady Ave, Pittsburgh, PA, 15217

Area Served: Surrounding Pittsburgh area/ Allegheny, Westmoreland, Beaver counties

Hours: Typically 8-5, evenings as well

Website: http://www.amazingkids.org/Child-and-Family-Services/child-family-

services-home

Building Accessibility: Easy access to building. Located in Shadyside. Able to walk, take

bus or drive to location.

#### Services:

Ultimate goal is to help to preserve the family. To do that we offer information and training, help develop skills, and provide the understanding that our families need.

One-on-one guidance.

An evaluation of the family's needs.

Developing goals and implementing ways to keep the family united.

Education in areas such as child development, hygiene, behavioral management, administering medication and providing a safe environment.

Transportation to and from medical appointments.

Advocacy for their child and themselves.

Services are provided to birth parents to preserve the family as the first step and number one goal.

Child may be removed from house (depending on safety), foster care is the last resort for the child.

# Specialties:

Client Population Focus: Families (adults and children) in need of services.

Eligibility: All families in need of intensive supports.

**Fees:** Project STAR at The Children's Institute does not charge agency fees to families. Reimbursements from state and county agencies, charitable grants and personal contributions make this possible.

**Insurances Accepted:** N/A **Sliding Scale Available:** N/A

Credit Cards: N/A

**Documents Required for Services:** This program receives the individual's info from Westmoreland county. Depending on certain resources needed for families such as drug or alcohol counseling- they may require documents.

The Children's Institute- Intensive Family Support Services

**Summary Description of Organization: The Children's Institute:** CARF-accredited freestanding pediatric specialty rehabilitation hospital in Pennsylvania, and one of only 5 in the nation. Our Day School is an approved private school serving nearly 200 students from 67 school districts. And we offer a wide array of family-centered adoption and foster care services through Project STAR.

Organization Title: Cigna

Phone Number: 1.800-997-1654, see Address section for specific location phone numbers.

Address:

#### - Local:

200 Park Ln Dr.
 Pittsburgh, PA 15275
 (412) 747-7477

- 12 Roseanne Cir Irwin, PA 15642 (724) 744-6105
- 407 Bow Ct
   Seven Fields, PA 16046
   (724) 772-6475

### Corporate:

- Cigna Corporate Headquarters
   900 Cottage Grove Road
   Bloomfield, CT 06002
- Two Liberty Place
   1601 Chestnut Street
- o Philadelphia, PA 19192

**Area Served:** Cigna is an international company with sales in more than 30 countries and jurisdictions

Hours: varies on services

Website: <a href="http://www.cigna.com">http://www.cigna.com</a>

Building Accessibility: Yes, calling in advance to assure location accessibility would be

optimal.

#### Services:

Cigna provides health care and related benefits offered to individuals, and through employers, brokers and consultants. Key product lines include: Health care products and services, Group disability, life and accident insurance, International insurance coverage.

Individual and family health insurance, insurance plans for employers and

organizations and broker and consultant services are also available

Specialties: Cigna's mission: to help the people we serve improve their health, well-being and sense of security. We see our corporate responsibility program as an important opportunity to connect that mission to people and communities everywhere. By listening, by understanding and by taking action, we're committed to applying our resources and expertise in a way that creates positive change in these vital areas: Children's Wellness. Building a foundation for a lifetime of healthy choices right from the very start. Senior

Care. Helping seniors enjoy a vital life and enrich the lives of those around them. Women's Health. Addressing the unique health and wellness issues women face at every age and

stage of their lives. **Health Equity**. Removing barriers to help all people pursue optimal health and personal achievement.

**Client Population Focus:** Any individual who is employed by a Cigna insured company, individuals who have their own Cigna insurance. No disability population in general.

Eligibility: Must be covered under a specific Cigna Plan

Fees: varies

Insurances Accepted: Cigna is an insurance provider (insurance plans are not available in

PA)

**Sliding Scale Available:** N/A

**Credit Cards:** all

Documents Required for Services: Must have a Cigna identification card with insurance

information.

### **Summary Description of Organization:**

Cigna is a global health service company dedicated to helping people improve their health, well-being and sense of security. All products and services are provided exclusively through operating subsidiaries of Cigna Corporation, including Connecticut General Life Insurance Company, Cigna Health and Life Insurance Company, Life Insurance Company of North America and Cigna Life Insurance Company of New York. Such products and services include an integrated suite of health services, such as medical, dental, behavioral health, pharmacy and vision care benefits, and other related products including group disability, life, and accident coverage. Cigna has sales capability in 30 countries and jurisdictions, with approximately 80 million customer relationships throughout the world.

Cigna helps employers and organizations around the world protect their workforces. Our integrated plans and services combine with proven health and well-being programs to help employees stay healthy and on the job. Cigna partners with brokers and consultants to develop programs to fit the unique needs of their employer and individual clients. Cigna provides individuals and families with the coverage and tools they need to improve their health, well-being and sense of security-and lower their medical costs.

Cigna International provides access to superior quality health care and related financial protection programs to groups and individuals around the globe.

Organization Title: CIRCA (Consortium for Injury Research and Community Action)

**Phone Number:** 412-624-4612

Address:

University of Pittsburgh

Graduate School of Public Health

130 DeSoto Street 127 Parran Hall Pittsburgh, PA 15261

Area Served: Pittsburgh area (research done statewide for some programming)

**Hours:** 

Website: http://www.circa.pitt.edu/default.asp

Building Accessibility: Southern Side of building on Fifth Ave

Services: Violence Prevention, academic training, research mentorship, Core-competency

base training, statewide training needs assessment,

Specialties: N/A

**Client Population Focus:** 

Eligibility: N/A Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

Note: This is more of an educational resource rather than a service-based one.

**Summary Description of Organization:** "The mission of CIRCA is to understand how the social environment affects injury risk and how social norms, community-based interventions, public policy and environments can be altered to reduce the occurrence, severity and consequences of injury." This organization is more of an education based resource for the care provider, rather that for the person with the disability. However, their Community Violence Prevention Project gives us information about the causes of violence in the community. Included in these causes are social determinants and in our practice, we always look at the environmental factors which can effect a person. Basically, this resource was chosen as a source of information more than a hands-on program type.

Organization Title: Community Living and Support Services (CLASS)

Phone Number: 412-683-7100

Address: 1400 S Braddock Ave. Pittsburgh, PA 15218

Area Served: Allegheny, Beaver, Butler, Lawrence, Westmorland, Erie, Mercer, Venango,

Crawford

Hours: Monday-Friday 9am-5pm Website: www.classcommunity.org Building Accessibility: fully accessible

Services: Adult Services, Children & Family Services, Community Services, Legal Services, Alliance for Community Respite Care, Multiple Sclerosis Service Society

Specialties: Promoting Community Integration

Client Population Focus: All disabilities

Eligibility: Adults 18-59 (also children for the Children Services)

Fees: N/A

Insurances Accepted: private insurance, OVR

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: SSDI, SSI, proof of OVR, disability determination form

# Summary Description of Organization:

CLASS is a non-profit organization that focuses on community participation and provides many different services for individuals with disabilities. Programs include Adult Services, Children & Family Services, Community Services, Legal Services, Alliance for Community Respite Care, Multiple Sclerosis Service Society. It is supported by United Way, OVR, Allegheny Department of Federal Programs, Mental Health/Mental Retardation Office, and Office of Long Term Living. A detailed description of each program is provided on their website.

## Cognitive Skills Enhancement Program

Organization Title: Cognitive Skills Enhancement Program

Phone Number: 412-383-6602

Address: 727 Goucher Street, Johnstown PA Area Served: Pennsylvania OVR customers Hours: Monday through Friday 8:00am-3:30pm

Website:

http://www.portal.state.pa.us/portal/server.pt/community/student\_services/17350/cog

nitive\_skills\_enhancement\_program/608245

Building Accessibility: The building is fully accessible

Services: Provides cognitive rehabilitation

Specialties: Cognitive Skills, Social Skills, and Vocational Skills

Client Population Focus: Cognitive Disabilities (Autism Spectrum Disorder, Learning Disability, Traumatic Brain Injury, Attention Deficit Hyperactivity Disorder)

### Eligibility:

- Must be a customer of OVR
- Primary disability must be cognitive
- Meet the intellectual criteria (FS>70)

Fees:

Total: \$25,232 Tuition: \$11,224

Room & Board: \$10,980 Other Fees: \$4,488

Insurances Accepted: N/A—work study, Pell grants, PHEAA, and FSEOG are also available

Sliding Scale Available: N/A

Credit Cards: yes

Documents Required for Services: Neuropsychological evaluation, psychological evaluation, intellectual assessments, OVR customer documentation, certificate of eligibility (OVR), employment barriers form, vocational evaluation

### Summary Description of Organization:

The Cognitive Skills Enhancement Program is a full time, cognitive rehabilitation program that focuses on three main areas of function to help individuals with cognitive disabilities develop skills and strategies to help them in their post-secondary education and vocational

# Cognitive Skills Enhancement Program

endeavors. They work on Cognitive skills such as problem solving, memory, attention, and planning. Social skills that are addressed are communication, being assertive, and getting along well with others. Vocational Cognition is also addressed by discussing how to be a professional in the workplace, appropriate workplace attitudes and behavior, and participation in a mentorship program. A large focus is placed on gaining self-awareness and learning about how their disability affects them by identifying their strengths and weaknesses.

Organization Title: Community Care Behavioral Health Organization (Community Care)

Phone Number: (412) 454-2120

Address: 339 Sixth Ave, Pittsburgh, PA 15222

Area Served: Allegheny County

Hours: 8:00am - 5:00pm, Monday through Friday

Website: http://www.ccbh.com/

**Building Accessibility: Yes** 

<u>Services</u>: Behavioral Health Service management for Mental Health issues, and Alcohol and other Drug problems.

Specialties: Behavioral Health

Client Population Focus: Child, Adolescent, and Adult persons with behavioral health needs.

**Eligibility**: Clients must have Medical Assistance

<u>Fees</u>: Fees only accumulate if the consumer sees an out-of-network provider. These visits must undergo preapproval. If there is an outstanding bill then the client is responsible to pay.

<u>Insurances Accepted</u>: all primaries are billed first, followed by Medical Assistance as a secondary.

Sliding Scale Available: N/A

Credit Cards: N/A

<u>Documents Required for Services</u>: Clients would apply through the Department of Public Welfare. DPW then looks at income level, and approves clientele based on this factor. Once approved for Medical Assistance then Community Care is available to the client.

<u>Summary Description of Organization</u>: Community Care was incorporated in 1996 and has been managing the delivery of behavioral health services in the Northeastern part of the United States since 1999. Our mission is to improve the health and well-being of the community through the delivery of effective, cost-efficient, and accessible behavioral health services.

Organization Title: Department of Aging Phone Number: SeniorLine: (412) 350-5460

Toll Free: (800) 344-4319
Tel: (412) 350-4234
Fax: (412) 350-3091

TDD/TTY: (412) 350-2727

Address: Birmingham Towers

2100 Wharton Street, Second Floor

Pittsburgh, PA 15203

Area Served: State of PA

Hours: 8:30 - 4:30 Monday - Friday; After 4:30 calls are answered by an emergency service

Website:

http://www.portal.state.pa.us/portal/server.pt/community/department of aging home/1

<u>8206</u>

**Building Accessibility: Yes** 

Services: Services covering a wide range of needs are available allowing individuals to remain in their communities and homes. These services include home health care; personal care, providing assistance with bathing, dressing, eating, grooming, toileting, etc.; health support services such as housekeeping, shopping assistance, laundry and mending; respite care (caregiver relief); transportation and other routine household chores as necessary to maintain a consumer's health, safety and ability to remain in the home; home-delivered meals prepared at a central location and delivered to a person's home.

Specialties:

Client Population Focus: Senior Citizens

Eligibility: 60 or older; <u>Area Agencies on Aging provide</u> assessments for all nursing facility Medicaid applicants to determine nursing facility clinical eligibility for people ages 18 to 59 applying for enrollment in the Department of Welfare (DPW) Medicaid Home and Community Based Services (HCBS) programs. AAAs also assess consumers under age 60 applying for the State Supplement in personal care and domiciliary care homes. AAAs can provide HCBS to this age group if they are found eligible for DPW HCBS and they are found to be clinically eligible for nursing facility care. Finally, the Older Workers Program if for consumers 55 years of age and older.

Fees: Free to senior citizens

Insurances Accepted: NA

Sliding Scale Available: NA

Credit Cards: NA	Cr	edit	Cards:	NA
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Documents Required for Services: State identification

Summary Description of Organization: The Department of Aging offers a variety of services for older PA citizens. There are 52 Area Agencies on Aging across the state of PA. Local contact information can be obtained on the website.

Organization Title: DePaul School of Hearing and Speech

Phone Number: (412) 924-1012

Address: 6202 Alder St, Pittsburgh, PA 15206

Area Served: Pittsburgh, Ohio, West Virginia, (within a two hour radius).

Hours: Monday – Friday 8:15 a.m.-3:15 p.m. Website: http://depaulhearingandspeech.org/

Building Accessibility: Accessible

Services: provides verbal therapy, Speech therapy, teletherapy, counseling, physical and occupational therapy, health office and nursing.

Specialties: We believe that children who are deaf and hard of hearing have the potential to develop listening and spoken language skills as the foundation for life-long literacy and intellectual growth.

Client Population Focus: At DePaul School, we teach children from birth to age 15 who are deaf or hard of hearing to listen and speak without using sign language.

Eligibility: Any child with hearing loss Fees: If accepted into the school, it is free.

Insurances Accepted: NA Sliding Scale Available: NA

Credit Cards: NA

Documents Required for Services: Newborn screenings.

Summary Description of Organization: Using cochlear implants and digital hearing aids to access sound, students who are hard of hearing or deaf, receive Listening and Spoken Language(LSL) education, speech therapy and clinical audiology services that help maximize their potential to listen and speak. DePaul School is one of only 42 schools of its kind in the country and the only LSL school in the western Pennsylvania, Ohio and West Virginia tri-state area. DePaul School offers a full continuum of programs and services, including a comprehensive curriculum aligned with state and federal standards. Children who participate in our Listening and Spoken Language programs receive intensive services that enable them to successfully develop speech and language skills. As a result, they can transition to their neighborhood\_elementary schools at much younger ages than deaf children who do not have the advantages of this type of education. More than 70% of the children who attend DePaul as toddlers and preschoolers are ready to transition to a mainstream classroom by first grade.

Organization Title: The Disability Connection

Phone Number: 1-877-755-5222

Address: One Smithfield Street, 2nd floor, Pittsburgh, PA 15222

Area Served: Allegheny County

Hours: M-F 8:30-4:30

Website: http://disabilityconnection.org/

Building Accessibility: Accessible through front door

Services: Resource Hub:

Family Resource Guide- compilation of resources available in Allegheny for

children birth-21, Housing Guide

Employment Policies, Data, U.S. Dept. of Labor Publications

People First Language education

Specialties: Task Force: Serves the mayor and the Allegheny County Executive as

representatives of various disability groups in order to advice the officials

Client Population Focus: Any individual with a disability in Allegheny County

Eligibility: N/A

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

# Summary Description of Organization:

The disability connection works to promote equal opportunity for people with disabilities by coordinating and improving services in Allegheny County. It handles disability related concerns that affect the entire city, such as housing, physical environment barriers, and employment barriers, and directs individuals on what services may best help resolve these issues. It also has a task force that advises the Mayor and County Executive on policy issues that impact the disability community, such as regulations promoting meaningful employment and community inclusion for people with disabilities. The website acts as a service coordination hub for individuals to find disability related resources in Alleghany County.

Organization Title: Disability Resource Center at the University of Pittsburgh

Phone Number: (412) 624-3346

Address: 140 William Pitt Union 3959 Fifth Avenue, Pittsburgh PA 15260

Area Served: University of Pittsburgh

Hours: Monday through Friday 8:30 a.m. - 5 p.m.

