Welcome to the 2020-2021 Year

We are excited to welcome all new members to the University of Pittsburgh's Student Dietetic Association! As the fall semester approaches, we are anxious to continue to grow as an organization and progress in our nutrition expertise together. As an academic and professional student club, SDA meets twice a month to host and provide guest speakers, networking events, social activities, volunteer opportunities, and much more. We cannot wait to see you there!

Navigating Racial Injustice within Our Own Field

As board members of SDA, we realize we have a platform to speak on. No matter how large or small our audience is, it is crucial to use whatever space we have to address and engage in dialogue about systemic racism. This is necessary, as we are aware of the social inequities within our field of healthcare, both in our profession and in access to care. As we are all currently working to find ways to help and educate ourselves, we encourage you, as members of the Academy of Nutrition and Dietetics, to support vital legislation. Visit eatrightpro.org and click “Advocacy” then
“Action Center” within the "Take Action" section. Here you will find an easy way to send emails to your local legislators in support of the Medical Nutrition Therapy Act of 2020 and more.

Another great way to advocate is to show support for the Diversify Dietetics organization, at https://www.diversifydietetics.org/. Their mission is "to increase the racial and ethnic diversity in the field of nutrition by empowering nutrition leaders of color." These are easy way to get started today. However, the conversation does not stop here. If you have any ideas of ways that you, yourself, or we as an organization can continue to grow and do better, please do not hesitate to contact us.

For more campus resources, we encourage you to read Dean Delitto’s message: "A Message on the Death of George Floyd." Furthermore, follow Pitt Diversity on social media. Head over to their website, https://www.diversity.pitt.edu/forum2020, to register for the diversity forum. This three-day event aims to "engage and equip participants with the knowledge, skills, and resources to foster a more equitable and just community."

Ways to stay connected:

Email: pittsda@gmail.com
Facebook: Pitt Nutrition

Instagram: @pitt_nutrition
Twitter: @PittNutrition

We stand alongside the Pittsburgh Academy in support of the Black Lives Matter Movement.

Amanda Ceglarz and Isabella Sedor