

PITT SDA

JUNE

Preparing for Fall Semester

Upcoming Events

- ◆ Register for current Academy of Nutrition and Dietetics student membership
- ◆ Future Pitt CEC Summer Volunteering - contact Professor Passerello cwp20@pitt.edu
- ◆ Board position applications to come out in July

Determining Fall 2020 Meetings

A google form with several meeting times has been sent out to best coordinate when the greatest amount of Dietitian Nutritionist, Nutrition Science, and interested students can attend meetings. This form will also aid in scoping out dietetic interest fields among students for future volunteer opportunities, guest speakers, shadowing, and networking events in conjunction with the Pittsburgh Academy of Nutrition and Dietetics.



Pictured above: Our program's newest graduates and soon-to-be registered dietitian nutritionists! A huge congratulations to all of them.

Welcome to the 2020-2021 Year

We are excited to welcome all new members to the University of Pittsburgh's Student Dietetic Association! As the fall semester approaches, we are anxious to continue to grow as an organization and progress in our nutrition expertise together. As an academic and professional student club, SDA meets twice a month to host and provide guest speakers, networking events, social activities, volunteer opportunities, and much more. We cannot wait to see you there!

Navigating Racial Injustice within Our Own Field

As board members of SDA, we realize we have a platform to speak on. No matter how large or small our audience is, it is crucial to use whatever space we have to address and engage in dialogue about systemic racism. This is necessary, as we are aware of the social inequities within our field of healthcare, both in our profession and in access to care. As we are all currently working to find ways to help and educate ourselves, we encourage you, as members of the Academy of Nutrition and Dietetics, to support vital legislation. Visit eatrightpro.org and click "Advocacy" then

Catching Up with the Board Members



Amanda Ceglarz: President

Amanda is a Dietitian Nutritionist Year 2 student who's been exploring PA hiking trails and is looking forward to connecting SDA members with a diverse arrangement of speakers.



Bella Sedor: Business Manager

Bella is a Dietitian Nutritionist Year 2 student who has been enjoying time with her family this summer. She's looking forward to helping students form relationships with health professionals in the community.

"Action Center" within the "Take Action" section. Here you will find an easy way to send emails to your local legislators in support of the Medical Nutrition Therapy Act of 2020 and more.

Another great way to advocate is to show support for the Diversify Dietetics organization, at <https://www.diversifydietetics.org/>. Their mission is "to increase the racial and ethnic diversity in the field of nutrition by empowering nutrition leaders of color." These are easy way to get started today. However, the conversation does not stop here. If you have any ideas of ways that you, yourself, or we as an organization can continue to grow and do better, please do not hesitate to contact us.

For more campus resources, we encourage you to read Dean Delitto's message: "A Message on the Death of George Floyd." Furthermore, follow Pitt Diversity on social media. Head over to their website, <https://www.diversity.pitt.edu/forum2020>, to register for the diversity forum. This three-day event aims to "engage and equip participants with the knowledge, skills, and resources to foster a more equitable and just community."



We stand alongside the Pittsburgh Academy in support of the Black Lives Matter Movement.

Ways to stay connected:

Email: pittsda@gmail.com

Instagram: @pitt_nutrition

Facebook: Pitt Nutrition

Twitter: @PittNutrition