Website: http://www.studentaffairs.pitt.edu/drswelcome

Building Accessibility: Equipped with ramps, automatic doors, and elevators

Services: Individualized Disability Support Service; Interpreters & Real-Time Captioning services; Exam proctoring service; alternative format documents; assistive technology;

disability shuttle; housing accommodations

Specialties: Disability specialists work individually with students

Client Population Focus: Students with a current disability that substantially limits a major

life function

Eligibility: Documented diagnosis of a disability that substantially limits a major life

function

Fees: Included in tuition Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Documentation to verify eligibility under Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990; any documentation that describes the current impact of condition; different requirements for various disabilities; request forms for various services

Summary Description of Organization: The Disability Resource Center at the University of Pittsburgh has various services that accommodate the needs of students with disabilities. These services help students overcome barriers in the classroom and around campus. Disability specialists meet with students to create individualized accommodations that will help them succeed in their courses and in their overall college experience.

Organization Title: Domestic Violence of Southwestern PA

Phone Number: Washington County (724) 223-9190, Greene County (724) 852-2463,

Fayette County (724) 439-9500 OR (800) 791-4000

Address: Address is not stated on website due to privacy of individuals who need services.

Area Served: Washington, Greene, and Fayette counties.

Hours: Hotline is open 24 hours a day, shelter open 24 hours a day, 7 days a week.

Website: http://www.peacefromdv.org/

**Building Accessibility:** The location is accessible once the individual calls the hotline and receives location (unless they know they address/ location ahead of time).

#### Services:

Domestic Violence Services of Southwestern PA is committed to providing services to individuals and their children who are abused or threatened with abuse. DVSSP is a safe, non-judgmental alternative to domestic violence. We are working toward making the community aware of the scope of domestic violence and its impact on individuals, the family, and society.

- •Safe, temporary shelter
- •24 hour hotline
- •24 hour transportation and intake
- •Empowerment counseling and support groups for residents and non-residents
- Information and referrals
- Advocacy
- Accompaniment
- •Legal advocacy program
- Transitional housing
- •Children's program
- •Food, clothing, and personal care items for residents
- Domestic violence prevention projects in schools
- Community education and training programs

**Specialties:** The programs of the Education & Training Department of DVSSP are intended to raise awareness regarding domestic violence issues and to support safe and healthy relationships. We strive to not only break the cycle of violence, but also to prevent future violence through interactive programming to schools, colleges, businesses, faith-based organizations, youth and community groups, and other social service agencies.

**Client Population Focus**: Individuals and their children who are abused or threatened with abuse.

**Eligibility:** An individual threatened or experiencing domestic violence. Friends or family members of individuals of domestic violence can seek services as well.

Fees: No fees for services.

Insurances Accepted: Individuals do not require insurance for services.

Sliding Scale Available: N/A

### Domestic Violence of Southwestern PA

Credit Cards: N/A

**Documents Required for Services:** Individuals do not require documents to receive services.

**Summary Description of Organization:** "The mission of Domestic Violence Services of Southwestern PA is to increase awareness of domestic violence and its effect on the community, to empower those victimized by providing advocacy and safe and effective services, and to work for social change designed to eliminate domestic violence."

Organization Title: Easter Seals Phone Number: (412) 281-7244

Address: 2525 Railroad St, Pittsburgh, PA 15222

Area Served: Pittsburgh, Franklin, Oil City, Johnstown, Somerset, Altoona, State College,

York & Harrisburg

Hours: Monday through Friday 8a.m. - 4p.m.

Website: http://www.easterseals.com/wcpenna/who-we-are/contact-us/

Building Accessibility: Building is accessible.

Services: vocational evaluation services, school to work programs, employment planning, job placement services. They provide medical rehabilitation, children's services, adult and senior services, camping and recreation.

Specialties: Easter Seals advocates for people with disabilities. They help people achieve independence, and help promote the rights of people who have disabilities to not be discriminated against. The organizations core value is for caring and helping people with disabilities.

Client Population Focus: Break down barriers and be sure we can include everyone who has disabilities.

Eligibility: Easter Seals is committed to caring for children and adults with physical and mental disabilities and special needs resulting from any cause -- whether diagnosed at birth or incurred through disease, accidental injury or the aging process.

Fees: Adult day services generally cost between \$40 and \$100 a day depending on one's geographic location. Many participants receive funding through state and local agencies that cover all or a portion the cost of adult day services. Although the funding available varies in each state, most offer Medicaid waivers for individuals with specific needs and financial support through the Administrations on Aging and Veterans' Administrations. Insurances Accepted: Some participants also pay through long-term care insurance or private pay.

Sliding Scale Available:

Credit Cards: Accept

Documents Required for Services: Individuals who benefit from these services include seniors and older adults with health risks (alzheimer's disease/dementia, limited mobility, Parkinson's disease, stroke) and younger adults with developmental disabilities. The following criteria describes individuals who would benefit from these services. A person living with relatives who are absent during the day and who needs minimal supervison or stimulation. A person living alone who needs proper nutrition and the fellowship of others. A person who needs health and nutrition monitoring. A family who needs relief from the

care of and elderly person, who otherwise might be placed in a nursing home. Clients will sign medical releases verifying they are free from communicable diseases.

Summary Description of Organization: Provides services to 20,000 families who are affected by a disability in Western PA. They want to make sure that no one is alone. They want to bring love and happiness to their consumers and their families. They provide a safe place for people with disabilities. They provide training and employment to help fulfill people's lives. Provide trust, commitment and care. Helping people overcome their obstacles. Help people attain a better outlook on life. Easter Seals provides hearing and speech services for people who have communication disabilities. Giving integrity, respect and excellence, independence and love.

Organization Title: Emmaus Community of Pittsburgh

Phone Number: 412-381-0277

Address: 2821 Sarah St., Pittsburgh, PA 15203

Area Served: Greater Pittsburgh area

Hours: 8 am -5 pm

Website: <a href="http://www.emmauspgh.org/">http://www.emmauspgh.org/</a>

Building Accessibility: Most buildings are accessible

Services: Residential, respite care, in-home respite and companion services for people with

intellectual disabilities and autism

Specialties: Residential care, home and community habilitation, advocacy

Client Population Focus: Children and adults with intellectual disabilities and autism

spectrum disorders

Eligibility: Individuals with intellectual disabilities and autism

Fees: Vary by program and level of care required. Coordinated through client's

Independent Supports Coordinator. Grants available. Insurances Accepted: P/FD waivers, ASD waivers,

Sliding Scale Available: Yes

Credit Cards: Yes

Documents Required for Services: Health physical, completed within past year – must state- free from communicable disease; Mantoux (tuberculin skin test) within two years,

tetanus shot within ten years of first day of admission.

Summary Description of Organization: Faith-based advocacy organization primarily focused on providing residential services in a "family" setting. All aspects of care are addressed, including assistance with daily living skills, opportunities for socialization and recreation, health care maintenance, medication administration, and finding suitable employment opportunities. In addition to group homes and supervised apartments, Emmaus Community also offers respite care and social activities that are open to the community.

Organization Title: Familylinks Phone Number: (412) 661-1800

Address: 250 Shady Ave. Pittsburgh, PA 15206

Area Served: Shadyside

Hours: Monday-Friday 8:30am-9:00pm

Website: www.familylinks.org

Building Accessibility: ADA compliant

Services: Alcohol/ Drug Abuse, Mental Health/Wellness, Co-occurring disorders, special

needs and service coordination, education services, youth services, housing,

Specialties: Behavioral Health Services, Education and Community Services, Youth and

Family Services

<u>Client Population Focus</u>: Individuals with mental health issues, developmental disabilities, addictions, abuse, behavioral problems, illnesses, maintaining independence and other life

challenges

<u>Eligibility</u>: for mental health services: recommendation from physician or psychologist and diagnosis of a mental illness

For special needs and service coordination: diagnosis of an intellectual disability

<u>Fees</u>: self payment (depending on the services used) <u>Insurances Accepted</u>: Medicaid, private health insurance

Sliding Scale Available: yes

Credit Cards: yes (all major credit cards)

Documents Required for Services: referral accepted from any service providers

Summary Description of Organization:

Familylinks is a treatment facility in Pittsburgh, which specializes in substance abuse services. They provide outpatient and partial hospitalizations/ day treatment options.

# Family Services of Western Pennsylvania: Outpatient Mental Health Services

Organization Title: Family Services of Western Pennsylvania: Outpatient Mental Health

Services

Phone Number: #1-888-222-4200 Address: 1. 310 Central City Plaza

New Kensington, PA 15068

2. 201 Corbet Street Tarentum PA, 15068

Area Served: Westmoreland and Allegheny County

Hours: 1. Monday, Tuesday, Thursday, Friday: 8:00-5:00p

Wednesday: 9:00-6:00p

Sunday: Closed

2. Monday, Tuesday, Wednesday, Friday, Saturday: 8:00-5:00p

Thursday: 10:00-8:00p

Sunday: Closed

Website: www.fswp.org

Building Accessibility: Completely Accessible (both buildings are all one floor)

**Services:** Individuals (adults, adolescents and children) and families seeking a safe, supportive environment to work out problems and/or cope with issues including life stressors (divorce, abuse, death of family members or friends), problems at home, work or school, behavioral issues, managing anger, and dealing with feelings of sadness or anxiety.

Specialties: Adolescent psychiatrist on staff

Client Population Focus: Adult, older adult, families and children

Eligibility: None

Fees: Dependent upon insurance copay

Without Insurance: \$70.00 per 15 minute visit with psychiatrist Insurances

Insurances Accepted: Dependent upon Psychiatrist

**Sliding Scale Available:** N/A

Credit Cards: Accepted at both sides

**Documents Required for Services:** Previous medical records, copy of insurance card (if applicable), intake paperwork completed, and copy of driver's license (if applicable)

**Summary Description of Organization:** Adult, Adolescent and Child Psychiatric Services include an evaluation by a psychiatrist to provide an assessment of presenting psychiatric symptoms including substance abuse/dependence, level of impairment and associated risk factors to determine appropriate treatment options. Treatment options may include a trial of psychotropic medication and medication monitoring to provide clinical oversight of individuals who are prescribed psychotropic medication by the agency or consulting

Family Services of Western Pennsylvania: Outpatient Mental Health Services

psychiatrists. Continued assessment of medication effectiveness and efficacy is conducted by focusing on the change in the targeted symptoms, side effects to the prescribed medication and other medical concerns that may develop.

**Organization Title:** Gateway Rehabilitation Center **Phone Number:** 

- 412-604-8900 or 1-800-472-1177

- Admissions: 412-604-8900 (press 4) or 1-800-472-1177

#### Address:

Gateway Rehab Corporate Headquarters
 311 Rouser Road
 Moon Township, PA 15108

- Various locations can be found at: <a href="http://www.gatewayrehab.org/locations">http://www.gatewayrehab.org/locations</a>

**Area Served:** four divisions at 20+ locations throughout Western Pennsylvania and Ohio **Hours:** 24-7

Website: <a href="http://www.gatewayrehab.org/">http://www.gatewayrehab.org/</a>

**Building Accessibility:** Yes, contacting Gateway for further information on each locals accessibility is optimal before admission.

**Services:** Gateway Rehabilitation Center offers a variety of alcohol and/or other drug treatments that have been successfully proven. The center serves nearly 1,700 adults and youth daily. Some treatments and services include: detox, inpatient care, outpatient care, halfway house (Extended Care Division), youth services, employee assistance programs and correction division

Specialties: drug and alcohol rehabilitation

Client Population Focus: individuals with substance abuse issues

**Eligibility:** Anyone who is voluntarily in need of services. NO involuntary individuals accepted.

**Fees:** Self-pay rates: detox: \$4,531; 7 days rehab \$3,703; 28 day stay program intermediate unit \$14,812.

**Insurances Accepted:** Highmark, UPMC, Etna, Cigna and Medicaid. Gateway Rehab does not have a contract with Medicare

**Sliding Scale Available:** County funding available for individuals with no insurance and no self-pay means: can have evaluations with counties that have contracts with Gateway **Credit Cards:** All credit cards accepted.

**Documents Required for Services:** none, referrals accepted but individual must be willing to participate in treatment.

**Summary Description of Organization:** Gateway Rehab is an internationally recognized leader in addiction treatment, offering an array of services for adolescents, youth, and adults with a compassionate and individualized approach.

# - Admissions Process:

- O You can call us at any time of the day or night.
- O Will gather some basic information from you and assess your needs.
- Once assessment has been completed, we will recommend the most appropriate treatment.

Organization Title: Greenbriar Treatment Center Phone Number: (412) 829-2103 OR (800) 637-HOPE

Address: 400 Penn Center Blvd. Suite 707

Pittsburgh, PA 15235

Area Served: Pennsylvania: Pittsburgh, Washington, New Kensington, Wexford

Hours: 24 hours

Website: http://www.greenbriar.net/programs.php

**Building Accessibility: Yes** 

Services: Detoxification, In-Patient/Non-Hospital, Dual Diagnoses Program, Partial Programming, Day Partial Program (Half-Day), Evening Partial Program, Evening Partial

Program, Individual Counseling, Halfway Houses

Specialties: Addiction Recovery

Client Population Focus: Substance Abuse users

Eligibility: Depends on treatment

Fees: Depends on person and treatment

Insurances Accepted: Group/Individual Health Plans, Medical Assistance, County Agency

Supplement

Sliding Scale Available: Each county in Pennsylvania has a Drug and Alcohol office (D & A). The prospective client should contact their home county D & A office and explain that they are in need of treatment, but do not have insurance. The staff at the D & A office will then instruct the client on the necessary steps to take to receive treatment. Clients also have the option of paying for their treatment out of pocket. Arrangements must be made with Greenbriar's financial department prior to admission.

Credit Cards: Out of pocket options

Documents Required for Services: Dependent on services

### **Summary Description of Organization:**

Greenbriar Treatment Center offers detoxification, inpatient rehabilitation, and a variety of outpatient programs. Greenbriar is a dual treatment center that is able to treat clients with mental health issues, as well as substance abuse issues. Greenbriar also has eight outpatient sites and two halfway houses around the Pittsburgh area

Organization Title: Howard Levin Clubhouse

Phone Number: (412) 422-9519

Address: 2621 Murray Avenue Pittsburgh, PA 15217

Area Served: Squirrel Hill

Hours: Monday-Thursday 8:30 am- 5:00 pm Friday 8:30-7:00

The Clubhouse is open on every holiday from 10:00 am to 2:00 pm except Yom

Kippur

Website: http://jrspgh.org/hlc/contact.html

Building Accessibility: ADA complaint

<u>Services</u>: -Members gain employment skills by working with other members and staff. There is a "work-ordered" day to help members transition back into the work-force by creating a daily structured routine. Work activities vary by unit.

- -The Member Services Unit keeps daily and monthly attendance statistics. It also sends reach-out cards to members who are struggling or haven't been in the Clubhouse for a while, and birthday cards.
- -The Food Service Unit is in charge of food preparation, The Little Hippo snack bar, and the Clubhouse's urban garden.
- -The Business/Employment/Education Unit takes care of accounting, creating and editing a monthly newsletter, and serves as the communication hub for the Clubhouse

<u>Specialties</u>: Members and staff work together to run the clubhouse. Idea is that you are not able to tell who is a member and who is a staff member.

<u>Client Population Focus</u>: Mental Health (adults)

<u>Eligibility</u>: Have a primary mental health diagnosis, be at least 18 years of age, be willing to participate in the Clubhouse program. Also, the HLC does not take individuals who are/have been on parole or have a criminal background.

Fees: Membership is free. Lunch is \$1.50 Dinner (on Fridays is \$2.00)

<u>Insurances Accepted</u>: n/a <u>Sliding Scale Available</u>: n/a

Credit Cards: n/a

<u>Documents Required for Services</u>: Howard Levin Clubhouse member application (must include phone number of applicant, Social Security number of applicant and signature of applicant), referral form, Axis 1 diagnosis signed by MD or psychiatrist, psychiatric evaluation, signed recommendation by MD or psychiatrist

Howard Levin Clubhouse

# Summary Description of Organization:

The Howard Levin Clubhouse is a warm, welcoming community where adults whose lives have been disrupted by mental illness come together to discover and develop their strengths and abilities, build self-confidence, and gain valuable social and vocational skills that prepare them for more productive, rewarding, meaningful lives. Our members are adults from all walks of life, who have in common a history of mental illness and the desire to grow, develop and work together toward the goal of recovery.

