Happy September SDA!

It was so nice seeing everyone at the last meetings! Thank you everyone who attended and listened to the board members introduce themselves. We are very excited to make this a great year considering the circumstances we are in. Despite the limiting in-person time, the SDA will offer you so many opportunities and we are so glad that you are apart of it! Make sure you are reading the emails to keep up to date with all everything being offered at this time!

Be featured in the newsletter!

If you have any academic achievements, new nutrition related job, or anything related to nutrition you want to be acknowledged for send an email to aem144@pitt.edu!

Upcoming Events

Next Meeting
Tuesday September 22 @ 7:30pm
Zoom link will be sent out prior

Interprofessional Forum (required for all year 2 DN Program students)
Friday, October 23, from 1-3
*more information to come

Link to Take Action
COVID-19 has disproportionately impacted marginalized communities. We must enact effective policies to improve assistance for those at greater risk for complications. Access to healthy food and culturally appropriate medical nutrition therapy is key to managing diet related diseases and reducing the risk of COVID complications. Link to help:
https://www.votervoice.net/EATRIGHT/v/home

Anne McGarvey
Check out these farmers markets in the Pittsburgh area!

**Swissvale Farmers Market**

Saturdays from June 6th - October 31st

Hours: 9am-1pm

Location: 2036 Nobel Street

**Monroeville Lions Farmers Market**

Saturdays from May 16th - November 21st

Hours: 9am - 12pm

Location: Monroeville Community Park, 2399 Tilbrook Road

**Reading Recommendation**

Check out this article that dives into the racial disparities in COVID-19


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**FNCE**

What is FNCE?

FNCE is the Food & Nutrition Conference & Expo - the annual conference and exposition of the Academy of Nutrition and Dietetics. It’s the world’s largest meeting for food and nutrition professionals with many presentations from dietitians of all special interest areas.

When is FNCE?

Saturday October 17th - Tuesday October 20th

*the event is virtual this year*

For more information go to [https://eatrightfnce.org/faqs-for-fnce-attendees/](https://eatrightfnce.org/faqs-for-fnce-attendees/)
Social Justice Education: September’s Book of the Month

SDA is still continuing its mission to become a more inclusive organization. We make it priority to educate ourselves, and a great way to do this is by reading! Every month we will give recommendations for books that help start conversations and encourage learning in order to help creating a safe and welcoming environment for everyone!

Sustainable Swaps!

SDA is now featuring a series on our Instagram called sustainable swaps! It focuses on showing off the ways you make sustainable changes in your everyday products in an effort to produce less waste! If you have a sustainable swap that you would like to be featured, email ibdr@pitt.edu to share.
Two of our year 3 DN Program students (Julia Maher and Zainab Haque) on their first day of supervised experiential practice at Jefferson Hospital! All smiles under their mask!

Stay Connected
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