# **Human Engineering and Research Laboratories**

**Phone Number:** 412-822-3700

Address: VA Pittsburgh Healthcare System ☐ 6425 Penn Avenue, Suite 400 ☐ Pittsburgh, PA

15206

Area Served: Allegheny County

**Hours**: 8:00am- 5:00pm

Website: http://www.herl.pitt.edu/video/human-engineering-research-overview

Building Accessibility: fully accessible

**Services:** K-12 programs, undergraduate programs, graduate programs, post-doctoral programs, veterans, continuing education

**Specialties:** Developing wheelchair control devices for people with Multiple Sclerosis, Traumatic Brain Injury, Cerebral Palsy, and limited hand strength. They also use advanced imaging technologies such as ultra sound and x-rays to collect biomechanical data to examine the way wheelchair users propel and transfer. Design and build assistive technology devices with electrical components.

Client Population Focus: Find solutions to problems that exist for veterans and all individuals who use wheelchairs and other forms of assistive technology.

Eligibility: Varies per program

Fees: Varies per program
Insurances Accepted: N/A
Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

**Summary Description of Organization:** To continuously improve the mobility and function of people with disabilities through advanced engineering in clinical research and medical rehabilitation.

Organization Title: Independence Professionals

Phone Number: 724-287-1786

Address: 322 Clark Ave. Butler, PA 16002

Area Served: Allegheny County, Armstrong, Indiana, Chester, and Potter counties

**Hours:** varies per client

Website: http://www.independenceprofessionals.com/index.html

Building Accessibility: N/A

**Services:** Daily Living and household management skills, community integration, vocational skills support, cognitive skills, community integration, social and communication skills, exercise and sensory/motor skills, and hobbies and friendships.

Specialties: Positive approaches, encouraging independence

Client Population Focus: Intellectual Disability

**Eligibility:** Eligibility to receive funding (for families) is obtained through "base service units" In Allegheny County, those unites are Family Links, Staunton Clinic, and Mon Valley. **Fees for the following services:** behavioral support, companion services, home and community habilitation, respite in home

Insurances Accepted: N/A

Sliding Scale Available: No; Not permitted to use because they receive state funding

Credit Cards: N/A

Documents Required for Services: N/A

**Summary Description of Organization:** Staffed with habilitation specialists, they "integrate our services in a community based setting, utilizing available free community resources whenever possible, and assisting in building support systems by connecting them to community organizations as appropriate." They work on the belief that encouraging their clients to give back to the community through volunteerism, often times create opportunities to teach as well.

Organization Title: Job Accommodation Network (JAN) Phone Number: (800)526-7234; (877)781-9403 (TTY)

Address: Web-based service Area Served: United States

Hours: Workplace accommodation experts are available by phone 9 a.m. to 6 p.m. ET

Website: http://askjan.org/index.html

Building Accessibility: N/A

Services: The Searchable Online Accommodation Resource (SOAR) provides practical accommodation options for many disabilities and workplace settings based on specific functional limitations (including those that are not covered by the ADA).

Consultants are available by phone and online to offer one-on-one guidance on workplace accommodations, the Americans with Disabilities Act (ADA) and related legislation for employees, employers, advocates, and rehabilitation professionals. Information regarding self-employment and entrepreneurship options for people with disabilities is also available. Training is also available through webcasts, podcasts, and in person workshops.

Specialties: On-line resource for workplace and accommodation issues.

Client Population Focus: All disabilities, all levels of disability

Eligibility: Everyone

Fees: Free

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

Summary Description of Organization: A service of the U.S. Department of Labor, Office of Disability Employment Policy (ODEP), JAN is an ongoing collaborative effort between ODEP, West Virginia University and private industry to provide technical assistance about job accommodations and disability legislation (e.g., America with Disabilities Act (ADA) for employees, employers, advocates and others. With its mission to enhance employability for individuals with any of disability, JAN has been recognized as the most comprehensive job accommodation resource available.

Organization Title: John Merck Adult Outpatient Clinic

**Phone Number**: 412.246.6262

Address: 3501 Forbes Avenue, Suite 700, Pittsburgh, PA 15213

Area Served: All areas including out of state (Ohio and West Virginia)

Hours: 8:30am-5:00pm, Weekdays

Website: https://pa211sw.communityos.org/zf/profile/program/id/412291

Building Accessibility: ADA Compliant

#### Services:

• Psychiatric evaluation

• Psychotherapy (individual, group and family)

• Medication management

• Behavioral support services.

Specialties: ADOS screening for Adult Autism Diagnosis

# **Client Population Focus:**

• Adults over the age of 18 with a diagnosis of intellectual disability and accompanying psychiatric disorder

• Diagnosis and treatment of Adults with Autism Spectrum Disorder

**Eligibility**: Adults 21+ with intellectual disabilities, Autism, or other pervasive developmental disability in addition to a psychiatric diagnosis

Fees: Range of fees dependent on health insurance coverage

**Insurances Accepted**: Most insurances are accepted (may change after January 2015 with the exclusion of Highmark insurance)

Sliding Scale Available: Sliding scale applicable

Credit Cards: Credit cards are accepted

# **Documents Required for Services:**

- Documented diagnosis of mental retardation
- Appointment required
- Agency referral required

### **Summary Description of Organization:**

The John Merck Adult Outpatient Clinic provides a comprehensive array of services including psychiatric assessment, psychotherapy individual, group and family), medication treatment, and behavioral support services. Continuity of care for medical and psychiatric needs is available for individuals who choose to receive medical services through WPIC's Primary Care department. Clinic faculty and staff work closely with community-based providers offering both mental health and intellectual disability services, as this consumer group often requires collaborative support through both systems.

Organization Title: John Merck Child and Adolescent Outpatient

Phone Number: 412-624-1000

Address: 1011 Bingham Street, Pittsburgh PA 15237

Area Served: Allegheny County (in addition to insurance approved outlying areas)

<u>Hours</u>: 9:00am - 5:00pm. Monday through Friday <u>Website</u>: <a href="http://www.upmc.com/services/behavioral-health/autism/children/pages/outpatient-clinic.aspx">http://www.upmc.com/services/behavioral-health/autism/children/pages/outpatient-clinic.aspx</a>

Building Accessibility: There is handicap accessibility and parking available for the clinic.

<u>Services</u>: Diagnostic Assessment, Medication Clinic, Comprehensive Outpatient Services, treatment models may include family, group, and individual therapy. Social skills groups are also offered for children and adolescents.

<u>Specialties</u>: The Merck Child and Adolescent Outpatient Clinic specializes in assessing and treating children and adolescents who have autism spectrum disorder. The clinic also works with children who have developmental disabilities and co-occurring psychiatric or behavioral disorders.

Client Population Focus: Autism Spectrum Disorders and Developmental Disability.

Eligibility: Child or adolescent with ASD or Developmental Disability diagnosis.

Fees: Clinic does not accept co-pays, insurance pays all fees.

Insurances Accepted: All primary insurances (depending on credentialed clinicians) and

Medical Assistance

Sliding Scale Available: N/A

Credit Cards: N/A

<u>Documents Required for Services:</u> Up to date psychological evaluation (or completion of this evaluation at the clinic), and Intake paperwork

<u>Summary Description of Organization</u>: Being that this clinic is a part of Western Psychiatric Institute and Clinic, they prescribe to UPMC's mission. They focus on providing treatment options for clients to shape tomorrow's health system through clinical and technological innovation, research, and education.

Organization Title: Main Line Rehabilitation Associates, Inc.

### **Phone Number:**

Philadelphia: (610) 280-0180Pittsburgh: (412) 458-3007

• 1-877-480-6714

#### Address:

Philadelphia: 668 Exton Commons, Exton, PA 19341

• Pittsburgh: 1910 Cochran Rd, Pittsburgh, PA 15220

#### Area Served:

• Southeastern Pennsylvania

• Greater Pittsburgh regions

Hours: 9:00am-5:00pm, Weekdays

Website: http://www.mainline-rehab.com/

**Building Accessibility: ADA Compliant** 

#### Services:

- Cognitive Rehabilitation Therapy
- Community Integration
- Job Coaching
- School Re-entry
- Functional and Vocational Assessments
- Neurocognitive Assessment
- Neuropsychological testing
- Psychology and Counseling
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Clinical Case Management

**Specialties**: N/A

### **Client Population Focus:**

- Acquired Brain Injury
- Autism Spectrum Disorders
- Developmental Disabilities

**Eligibility**: A comprehensive evaluation is completed prior to admission to determine that admission criteria are met and to make a formal recommendations for services.

Fees: N/A

### **Insurances Accepted:**

- MA Waivers, including the COMMCare, OBRA, and Independence Waivers
- Pennsylvania Head Injury Program
- Office of Vocational Rehabilitation
- Private and third party insurers
- Catastrophic Loss Fund
- Worker's Compensation
- School district funding
- Self-Pay

Sliding Scale Available: N/A

Credit Cards: N/A

## **Documents Required for Services:**

- Referral Sheet (or online <a href="http://www.mainline-rehab.com/?page=Make%20a%20Referral">http://www.mainline-rehab.com/?page=Make%20a%20Referral</a>)
- Documented disability

## **Summary Description of Organization:**

A leader in home & community based Cognitive Rehabilitation for children and adults with cognitive impairments; Main Line Rehabilitation Associates is dedicated to meeting the needs of individuals with acquired brain injury, autism, and other neurological diagnoses. Our Integrated Model is a dynamic and evidence based approach. This unique approach includes providing education to each individual, team members, and other natural supports, skills training, and compensatory strategy development and implementation. The foundation of Main Line's personalized approach to services is in the functional application of skills and strategies to every day, real-life situations for each individual.

Main Line was founded on a philosophy of creating opportunities for maximum independence in real life settings. Main Line brings real life and meaningful living to your homes, schools, communities and places of work. Well-founded, diverse, individualized and essential neuro-cognitive services are provided.

With specialties in Cognitive Rehabilitation and Community Integration, Main Line integrates the latest research with established clinical practices to produce strong

outcomes for increased independence and community participation, as well as improved quality of life.

Since 1986, Main Line has addressed the unique cognitive, adjustment, and physical, difficulties which can interfere with successful living. This is done through individualized services, family education, and development of community supports and resources.

Organization Title: Matilda H. Theiss Child Development Center

Phone Number: 412-383-1575 Address: 373 Burrows Street Pittsburgh, PA 15213

Area Served: Pennsylvania Hours: 7:30 a.m. – 5:30 p.m.

Website: http://www.upmc.com/Services/behavioral-health/child-

development/Pages/default.aspx

Building Accessibility: Accessible

Services: Interactive Mobile Parent and Child Therapy, Therapeutic Nursery and Preschool, Early Childhood Assessment, Early Learning Program

Client Population Focus: Children with special needs related to emotional and behavioral disturbances, prenatal drug and alcohol exposure, or a parent's mental illness diagnosis

Eligibility: Depends on the program:

Interactive Mobile Parent and Child Therapy:

- diagnosed mental health disorder, such as disruptive behavior disorder, depression, anxiety, ADHD, etc.
- at risk for mental health disorders, due to documented prenatal exposure to alcohol or drugs or having a parent or sibling with a diagnosed mental illness
- transitioning out of more restrictive services, such as inpatient or partial hospitalization programs

Therapeutic Nursery and Preschool:

-None listed

Early Childhood Assessment:

-6 years old or younger

Early Learning Program:

-6 weeks to 6 years old

Fees: Depends on insurance used

Insurances Accepted: Subsidized Childcare or Private Pay

Sliding Scale Available: Yes

Credit Cards: Covered by Medical Assistance

Documents Required for Services: Proof of Medical Assistance

Summary Description of Organization:

This program has been around for 30 years. It provides a foundation for the enduring emotional and behavioral health of young children with psychiatric disorders or

## Matilda H. Theiss Child Development Center

those who are at a high risk of developing psychiatric or developmental difficulties. The program achieves this by providing a comprehensive, coordinated program of services within an age-appropriate naturalistic environment that provides supportive and nurturing care and promotes healthy attachments and emotional bonds with parents and caregivers in order to enhance the child's capacity for trust, empathy, and compassion.

Organization Title: The MENTOR Network

Phone Number: #724-228-2423 Address: 90 West Chestnut Street

Suite 705

Washington, PA 15301

Area Served: Nationwide; concentration in Pittsburgh, Pennsylvania

Hours: Office Hours: 8:00-5:00p

Website: http://thementornetwork.com/

**Building Accessibility:** Yes

Services: Host Home, Community-based Residences, Day Programs, Vocational Services,

Hourly Supports, Autism Services, Case Management

Specialties: Community -based Residence

Client Population Focus: Individuals with Intellectual and Development Disabilities and

Children and Families

**Eligibility:** Dependent upon the service requested **Fees:** Dependent upon the service requested

Insurances Accepted:

Sliding Scale Available: N/A

Credit Cards: The MENTOR Network is not an office based location.

Documents Required for Services: Dependent upon the service requested

**Summary Description of Organization:** Founded in 1989, Pennsylvania MENTOR is a leading home- and community-based human services provider. They offer innovative programs to youth and adults with intellectual and developmental disabilities and other complex conditions, as well as to youth with emotional, behavioral and medical challenges. Through a range of personalized supports, we empower the individuals and families we serve to learn, grow and thrive.

## Mercy Behavioral Health

### Phone Number:

Call Center: 1-877-637-2924 (24 hours a day)

For mental health, addiction and crisis, please call 1.877.637.2924 (24 hour).

For intellectual disabilities services, please call 412.344.6400.

Address: 1200 Reedsdale Street Pittsburgh, PA 15212

**Area Served:** We offer a wide range of facilities all conveniently located in communities throughout Southwestern Pennsylvania. With locations throughout the Greater Pittsburgh region, Mercy Behavioral Health has the necessary locations to provide the best possible treatment to people with a variety of needs.

Hours: 8:00am -5:00pm

Website: http://www.mercybehavioral.org/about-us.aspx

Building Accessibility: free parking and need to be buzzed in, and all have accessible ramps

Services: Mental Health, Intellectual Disabilities, Alcohol and Other Drugs, Crisis Center, Integrated Health Care, Education and Prevention, Professional Training and Development

Specialties: Crisis, Residential, Outpatient, and Employment

Client Population Focus: Our recovery-oriented, community-based programs and services help people improve their lives while our prevention programs empower people to make wise choices.

Eligibility: In keeping with the core values of Catholic Health East and Pittsburgh Mercy Health System, we carry out our mission to serve all in need, regardless of ability to pay.

Fees: Mercy Behavioral Health fees for service are standard within the behavioral healthcare industry. All services are provided without discrimination. The Commonwealth of Pennsylvania has financial liability guidelines that determine your ability to pay for services. Two factors help to reduce your out-of-pocket expense: Adequate health insurance coverage and confirmation of your financial information.

**Insurances Accepted:** For billing or specific insurance questions please call 412.323.4529 to speak with one of our Customer Service Representatives.

Mercy Behavioral Health accepts the following insurance plans:

- Blue Cross/Blue Shield
- Community Care Behavioral Health
- Gateway Health Plan Medicare Assured
- Highmark
- Medicare
- PA Medicaid
- Traditional Indemnity Policies
- UPMC Health Plan
- Value Behavioral Health

Sliding Scale Available: if someone is uninsured, Charitable Care is offered but no sliding scale.

Credit Cards: No credit card, check, or cash. Services are only payable through insurance. **Documents Required for Services:** Please be prepared to produce evidence of health coverage at your first appointment (that is, present an active insurance card). We will review your behavioral health coverage, register information, and notify you of any potential out of pocket payment amounts during your first visit. Be sure to bring your insurance card to each appointment.

**Summary Description of Organization:** Empower individuals & families to overcome barriers and to lead healthy and successful lives in the community.

Organization Title: Milestone Centers Inc.

**Phone Number:** 412-243-3400

Address: 712 South Ave

Pittsburgh, PA 15221

**Area Served**: Serves 20 out of Pennsylvania's 67 counties: Allegheny, Westmoreland, Indiana, Armstrong, Beaver, Butler, Clearfield, Jefferson, Clarion, Lawrence, Mercer, Venango, Forest, Elk, Cameron, Potter, McKean, Warren, Crawford, and Erie

### Hours:

Monday, Tuesday, Thursday, Friday: 9 am - 5 pm

Wednesday: 9 am- 8 pm Saturday & Sunday: closed

Website: http://www.milestonepa.org

Building Accessibility: ADA compliant

**Services:** Services include Outpatient Treatment, Comprehensive Clinical Services, comprehensive Intellectual & Developmental Disabilities (I&DD) services, Day Programming, Residential Programs, Home-based Services, Employment Training, Case Management, Workshop and Horticulture-based industries, a retail store, a consumer-operated Drop-in Center, and Specialized Deaf Services.

In addition, Milestone's Health Care Quality Units (HCQUs) provide expert clinical training to professionals in the fields of Intellectual Disability and Behavioral Health, in 18 Western PA counties. Through our training of these providers, Milestone sets the standard for care in Western Pennsylvania.

Specialties: Behavioral Health and Developmental Disabilities

Client Population Focus: Individuals with developmental and behavioral health challenges

**Eligibility:** Eligibility criteria differ between programs and services. To obtain information on services available, to be directed to the appropriate contact person or for general inquires please contact:

Referrals for Milestone I&DD services are made through Allegheny County Office of Developmental Programs: 412-253-1250

Milestone Behavioral Health Services Intake Department: 412-731-9707.

Milestone Intellectual & Developmental Disabilities Residential Services: 412-374-9052

Milestone Intellectual & Developmental Disabilities Day Services: 412-371-7391

Fees: N/A

**Insurances Accepted**: Milestone accepts Medicare, Medicaid, Waiver, and most major insurance plans.

**Sliding Scale Available:** Milestone also utilizes a sliding fee scale for individuals who do not have insurance. Individuals with reduced or no income may be eligible to receive services without any out-of-pocket costs.

Credit Cards: N/A

Documents Required for Services: N/A

## **Summary Description of Organization:**

Milestone strives to enhance the quality of life for all people with behavioral or intellectual/ and developmental challenges. We believe in supporting general wellness and helping others develop to their maximum potential as humans. To help accomplish our mission, Milestone offers a variety of different services in both Behavioral Health and Intellectual and Developmental Disabilities. Their mission is to provide quality, lifeenhancing services that promote wellness and the development of human potential.

Organization Title: Mon-Yough Community Services (MYCS)

**Phone Number:** #412-675-6927 **Address:** 500 Walnut Street, 3rd Floor

McKeesport, PA 15132

Area Served: Throughout Pittsburgh Pennsylvania

Hours: Office Hours 8:00-5:00p Website: http://www.mycs.org/ Building Accessibility: Yes

Services: Enhanced clinical coordination, Outpatient mental health, Outpatient drug and

alcohol, Recovery support services, Rehabilitation programs, Community living

arrangements, Vocational support services

Specialties: Mental health rehabilitation, recovery, and quality of life services

**Client Population Focus:** Adults

Eligibility: None

Fees: Dependent upon income level and program

**Insurances Accepted:** Wide-range **Sliding Scale Available:** N/A

Credit Cards: Yes

Documents Required for Services: Dependent upon program

Summary Description of Organization: Mon-Yough started out as mental outpatient facility with three employees, MYCS has successfully grown and adapted to meet the growing needs of a changing community. Today, is positioned as one of the largest employers in the McKeesport and surrounding communities. MYCS actively participates in local and statewide initiatives, maintaining a constant emphasis on program development and quality improvement. MYCS provides expert counseling and recovery-based programs in: mental health, vocational services, drug and alcohol, case management, and residential

Organization Title: NHS Human Services

Phone Number: #1-888-647-0020 Address: NHS Human Services 620 E. Germantown Pike Lafayette Hill, PA 1944

Area Served: Allegheny Valley School District, LLC, Tri-Valley Care, and NHS Youth

Services-West

Hours: Office Hours: 8:00-5:00p

Website: http://www.nhsonline.org/services/intellectual-and-developmental-

disabilities.html

Building Accessibility:

**Services:** Addictive diseases, Autism, Education, Intellectual and developmental disabilities, Juvenile justice, mental health, specialized services, treatment/foster care adoption

Specialties: Community-based behavioral healthcare

Client Population Focus: Children and adults

Eligibility: ID Programs-Referred from outside DPW

CTT- Referral from CCBHO DDTT- Referral-Based Drug and Alcohol- CCHBO

Fees: Depends on Program Manager

Insurances Accepted: Wide-range based on referral plan

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Referral-Based; dependent upon program

Summary Description of Organization: NHS offers a full range of integrated services in the areas of mental health, addictive diseases, autism, education, intellectual/developmental disabilities, juvenile justice, therapeutic family care and other specialized services. The NHS continuum of care allows individuals to access multiple services across disciplines, provides access to the most qualified professionals and assures the highest quality of care. This service system acknowledges that individuals often present with more than one problem and stresses a highly individualized approach to care. NHS programs utilize innovative approaches and best practice models to support the unique needs of each individual. NHS promotes the highest standards of integrity and quality in all aspects of care and service. References throughout the website are made to NHS as the parent company and any or all of their subsidiary entities.

Organization Title: Family Services of Western Pennsylvania: NorthCo Vocational

Training Center

**Phone Number:** 412.447.0009

Address: 104 Beta Drive, Pittsburgh, PA 15238

### Area Served:

- Allegheny
- Armstrong
- Butler
- Cambria
- Westmoreland
- Surrounding areas

Hours: 8:00AM - 4:30PM, Weekdays

Website: http://fswp.org/services/facility-based-rehabilitation-therapy

**Building Accessibility: ADA Compliant** 

#### Services:

- School-to-Work Transition
- Vocational Evaluation
- Work Activities Center (WAC)
- Personal Work Adjustment Training (PWAT)
- Mobile Crews, Job Coaching
- Job Development

Specialties: N/A

## **Client Population Focus:**

- Intellectual Disabilities
- Autism Spectrum Disorder
- Dual Diagnosis (ID/MH)

### Eligibility:

- Documented disability
- Age 16+
- Free of aggressive behavior
- No current psychiatric hospitalizations

Fees: N/A

## Insurances Accepted: N/A

- Waiver Funded (PDF/Consolidated)
- Private Pay (Family/School District/etc.)
- Office of Vocational Rehabilitation

Sliding Scale Available: N/A

Credit Cards: N/A

## **Documents Required for Services:**

- Current physical (within 6 months)
- Referral
- ID card
- Social Security Card
- Birth Certificate
- Psychological/Psychiatric Evaluation (stating documented disability)
- Current ISP/IEP
- Health Insurance Card
- List of Physical Restrictions
- Dietary Restrictions
- Seizure Disorder procedure (if applicable)

**Summary Description of Organization:** 

NorthCo Vocational Training Center's programs are designed to offer persons with disabilities, ages 16 and older, the opportunity to enhance work skills and behaviors, while becoming familiar with work demands and employer expectations. Work tasks are provided in an industrial setting or community-based site where supervision is available. Work experience may include: Packaging, Light assembly, Material handling, Clerical, Janitorial, and Lawn care. The Vocational Center has state of the art vocational evaluation tools and state of the art adaptive technologies. Everything is individualized to assist each person in acquiring essential skills needed to meet their vocational goals.

Organization Title: Office of Vocational Rehabilitation

Phone Number: 412-392-4950 Voice

412-392-5921 TTY 800-442-6371\* Voice 888-870-4474\* TTY

Address: 531 Penn Avenue

Pittsburgh, PA 15222

Area Served: Allegheny, Country Wide Offices

Hours: Monday-Friday 8:30-4:00

Website: http://www.dli.state.pa.us/portal/server.pt/community/vocational\_rehabilitation/10356 Building Accessibility: Yes: all one floor, large accessible bathroom, spacious interview rooms

**Services**: Diagnostic Service, Vocational Evaluations, Counseling, Training, Restoration Services, Placement Assistance, Assistive Technology, Supportive Services, Transition Services

Specialties: Help individuals with disabilities obtain and maintain employment

Client Population Focus: People with disabilities

Eligibility: You have a disability that is, a physical, mental, or emotional impairment which results in a substantial impediment to employment, and you can benefit in terms of an employment outcome from services provided, and, Voca-tional Rehabilitation services are required for you to prepare for, enter, engage in, or retain gainful employment.

Fees: Most services are FREE, additional services are subject to Financial Needs Test where price is based on income.

Insurances Accepted: Insurance not needed Sliding Scale Available: Financial Needs Test

Credit Cards: Excepts credit cards

Documents Required for Services: medical, psychological, and educational reports as well as

your work history

**Summary Description of Organization**: The Office of Vocational Rehabilitation (OVR) assists people with disabilities through individualized services to pursue, obtain, and maintain satisfactory employment. OVR counselors help people in selecting an employment goal and in developing a comprehensive strategy to find a job that meets the needs of the individual. OVR job placement services are provided at no cost to eligible individuals with disabilities. Eligibility is determined on a case-by-case basis. Contact the OVR office to determine an individual's eligibility.

Organization Title: Onala Recovery Center

Phone Number: (412) 471-8797

Address: 1625 West Carson Street Pittsburgh PA 15219-1039

Area Served: Pittsburgh area

Hours: 7 a.m. - 12 a.m.

Website: http://www.onala.org

Building Accessibility: Building is accessible

Services: Various meetings such as Alcoholics Anonymous and Narcotic Anonymous

Specialties: Member-run facility

Client Population Focus: Individuals recovering from substance related disorders (for after

hospitalization for detoxification and/or treatment at a Rehabilitation Center)

Eligibility: No qualifications for membership other than the desire to find recovery

Fees: Membership is free this year (from funding)

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Application

Summary Description of Organization: While some recovering individuals can resume a normal life with the help of Recovery Programs alone, others feel the need for companionship in a social environment created by persons who have mutual problems. Onala is a non-profit organization and the oldest of the few permanent facilities in Pittsburgh to fill this vital role in the recovery process. Onala helps those who are trying to rebuild their lives

Organization Title: Our Clubhouse Phone Number: (412) 338-1919

Address: 2816 Smallman Street, Pittsburgh, PA 15222

Area Served: Southwest PA

Hours: Mon. & Thurs., 9:00-5:00, Tues & Wed., 9:00-8:00, Fri. 9:00-12:00, Sat. 9:00-300

Website: <a href="http://ourclubhouse.org/">http://ourclubhouse.org/</a> Building Accessibility: Accessible

Services: Support groups, health and wellness workshops, art and expression workshops for individuals with cancer, their families, and friends. Child Life Specialists are available to work with children. Bereavement programs are also offered.

Specialties: Social and educational activities; emotional support groups Client Population Focus: children, teens and adults affected by cancer

Eligibility: Anyone with cancer or has a friend or family member with cancer

Fees: Free, must complete new member orientation.

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Completion of registration form and orientation

program.

Summary Description of Organization: Formerly "Gilda's Club" of Pittsburgh, the purpose of the organization is to provide a home-like, supportive, non-institutional environment for anyone touched by cancer. Social and educational activities are offered free of charge to members.

Organization Title: Penn Avenue Clubhouse

Phone Number: (412) 338-2180

Address: 925 Penn Avenue, Pittsburgh PA 15203

Area Served: Allegheny County

Hours: Monday - Friday 8 a.m. - 5 p.m. (Some evening and weekend hours).

Website: http://www.paclubhouse.org/ Building Accessibility: Wheelchair accessible

Services: A Worked-Ordered Day, Employment Programs, Community Support, Reach-Out, Education, Housing, Decision-Making and Governance.

Specialties: Penn Avenue Clubhouse is open to adults who are in recovery from major mental illnesses. The Penn Avenue Clubhouse is based on the work-ordered day is a place where members choose to work in a community setting to develop pre-vocations skills and healthy relationships. Client Population Focus:

Sliding Scale Available: Eligibility: If a person chooses to apply for clubhouse membership, a PAPC Referral Form and Psychiatric Evaluation must first be submitted by a member of their Treatment Team. Upon receipt of a completed referral form, he/she will be contacted by a clubhouse staff to set up a tour. After the tour has taken place, a formal intake will be scheduled.

Fees: no fees.

Insurances Accepted: no insurance needed

Credit Cards: Cash is accepted for lunch Documents Required for Services:

Summary Description of Organization: Provide a place where people with serious mental illness can participate in their own recovery process by working and socializing together in a safe and welcoming environment. Compliments psychiatric treatment. To be a well-organized, well-funded Clubhouse coalition, comprised of certified Clubhouses or those in the process of certification. To promote and increase equal opportunities and improved quality of life for people recovering from mental illness in collaboration with organizations, business and industry, policy-makers and our communities. To ensure quality, innovative and evidence-based Clubhouse services throughout Pennsylvania. To encourage member Clubhouses to become integral participants and leaders in their local communities.

Organization Title: Pitt Rehab Phone Number: 724-554-4488 Address: <u>traynorgreg@gmail.com</u>

Area Served: Washington, Greene, Fayette, & Allegheny County

Hours: By appointment

Website: www.pittrehab.com

Building Accessibility: Uses Public locations which are accessible

Services: Basic transition age services specifically for technology and work place

evaluations

Specialties: LD, Dragon Naturally Speaking, Kurzweil 3000, Livescribe smart pen

Client Population Focus: Transition age

Eligibility: All individuals with disabilities

Fees: NA

Insurances Accepted: NA Sliding Scale Available: NA

Credit Cards: NA

Documents Required for Services: NA

Summary Description of Organization: Pitt Rehab offers an alternative to other providers for assistive technology evaluations. Where other providers may take an extended amount of time to get an appointment, Pitt Rehab usually can get an appointment scheduled in a few weeks. In business since 2007.

Organization Title: Peer Support and Advocacy Network (PSAN)

Phone Number: 412-227-0402

Address: 960 Penn Avenue, 11th floor, Pittsburgh PA 15222

Area Served: Allegheny County

Hours: 9:00am- 5:00pm, Monday through Friday

Website: www.peer-support.org

Building Accessibility: yes, all locations are accessible.

Services: New Horizons (drop-in center), Warmline (peer support service), Outreach and

Education, Peer Specialists, and Consumer Health

Specialties: Mental Health Services

Client Population Focus: Mental health consumers ages 18 and older.

Eligibility: must be a past or present consumer of mental health services.

<u>Fees</u>: Free (to everyone, but more specifically county members)

Insurances Accepted: Insurance (Medical Assistance) is only required for the Peer

Specialist Program. All other programs insurance is not required.

Sliding Scale Available: N/A

Credit Cards: N/A

<u>Documents Required for Services</u>: Drop-in centers require basic demographic information. Warmline asks for basic information (but this information is not required). The Peer Specialist Program requires referrals from a licensed practitioner, before official enrollment paperwork is completed.

<u>Summary Description of Organization</u>: PSAN is a mental health consumer operated non-profit, holistic and multicultural agency. Their goal is to assist consumers to empower themselves through voluntary strengths-based choice-driven programming, advocacy, information and referral, access to community resources and informal activities.

# Pennsylvania Assistive Technology Lending Library

Organization Title: Pennsylvania Assistive Technology Lending Library

Phone Number: 800-762-4211 ext 8506 Address: 727 Goucher St. Johnstown, PA

Area Served: Pennsylvania

Hours: N/A

Website: disabilities.temple.edu/programs/assistive/atlend

Building Accessibility: Fully Accessible

Services: Lending Assistive Technology to individuals with disabilities

Specialties: AT

Client Population Focus: All populations

Eligibility: Must be a PA resident and have a disability

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: proof of OVR customer or disability determination form

## Summary Description of Organization:

The Pennsylvania Assistive Technology Lending Library is an organization that allows individuals with disabilities to try out equipment before purchasing. They are supported by the General Assembly with funding through OVR, the U.S. Department of Education, Rehabilitation Services Administration, and the Commonwealth's Assistive Technology Act program. Requests for equipment can be made by the consumer, a family member, a friend, or an advocate. The requests are submitted through the local Assistive Technology Resource Center (ATRC). A comprehensive list can be found on the website.

Categories of AT include: Communication, Computer Access, Control, Education, House/Personal, Professional Training, Recreation, and Vocational Management.

Between July 1, 2013 and June 30, 2014 almost 1300 devices were sent to borrowers from 56 counties who made more than 1038 separate requests for devices. This is a part of the program of Pennsylvania's initiative on Assistive Technology (PIAT) and is run by Temple University.

Organization Title: Peoples Oakland Phone Number: (412) 683-7140

Address: 3433 Bates Street Pittsburgh, PA 15213

Area Served: Oakland

Hours: Monday-Thursday 9:30-5:00 Friday 9:30-4:00

Website: http://www.peoplesoakland.org/ Building Accessibility: ADA Complaint

### Services:

Wellness Services: Wellness and Fitness Activities assist members in understanding and applying a holistic approach to creating and maintain a healthy lifestyle. A wide range of activities are available. Members work with staff to develop and follow their individualized wellness recovery plans. In the fitness center members use aerobic and weight training equipment and participate in classes such as yoga, walking groups, weight management and smoking cessation. Nutritional education is incorporated through the healthy foods offered at the Snack Shack and every event, celebration and function. Nutritional health is also a focus in the diabetes education class and weight management class

Social and Recreational Services: Social and Recreational activities provide opportunities to meet and make friends and to participate in fun events at Peoples Oakland and in the community. Activities are continually evolving to meet the interests of the membership. Events range from parties, cook-outs and playing pool to day outings and overnight vacations. There is an all season sports program with competition against other agencies in basketball, softball and volleyball

Employment Services and Educational Support: Peoples Oakland offers a wide range of employment services and education supports. Supports and opportunities are tailored too each member's strength and interests. Member's interest range from entering the work force to pursuing their education by attending local training centers and universities. Services offered include: individual career counseling; on the job training opportunities in reception, clerical support, housekeeping and peer support; job skills classes; job research assistance; competitive in-house and community placements; job coaching and support; educational supports and individual computer accounts with internet access.

Peer Support: Peoples Oakland has always been a leader in self help and peer support models. Opportunities are available for members to develop, lead and participate in activities and groups; work as a peer counselor; participate in community consumer activities such as CSP and PSAN; attend conferences and workshop. In addition, informal social relationships with peers allow unlimited opportunities to both provide and receive support

<u>Specialties</u>: Every member of Peoples Oakland is assigned to rehabilitation counselor to assist them in developing and working on their own Recovery plan. Members have

opportunities to improve their physical health, social life and employment opportunities through participating in Peoples Oakland groups and activities. Members actively participate in the management of Peoples Oakland by developing and leading groups, serving on the Peoples Oakland Board, etc. Members actively participate in the day to day operations of Peoples Oakland by assisting in peer support, housekeeping, clerical and reception activities as either a volunteer or a paid position. Members actively participate in advocacy and public policy activities. Members participate in community service activities such as volunteering and community walks.

Client Population Focus: Mental Health (adults)

Eligibility: Diagnosis of a mental health disorder

<u>Fees</u>: no member fees <u>Insurances Accepted</u>: n/a <u>Sliding Scale Available</u>: n/a

Credit Cards: n/a

<u>Documents Required for Services</u>: Member Referral Form which includes referral information, medical history (including psychiatric diagnosis), medications, substance abuse history, housing information, behavioral information (including parole and probation), financial information and vocational

## Summary Description of Organization:

Peoples Oakland is a private, nonprofit corporation. The building includes an open entry, resource center with 4 computers with high speed internet connection and a wellness/fitness area on the first floor and a commercial kitchen, recreation area and a large deck on the second floor. Most importantly, Peoples Oakland staff and members continue to focus on recovery and wellness to assist persons with psychiatric disabilities in living and working in the community.

Organization Title: Pittsburgh Action Against Rape (PAAR)

Phone Number: (412)-431-5665 (24 Hour Hotline: 1-800-363-7273)

Address:

81 S 19<sup>th</sup> Street Pittsburgh PA 15203

Area Served: Pittsburgh Area

Hours: 9am-5pm Monday-Friday (office hours), appts. Availably at night as well

Website: http://paar.net/

Building Accessibility: Accessible

**Services**: 24/7 Confidential crisis/information hotline, advocacy and support in local emergency rooms, advocacy and support through the legal process, adult (individual and group) counseling, child and family counseling, prevention and outreach, training for professionals in the community, assistance with victim's compensation and jail notification, counseling services available in Spanish

Specialties: Those who have suffered from sexual violence.

Client Population Focus: Both males and females as well as both children and adults.

Eligibility: Anyone is eligible for services

Fees: none

Insurances Accepted: If client has insurance, they may bill the insurance company but

client is not required to have insurance.

Sliding Scale Available: Yes

Credit Cards: N/A

Documents Required for Services: none

**Summary Description of Organization**: PAAR's mission, as stated on their website is to Respond, Educate and Advocate to end sexual violence. Those who work for PAAR include lawyers, health professionals and activists. It is the only organization in Alleghany County that is solely devoted to sexual violence. Along with those employed at PAAR, they have a number of volunteers that go through extensive training to be able to perform particular duties such as being on call for the hotline, accompanying people to court and meeting people at the hospital.

## Pittsburgh Public Schools Community-Based Vocational Education Program

Organization Title: Pittsburgh Public Schools Community-Based Vocational Education

Program

Phone Number: 412-529-3497 Address: 2323 Brighton Road Pittsburgh, PA 15212

Area Served: Pittsburgh Public School District

Hours: 9:00 a.m. - 2:00 p.m.

Website: http://www.pps.k12.pa.us/Page/949

Building Accessibility: Accessible

Services: Community-based vocational training in settings such as the Carnegie Library, the

Board of Education Mailroom, local grocery stores, etc. Specialties: Occurs during school as an elective course

Client Population Focus: Students with autism spectrum disorder and other disabilities

### Eligibility:

- students for whom competitive employment is not immediately obtainable.

- students with intellectual and/or physical disabilities and autism spectrum disorders

- students aged 14 and older

Fees: Not paid, students receive academic credit for participation

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Emergency Contact Form, Individualized Education Plan

Summary Description of Organization:

CBVE offers employment preparation through vocational exploration, assessment and training that occurs in a real work setting. It is designed to move students with disabilities toward their goal of employment. This program occurs in a typical work setting rather than in conventional school environments like other training programs. Students receive transportation to and from the vocational training site based on individual travel training needs, parent preference and IEP goals. Students are then evaluated, instructed and supervised by trained school district staff or community agency job specialists at real work sites in the community.

Organization Title: Pittsburgh Public Schools' CITY Connections

Phone Number: Gayle Bair at 412-224-4656

Address: 6322 Forward Ave., Pittsburgh PA 15217

<u>Area Served</u>: priority is given to student within the city of Pittsburgh. After enrollment in Pittsburgh is fulfilled, then open positions are filled by students from outlying districts. <u>Hours</u>: School day runs: 9:00am – 3:15pm; staff is in the office from 8:00am – 4:00pm

Website: http://www.pps.k12.pa.us/Page/951

<u>Building Accessibility</u>: Buildings are accessible to some degree. The schools have different modifications based on their student populations.

<u>Services</u>: This program is focused on working with students with disabilities on achieving transition outcomes of Post-Secondary Education and Training, Employment, and /or Independent living.

<u>Specialties</u>: CITY Connections acts a support network and partners with local agencies to connect students with necessary supports for their goals during their transition from high school.

<u>Client Population Focus</u>: Students with significant disabilities (ages 18-21 years) receiving supports in a Life Skills or Autistic Support classroom, and whose needs can be met in a community based setting with a minimal level of support and supervision. These students must have completed their fourth year of high school programming, and will be graduating their IEP goals.

<u>Eligibility</u>: Students (18-21 years) with Individual Education Plans that have finished their course content but have chosen not to take the diploma. Have approval to benefit from a community based setting for additional learning experience.

Fees: No fees to the families, it is a public school program.

<u>Insurances Accepted</u>: N/A <u>Sliding Scale Available</u>: N/A

Credit Cards: N/A

<u>Documents Required for Services</u>: Students must have updated IEP, re-evaluations or an up to date psychological evaluation, approvals of an appropriate fit, intake paperwork (survey, check list of current services)

<u>Summary Description of Organization</u>: CITY Connections provides continued programming in a community based setting for students 18-21 years old with moderate to severe disabilities. Each student has an individually designed program based on goals identified by the student, family and educational staff members. The team supporting the student actively works to connect the young adult to the agencies and resources that will support their success upon graduation. The program is focused on the following transition outcomes: Post-Secondary Education & Training, Employment, and Independent Living.

Presley Ridge: School for the Deaf

Organization Title: Presley Ridge: School for the Deaf

### **Phone Number:**

• (888) 777-0820

• Local: (412) 761-1929

• Videophone: (412) 307-5033

Address: Retka Hall, 8235 Ohio River Blvd., Pittsburgh, PA 15202

Area Served: Any student as long as they meet the criteria

**Hours**: The program is a 24/7 program. It does not close.

Website: http://www.pressleyridge.com/services/educational-services/school-for-the-

deaf/

Building Accessibility: ADA Compliant

### Services:

- Special Education Deaf classrooms
- Teachers are certified in Deaf or Special Education
- Behavior experts help improve conduct
- Staff have worked with deaf youth with social and emotional issues
- Each kid has their own plan to return to the community
- Special staff who work closely with families
- Referrals for special therapies
- Mental health evaluations
- Medication monitoring and medical services
- Group home for students with well-trained, caring staff
- Videophones to connect kids with families
- Education from Kindergarten up to 12th grade or graduation (Some of our students maintain special education eligibility until the age of 21)
- Speech Language therapists who are fluent in ASL
- Teachers are certified in Deaf Education or Special Education
- Mental Health Specialists in each classroom
- Education and residential staff members have training and experience working with Deaf children and young adults with social and emotional issues
- Education and residential staff members have training and experience working with Deaf children and young adults with autism
- · Psychiatric services including medication management
- Curriculum & Transition Coordinator, Community Manager, and Community Support Specialists who plan and implement a wide range of experiences and

Presley Ridge: School for the Deaf

- activities including volunteering, work experiences, and community based instruction
- Family Liaison Specialists who work closely with families, school districts, and service providers to facilitate regular, successful home visits and the eventual return of residential students to their home and less restrictive educational environments
- Special Education Deaf/Hard of Hearing and Emotional Support educational placement

Specialties: N/A

## **Client Population Focus:**

- Youth ages 6 to 21
- · Youth that are deaf or hard of hearing
- Youth with emotional and behavioral problems in school or at home
- Youth with IQ above 70; youth with IQ below 70 with special accommodations
- Youth with Mental Retardation or developmentally disabled
- Students that are that are Deaf or hard of hearing and are also identified as Emotionally Disturbed or on the Autism Spectrum, with significant behavioral concerns that cannot be addressed in a less restrictive setting

### Eligibility:

- Deaf
- Hard of hearing
- Progressive hearing loss
- Mental health/behavior health diagnosis

**Fees**: This is an approved private school. The school district is required to pay for the services provided. It is part of the student's IEP.

**Insurances Accepted**: Several students have PCA logs (primary care assistant) which can be billed to a variety of services. Staff complete the forms and they are sent to the school districts for reimbursement for the services that are provided.

**Sliding Scale Available:** N/A

**Credit Cards**: All payment is part of the IEP.

Documents Required for Services: Documentation through IEPs, ISPs, etc.

**Summary Description of Organization:** 

Presley Ridge: School for the Deaf

Pressley Ridge School for the Deaf is a year-round Approved Private School that serves students who are Deaf or hard of hearing and also are identified as either Emotionally Disturbed or on the Autism Spectrum. Local students live at home with their parents and attend the educational program. For students who live too far to commute on a daily basis, a residential program is available. Family Liaisons maintain regular communication and work closely with the students' families. This includes liaison home visits at least four times per year. The goal is to prepare the students to return to their homes and schools. Presley Ridge partners with the Local Education Association, or home school district, for each of the students. They work closely with other agencies and service providers including mental health providers, Children and Youth Services, the Office of Intellectual Disabilities, and the Office of Vocational Rehabilitation to best prepare the students for transition to a less restrictive educational setting as well as to adult services. Presley Ridge provides an individualized, strength-based approach to academic and behavioral growth.

**Organization Title: PROGRAM for Offenders The Program Center (TPC)** 

**Phone Number:** (412) 682-7380

Address: 3342 5th Ave Pittsburgh, PA 15213

Area Served: Allegheny County

Hours: 24-hour services

Website: https://pa211sw.communityos.org/zf/profile/service/id/883907

**Building Accessibility: Yes** 

**Services:** Marriage and family therapists diagnose and treat mental and emotional issues and concerns within marriages, couples and families. Other services available: Substance Abuse treatment services, Case Management services, Employment services and Supportive services. **Specialties:** THE PROGRAM for Offenders, Inc. provides supportive services for offenders to give them a second chance and to give their children a first chance.

Client Population Focus: Females who were incarcerated or facing incarceration.

Eligibility: Non-violent female offenders who are incarcerated or facing incarceration at the Allegheny County Jail. Clients are referred from jail or criminal justice system and are court order from sentencing judge.

Fees: Free service

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

## **Summary Description of Organization:**

Residential work-release center for adult female, non-violent offenders of the Allegheny County Jail. This facility is an alternative to incarceration. These therapeutic environments provide safe and secure housing, drug and alcohol treatment and work- release, as well as an array of services focused on successful reentry to the community for the residents.

Organization Title: Project Point of Light

**Phone Number:** (814) 226-1159

**Address:** 20231 Paint Boulevard, Shippenville, PA 16254 **Area Served:** Clarion County and surrounding counties

**Hours:** Monday-Friday 8 AM- 4PM **Website:** Projectpointoflight.com

Building Accessibility: Wheelchair accessible

**Services:** Mental Health

Specialties: Sexualized behaviors which includes sexual offenders and victims of sexual

abuse

Client Population Focus: sexual offenders

Eligibility: Insurance is verified prior to appointment scheduling

Fees: Please see attached fee schedule

Insurances Accepted: Medical Assistance, Blue Cross Blue Shield, UPMC

Sliding Scale Available: yes

Credit Cards: Visa, Mastercard, Discover, American Express

Documents Required for Services: N/A

### **Summary Description of Organization:**

Project Point of Light is an outpatient treatment program for sexual offenders, and victims of sexual abuse. Project Point of Light was established in Clarion County in 1995. We provide services to adult, adolescent, female, and developmentally delayed sex offenders in Clarion and the surrounding counties. The program is outcome based and the offender progresses through treatment at their own pace. During the initial assessment, the Affinity, Objective Sexual Interest testing is conducted to determine the offenders sexual interests. The program utilizes cognitive behavior treatment and has operated under the containment model of sex offender treatment. Treatment is focused on assisting the offender in understanding and changing his/her cognitive process so that he/she is able to change and modify their behaviors. The Program's goal is that the offender be able to move from the external controls that the containment model provides to operating from internal behaviors. Clinical Polygraphs are utilized as an adjunct to the offender's treatment process. Sexually Violent Predators are mandated to treatment for life. Therefore, they will never be released from the program and they are required to participate in clinical polygraphs every six months.

Please note that in addition to the Shippenville office location, Project Point of Light has offices in Clearfield, Ebensburg, Franklin and at Pathways Adolescent Center in Oil City.



850 Leonard Street Clearfield, PA 16830 (814) 205-4004 Fax (814) 205-4013 20231 Paint Boulevard Shippenville, PA 16254 (814) 226-1159 Fax (814) 227-2876

## Fee Schedule July 1, 2014 - June 30, 2015

### Psycho/Sexual Services, Victim Services & Family Intervention Therapy (FIT\*)

\*FIT - Family Intervention Therapy (spouses/family members of a sexual offender or victim of sexual abuse.)

90791	Psychological Evaluation (Offender, Victim, and FIT Program)	\$350.00
90832	Individual Counseling/Psychotherapy (20-39 Minutes)	\$ 50.00
90834	Individual Counseling/Psychotherapy (45-50 Minutes)	\$ 95.00
90837	Individual Counseling/Psychotherapy (60-69 Minutes)	\$100.00
90846	Family Counseling Session without client (50-60 Minutes)	\$100.00
90847	Family Counseling Session with client (50-60 Minutes)	\$100.00
90853	Group Therapy Session One Hour One and one half hours	\$ 10.00/15 minutes \$ 40.00 \$ 60.00

## **Testing**

Affinity	\$ 75.00/hour
All Other Psychological Testing	\$ 75.00/hour
Polygraph	\$325.00

\$200.00

## **Other Services**

Court Appearance\* \$100.00/hour (Time is charged in minimum units of one hour) (\*all cancellations must be made within 24 hours or a ½ day charge will be applied)

Telephone Testimony \$100.00/hour with or without testifying

## **Other Group Therapy**

Underage Drinking (4 Hours)

(These services are not covered by any insurance)

Bad Check (2 hours)	\$100.00
Anger Management (8 hours) Includes Anger Disorder Scale (ADS)	\$325.00
Domestic Violence (12 Hours) Includes Anger Disorder Scale (ADS)	\$400.00

Organization Title: MS Association of America

Phone Number: Toll-free: (800) 532-7667 ext. 144

Main Telephone: (856) 488-4500

Main Fax: (856) 661-9797

Address: 706 Haddonfield Road Cherry Hill, NJ 08002

Area Served: Washington County & Pittsburgh Area,

Hours: Monday – Friday 8:30 - 5 Website: <u>www.mymsaa.org</u>

Building Accessibility: Uses Public locations which are accessible

Services: Provide information/education, toll-free helpline, cooling and assistive equipment program, MRI assistance, Lending library, networking with others with MS,

information on current research, information on MS in general,

Specialties: Individuals with MS Client Population Focus: MS

Eligibility: MS diagnosis

Fees: None

Insurances Accepted: NA Sliding Scale Available: NA

Credit Cards: NA

Documents Required for Services: Doctor Confirmation of Diagnosis

Summary Description of Organization: MSAA is similar to the National MS Society (NMSS) in that they are a wealth of information and resources. However, they are able to provide monies that are different than the NMSS (e.g., MRI assistance).

Organization Title: National Multiple Sclerosis Society

Phone Number: 412-261-6347

800-344-4867

Address:

Western Pennsylvania Chapter 1501 Reedsdale St., Suite 105

Pittsburgh, PA 15233

Area Served: Western PA Hours: M - F; 9:00 - 5:00

Website: www.nationalmssociety.org

Building Accessibility: Located in Kauffmann Building through Presbyterian Hospital;

completely accessible

Services: Health & Wellness, Family & Relationships, Financial Assistance Information, Employment, Insurance, & Financial Planning, Social & Emotional support, Mobility & Accessibility, MS Education, Information on Research & Clinical Trials, and Partner Programs

Specialties:

Client Population Focus: Individuals with Multiple Sclerosis

Eligibility: Diagnosis of MS

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Confirmed Diagnosis from Doctor with letter of

confirmation

## Summary Description of Organization:

The National MS Society is an organization designed to raise awareness and funding for anyone who has MS. They put out an informative magazine every quarter with various articles on issues/events for individuals with MS. In addition to being a great information resource, the organization allots approximately \$500 per person annually for most things MS related (e.g., they will purchase cooling vests, they will help cover costs for different types of exercise facilities such as water aerobics, etc.); each is done on a case by case basis.

Organization Title: Renewal, Inc. Phone Number: (412) 690-2445

Address: 601 Grant Street, 5th Floor Pittsburgh PA 15219

Area Served: Western Pennsylvania

Hours: Residential (24 hours); various visiting hours for floors, and country, state, and

federal residents. Corporate Office hours: 8:30 a.m. - 4:30 p.m.

Website: http://www.renewalinc.com

Building Accessibility: Elevators available in buildings; wheelchair lift to get up stairs to the

elevators

Services: Drug and Alcohol treatment; Evaluation and assessment, education, treatment, continuing care, aftercare and referral. In order to provide clients with the most comprehensive services possible, RTI maintains a working relationship with service providers from other agencies and disciplines (such as mental health) throughout the surrounding area.

Specialties: Work release program, family-strengthening services Client Population Focus: Men and women with substance related disorders and cooccurring disorders who are currently in the criminal justice system

Eligibility: Substance-related disorder, in the criminal justice system (unless self-referred);

18 and over

Fees: Varies by program and length of stay Insurances Accepted: Accept various insurances

Sliding Scale Available: None

Credit Cards: N/A

Documents Required for Services: Identification, proof of age

## Summary Description of Organization:

Renewal, Inc. is a private, non-profit organization providing alternative housing and community corrections services to individuals in the County, State and Federal criminal justice systems. Renewal, Inc. uses a cognitive-behavioral approach to help residents with substance related and addictive disorders and co-occurring disorders integrate back into the community successfully.

Organization Title: Resolve

Phone Number: (1-888-796-8226) Address: 333 North Braddock Ave.

Pittsburgh, PA 15208

Area Served: Allegheny County

Hours: 24 hour

Website: http://www.upmc.com/services/behavioral-health/pages/resolve-crisis-

network.aspx

Building Accessibility: Parking outside of building, and ramp to access building.

**Services**: Mobile dispatch unit, walk in, residential services (included psychiatrist, counselors, crisis nurses, crisis service coordinators, and peer support staff.

Specialties: Crisis Management

Client Population Focus: Any person

Eligibility: Residents of Allegheny County; Anyone can call in; must have a diagnosis for

residential services (but one can be diagnosed during a walk-in evaluation.

Fees: Assessed after treatment

**Insurances Accepted:** any in emergency situations

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

**Summary Description of Organization:** re:solve Crisis Network provides voluntary mental health crisis services regardless of age, ability to pay, and/or whether or not a person has previously used behavioral health or other supportive services

It is a partnership between Allegheny County, Western Psychiatric Institute, and Clinic of UPMC.

**Organization Title:** Sarah Heinz House **Phone Number:** # (412) 231-2377

Address: 1 Heinz St, Pittsburgh, PA 15212

Area Served: Pittsburgh

**Hours:** Office Hours 8:00-5:00p

Website: http://www.sarahheinzhouse.org/

**Building Accessibility: Yes** 

Services: Over 160 Programs

**Specialties:** After-School Programs **Client Population Focus:** Children

Eligibility: To become a member child has to be in 1st through 12th grade

Fees: \$25 a year for registration; each member has to buy a gym uniform at \$20

Insurances Accepted: Not required

Sliding Scale Available: N/A

Credit Cards: Yes

**Documents Required for Services:** Parents have preregister their child online, then parents have to fill out paperwork, the child has to have a photo taken with a photo ID badge.

**Summary Description of Organization:** The club provides children and teenagers with powerful role models and a safe, fun place to go after school, on weekends, and in the summer. It is our honor to help mold these future citizens with educational, artistic, recreational and community service programs. The goal is to promote healthy lifestyles, and offer an environment that is welcoming, nurturing and challenging. As an organization, they seek to "build good citizens."

Organization Title: Services for Teens At Risk (STAR) Program

Phone Number: 412-246-5619 Address: 3811 O'Hara Street Pittsburgh, PA 15213

Area Served: Pennsylvania Hours: 8:30 a.m. – 5:00 p.m.

Website: http://www.starcenter.pitt.edu

Building Accessibility: Accessible

Services: STAR provides timely, specialized, psychiatric assessment and treatment for teens and pre-teens with depression, anxiety and/or suicidality. They use best practice psychotherapy and pharmacotherapy.

Specialties: Clinical services, educational services, and postvention and crisis response services

Client Population Focus: Children and adolescents with anxiety, depression, and suicidality

# Eligibility:

- age 7 to 18 years

- diagnosed with depression, anxiety, or suicidal behavior

Fees: Depends on Insurance

Insurances Accepted: Commercial (Aetna, Cigna, Health America, Highmark, United Healthcare, UPMC Health Plan) or Medicare (Aetna, Gateway Health Plan, Health America, Highmark, Medicare CMS, UPMC Health Plan)

Sliding Scale Available: Yes

Credit Cards: Visa, Mastercard, Discover, American Express

Documents Required for Services: Proof of Insurance

Summary Description of Organization:

The main three STAR programs are its clinical services, its educational services, and its postvention and crisis response services.

Clinical services: in-depth assessment of psychiatric problems, outpatient cognitive behavioral therapy and pharmacotherapy for youths age 7 to 18, the Intensive Outpatient Program (IOP) for youths age 13 to 18 who require more intensive treatment (three-day-a-week program provides nine hours of treatment per week and teaches coping skills and emotion regulation using principles of dialectic and cognitive behavioral therapies), parent education and support groups, continuation and maintenance groups for youth who have completed therapy, and services for bereaved children, adolescents, and families.

## Services for Teens At Risk (STAR) Program

- Educational services: electives for medical students and residesnts to learn how to assess and treat at-risk youth with depression, anxiety, or suicidal behavior, internships for master's and doctoral students in the mental health professions, conferences for professionals, and webinars.
- Postvention and crisis response services: staff consults with educators on providing postvention services, and recommends that school districts working closely with their communities prepare for tragedies by developing policies and procedures that may be activated on very short notice.

Organization Title: Shawn McGill, MSW Consulting Inc

**Phone Number:** 412-781-3829

Address: 448 Butler Street, Room #806, Pittsburgh, PA 15223.

Area Served: "Consultative services are offered throughout Pennsylvania, North America, and

the globe." **Hours:** 

Website: http://www.shawnmcgillmsw.com/

**Building Accessibility:** 

**Services:** Staff and Parent Trainings including Functional Behavior Assessments, navigating sexuality, managing risk for problematic sexual behaviors, and positive approaches; Individual training including dating and relationships, abuse prevention and safety; Consultation including risk screening for problematic sexual behaviors, individualized behavior support plans, and transgender evaluations and letters of recommendation; and Direct Supports including behavioral support specialist, home and community habilitation, community inclusion, group therapy, and eE-therapy.

**Specialties**: Specialized expertise in in sexuality, the management of problematic sexual behaviors, and trauma/abuse prevention and intervention.

**Client Population Focus:** Intellectual and Developmental Disabilities (IDD) and Autism Spectrum Disorders (ASD)

Eligibility: Anyone Fees: Service Fees

Insurances Accepted: ODP Consolidated Waiver, Adult Autism Waiver, Private Pay, Other

Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Referral Intake Form

**Summary Description of Organization:** Shawn McGill has a Master's of Social Work and is the CEO and President of "Shawn McGill, MSW Consulting Inc. They offer "successful, non-traditional support for all people. Through hope, resiliency and recovery anything is possible." The Staff use a collaborative, systems based approach to uncover and treat the underlying of challenging behaviors.

Organization Title: Southwestern Human Services, Located in Bethel Park

**Phone Number:** (412) 831-1223, (412) 781-3990

Address: Main Office- 110 Fort Couch Road, 2nd Floor, Pittsburgh, PA 15241

Partner Organizations-Southwestern Family Services, LLC-is a psychiatric/psychological

group practice providing outpatient psychiatric and psychological services in

Lawrenceville in the city of Pittsburgh, 5167 Butler Street.

Area Served: Throughout the Pittsburgh area/ Allegheny county

**Hours:** Monday- Friday 8am- 9pm **Website:** <a href="http://shs-pgh.org/">http://shs-pgh.org/</a>

Building Accessibility: Building is accessible.

**Services:** Not-for-profit organization providing quality mental health services to children, adolescents, adults, and families in the southwestern Pennsylvania area.

### Outpatient Psychiatric Services include:

- •Intake and Assessment
- •Psychiatric Evaluations
- Psychological Evaluations
- Medication Evaluations
- Medication Checks
- Outpatient Individual Psychotherapy
- Outpatient Group Psychotherapy
- Outpatient Family Psychotherapy
- •Adult In-Home Therapy for those who qualify
- •Wraparound/BHRS Services
- Social Skills Groups

Behavioral Health Rehabilitative Service (also known as wraparound) is an intensive behavioral service that strives to improve a child's quality of life through the provision of individualized mental health treatment. BHRS is provided to children who have behavioral issues that make it difficult to function in their everyday routines. The services can be provided wherever the child needs it whether it be at home, in the community, and/or in the school setting. BHRS is considered a short term and intensive service.

## **Autism Services/ ABA Programs**

In order to ensure that each child is receiving the appropriate, evidenced-based services, SHS utilizes Behavior Analysts to initiate and oversee treatment for clients with serious needs. In addition, behavior specialist consultants and therapeutic support staff, who have completed ABA training, provide direct service in the home, community, or school settings. A team approached is utilized to provide comprehensive services to our clients and families.

# Mobile Mental Health Therapy

Southwestern Human Services is a licensed provider of Mobile Mental Health Treatment. This service is a home and community- based therapy for people who are unable to participate in traditional clinic based treatment.

**Specialties:** Mission Statement: "Through our full range of outpatient-based psychiatric and psychological services, as well as our community based services, we provide

confidential services for clients in need of mental health treatment. We pride ourselves on providing personalized, patient, and kind services. Enhancing the quality of each person's life is our mission. Everyone's situation is unique and, therefore, we design treatment based on each individual's specific needs."

Southwestern Human Services is a contracted provider for the **Commcare Waiver for Traumatic Brain Injury.** 

Client Population Focus: Behavioral Health, Psychiatric/Psychological issues, Autism

**Eligibility:** Outpatient Services- Individual says they need a service- an assessment is completed.

In home behavioral services for children under 21- Child has to have an axis 1 (mental health, long term) diagnosis.

**Fees:** Depends on the deductible through their insurance.

Insurances Accepted: Child has to have Medicaid insurance.

**Sliding Scale Available:** As needed basis. Individuals are referred to agencies that provide coverage.

Credit Cards: N/A

Documents Required for Services: Form of ID and verified insurance and insurance card.

**Summary Description of Organization:** Not-for-profit organization providing quality mental health services to children, adolescents, adults, and families. Services include psychiatric/psychological services, behavioral health services and Autism services in home, school, or community settings. Assessments and evaluations for psychiatric and psychological needs are also provided.

Organization Title: Start on Success

Phone Number:

Ashley McFall (SOS Program Coordinator)

Office: 412-529-4078 Cell: 412-728-3503

Email: kmcfall1@pghboe.net

#### Address:

Oliver Citywide Academy 2323 Brighton Road Pittsburgh, PA 15212

#### Area Served:

Pittsburgh Area High Schools
Pittsburgh Carrick High School
Pittsburgh Langley High School
Pittsburgh Perry High School
Pittsburgh Allderdice High School
Pittsburgh Westinghouse High School
Pittsburgh Brashear High School
Oliver City Wide Academy

Hours: 8 am -3pm

Website: http://www.pps.k12.pa.us/Page/947

**Building Accessibility:** ADA compliant. In order to get into the building you would have to have gotten in contact with a transition counselor to arrange a time to meet and she would have to let you in the building. Cannot just walk into the office since it is in a school.

**Services:** Provide skills and exposure to the workplace, real work for real pay, prepare students with learning disabilities for competitive employment, and provide linkage between school and the workplace, and students learn self-advocacy and self-determination skills

**Specialties**: Job readiness and job maintenance skills

### **Client Population Focus:** Students with learning disabilities

**Eligibility**: Student with a learning disability, has an interests in working and a career path, demonstrate a need for workplace training and experience before leaving high school,

students are selected in 9th grade 2nd semester

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

### **Summary Description of Organization:**

The primary goal of this project, through instruction in the classroom and in the community, is to increase the career potential of students with learning disabilities, and prepare them for competitive employment after high school. The following is an overview of the program: Students are selected in 9th grade, tenth grade students participate in this course and focus on assessing their strengths and weakness, possible accommodations and setting realistic career goals, 11th grade students continue the mentorship phase requires each student to leave their school once a week for 3 hours and travel independently to their worksite, using Port Authority buses, and in 12th grade year Start on Success students have now EARNED the opportunity to participate in a paid internship.

Organization Title: Three Rivers Adaptive Sports (TRAS)

**Phone Number: 412-848-8896** 

Address: TRAS PO BOX 38235

Pittsburgh, PA 15238

Area Served: Greater Pittsburgh, Laurel Highlands, Western PA

Hours: N/A

Website: http://www.traspa.org/

**Building Accessibility:** N/A

**Services**: Participation in Adaptive Sports. Cycling, canoeing/kayaking, bowling, and snow

Specialties: Most equipment is adapted for physical disabilities, however many

participants with cognitive or intellectual disabilities are also able to use the equipment.

**Client Population Focus:** Any disability

**Eligibility**: Presence of a disability (but all abilities can participate)

Fees: Membership fee (but participants do not need to be a member in order to

participant) events have fees for participation, but it can be cheaper to become a member

depending on how many events a person participants in a year.

Insurances Accepted: N/A (organization is recreational)

**Sliding Scale Available:** N/A

Credit Cards: N/A

Documents Required for Services: none, everyone is eligible

### **Summary Description of Organization:**

*Mission*: To promote quality of life, education and to provide quality year-round sports and recreation opportunities for people with disabilities, their families and friends.

**Core Values:** I) To support the belief that sports, recreation and physical fitness are an important part of everyone 's life.

- 2) When sports and recreation are an integral part of the adjustment process, we believe that people with disabilities can gain the self-confidence, independence and a sense of accomplishment that they can apply to other areas of their lives.
- 3) That these attributes in turn promote education, employment and social development.
- 4) To help people turn tragedy into triumph and to learn that it is not their disability that counts, only their *ability*.
- 5) To stand behind the idea---"If I can do this, I can do anything"

Opportunities include adaptive cycling clinics, adaptive kayaking/canoeing, water ski clinic, and adaptive snow ski/snow board clinics. The organization is run solely by volunteers. While the equipment is stored in multiple areas, TRAS does not have a home office.

Organization Title: Three Rivers Center for Independent Living

Phone Number: (412) 371-7700

Address: 900 Rebecca Ave, Pittsburgh, PA 15221

Area Served: Allegheny County

Hours: Computer lab Mon-Fri 10am-4pm

Website: http://trcil.myfastsite.net/

Building Accessibility: Building is fully accessible, including an accessible computer lab and

workout center

Services: 5 Core Services including Independent living skills training, information and referral services, advocacy efforts, transition efforts towards community based living and peer support Specialties: Specializes in the five core programs listed above, also includes Home and community based services, Assistive Technology and equipment, interpreter services, accessible fitness center and youth in transition services.

Client Population Focus: Focused on individuals that desire increased independence and self-direction

Eligibility: Requires a disability for services, no documentation needed

Fees: All services are free, except "Into New Hands" Assistive Technology program

Insurances Accepted: No Sliding Scale Available: Yes

Credit Cards: No

Documents Required for Services: State programs affiliated with TRCIL may need

documentation

### Summary Description of Organization:

Three Rivers Center for Independent Living (TRCIL) is a non-residential, non-profit, community-based human service organization. Our purpose is to assist people with disabilities to lead self-directed and productive lives within the community. TRCIL is a Center for Independent Living (CIL), as defined from Section 702 of the Rehabilitation Act of 1973, as amended. Their mission is to empower people with disabilities to enjoy self-directed, personally meaningful lives by providing outstanding consumer-controlled services and by advocating for effective community change.

**Organization Title:** Travel Instruction (Pittsburgh Public Schools)

**Phone Number:** 412-728-3481

Email: swilson1@pghboe.net

Address:

2945 Chartiers Ave. Pittsburgh, PA 15204

Area Served:

Pittsburgh Area High Schools

Hours: 8 am-3 pm

Website: http://www.pps.k12.pa.us/Page/950

Building Accessibility: ADA compliant

**Services:** Skill development in: street crossing, street signs, use of pay phones/ cell phones for emergency, traffic lights, riding the PAT bus, lessons in anti-victimization, lessons in stranger awareness, individualized evaluation of present levels, individualized instruction to meet the student needs

**Specialties:** Community Based Instruction according to the individual needs of the student **Client Population Focus:** Students supported by the Program of Exceptionalities and are transition age

**Eligibility:** Students supported by the Program for Exceptionalities and who are of transition age (14-21) are eligible, students of high school age are given priority scheduling

Fees: N/A

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

# **Summary Description of Organization:**

Pittsburgh Public Schools is dedicated to helping students achieve the highest level of independence and one way to do that is to teach travel training skills to the students within the community, which is exactly what this program does. There is one instructor with on student and the instructor utilizes gradual withdrawal as the student demonstrates targeted skills. Travel Instruction evaluation and implementation is completed at the request of a parent, teacher, counselor, or other school personnel.

Organization Title: TRCIL: Assistive Technology and Equipment

#### Phone Number:

• Phone: 412-371-7700

• Toll Free (PA Only): 1-800-633-4588

• TTY: 412-371-6230

Address: 900 Rebecca Avenue, Pittsburgh PA 15221-2938

#### Area Served:

- Allegheny
- Armstrong
- Beaver
- Butler
- Indiana
- Lawrence
- Westmoreland
- "PIAT Program" statewide where ATRC representative is available
- "Into New Hands" Pittsburgh area (if out of area, welcome to come and pick item up, but would first be referred to local contact person for closer pick up location)

Hours: 7:30AM - 3:00PM, Weekdays

Website: <a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/</a>

**Building Accessibility: ADA Compliant** 

#### Services:

- 911 Emergency Cell Phone Distribution Program Provides pre-owned cellular phones to persons with disabilities to be used for placing 911 emergency calls ONLY. (<a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/911-emergency-cell-phone-distribution-program/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/911-emergency-cell-phone-distribution-program/</a>)
- Deaf and Hard-of-Hearing Services Provides skills training, TTY training, advocacy, interpreter services, and information on equipment, vendors, and support services.
   (http://trcil.myfastsite.net/services/assistive-technology-and-equipment/deafness-services/)
- "Lending Library" People with disabilities and older Pennsylvanians have the opportunity to try devices prior to purchase, to determine what will work for them in their own environments. (<a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/lending-library/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/lending-library/</a>)
- "Into New Hands" Accepts donations of durable medical equipment (DME) which is then redistributed, for a small fee, to people with disabilities. There is no charge

- for equipment for Veterans. (<a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/into-new-hands/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/into-new-hands/</a>)
- "Pennsylvania Assistive Technology Foundation" (PATF) Provides cash loans for people with disabilities and older Pennsylvanians for the purchase of Assistive Technology devices, home modifications, adapted vehicles and vehicle modifications. (<a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/patf/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/patf/</a>)
- "Telecommunications Device Distribution Program" (TDDP) Provides free phone devices for those who qualify. (<a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/tddp/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/tddp/</a>)
- Pennsylvania Initiative on Assistive Technology (PIAT) Works to increase access
  to devices and services offered throughout the state.
   (<a href="http://trcil.mvfastsite.net/services/assistive-technology-and-equipment/piat/">http://trcil.mvfastsite.net/services/assistive-technology-and-equipment/piat/</a>)
- Public Awareness
- Information and Referral
- Advocacy
- Training and Technology
- TRCIL is the PIAT contact for Higher Education Assistive Technology (HEAT)
- "REEP" Accepts donations of equipment, clean them up, store them and donate them to others who are in need. (<a href="http://trcil.myfastsite.net/services/assistive-technology-and-equipment/reep/">http://trcil.myfastsite.net/services/assistive-technology-and-equipment/reep/</a>)
- "ICanConnect" Ensures that low-income individuals who have combined hearing and vision loss can access telephone, advanced communications and information services. (<a href="http://disabilities.temple.edu/programs/assistive/icanconnect/">http://disabilities.temple.edu/programs/assistive/icanconnect/</a>)

Specialties: N/A

**Client Population Focus**: N/A – All ages with a documented disability that are in need of assistive technology or information about programs/services

#### **Eligibility**: Depends on program:

- "Lending Library" PA resident (For child, parents need to apply)
- TDDP PA resident, age 6+, disability (with doctor certification), income guidelines (400% of poverty level (applicant's income))
- Demonstration of equipment Anyone is eligible
- "Into new hands" Anyone is eligible
- ICanConnect" Individual who are legally deaf/blind, some guidelines (family/applicant income), no limit to what telecommunication devices be given at any time

#### Fees:

Charge: \$10 for most items

• Charge: \$30 for Power Wheelchairs/Lift Chairs (If can't afford, will waive fee)

# **Insurances Accepted:**

No insurance needed

• Power Wheelchair/Lift Chair - doctor's prescription needed

Sliding Scale Available: N/A

Credit Cards: N/A - Cash (preferably) and checks accepted

## Documents Required for Services: Specific to program:

- "ICanConnect /Telecommunication" application process online (<a href="http://disabilities.temple.edu/programs/assistive/icanconnect/docs/iCanConnect\_Application\_2014-07.pdf">http://disabilities.temple.edu/programs/assistive/icanconnect/docs/iCanConnect\_Application\_2014-07.pdf</a>)
- Doctor's Prescription

### **Summary Description of Organization:**

Assistive Technology devices and Assistive Technology services enable some individuals with disabilities to have greater control over their own lives and to participate in and contribute more fully to activities in their home, school and work environments, and in their communities. TRCIL offers services/programs for those in need to obtain equipment and devices needed to be independent. These items include ramps, wheelchairs, walkers, and other assistive technology devices.

# TRIPIL (Tri County Patriots for Independence Living)

Organization Title: TRIPIL (Tri County Patriots for Independence Living)

Phone Number: (724) 223 - 5115; 1-877-889-0965

Address: 42 West Maiden St. Washington, PA 15301 Area Served: Washington County

Hours: Monday - Thursday 8:30 - 4:30 Drop-ins welcome; Friday by appointment only

Website: www.tripil.com

Building Accessibility: Unknown

Services: A National Database to search for various organizations or categories of information, information on accessible housing in Washington County, programs for children with disabilities, provide aid for transitioning from nursing homes back into the community, personal assistance, access and assistance to using and funding technology, accessible resistance training equipment, personal training offered, links to various community partners (e.g., energy assistance), links for veteran resources, information on working with a disability, calendar of community events, online library of various topics dealing with disabilities.

Specialties:

Client Population Focus: Individuals who directly benefit through the activities of the CIL and have a direct stake in its operation

Eligibility: Must have a disability

Fees: \$2 Membership Insurances Accepted: NA Sliding Scale Available: NA

Credit Cards: NA

Documents Required for Services:

Summary Description of Organization: A Center for Independent Living that advocates for the civil rights for people with disabilities and promotes living well with a disability in our local community. We are a membership organization of people who live in our community with disabilities and our friends. Our center provides services such as peer support and attendant care.

Organization Title: Try Life Center Inc.

Phone Number: 24Hr Hotline: 724.339.9399

Counselor: Lois Weildner, 724-339-9399 x108

Address: 1155 Wildlife Lodge Road, Lower Burrell, PA 15068

Area Served: New Expecting Mothers, Families

#### Hours:

Client Hours: Monday-Friday Noon-4pm Tuesday & Thursday Evenings 6pm-8pm

Business Hours: Monday, Tuesday, Wednesday & Friday 9am-4pm

**Website:** http://www.tri-citylifecenter.org/

Building Accessibility: Building is Wheelchair accessible in the all entrances

**Services:** Try Life Center provides a 24 Hr. Hotline, Free Pregnancy Testing, Maternity Clothes, Food, Clothing & Furnishings for the baby, Confidential Counseling, Educational classes for parents including health, safety, discipline, pregnancy, and more. The Try Life Center also presents a presentation on the "The Unexpected" Sexual Risk Avoidance in schools and community.

Specialties: Parenting and Family resources, providing skills training and Material goods

Client Population Focus: Pregnant Mothers and New Families

**Eligibility:** New clients must have a child 5yrs old or younger. Past clients have been grandfathered in if children are over 5 yrs.

**Fees:** No Fees for Services. The Try Life Center runs on an Earning points system. Through education and counseling activities, parents earn "Baby Bucks" to "purchase" new or gently used items, as well as cribs, mattresses, car seats, diapers, formula, baby food, clothing and other baby items. Try Life Center helps with referrals to collaborating community service agencies for housing, emergency food and furniture as needed.

Insurances Accepted: N/A

Sliding Scale Available: N/A

Credit Cards: N/A

**Documents Required for Services:** New clients must provide the age of all children and the youngest child must be 5 years old or under.

**Summary Description of Organization:** The Try Life Center, Inc. is a life-affirming pregnancy and family resource center dedicated to promoting physical, emotional, financial and spiritual well-being through confidential counseling, education and material support. Their purpose is to offer every client hope, wholeness and positive options, along with unconditional love, acceptance and understanding. They provide tools and healthy choices to grow into becoming educated, self-sufficient members of the community.

## Turtle Creek Valley Mental Health

Organization Title: Turtle Creek Valley Mental Health

Phone Number: 412-462-9901 Address: Homestead House

1800 West Street Homestead, PA 15120 Area Served: Homestead

Hours: Monday- Friday 8:30am-5:00 pm (phones answered 24/7)

Website: http://www.tcv.net/

Building Accessibility: ADA compliant

Services: outpatient services

Specialties: Groups Intensive Outpatient (IOP) for those 18 and older is the only

outpatient service offered at this address

Client Population Focus: adults with mental health illness

Eligibility: 18 years and older

Fees: self pay

Insurances Accepted: Medicare, Medicaid, private health insurance, state financed

insurance (other then Medicaid)

Sliding Scale Available: yes

<u>Credit Cards:</u> all major credit cards <u>Documents Required for Services</u>: n/a

Summary Description of Organization:

A mix of mental health and substance abuse services provide a wide variety of information relating to both mental health and substance abuse. These services specialize in helping individuals who have problems in both areas and are looking for guidance and advice. Information will be available to help understand these two issues and how they are related.

Organization Title: Unity Family Services

**Phone Number:** 724-845-2978

Address: 1001 S. Leechburg Hill Rd. Leechburg, PA 15656

**Area Served:** Family Based Program serves: Westmoreland, Butler, Armstrong and Indiana counties, Peer Support Program serves: Armstrong and Indiana counties and then we also have an Outpatient Counseling Program.

**Hours:** Hours of operation are based on the clients' needs. Family based, peer support and outpatient keep nontraditional work hours to ensure the families are seen at their convenience. Typical business hours are generally 8am – 4pm or 9am – 5pm

Website: www.ufsmentalhealth.com

**Building Accessibility:** The Leechburg offices are in the basement of the building; however, there is handicap access in the rear of the building. Kittanning and Indiana offices are wheelchair accessible.

Services: Family Based Therapy, Peer Support Program, Outpatient Counseling

### Specialties:

**Client Population Focus:** Family Based Services serves children ages 4 to 18 (or 21 if there is an intellectual disability as well) with mental health diagnoses. Peer Support Program is for adults who identify with addiction struggles and/ or have a mental health diagnosis. Outpatient counseling is available to anyone who believes the service could be helpful.

**Eligibility:** For family based and peer support, an evaluation is necessary recommending the service. For outpatient, there is no eligibility requirement.

Fees: All Fees go through insurance

**Insurances Accepted:** Family Based and Peer Support accept VBH (Value Behavioral Health). For family based, if the family has private insurance we will assist them with the loophole process to get the required insurance. Outpatient services accept a variety of other insurances.

**Sliding Scale Available:** Yes

**Credit Cards:** N/A

**Documents Required for Services:** Family based and Peer Support require an evaluation recommending the service. The agency is happy to assist the family in receiving the evaluation if necessary.

**Summary Description of Organization:** Unity Family Services strives to raise the bar in mental health services. We will provide quality mental health services to children, adolescents, and their families who are in crisis and in need. We shall carry out this mission by providing the highest quality of clinical care to families in need by incorporating the Child and Adolescent Service System Program (CASSP) principles and the National Association of Social Workers (NASW) principles into the daily operation of the agency.

**Organization Title:** UPMC Centers for Rehab Services **Phone Number:** 

- Corporate office: 412-673-5005

- To find the closest Center for Rehab services: 1-888-723-4277

### Address:

- Rehabilitation services available in over 50 UPMC facilities

- Corporate Office:

**UPMC Centers for Rehab Services** 

625 Walnut St.

McKeesport, PA 15132 Phone: 412-673-5005

Area Served: Rehabilitation services available in over 50 UPMC facilities

**Hours:** Depend on location

Website: <a href="http://www.upmc.com/Services/rehab/crs/Pages/default.aspx">http://www.upmc.com/Services/rehab/crs/Pages/default.aspx</a>

Building Accessibility: Yes, majority of locations are accessible, call before for complete

detail on accessible entrances

**Services:** physical therapy, occupational therapy, speech therapy, neuro-rehabilitation, hand therapy, women's rehabilitation.

**Specialties:** outpatient rehabilitation

**Client Population Focus**: individuals who are in need of any type of rehabilitation therapy that is offered

Eligibility: Anyone who is need of rehabilitation services.

Fees: depends on service required and insurance

Insurances Accepted: UPMC, Medicaid, Medicare, call to verify insurance with specific

location

Sliding Scale Available: n/a

**Documents Required for Services:** Varies by service, referrals accepted from primary physician, call to verify the type of service needed and the type of documentation required.

Summary Description of Organization: UPMC Centers for Rehab Services (CRS) has provided one of the largest networks of community-based, widespread outpatient rehabilitation services in Western Pennsylvania with more than 500 seasoned rehabilitation professionals at 50 locations throughout the area. Through the programs offered, UPMC CRS promotes independence and quality of life of patients, prevention, diagnosis, and treatment of human diseases and disabilities and health of the communities

Organization Title: UPMC Disability Resource Center (UPMC DRC)

Phone Number: 412-605-1483 (VP/TTY)

Address:

Main Office:

Suite 10072 Forbes Tower,

200 Lothrop St., Pittsburgh, PA 15213 **Area Served:** UPMC disability community

Hours: Monday through Friday, 8:30 a.m. to 5 p.m.

Website: http://www.upmc.com/patients-visitors/patient-info/disability-resource-

center/Pages/default.aspx

Building Accessibility: Yes, elevators available in main entrance to enter the main office.

**Services:** education and training, facility accessibility, community engagement and policy **Specialties:** work is guided by an advisory council that consists of disability experts and advocates from the community and UPMC. The UPMC Disability Resource center is supported internally by the UPMC Disability Champions, the DRC Physician Advisory Group, and the Facility Review Committee.

# **Client Population Focus:**

- UPMC Patient and Visitor Disability Resources
  - Various resources are available through UPMC to improve health care accessibility at our facilities. These resources include:
  - o <a href="http://www.upmc.com/patients-visitors/patient-info/disability-resource-center/Pages/upmc-patient-and-visitor-resources.aspx">http://www.upmc.com/patients-visitors/patient-info/disability-resource-center/Pages/upmc-patient-and-visitor-resources.aspx</a>
- Additionally resource available outside of UPMC can be accessed at: http://www.upmc.com/patients-visitors/patient-info/disability-resource-center/Pages/public-disability-resources.aspx

**Eligibility:** Anyone who is treated at a UPMC facility and is in need of accommodations for a disability

Fees: none

Insurances Accepted: no insurance is required to seek services from the UPMC DRS

Sliding Scale Available: none

Credit Cards: none

Documents Required for Services: Varies depending on the request.

**Summary Description of Organization:** The UPMC Disability Resource Center (DRC) is a department of UPMC that helps promote disability awareness. The DRC provides education and information about disability accommodations to all employees of UPMC. It also

promotes advocacy for individuals with disabilities and works with the general public to provide better services to those in need.

# UPMC Vocational Training Center and Supported Employment Program

Organization Title: UPMC Vocational Training Center and Supported Employment Program

Phone Number: 412-235-5465 Address: 1015 Bingham St. Pittsburgh, PA. 15203

Area Served: Pennsylvania Hours: 8:30 a.m. – 3:00 p.m.

Website: http://www.upmc.com/services/behavioral-

health/autism/adult/pages/vocational-training.aspx

Building Accessibility: Accessible

Services: Supported employment and vocational training

Specialties: Mailing Service for businesses (Fully staffed and equipped mailing house to handle mailing needs for large and small businesses. The center handles all sizes of jobs — big and small, complicated and simple. Experienced and trained staff carefully supervise all projects to make sure each job is completed to the customer's satisfaction.)

Mailing services include:

- -Bulk mail processing
- -Mail preparation including folding, collating, stuffing, and labeling
- -Printing labels and bar coding addresses
- -Coding Accuracy Support System (CASS) certification to improve delivery accuracy
- -Package assembly
- -Hand assembly
- -Profit and nonprofit postage permit number

Client Population Focus: Adults and transition-age high school students with developmental disabilities or those who are on the Autism spectrum

Eligibility: No specific criteria, though most have diagnosis of Intellectual Disability or other developmental disabilities

Fees: Workers receive payment for their work

Insurances Accepted: Commercial (Aetna, Cigna, Health America, Highmark, United Healthcare, UPMC Health Plan) or Medicare (Aetna, Gateway Health Plan, Health America, Highmark, Medicare CMS, UPMC Health Plan), Waiver Services

Sliding Scale Available: Yes

Credit Cards: Visa, Mastercard, Discover, American Express

Documents Required for Services: Proof of Insurance

Summary Description of Organization:

# UPMC Vocational Training Center and Supported Employment Program

The UPMC Vocational Training Center is a community-based vocational training facility serving adults with intellectual disabilities. The program is available to people who would benefit from a structured, therapeutic setting. In many cases, individuals who participate may have a secondary mental health diagnosis.

The Vocational Training Center provides quality instruction and meaningful work. Real jobs are completed under the supervision of trained staff. Job readiness skills and behaviors are assessed, and workers receive a paycheck for work performed. By providing real work for pay, workers also gain a sense of self-esteem from their productive activity.

The Supported Employment Program provides job coaching and help in securing and keeping competitive employment for adults who have developmental disabilities, including people who may be on the autism spectrum. The program provides an individualized assessment and staff assist in finding jobs that match the person's interests and abilities.

Organization Title: Vet Center Program

Phone Number: (PA Contact) Eric Ludblom, Readjustment therapist, (412) 920-

1765

Address: Pittsburgh Vet Center 2500 Baldwick Road, Suite 15

Pittsburgh, PA 15205 Area Served: Western PA

Hours: Normal working hours are 8:30 a.m. to 5 p.m. Monday through Friday. In an effort to better serve Veterans and family members, we will provide services after normal working hours upon request.

Website: <a href="http://www.va.gov/directory/guide/facility.asp?ID=592">http://www.va.gov/directory/guide/facility.asp?ID=592</a>
Building Accessibility: accessible for individuals with disabilities

Services: individual counseling, group counseling, marital and family counseling, bereavement counseling, medical referrals, assistance in applying for VA Benefits, employment counseling, guidance and referral, alcohol/drug assessments, information and referral to community resources, military sexual trauma counseling & referral, outreach and community education.

Specialties:

Client Population Focus: Vet Centers provide readjustment counseling and outreach services to all Veterans who served in any combat zone. Services are also available for their family members for military related issues

Eligibility: Veteran, military member, or family member of veteran

Fees: Free

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: Military I.D./proof of military service or military

ID Family Member Card

Summary Description of Organization: "Vet Centers understand and appreciate Veterans' war experiences while assisting them and their family members toward a successful post-war adjustment in or near their community."

Organization Title: Veterans Leadership Program of Western PA

Phone Number: Michael Bodis, Veterans Criminal Justice Coordinator, 412.481.8200

ext. 232; also can call (412) 481-8200 Address: 2417 East Carson Street

Pittsburgh, PA 15203 Area Served: Veterans

Hours: 8:30am to 4:30pm, Monday through Friday.

Website: www.vlpwpa.org

Building Accessibility: wheelchair accessible

Services: Employment services, homelessness assistance, education

training/assistance, housing, workshops

Client Population Focus: veteran transition issues

Eligibility: Veterans and current military employees

Fees: free

Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: provide proof of his or her (or their immediate family member's) Veteran status. Veterans Leadership Program accepts the DD-214 form, VA Medical Card, or Statement of Service. If the Veteran does not have the necessary form, VLP will work with them to obtain it.

Summary Description of Organization: "The mission of Veterans Leadership Program of Western Pennsylvania is to provide essential housing, employment, and vital support services to eligible local Veterans, service members, and their families with the goal of improving their self-sufficiency, sustainability, and quality of life."

Organization Title: Western Pennsylvania School for the Deaf

**Phone Number:** 800-624-3323

Address:

300 W Swissvale Ave, Pittsburgh PA, 15218

Area Served: Western PA (services to children from 54 countries across PA)

Hours: Monday-Thursday 9-8, Friday 9-5 (office)

Website: http://www.wpsd.org/ Building Accessibility: Yes

Services: academic and extracurricular program,s

Specialties: ASL, Sign-Supported English

Client Population Focus: deaf and hard of hearing children, birth-12th grade

Eligibility: Resident of PA, some type of hearing loss

Fees: tuition-free, non-profit Insurances Accepted: N/A Sliding Scale Available: N/A

Credit Cards: N/A

Documents Required for Services: N/A

Note: Placed a call as well as emailed for more information and did not receive a call/email

back.

**Summary Description of Organization:** WPSD is a non-profit, tuition free school which provides those who are deaf and hard of hearing with educational and extracurricular services/opportunities. It is the largest comprehensive center for deaf education in Pennsylvania. Along with schooling, they also offer a public vocational training center. Staff includes speech language pathologists, audiologists, a school psychologist, a communication teacher, occupational/physical therapist, guidance counselors and an art therapist. There is a residential program offered from preschool through 12th grade. Another program of WPSD is Choices for Children which offers early intervention in-home and on-campus intervention services. Like any other school, there is a wide variety of extracurricular activities and athletics.

# Western Psychiatric Institute and Clinic: Diagnostic Evaluation Center (DEC)

Organization Title: Western Psychiatric Institute and Clinic: Diagnostic Evaluation

Center (DEC)

Phone Number: 412-624-1000, in a crisis call 1-888-7-YOU CAN

Address: 3811 O'Hara St Pittsburgh, PA

Area Served: Allegheny and surrounding counties

Hours: 24 hours a day/7 days a week

Website: http://www.upmc.com/locations/hospitals/western-

psychiatric/services/pages/emergency.aspx

Building Accessibility: accessible for individuals with disabilities; wheelchair

accessible and has interpreters on site

Services: Psychiatric emergency and substance abuse evaluations, walk-in crisis therapy, referral to outpatient providers, and facilitation of inpatient admissions Specialties: emergency psychiatric evaluations and crisis interventions for individuals of any age

Client Population Focus: psychiatric emergencies

Eligibility: individuals in a psychiatric crisis

Fees: according to the Affordable Care Act, visits to an emergency room do not require payment/insurance however insurance plans accepted by the DEC can be found at...

Insurances Accepted: <a href="http://www.upmc.com/about/why-upmc/changing-health-insurance-market/health-care-simplified/pages/accepted-insurance.aspx">http://www.upmc.com/about/why-upmc/changing-health-insurance.aspx</a>

Sliding Scale Available: N/A

Credit Cards: yes

Documents Required for Services: None

Summary Description of Organization: Emergency psychiatric services for individuals in crisis. Patients visit the DEC with or without a referral from other medical professionals. Each patient meets a team of psychiatric experts, including a nurse, clinician, and doctor. The team then works with the individual and family to determine the best options for treatment including inpatient, outpatient, or individualized treatment options.

Western Psychiatric Institute and Clinic Early Intensive Behavioral Intervention Program

Organization Title: Western Psychiatric Institute and Clinic Early Intensive Behavioral

Intervention Program Phone Number: 412-235-5315

Address: Franklin Building, Fourth Floor

1011 Bingham St.
Pittsburgh, PA 15203
Area Served: Pennsylvania
Hours: 8:00 a.m. – 5:00 p.m.

Website: http://www.upmc.com/services/behavioral-

health/autism/children/pages/early-intensive-intervention.aspx

Building Accessibility: Accessible

Services: Applied Behavioral Analysis, EIBI technologies (analysis of verbal behavior, applied verbal behavior methods, discrete trial teaching, natural environment teaching)

Client Population Focus: Young children up to 5 years of age who have been diagnosed with Autism Spectrum Disorder

### Eligibility:

5 years or younger

ASD diagnosis

Qualify for medical assistance

Not eligible: Children who are in full-time placements through their school districts Fees: Depends on insurance used

Insurances Accepted: Commercial (Aetna, Cigna, Health America, Highmark, United Healthcare, UPMC Health Plan) or Medicare (Aetna, Gateway Health Plan, Health America, Highmark, Medicare CMS, UPMC Health Plan)

Sliding Scale Available: Yes

Credit Cards: Visa, Mastercard, Discover, American Express

Documents Required for Services: Proof of Insurance

Summary Description of Organization:

Organization provides one-to-one treatment that is community based and usually begins in one's home. As the child learns new skills, treatment is expanded to new community settings. The program uses a systematic, positive, creative, and flexible approach to teaching skills and reducing behavioral problems. Staff works with each child to develop an individual plan with the allotted resources. Treatment is focused on providing behavior support that allows the children to achieve their individual potential

Western Psychiatric Institute and Clinic Early Intensive Behavioral Intervention Program

and may include language and communication, social skills and play, pre-academic skills and daily living activities, and partnership between staff and parents to generalize skills across settings.

**Organization Title:** Women's Center and Shelter of Greater Pittsburgh **Phone Number:** Office- 412-687-8017, Hotline- 412- 687- 8017 ext. 1

Address: Address is not listed to keep privacy of individuals who find shelter here.

Area Served: Surrounding Pittsburgh area.

Hours: Individuals can seek shelter 24 hours a day, 7 days a week.

Website: http://www.wcspittsburgh.org/

Building Accessibility: The location is accessible once the individual calls the hotline and

receives location (unless they know they address/location ahead of time).

#### Services:

24 hour emergency hotline and 24 hour hotline.

Empowerment Center Support Groups, Legal Advocacy, Medical Advocacy, Education Programs.

Children's Program is to provide a safe, nurturing culturally responsive environment where moms can leave their children in the care of competent and caring individuals allowing her to rest, regroup, and attend to other activities which will assist her in establishing a safe, non-violent home for her and her children.

In many cases the man may have been court-ordered or required by probation. He may have been served with a PFA or his partner may have left. A man may call MEN/S (men embracing non- violence and safety) Group after a crisis in his relationship and he realizes he needs help with his violence or abuse.

**Specialties:** Non- profit organization that provides sanctuary from domestic violence for women and their children within a supportive community where confidentiality is guaranteed. Women are informed of the resources available to them.

**Client Population Focus:** Individuals who have experienced or experiencing verbal, psychological, physical or sexual abuse.

**Eligibility:** Any individual who has experienced abuse in the past or is experiencing abuse currently.

Fees: Free of charge for all services.

**Insurances Accepted:** Individuals do need require insurance to receive services. **Sliding Scale Available:** Since there are no fees or costs, this does not apply.

Credit Cards: N/A

**Documents Required for Services:** An individual does not need ID or other important documents to receive services.

**Summary Description of Organization:** Women's Center & Shelter provides high quality, confidential and free programs offered in an environment where cultural competency, justice, autonomy, restoration and safety are priorities. Current programs include: 24-Hour

# Women's Center and Shelter of Greater Pittsburgh

Emergency Shelter, 24-Hour Hotline, Children's Program, Empowerment Center (Support Groups), Legal Advocacy, Medical Advocacy, Civil Law Project, Education and MEN/S Group.

Each year, WC&S serves nearly 7,000 individuals through our programs and services.

The mission of Women's Center & Shelter is to advance the safety and wellbeing of victims of intimate partner violence and prevent and respond to intimate partner violence through social change.

Organization Title: Working Order Phone Number: (412)782-5344 x 209.

Address: Volunteers of America of Pennsylvania, Working Order Incubator,

1650 Main Street Pittsburgh, PA 15215

Area Served: Southwest PA

Hours: 8:30-4:30

Website: http://www.voapa.org/Services/Employment--Training/Working-Order---

<u>Pittsburgh</u>

Building Accessibility: Accessible

**Services:** 1) **Working Order** is a small business incubator for people with disabilities and others who may have obstacles to traditional employment. In addition to providing shared office space and equipment, individualized services are available, from development of a business concept into a business plan through start-up and beyond with ongoing business coaching and mentoring. Services include: skill assessment, business coaching, feasibility studies, business plan development, coaching, and sale, marketing, and technical assistance. The free monthly Brown Bag Lunches and Disability Resource Breakfasts are open to the public and offer additional opportunities for learning and networking in an informal atmosphere.

2) **Pittsburgh Disability Employment Project for Freedom** is an education-to-work program for people with disabilities. It is a business-driven program focusing on the human resource needs of the business community and providing matching training programs to prepare candidates to fill those needs. Employment services are available to graduates through a network of community partners, regional corporations and small businesses.

**Specialties:** Helping people find the "best fit" for themselves in terms of employment, whether through entrepreneurship or competitive employment.

**Client Population Focus:** Individuals with disabilities and/or economic disadvantages seeking productive, valuable work.

Eligibility: Open to public

Fees: OVR referral or up to \$50/hr.

Insurances Accepted: N/A Sliding Scale Available: Yes

Credit Cards: No

Documents Required for Services: OVR referral or prior year tax return with W-2 forms.

Summary Description of Organization: Both Working Order and the Pittsburgh Disability Employment Project for Freedom are programs funded by Volunteers of America. While the focus of the Pittsburgh Disability Employment Project is preparing individuals for traditional, competitive employment, Working Order is small business incubator designed for people with disabilities and others who may have obstacles to traditional employment. While providing a low-risk environment for trying out business ideas, continued use of the shared resources available helps entrepreneurs to lower their cost of doing business, thereby maximizing profitability. Over 50% of participants actually start or grow a business, about one third decide that traditional employment is a better option for them.